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Vol. 10 No. 24 June 15, 2020

**Everybody's Talking**

**Coffee time** Move over watercolours. Coffee has become the new medium for an artist in the small town of Ontinyent, Spain. Nuria Salcedo, an architect by training, learned to draw on her own. She loves to draw and do illustrations of famous people, but she didn't think she had much skill. To differentiate herself from other artists, she focused on coffee. She uses diluted coffee of different tones in her work, as well as brown pencils. The result is an interesting sepia look with various shades of brown and tan. She often uses photos as her source material, but is moving towards painting original works of art.

**Loyal friends** Nurses at a hospital in Rio do Sol, Santa Catarina, Brazil, treated a patient in the emergency department who appeared to be homeless, but certainly wasn't alone. The man, known only as César, had come to the facility to obtain treatment for a medical condition. Nurse Cris Mamprim and her coworkers wondered if he would be okay when he was released a little while later. They needn't have worried. Waiting happily at the door for César were four, tail-wagging dogs, excited to see their master again. The nurses realized that, while César may have been homeless, he was a kind man to have such loyal friends.

**Extras** Finding chocolates on the pillow is a nice experience when staying at a hotel. Some luxury hotels are known to offer outlandish "extras" which may be part of the room rate or may incur an extra charge. A Fender guitar, for example, is available to Hard Rock Hotel guests around the world who choose the "Sound of Your Stay" program. The Acqualina Resort in Miami, Florida (U.S.), provides a Rolls-Royce Ghost to those renting a certain deluxe suite. And, if you are athletic, you can enjoy a free acrobatic skills program from Cirque du Soleil while staying at Club Med Punta Cana in the Dominican Republic.

**Splashy entrance** Guests at a wedding in Anglesey, Wales, got a big surprise when the groom arrived at the venue. Wearing his tuxedo, Matt Knight rode a wakeboard behind a boat on the Menai Strait. Accompanying him were his groomsmen—brother Chris and friend Paul—who also wore tuxes. The three did a few tricks for the assembled guests who were waiting outside the hotel where the nuptials would be held. The trio were soaking wet, of course, but all had dry formal wear waiting for them. The bride, Kirsty, loved the show and said the groom made the exciting entrance due to his love of James Bond movies.

**Quoteable Quotes**

"Literature is my Utopia." —Helen Keller  
 "If everyone minded their own business...the world would go round a deal faster than it does" —Lewis Carroll

**What's Happening**

NON profit organizations may submit events for FREE at www.mvcoffeeneews/events

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**Trivia**

1. A harpoon is a barbed spear or a string on a harp?
2. Which plant is known to devour insects?
3. Alcoholics Anonymous was founded in 1925, 1935, or 1945?
4. Name the firstborn of England's Prince William and Kate Middleton.
5. What is the fruit of the blackthorn bush?

(Flip bottom of page for answers)

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**Recipe of the Month**

source:allrecipes.com

**Slow Cooker Spanish Beef Stew**

1 pound beef stew meat	2 cups chopped red potatoes
salt and ground black pepper to taste	1 (14.5 ounce) can diced tomatoes
½ cup chopped Spanish onion	1 (12 ounce) jar sofrito
2 cloves garlic, minced	½ cup pitted and halved green olives

Prep 10 m Cook 4 h 10 m Ready In 4 h 20 m

Heat a large skillet over medium heat. Cook beef in hot skillet until completely browned, about 5 minutes; season with salt and pepper. Transfer beef to a slow cooker, retaining some of the beef drippings in the skillet. Return skillet to heat and heat the retained drippings. Saute onion and garlic in hot drippings until softened, about 5 minutes; add to beef in slow cooker. Stir potatoes, diced tomatoes, sofrito, and olives into the beef mixture.

Cook on Low until beef and potatoes are fork-tender, 4-5 hours.

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## Your Weekly Horoscope

**ARIES**  
(March 21 - April 20)

You might be enormously creative and energetic now. You may come up with a creative solution to achieving both your career and personal goals. Lucky Numbers: 5, 8, 16, 21, 31, 33.

**TAURUS**  
(April 21 - May 21)

Your career may gain momentum. Those in a position to support your goals might be positively inclined towards you. Success is possible to achieve. Lucky Numbers: 9, 13, 18, 19, 22, 24.

**GEMINI**  
(May 22 - June 21)

Try to work energetically to advance your own professional goals. You might enlist support from others for your projects by becoming a leader on key issues. Lucky Numbers: 14, 17, 22, 26, 37, 44.

**CANCER**  
(June 22 - July 22)

Opportunities for enjoyable social interactions may occur. Personal relationships might be harmonious, and financial transactions could go smoothly for you. Lucky Numbers: 6, 16, 26, 32, 36, 46.

**LEO**  
(July 23 - Aug. 23)

You may not want to follow anybody else's lead. Fortunately, you might be able find ways to be yourself and even be a little outlandish without offending others. Lucky Numbers: 8, 10, 16, 18, 32, 34.

**VIRGO**  
(Aug. 24 - Sept. 23)

Your drive for self-expression may be high, and you may pour yourself into competitions or auditions with great energy. You might play hard and play to win. Lucky Numbers: 4, 5, 19, 25, 32, 42.

**LIBRA**  
(Sept. 24 - Oct. 23)

Your artistic efforts may flourish. Giving and receiving appreciation might come into your life. You may also want to be surrounded with beauty and with harmonious people. Lucky Numbers: 12, 16, 24, 25, 28, 32.

**SCORPIO**  
(Oct. 24 - Nov. 22)

A desire to share your good fortune with others may be a theme. You might feel generous and expansive, and be inclined to buy lavish gifts for others. Lucky Numbers: 1, 3, 15, 30, 41, 43.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)

You may want to be with like-minded people. You might receive a positive response and possibly an opportunity or personal contact which could be quite beneficial. Lucky Numbers: 13, 17, 19, 23, 27, 29.

**CAPRICORN**  
(Dec. 22 - Jan. 20)

Some of your finest creative ideas or works may find a positive outlet. Any imaginative suggestions might be met with great interest and support. Lucky Numbers: 7, 20, 21, 37, 40, 41.

**AQUARIUS**  
(Jan. 21 - Feb. 19)

You may have an abundance of self-confidence and be able to take on new challenges with ease. You could be feeling bolder and less dependent on the approval of others. Lucky Numbers: 2, 11, 14, 24, 26, 39.

**PISCES**  
(Feb. 20 - March 20)

There may be opportunities for meaningful contacts with others, especially those who share a common goal. An opportunity for a leadership role could happen. Lucky Numbers: 8, 14, 27, 32, 37, 43.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 5.

## Did You Know...

**Earth's layers:** Earth's crust is between about five and 100 kilometres (three and 62 miles) thick. The next layer is the mantle, which is approximately 2,900 km (1,800 mi.) deep.

**Very venomous:** *Deinagkistrodon acutus*, commonly known as the Chinese moccasin, is a venomous snake found in parts of southeast Asia. Its venom has been used for centuries to treat tendon and bone pain.

**Peppermint beginnings:** The American sitcom *The Brady Bunch* ran for five seasons between 1969 and 1974. A band called The Peppermint Trolley Company originally performed the show's theme song.

**Measuring the weather:** Anemometers and barometers are both meteorological instruments. The former measures airflow speed while the latter measures atmospheric pressure.

**Bone health:** Calcium, which can be obtained naturally in such things as dairy products, leafy green veggies, and some fish, is important for bone health in both children and adults. The amount of a person's daily need depends on age.

## On the Lighter Side

My cat constantly looks at me like I asked her to give me a ride to the airport.

Q: What type of cloud is so lazy that it never gets up?  
A: Fog!

In a recent poll, 78 percent of those polled said they didn't like being polled.

You can break me without touching me, or even seeing me. What am I? A promise.

If you don't like cheese with holes in it, eat around them.

**Answers**  
Trivia answers: 1. Barbed spear 2. Venus fly trap 3. 1935 4. Prince George 5. Sloe berry

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