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If you are interested, please contact The Opioid Dependency Program at 403-297-4001 and ask for the Gambling Study, or speak with Drs. Lim, Colohan, or Ayas at the Claresholm facility.

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Vol. 10 No. 16 April 20, 2020

Everybody's Talking

Lonely house An interesting place in Iceland is called the Pridrangaviti Lighthouse. With a name that means "three rock pillars," it was built in 1939 on top of a slim rock outcrop that sits six miles off the country's southern coast, near the Westman Islands. The red-roofed lighthouse is on the largest of four such rock pillars protruding from the sea. To build it, construction workers first had to build a road to the cliff, and then had to climb to the top of the cliff with the materials. Today, maintenance workers get there via helicopter. No one lives in this lighthouse, as it is so remote and isolated.

Vulture madness It's not uncommon to hear about cases in which pigeons, crows, or gulls take over a place in large numbers, but vultures? That's what happened in a neighbourhood in West Palm Beach, Florida (U.S.). Apparently, someone started feeding the vultures, an act that served to attract other vultures to come to the free buffet. Unfortunately, a committee of vultures makes quite a mess, and homeowners ended up with pecked vehicles, torn screens, and invaded swimming pools. Even fake owls and loud music have failed to scare the birds away.

Blue-eyed sisters A couple from Reading, England, own two "American Type" Russian Blue cats. Named Xafi and Auri, this pair of sisters has attracted a lot of attention on social media because of their interesting blue-green eyes. The feline breed is quite gentle and intelligent, and these two love to pose for the camera. Their owners say that Xafi and Auri get along really well, loving to cuddle with each other. To get photos, the owners use treats and toys, but say the best pictures emerge when the cats are just being themselves and are acting naturally.

Alpine adventure With the Matterhorn in full view, the mountain town of Zermatt is a scenic place to visit in Switzerland. In the winter, it is known for its great skiing and other snow sports, such as skating and curling. In other seasons, mountain biking, rock climbing, and hiking on mountain trails keep adventurous people busy. Those who aren't athletic can go on the Matterhorn glacier ride, a cable car ride that offers views of the glacier landscape. After the day's activities, a visitor can dine at one of the many top-class restaurants that line the streets of the town.

Quoteable Quotes

"Oh world, I cannot hold thee close enough." —Edna St. Vincent Millay

"It takes little talent to see clearly what lies under one's nose, a good deal of it to know in which direction to point that organ." —W.H. Auden

What's Happening

Events listed here are submitted by Event Organizers. Due to COVID 19, please ensure you contact the organizer to see if the event is still going ahead as planned.

April 23- Rosebud Theatre Bus Tour Join the Open Door Seniors at Rosebud Theatre! Enjoy a lovely bus trip through central Alberta, a delicious buffet, plus the matinee performance of Glorious! Cost \$105. Bus departs 9am; returns 5pm. Call 403 269-7900 to reserve a spot.

Apr 25 - End of Life Information You Need to Know Saturday April 25, 2020 1 pm to 4 pm. Kerby Centre Lecture Room. 1133 7th Ave SW, Calgary. Topics: Goals of Care and Green Sleeves. Emergency End of Life Care

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

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Trivia

1. A female deer is called a doe or a stag?
2. The first name of golfer Tiger Woods is Elbridge, Eldon, or Eldrick?
3. On which continent will you find the Gobi Desert?
4. What is krill?
5. France celebrates Bastille Day in June, July, or August?

(Flip bottom of page for answers)

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BBB

Recipe of the month

Bird's Nests III

4 cups chow mein noodles 3 tablespoons butter
3 cups miniature marshmallows 30 small jellybeans

Level: Easy Yield: 6 nests

- 1 Line a cookie sheet with foil and grease with spray-on cooking oil.
- 2 Pour noodles into a large bowl. Melt the butter and marshmallows over medium heat, stirring until smooth. Pour marshmallow mixture over noodles, stirring until well coated.
- 3 Rub some butter on hands and form noodle mixture into six round balls. Place balls on prepared cookie sheet. With the back of a teaspoon, press the centre of each ball to make a hollow indentation.
- 4 Let nests set until they are firm. Fill each with small jelly beans. (Other small candies of your choice may be substituted, such as M&Ms, small gumdrops, chocolate covered raisins, chocolate covered peanuts, etc.)

Source: www.allrecipes.com

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Your Weekly Horoscope

ARIES
(March 21 - April 20)

You may need to be smart about how you use your mental energy. Your mind might be very serious, enabling you to concentrate on work that requires much patience. Lucky Numbers: 9, 11, 23, 39, 42, 49.

TAURUS
(April 21 - May 21)

This may be a very good time to be out and about. There might be significant opportunities to make personal connections and learn through a meeting or chance encounter. Lucky Numbers: 2, 17, 20, 27, 32, 37.

GEMINI
(May 22 - June 21)

This may be a time of intense personal effort. You might feel very confident, optimistic, and enterprising. Expansions of your professional pursuits could occur. Lucky Numbers: 5, 8, 19, 22, 28, 42.

CANCER
(June 22 - July 22)

You might be full of the spirit of adventure during a time of very high energy. Some significant, carefully chosen goal may match your rising energy. Lucky Numbers: 1, 8, 12, 25, 33, 43.

LEO
(July 23 - Aug. 23)

Your charm and magnetism may allow you to bend some of the rules. Try to free yourself from negative images of yourself and rediscover who you really are. Lucky Numbers: 2, 16, 19, 23, 25, 37.

VIRGO
(Aug. 24 - Sept. 23)

This may be a revealing time in which you start to understand and value self-discipline. You might learn that patience and good training can pay off well in the end. Lucky Numbers: 4, 10, 17, 22, 41, 45.

LIBRA
(Sept. 24 - Oct. 23)

Your own actions may reflect your inner spirit and character. You might need to support the individuality of others and provide them with your guidance. Lucky Numbers: 3, 6, 18, 29, 46, 47.

SCORPIO
(Oct. 24 - Nov. 22)

You may be optimistic, hopeful and forward-looking right now. You might see connections and possibilities that you may have overlooked at earlier times. Lucky Numbers: 25, 39, 41, 43, 44, 46.

SAGITTARIUS
(Nov. 23 - Dec. 21)

You may find the tempo of your life suddenly accelerating. Try to rely on your own intuition, rather than following the prescribed ways of doing things. Lucky Numbers: 5, 8, 11, 13, 26, 42.

CAPRICORN
(Dec. 22 - Jan. 20)

Invest your energy or your heart into something you really believe in. You may have incredible love and compassion for those less fortunate than you. Lucky Numbers: 2, 23, 25, 32, 37, 42.

AQUARIUS
(Jan. 21 - Feb. 19)

Your tender feelings and dreams of love may convince you to totally commit to a long-term relationship. You might feel very generous toward your loved ones. Lucky Numbers: 6, 9, 14, 16, 39, 45.

PISCES
(Feb. 20 - March 20)

You may receive an honour at a social event or artistic activity. Your unique grace and charm might turn an ordinary event into an occasion of great enjoyment. Lucky Numbers: 5, 12, 25, 28, 35, 40.

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 6.

Did You Know...

Italian terminology: In Italy, salumi is a general term that means cured meats. Salami, on the other hand, is a specific type of cured meat that falls under the umbrella term of salumi. Other examples of salumi are prosciutto and pancetta.

Decorated: Native to Papua New Guinea and Australia, male bowerbirds attract females by building a "bower" out of sticks. Then the males decorate the bower with colourful objects, such as red berries, feathers, and flower petals.

Worked with wood: American actor Patrick Swayze, who died in 2009, was famous for roles in such movies as *Dirty Dancing* (1988) and *Ghost* (1990). Before he became famous, he owned a carpentry business with his wife Lisa.

Wax paint: Some artists use the encaustic technique in their creations. For this technique, hot melted wax that has been coloured with pigment is applied to a surface. The artist must work quickly, before the wax hardens.

New nation: The newest country in the world is South Sudan in the central part of Africa. It became independent on July 9, 2011. It was originally part of Sudan.

On the Lighter Side

If the customer is always right, then why isn't everything free?

What kind of coat is always wet when you put it on? A coat of paint.

Penguin: "Have you seen my brother?"
Passerby: "I don't know. What does he look like?"

A customer called a rental store to ask about rectangular tables and was told they had six-foot and eight-foot tables. Customer's response: "What's the difference?"

You know you're texting too much when you try to text, but you're on a landline.

Answers

Trivia answers: 1. A doe 2. Eldrick 3. Central Asia 4. Small crustaceans 5. July

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