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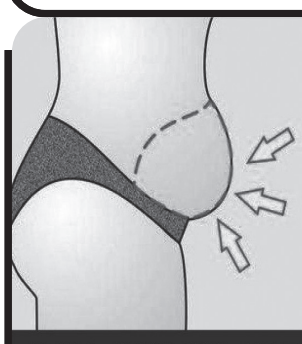
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Everybody's Talking

Old TVs The gifts given by a prankster in Henrico County, Virginia (U.S.), were largely unwanted by the recipients. The prankster wore a blue jumpsuit and a mask that looked like an old television set. In the middle of the night, he visited the porches of about 50 homeowners, dropping an outdated TV set on each one. Police were called but, because no harm was done, they decided not to pursue the TV-toting gift giver. Also, based on the images caught on cameras on some of the properties, the cops weren't sure if there had been one or more perpetrators. The TVs were collected for recycling.

Place of beauty Adventure holidays might be great for some people, but others may want to skip the excitement and instead just relax. One place to do just that is Seven Sisters on the southern coast of England where visitors can take in the beauty of land meeting sea. At Seven Sisters, white chalk cliffs topped with lush grass meet the blue English Channel. The name comes from the seven hilltops that comprise the cliffs. Visitors to the area can take a walk on a path that goes along the seven hills, then can stop for a snack in the tranquil village of Birling Gap.

Swiss travelers A family from Switzerland has chosen to live their lives as nomads. For almost a decade, Xavier and Celine Pasche have traveled the world on their bicycles, pulling a chariot to carry gear and their two girls, Nayla and Fibie. The girls were born during their travels, which have included Japan, Malaysia, New Zealand, Alaska (U.S.), and more. They live in a tent and cook for themselves. They finance their travels by contributing writing and photographs to a Swiss newspaper and by giving talks. For the Pasche family, living simply while traveling is a way of life, and they have found much kindness from people everywhere.

Art from junk A young artist from the small town of Mfuwe, Zambia, is attracting attention for his ability to turn scrap metal into works of art. In order to attend secondary school, Frederick Phiri had to find odd jobs, which included making wire sculptures of animals that he sold to tourists. Eventually, Phiri apprenticed with Moses Mbewe, a welder, who taught him how to do intricate work. Mbewe recognized the young man's talent and encouraged him to make creative pieces using bike chains, keys, and other scrap metal. Phiri creates abstract animals, such as chameleons and elephants, and is making a name for himself.

Quoteable Quotes

"It is completely unimportant. That is why it is so interesting."
—*Agatha Christie*

"Technology…the knack of so arranging the world that we don't have to experience it." —*Max Frisch*

What's Happening

Apr 18 - Advance Care Planning Workshop for end of life preparations Kerby Center from 1 to 4 pm on April 18, 2020. 1133 7th Ave SW, Calgary , lecture room. It is always too soon before it is too late. Plan now for the best way to ensure the medical and personal treatment you want at the end of life.

April 23- Rosebud Theatre Bus Tour Join the Open Door Seniors at Rosebud Theatre! Enjoy a lovely bus trip through central Alberta, a delicious buffet, plus the matinee performance of Glorious! Cost $105. Bus departs 9am; returns 5pm. Call 403 269-7900 to reserve a spot.

Apr 25 - End of Life Information You Need to Know Saturday April 25,2020 1 pm to 4 pm. Kerby Centre Lecture Room. 1133 7th Ave SW, Calgary. Topics: Goals of Care and Green Sleeves. Emergency End of Life Care

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

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Trivia

1. The country of Myanmar was formerly called what?
2. In general, what does the Latin "quid pro quo" mean?
3. Name the twins of the musical pop group The Bee Gees.
4. What vegetable is prominent in eggs florentine?
5. Which planet in our solar system is closest to the Sun?

(Flip bottom of page for answers)

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(Over)

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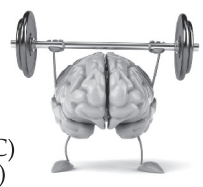

For support and education:

- Stroke Recovery Association of Calgary (SRAC)
- Calgary Aphasia Centre (CAC)
- Young Survivors Group (YSS)

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Your Weekly Horoscope

ARIES
(March 21 - April 20)

You may have quite a bit to say. The communication metre might be running high, along with your mind. This could be a terrific time to teach, sell, and share your ideas. Lucky Numbers: 2, 3, 13, 14, 24, 25.

TAURUS
(April 21 - May 21)

Disorder might keep you from reaching your goals. You may need to eliminate unnecessary clutter to enjoy emotional satisfaction and harmony in your homelife. Lucky Numbers: 12, 15, 18, 24, 37, 43.

GEMINI
(May 22 - June 21)

This may be an ideal time to broaden your horizons and get away from your usual, mundane routine. You might feel very open to sharing your true feelings with others. Lucky Numbers: 16, 19, 26, 29, 36, 39.

CANCER
(June 22 - July 22)

You may have some excellent ideas, based on a recent interest in pursuing a new career path. If you continue to follow your intuition, you might achieve much more success. Lucky Numbers: 10, 11, 15, 18, 25, 44.

LEO
(July 23 - Aug. 23)

Your mental abilities and intuitive awareness may be strong. You might discover some unique approaches to help you make improvements in your creative endeavours. Lucky Numbers: 1, 5, 11, 24, 33, 43.

VIRGO
(Aug. 24 - Sept. 23)

Recent events may provide you with an opportunity to gain a more inspired perspective on life. Your view of humanity and spirituality might be truly awakened to new observations. Lucky Numbers: 5, 19, 21, 25, 29, 37.

LIBRA
(Sept. 24 - Oct. 23)

It may be time to concentrate so you can productively use your energy. You might be motivated to change your routine or to get new things started in your life. Lucky Numbers: 19, 20, 22, 27, 38, 45.

SCORPIO
(Oct. 24 - Nov. 22)

You may want to surround yourself with people who stimulate your creativity and imagination. This might tap into your own inner talent and potential for innovation. Lucky Numbers: 17, 34, 36, 41, 45, 46.

SAGITTARIUS
(Nov. 23 - Dec. 21)

Flashes of intuition may help you find good solutions to problems you might be experiencing. You could have a chance meeting with new friends who are quite gifted. Lucky Numbers: 14, 22, 31, 44, 45, 47.

CAPRICORN
(Dec. 22 - Jan. 20)

Your actions may show others how deeply you appreciate their loyalty. This demonstration of appreciation may result in a very favourable awareness within your primary relationship. Lucky Numbers: 6, 11, 23, 39, 42, 45.

AQUARIUS
(Jan. 21 - Feb. 19)

You may be able to effectively accomplish both your domestic and career obligations. If you succeed at these goals, that might add to your pride and self-confidence. Lucky Numbers: 9, 19, 26, 29, 41, 47.

PISCES
(Feb. 20 - March 20)

Close friendships may flourish, and these friends may be very cooperative. You might achieve a very harmonious balance of giving and receiving, and of talking and listening. Lucky Numbers: 3, 13, 16, 19, 33, 44.

Lucky numbers this week: This week's odds favour Virgo winners with the luckiest number being 5.

Did You Know...

Forest of stone: Hua'ao Island, in the East China Sea off the coast of Zhejiang province, looks like a stone forest (*Shilin* in Chinese). That's because its coast has thousands of eroded basalt columns formed from the lava of ancient volcanoes.

Lots of music: The Coachella Valley Music and Arts Festival takes place annually in Indio, California (U.S.). It started in 1999, but it is now so big that it is held over two weekends.

See Canada: The Great Trail is a 24,000-kilometre (15,000-mi.) recreational route across the vast country of Canada, from the Atlantic to the Pacific Oceans. Travelers can find places to hike, cycle, paddle, and cross-country ski.

Wind song: An unusual musical sculpture on a hill near the town of Burnley, England, is called the Singing Ringing Tree. This 3-metre (9.8-ft.) tall structure is made of steel pipes that "sing" in the wind.

Good spread: Eggplant is the main ingredient in baba ghanoush, a spread popular in eastern Mediterranean cuisine. The dish includes sesame seeds, olive oil, lemon, and garlic. Other ingredients, such as olives and peppers, can be added.

On the Lighter Side

Patient: "Doctor, I get heartburn every time I eat birthday cake." Doctor: "Next time, take off the candles."

What can you hold in your right hand, but never in your left hand? Answer: Your left hand.

The trouble with jogging is that by the time you realize you're not in shape for it, it's too far to walk back.

An extensive government study has revealed that the leading cause of cancer in laboratory rats is scientists.

What do you always get on your birthday? Another year older!

Answers

Trivia answers: 1. Burma 2. "Something for something" 3. Maurice & Robin Gibb 4. Spinach 5. Mercury

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Easter Greetings

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Recipe of the month

Coffee News

Bird's Nests III

4 cups chow mein noodles
3 cups miniature marshmallows
3 tablespoons butter
30 small jellybeans

Level: Easy Yield: 6 nests

1. Line a cookie sheet with foil and grease with spray-on cooking oil.
2. Pour noodles into a large bowl. Melt the butter and marshmallows over medium heat, stirring until smooth. Pour marshmallow mixture over noodles, stirring until well coated.
3. Rub some butter on hands and form noodle mixture into six round balls. Place balls on prepared cookie sheet. With the back of a teaspoon, press the centre of each ball to make a hollow indentation.
4. Let nests set until they are firm. Fill each with small jelly beans. (Other small candies of your choice may be substituted, such as M&Ms, small gumdrops, chocolate covered raisins, chocolate covered peanuts, etc.)

Source: www.allrecipes.com

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