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Recipe of the month



Creamy Strawberry Crepes

3 eggs
1/2 cup milk
1/2 cup water
3 tablespoons butter, melted
3/4 cup all-purpose flour
1/2 teaspoon salt
1 (8 ounce) package cream cheese, softened

1 1/4 cups sifted confectioners' sugar
1 tablespoon lemon juice
1 teaspoon lemon zest
1/2 teaspoon vanilla extract
1 cup heavy cream, whipped
4 cups sliced strawberries

Prep: 30 min Cook 30 min Ready in 1 h

- Place the eggs, milk, water, melted butter, flour, and salt in the pitcher of a blender; blend until smooth.
- Blend the cream cheese, confectioners' sugar, lemon juice, lemon zest, and vanilla with an electric mixer until smooth. Gently fold in the whipped cream.
- Heat a lightly oiled griddle or non-stick skillet over medium heat. Pour or scoop the batter onto the griddle, using approximately 2 tablespoons for each crepe. Tip and rotate pan to spread batter as thinly as possible. Flip over when the batter is set and the edges are beginning to brown. Cook until the other side begins to brown. Stack finished crepes on a plate, cover with a damp towel and set aside.
- To serve, fill each crepe with 1/4 cup sliced strawberries and 1/3 cup of the cream cheese filling, roll up and top with a small dollop of the cream cheese filling and more sliced strawberries.

Source: www.allrecipes.com



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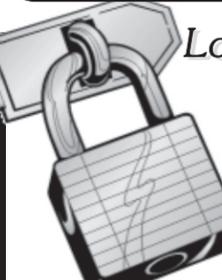
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Everybody's Talking

Sales gimmick: Alexander Kainov, the owner of a three-bedroom apartment in Chelyabinsk in western Russia, wanted to sell his abode, but was having trouble attracting interested buyers. So he tried a gimmick: he posted a photo on social media showing the famous American movie director, Quentin Tarantino (Reservoir Dogs, Once Upon a Time...in Hollywood), in the apartment. But it wasn't the real Tarantino, just a cardboard cutout. While a buyer didn't come out of the woodwork, Kainov's post went viral, and he hopes the attention will eventually attract some offers.

Beach bound: A beautiful beach in Australia was once a banana grove. In the 1930s, the Watego family set up operations on what is now Watego Beach, located on the country's most easterly point at Byron Bay. This white sand paradise is a quieter alternative to Australia's busy beach resorts. It has picnic tables and barbecues available for those who want to cook a lunch. Surfers, swimmers, and sunbathers love this spot. When they get tired of the sand, they can take a walk up the path to Cape Byron Lighthouse, which was built in 1901 and overlooks Byron Bay.

Colourful town: The town of Guatapé, Antioquia, Colombia, is said to be the most colourful in the country. That's because everyone decorates their homes and businesses with brightly coloured paint in many different designs. A home might have a background of red with orange and green flowers, while a bakery might have images of bread loaves. Known as zocalos, these paintings can even tell a story of a journey or a historical figure. Guatapé is located 82 kilometres (51 mi.) east of the big city of Medellín and is a tourist attraction for both Colombians and visitors.

Illegal bean: A bean that is native to South America is illegal in the United States. It's called the tonka bean and is known for its many scents. Looking a bit like a raisin, the tonka bean smells like a combination of vanilla, cherry, almond, and cinnamon. The bean's shavings are used in such things as ice cream, beverages, and pastries. The ban in the United States stems from the fact that the bean contains coumarin, which can cause health problems. However, aficionados say it would take a large amount of beans to cause a problem. Cooks around the world use a small amount in a variety of dishes.

Quoteable Quotes

"Beauty is in the eye of the beholder." —Margaret Wolfe Hungerford

"No written law has ever been more binding than unwritten custom supported by popular opinion." —Carrie Chapman Catt

What's Happening

Events listed here are submitted by Event Organizers. Due to COVID 19, please ensure you contact the organizer to see if the event is still going ahead as planned.

Mar 15- May 20 Bonnyville Health Centre Ladies Auxiliary Bursary Program B'ville Hosp. Auxiliary are offering 2 x \$1000 Bursaries to students enrolled in and attending their second year of health related program. Applications are available at the Info. Desk or the Gift Shop at the B'ville Hospital. Must be rec. by May 2020

July 18 - Cold Lake Air Show Come join in on the fun! tickets available, and more information at coldlakeairshow.com

NON profit organizations may submit events for **FREE** at www.coffee-news.ca/whats-happening

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NEW FEATURE!

Trivia

1. If you are "cack-handed," are you lucky at cards or accident prone?
2. How many sides are there in a nonagon?
3. Cobalt and Prussian are shades of which colour?
4. Where would you find the talus bone in the human body?
5. A dendrologist studies dentures, metals, or trees?

(Flip bottom of page for answers)

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Your Weekly Horoscope

ARIES (March 21 - April 20)

You may find great satisfaction in spending time with family and friends. You might be able to develop a better understanding of your personal desires and those of others. Lucky Numbers: 2, 10, 18, 40, 44, 47.

TAURUS (April 21 - May 21)

If you have a change of heart about making career moves, that may give you some special benefits. You might receive a major salary raise or a more lucrative position. Lucky Numbers: 4, 9, 11, 18, 35, 37.

GEMINI (May 22 - June 21)

With insight, you may be able to find new ways to deal with life's issues. Identifying problems now might encourage you to move forward with different perspectives. Lucky Numbers: 12, 20, 36, 37, 39, 47.

CANCER (June 22 - July 22)

You may be called upon to assume a position of leadership and social importance. In this role, you might be able to wield considerable influence over others. Lucky Numbers: 8, 12, 20, 32, 41, 43.

LEO (July 23 - Aug. 23)

You may seek a deeper level of awareness from within or receive guidance from other people. Your thoughts and ideas might turn to resolutions and problem-solving. Lucky Numbers: 12, 23, 38, 43, 46, 47.

VIRGO (Aug. 24 - Sept. 23)

You may be able to bring a new perspective to many issues. Your intuition could be strong. This might be a time to be brilliant, original, and exciting in your thinking. Lucky Numbers: 6, 13, 17, 26, 33, 46.

LIBRA (Sept. 24 - Oct. 23)

Doors may open and new opportunities may present themselves. Any initiative or action you feel inclined to take right now might likely lead to a positive outcome for you. Lucky Numbers: 4, 14, 15, 20, 46, 48.

SCORPIO (Oct. 24 - Nov. 22)

You may be eager to lend a helping hand and be very generous. More than likely, you might make charitable donations or spend time with those who can use your help. Lucky Numbers: 3, 6, 42, 43, 46, 47.

SAGITTARIUS (Nov. 23 - Dec. 21)

Some offbeat or inventive ideas may stimulate your inner spirit. You might seek friends who can present you with different ways of looking at your situation. Lucky Numbers: 10, 11, 16, 24, 28, 29.

CAPRICORN (Dec. 22 - Jan. 20)

Try to put your practicality and self-reliance to work. The more logical side of your brain may be working. If you trust your judgment, others might trust you as well. Lucky Numbers: 32, 35, 37, 42, 45, 47.

AQUARIUS (Jan. 21 - Feb. 19)

This may be a time when precision, patience, and seriousness are required. If you can do this, you might be able to successfully deal with any complex problems that come up. Lucky Numbers: 3, 4, 6, 8, 34, 36.

PISCES (Feb. 20 - March 20)

Your imagination may run high and optimism could be contagious. You might be able to become who you want to be. Try not to lose touch with the inner you. Lucky Numbers: 2, 4, 22, 23, 44, 46.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 2.

Did You Know...

Staying active: A volcano is deemed "active" if it has erupted in the last 10,000 years. The world has approximately 1,500 active volcanoes. Many of these are located in what is known as "the Pacific ring of fire."

Ouch! Most people occasionally get canker sores, also called aphthous ulcers, somewhere in their mouth. They are not contagious, and the exact cause isn't known. Fortunately, they usually go away on their own within a few days.

Sweet and good: Cannoli is an Italian dessert. A fried, tube-shaped pastry is filled with sweetened ricotta cheese. There are many variations with additions such as chocolate chips, almonds, or candied fruit.

Frequent fliers: Magnificent Frigatebirds are "magnificent" to watch as they soar the skies along the coasts of the Caribbean Sea. Males have a big red pouch on their throats, which can be inflated to attract a mate.

French fame: Kayden Boche of France is a famous model best known for being in advertisements for a Christian Dior fragrance. He is also a music producer and songwriter.

On the Lighter Side

Does a pink candle burn longer than a blue one? No, they both burn shorter!

How many economists does it take to change a light bulb? None. If the light bulb needed changing, the market would have already done it.

What disappears as soon as you say its name? Silence.

Snake to another snake: "Are we poisonous? I just bit my lip."

When can you physically stand behind someone who is standing behind you? When you're standing back-to-back.

Answers

Trivia answers: 1. Accident prone 2. Nine 3. Blue 4. The ankle 5. Trees

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