

**THIS SPACE
FOR RENT
780-220-6397**

**Pregnant?
Facing
Difficult
Decisions?**

We can help.
Call **780.421.1177** or
text **587.596.5380**

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

Small Miracles Adoption

www.smallmiraclesadoption.com

INJURED AT WORK?

Need help with your WCB Alberta claim?
#1 choice for qualified representation reviewing decisions made on your claim and ensuring all entitlements have been granted

Enabling your "capabilities"

Ability Management Solutions

For a free telephone consult, call **780.995.6509**

www.abilitymgmtsolutions.ca

Recipe of the month

Creamy Strawberry Crepes

3 eggs	1 1/4 cups sifted confectioners' sugar
1/2 cup milk	1 tablespoon lemon juice
1/2 cup water	1 teaspoon lemon zest
3 tablespoons butter, melted	1/2 teaspoon vanilla extract
3/4 cup all-purpose flour	1 cup heavy cream, whipped
1/2 teaspoon salt	4 cups sliced strawberries
1 (8 ounce) package cream cheese, softened	

Prep: 30 min Cook 30 min Ready in 1 h

- Place the eggs, milk, water, melted butter, flour, and salt in the pitcher of a blender; blend until smooth.
- Blend the cream cheese, confectioners' sugar, lemon juice, lemon zest, and vanilla with an electric mixer until smooth. Gently fold in the whipped cream.
- Heat a lightly oiled griddle or non-stick skillet over medium heat. Pour or scoop the batter onto the griddle, using approximately 2 tablespoons for each crepe. Tip and rotate pan to spread batter as thinly as possible. Flip over when the batter is set and the edges are beginning to brown. Cook until the other side begins to brown. Stack finished crepes on a plate, cover with a damp towel and set aside.
- To serve, fill each crepe with 1/4 cup sliced strawberries and 1/3 cup of the cream cheese filling, roll up and top with a small dollop of the cream cheese filling and more sliced strawberries.

Source: www.allrecipes.com

Get Your Meters' Calibrations Right

We are committed to providing your meters accurate and on time. Since 2003, Measurement Inc. has performed over 8,250 meter proves, so we won't be practising on yours.

— RELAX WHEN YOU GET AUDITED!

MY PROMISE TO YOU: "If all you want is someone cheap to tag your meters, I respectfully ask you to call someone else. Ours will be the best proving experience you have ever had. When audited you'll see the results of excellent measurement. This will be the most complete, professional proving and calibration you have ever experienced. We do the work right or we'll redo it for FREE. I guarantee it!"

~ Jerry Greiner

- Mobile Bench™
- Field Provers
- High Sour/Pressure
- Chart Calibration
- Zedi Calibration

MEASUREMENT INC.



780-621-2555
www.MeasurementInc.ca

PORTABLE TEST SEPARATOR RENTALS

Helping you rediscover fun in the kitchen!

Gifts and Gadgets

25 YEARS

Your one stop kitchen and gift shop.

780.962.5220

Visit www.giftsandgadgets.ab.ca
or visit us in person at 111 First Ave., Spruce Grove

CELEBRATE OUR ANNIVERSARY WITH US JUNE 1

FREE!

New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Hinton Edition

877-553-6397



www.coffee-news.ca

Est. 1988

Vol. 17 No. 21 May 25, 2020

Everybody's Talking

Deep dive Belize, on the east coast of Central America, is home to some of the best diving in the world. One reason for that is the existence of the Great Blue Hole, located off the countrys coast in the Caribbean Sea. Surrounded by coral reefs, the circular Great Blue Hole is an underwater sinkhole that attracts many species of marine life. It measures 300 metres (984 ft.) across and is 125 metres (410 ft.) deep. Divers can reach the Great Blue Hole by a more than two-hour boat ride from Belize City. Boats also can be rented on Ambergris Caye, which is closer.

Money giver Charities in the city of Braunschweig, Germany, are amazed and grateful for an anonymous donor who has been providing cash to help them do their good deeds. The donor sends a bag of euros to a newspaper office with instructions to give the money to a certain charity. One such "miracle bag" contained \$100,000 to be given to a local hospice. For over eight years, bags of money, some containing over \$200,000, have intermittently appeared, with the mystery giver identifying soup kitchens, churches, and other worthy causes as recipients.

Turf tradition For centuries, the traditional home used by the people of Iceland was the turf house. These houses had roofs and thick walls made of a top layer of sod with grass growing out of it. People used turf because trees were not as available for building material. Turf also has good insulating qualities against the winter cold. In the early 1900s, many people still lived in turf houses, but now few remain. However, some have been preserved and maintained by the National Museum of Iceland, allowing visitors to view these traditional abodes.

Peaceful people A street in Vienna, Austria, is a monument to peace. The winding, dead-end street is called Blutgasse and is one of the oldest in the city. On the street is Peace Museum Vienna, which has a mission to educate visitors toward achieving world peace. The museum is free for anyone who wants to visit the exhibits or attend a discussion. One of the displays, called Windows for Peace, is intriguing. In the museum's street-facing windows are images of peace heroes, such as Mahatma Gandhi, Nelson Mandela, and Bertha von Suttner, author of the novel Lay Down Your Arms.

Quoteable Quotes

"All things are to be examined and called into question. There are no limits set to thought." *Edith Hamilton*
"The greatest liberty that man has taken is with nature." *James Bryce*

What's Happening

Events listed here are submitted by Event Organizers. Due to COVID 19, please ensure you contact the organizer to see if the event is still going ahead as planned.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

\$400 Prize Package

Find the Coffee News Guy hidden in one of the ads, then enter to win!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Trivia

1. What is the German word meaning finished, defeated, or destroyed?
2. The average person blinks how many times a minute?
3. In the world of ice hockey, what is a "blueliner"?
4. Name the leader of the English rock band The Who.
5. What are filled dumplings of Central and Eastern Europe called?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd
(Over)

The World's #1 Restaurant Publication!

Love Coffee News®?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!



Rita Marcial
from Spruce Grove

Coffee News® Fun Reading. Serious Advertising.

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?
We can save you up to 50% off your current phone rates!

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

TecWerks Inc.
WHERE TECH WORKS

780.801.1030 | www.tecwerks.ca

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

JEOPARDY!
WEEKNIGHTS 7:30
yesTV

Did You Know...?

Coffee News® offers printing services!

- ✓ Same day printing*
- ✓ Competitive rates

Call **780-220-6397**

*Some conditions apply.

NANTUCKET

ANTIQUES & COLLECTABLES

204 - 86 Boulder Blvd. Stony Plain, Alberta
780.916.5133
Open Fri., Sat. & Sun., 10 a.m.-3 p.m.

We make every woman feel **Beautiful** from the inside out

Visit us on **f** for promotions and gift ideas!
www.facebook.com/RomanticNotionsAlberta

Romantic Notions inc. **780.962.4944**
1.855.962.4944
#30, 210 McLeod Ave., Spruce Grove

For him, for her, for couples, for you!

20 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE

CONNECTOR

CONVENIENT, RELIABLE TRANSPORTATION SERVICE
DAILY BETWEEN JASPER | HINTON | EDSON | EDMONTON AND JASPER | LAKE LOUISE | BANFF | CALGARY

SUNDOG TRANSPORTATION AND TOURS LTD.

Visit our site to book www.SunDogTours.com
or call us at **1.888.786.3641**

Support **Coffee News®!**

The paper you have grown to love can't do it without readers like you...

Visit our advertisers
Browse our website
Like us on Facebook

Coffee News®
"News to Enjoy Over Coffee"

FREE UPGRADE TO ONE OF OUR PREMIUM COLOURS

STOR-X CUSTOM CLOSETS AND STORAGE FOR HOME AND COMMERCIAL ORGANIZING SYSTEMS

YVONNE BARKER - 780.865.6200
YVONNE.BARKER@STOR-X.COM

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Unit 3, 401-33 Street NE

singlecup.ca
Mon-Sat 9-5

500+

K-Cups • PODS • Davinci Syrups

FREE SHIPPING \$60+

Call or text and collect 403-837-4379

Looking for a good dentist?
SO ARE WE!

Dental Practice category now available in this edition.

CONTACT **Coffee News** TODAY at 780-220-6397 to reserve your **EXCLUSIVE** advertising space... before your competition does!

Wishes are waiting.

Help us give every eligible child the wish they need.

Donate today: www.makeawishna.ca

Make-A-Wish
NORTHERN ALBERTA CANADA

Coffee News is proud to support Make-A-Wish Northern Alberta

QUIT SMOKING

CLICK HERE www.mainstreetlasertherapy.ca

780.278.9767 **TODAY!**

Two locations to serve you:
~ Stony Plain
~ Spruce Grove

Mainstreet Laser Therapy

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE - It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere - even on most airlines. Inogen accepts Medicare and many private insurances!

Call Inogen Today To Request Your FREE Info Kit 1-888-998-6714

Reclaim Your Freedom And Independence NOW!

inogen

© 2020 Inogen, Inc. All rights reserved. MKT-P0108

Your Weekly Horoscope

ARIES
(March 21 - April 20)

You may need to be out and about. You might have significant opportunities to make connections and receive information through a chance encounter. Lucky Numbers: 16, 24, 28, 31, 40, 42.

TAURUS
(April 21 - May 21)

You may be strongly motivated to achieve your professional goals. You also might want personal recognition for your efforts. Your competitive energies could run high. Lucky Numbers: 2, 7, 13, 33, 42, 48.

GEMINI
(May 22 - June 21)

You may get in touch with someone with whom you want to make a connection. This might begin a strong relationship in which you are the pursuer. Lucky Numbers: 3, 14, 22, 28, 30, 46.

CANCER
(June 22 - July 22)

People close to you may be willing to cooperate with you. Your interest in the arts or in promoting harmony and goodwill between people might be brought out now. Lucky Numbers: 7, 11, 13, 22, 24, 39.

LEO
(July 23 - Aug. 23)

You may get a better perspective by seeking out people with greater experience, insight, and knowledge. You also might learn much through travel or research. Lucky Numbers: 14, 19, 20, 25, 34, 41.

VIRGO
(Aug. 24 - Sept. 23)

You may be in the mood to experiment and to learn new things. Original ideas might excite you and you may seek people who can offer you a different perspective. Lucky Numbers: 3, 9, 12, 20, 24, 36.

Lucky numbers this week: This week's odds favour Virgo winners with the luckiest number being 9.

LIBRA
(Sept. 24 - Oct. 23)

You may be eager to discuss and brainstorm about getting things accomplished. You might be very assertive and convincing when you present your ideas. Lucky Numbers: 18, 27, 33, 39, 41, 48.

SCORPIO
(Oct. 24 - Nov. 22)

You may inspire others to take action. Group efforts might be favoured. You could be capable of decisive action and have the will to carry through on your intentions. Lucky Numbers: 2, 6, 10, 22, 26, 30.

SAGITTARIUS
(Nov. 23 - Dec. 21)

Your intellectual curiosity may be high now and you may flit from one activity to another. Try to plan outings to satisfy your need to move about and communicate. Lucky Numbers: 11, 23, 27, 33, 34, 41.

CAPRICORN
(Dec. 22 - Jan. 20)

You may be inclined to take the initiative or to strike out on your own. You might be likely to succeed at whatever you attempt at this time. Lucky Numbers: 5, 7, 13, 22, 29, 32.

AQUARIUS
(Jan. 21 - Feb. 19)

Your physical energy, will, and courage may be intensified now. Try to channel this abundant energy into decisive action or vigorous work that brings out your passion. Lucky Numbers: 19, 23, 27, 31, 35, 39.

PISCES
(Feb. 20 - March 20)

You may be clear, articulate, and communicative. Teaching, public speaking, negotiating, or any endeavour that involves giving information to others could be favoured. Lucky Numbers: 4, 11, 25, 32, 36, 47.

Did You Know...

Using names: Anthropologist Jane Goodall studied chimpanzees for 45 years in Tanzania. Rather than numbering the primates she was studying, she named them instead. Some names she chose were David Greybeard, Flint, and Goliath.

Extinct pigeon: Passenger pigeons became extinct about 100 years ago. These pigeons, native to North America, were able to fly very fast, attaining speeds of up to 60 miles per hour (97 km).

Museum founder: Francisco Moreno of Argentina was a famous naturalist and geographer in the 1800s. He founded the La Plata Museum of Natural History in Argentina in 1888, which is an important museum today.

Hot stuff: The datil pepper is a small, hot pepper grown near St. Augustine, Florida (U.S.), where there's even an annual Datil Pepper Festival. It is used to make hot sauces, mustards, infused vinegars, and jellies.

Big but gentle: Whale sharks, which are docile giants that live in tropical oceans, are the largest living fish. Their life span is about 70 years, but they have been known to live to be 100.

On the Lighter Side

What question can you never answer "Yes" to? "What does 'N-O' spell?"

I wonder how many miles I've scrolled with my thumb.

Why was the math book sad? Because it had so many problems.

Patient: "I'm terribly nervous, doctor. This is my first operation."
Doctor: "I know what you mean. It's mine, too."

What is easy to get into, but hard to get out of? Trouble.

Answers

Trivia answers: 1. Kaput 2. 15-20 times 3. Defenceman 4. Roger Dalry 5. Pterogr

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Wellspring's
Twice is Nice
THRIFT STORE

VOLUNTEERS WELCOME!
DONATIONS ACCEPTED DURING STORE HOURS
PROCEEDS TO WELLSPRING FAMILY RESOURCE & CRISIS CENTRE

MONTHLY \$10 BAG SALE

HOURS: Mon-Sat, 10-5; Thurs, 10-6
780-706-3181
5115-49 St., Whitecourt Midtown Mall

Wellspring's Twice Is Nice Whitecourt

ISP COMPUTERS

SERVING PARKLAND COUNTY SINCE 2004

Connecting you to the World

- New computers, laptops, tablets
- Custom desktops & laptops
- Repairs on all PC brands
- Complete diagnosis
- Virus & spyware removal
- Data backup & restore
- Laptop screen replacements
- Onsite & networking services
- Business IT solutions & management

NEW LOCATION!

780-960-2150 #204 - 205 Jennifer Heil Way
www.ispcomputers.ca Spruce Grove, Alberta T7X 0T3

INJURED AT WORK?

Need help with your WCB Alberta claim?

#1 choice for qualified representation reviewing decisions made on your claim and ensuring all entitlements have been granted

Enabling your "capabilities"

Ability Management Solutions

For a free telephone consult, call 780.995.6509

www.abilitymgmtsolutions.ca

OVER A DECADE OF EXPERIENCE

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

APPLY NOW TO MEET 2019 TAX DEAD-LINES!

For Expert Help: 1.844.453.5372

TEST YOUR MEMORY

After reading *Coffee News* put it aside for a moment. Then challenge yourself or a friend to remember as many ads as you can.

Your Score:

- Less than 6 - Keep trying
- 7-10 - Getting better
- 11-15 - Excellent
- 16 or more - Genius!

SPRING OVERSTOCK BLOWOUT SALE!

GI Your One Stop Shop for:

- Industrial Parts and Accessories
- Consumable and Janitorial Products
- Hydraulic Hoses
- Safety Supplies

GRANDE INDUSTRIAL LTD. LOCALLY OWNED AND OPERATED

HINTON: 780.865.2440 GRANDE CACHE: 780.827.2793

FREE DELIVERY IN THE HINTON AREA

ROCKY MOUNTAIN COLLECTIVE

Legal Cannabis and CBD Retail in Hinton
Locally Owned & Operated

780-800-4093 www.rmcollective.ca 780-800-4290

Valley Store (Beside Opa's bakeshop) 393 Drinnan Way Hinton, AB, T7V 2A3
Hill Store (Beside Smitty's Restaurant) 437 Gregg Avenue Hinton, AB, T7V 1N1

Ready for Your Winter Vacation?

- Snorkelling Gear & Lessons
- Reef-Safe Sunscreen
- Beach Water Shoes
- Dry Bags & Wallets
- UV Shirts

Learn to scuba dive! Start your scuba diving certification with us and finish during your holiday!

ASK ABOUT OUR BUDDY SPECIAL

The Dive Outfitters

Scuba Diving & Snorkeling

www.thediveoutfitters.ca | 780.483.0044 | 11781-156 St.

MON - FRI, 10 am - 6 pm
SAT, 10 am - 4 pm