

**We will do your cleaning the RIGHTWAY!**

CONTACT US TODAY FOR YOUR FREE QUOTE

OFFICES	DEALERSHIPS
STORES	WAREHOUSES
SCHOOLS	INDUSTRIAL SHOPS
STEAM CLEANING	APARTMENTS

FAMILY OWNED AND OPERATED IN PEACE RIVER, ALBERTA

**RIGHTWAY JANITORIAL**  
780-618-9755 • alana.dubeau@gmail.com

**Did You Know...?**

**Coffee News®** offers printing services!

- ✓ Same day printing\*
- ✓ Competitive rates

Call 780-220-6397

\*Some conditions apply.

**Real Estate Appraisals You Can Bank On!**  
COMMERCIAL • INDUSTRIAL • RESIDENTIAL

**AGM VALUATIONS GROUP LTD.**  
780-624-0020  
10032 - 99 Street, Peace River, AB

*Servicing the Peace River area, including Fort. St. John & Dawson Creek, B.C.*

**Relish Your Independence!**

Independent Supportive Living is for adults and seniors who require some support and assistance, but do not require the services of a designated supportive living or long-term care centre.

**POINTS WEST LIVING**

FOR INQUIRIES, PLEASE CALL **780.624.0700** or email gm.peaceriver@pointswestliving.com

When cooking meals, cleaning the house, shoveling snow, mowing the lawn, and taking care of home repairs becomes burdensome, choose Points West Living to enjoy a carefree retirement lifestyle.

**Pregnant? Facing Difficult Decisions?**

We can help.  
Call 780.421.1177 or text 587.596.5380

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

**Small Miracles Adoption**

www.smallmiraclesadoption.com

**Recipe of the month**

**Creamy Strawberry Crepes**

3 eggs	1 1/4 cups sifted confectioners' sugar
1/2 cup milk	1 tablespoon lemon juice
1/2 cup water	1/2 teaspoon lemon zest
3 tablespoons butter, melted	1/2 teaspoon vanilla extract
3/4 cup all-purpose flour	1 cup heavy cream, whipped
1/2 teaspoon salt	4 cups sliced strawberries
1 (8 ounce) package cream cheese, softened	

Prep: 30 min Cook 30 min Ready in 1 h

- Place the eggs, milk, water, melted butter, flour, and salt in the pitcher of a blender; blend until smooth.
- Blend the cream cheese, confectioners' sugar, lemon juice, lemon zest, and vanilla with an electric mixer until smooth. Gently fold in the whipped cream.
- Heat a lightly oiled griddle or non-stick skillet over medium heat. Pour or scoop the batter onto the griddle, using approximately 2 tablespoons for each crepe. Tip and rotate pan to spread batter as thinly as possible. Flip over when the batter is set and the edges are beginning to brown. Cook until the other side begins to brown. Stack finished crepes on a plate, cover with a damp towel and set aside.
- To serve, fill each crepe with 1/4 cup sliced strawberries and 1/3 cup of the cream cheese filling, roll up and top with a small dollop of the cream cheese filling and more sliced strawberries.

Source: www.allrecipes.com

**FREE!** *New Issue Every Week!*

**Coffee News®**  
"News To Be Enjoyed Over Coffee"

**Fairview Edition**  
877-553-6397

www.coffee-news.ca

Vol. 17 No. 25 June 22, 2020

**Everybody's Talking**

**Doodle art** A young, grade school student from Shrewsbury, Shropshire, England, used to get into trouble for doodling at school. Joe Whale didn't mean any harm; he just likes to draw. His parents, Greg Whale and Vanessa Jameson, decided to do something positive with their son's skill and enrolled him in an art class. The teacher was amazed at his talent, posting some of his doodling pieces on social media. Soon, a restaurant owner called who wanted him to decorate a wall in the dining room. It's the boy's first commercial work, and his family has high hopes for his future.

**Sandy landscape** The Dubai Desert Conservation Reserve in the United Arab Emirates is a national park that's home to plants, birds, reptiles, and mammals, including the Arabian oryx, sand cats, hedgehogs, and pygmy shrews. Visitors can book an adventure into the park, which might include going on a trek by camel, fat-bike riding, or sand boarding on the desert's dunes. The reserve is located 60 kilometres (37 miles) southeast of Dubai. Since temperatures soar in the summer months, it's best to go between November and March when it's usually around 27° C (80° F).

**Flare for drama** A horse named Jingang, who shares a name with a town in China, has gained fame through social media postings showing his acting abilities. This smart steed has a unique way to avoid giving people rides. He lies down on the ground and refuses to get up until the would-be rider walks away. Not even a carrot or a sugar cube will lure him up! Apparently, Jingang does give people rides, but he plays this trick when he doesn't want to cooperate.

**Living simply** Daniel Price doesn't need much to live on. Originally from the state of Kentucky (U.S.), he now lives in the state of Oregon in a hillside dugout in the forest. He considers himself a "minimalist." Many years ago, he left his job as a photojournalist to try to live as simply as possible. Before making his dugout, he lived in tents, a teepee, a hut, and a shed. He has made his dugout comfortable with rugs and furnishings, and he even has electricity. He pays only \$100 (U.S.) a month in rent to the land's owner, and he has a self-imposed annual budget of \$5,000 to pay for all his needs.

**Quoteable Quotes**

"Adornment is never anything except a reflection of the heart."  
—Coco Chanel

"Work consists of what a body is obliged to do.... Play consists of whatever a body is not obliged to do."  
—Mark Twain

**What's Happening**

**Events listed here** are submitted by Event Organizers. Due to COVID 19, please ensure you contact the organizer to see if the event is still going ahead as planned.

**FAILED TO READ TEXT FILE: whevent\_whId-4189\_title.txt** FAILED TO READ TEXT FILE: whevent\_whId-4189\_body.txt

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

**\$400\* Prize Package**  
Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.

**Trivia**

1. Triskaidekaphobia is the fear of what?
2. How many grams of protein are found in a hen's egg—0, 3, or 6?
3. What are female elephants called?
4. In the sport of curling, where does the tee sit?
5. Who is older—Mick Jagger or Paul McCartney?

(Flip bottom of page for answers)

Visit us on Facebook-CoffeeNewsWeekly

**RANCHLANDS**  
APARTMENT HOMES

Call or text today! 780.851.3730

Ranchlands.wah@aptleasing.info

**Everyone has the right to live free of violence and abuse**

Our shelter offers women a safe and secure environment where they can access counselling, housing and other supports

**PEACE RIVER REGIONAL WOMEN'S SHELTER**

1-877-624-3466  
www.prrws.com

WHEN HOME IS NOT SAFE - WE HAVE A SHELTER FOR YOU

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**THIS SPACE FOR RENT**

780-220-6397

**This is Your Story**

Stories of redemption, discovery and faith  
WEEKNIGHTS AT 11PM

yesTV

Join us in celebrating 50 Years at the **Wanham Plowing Match** June 19-21, 2020

A weekend of fun for the whole family!

**Looking for something fun to do this summer?**

- \* Horse Plowing
- \* Barrel Racing
- \* Modified Truck Pulls
- \* Beer Gardens
- \* Kids' Zone...and so much more!

Full details at [www.wanhamplowingmatch.com](http://www.wanhamplowingmatch.com)  
Like/Follow us online @wanhamplowingmatch

All services are free and confidential

**PREGNANCY CARE CENTRE**  
Grande Prairie & Area

- Pregnancy tests
- Practical support services
- Accurate info on all options
- Post abortion/adoption grief
- Parenting/birth parent support
- Info on pregnancy health & more toll-free 1.844.860.2888

Safe. No judgement  
call/text 780.533.2888

You have options. We can help.

www.pccgp.ca

**If It Needs Glass, We Can Provide It!**

Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications

Mobile service and installation specialists with over 25 years of experience!

**ALL PRO Glass Ltd.**

Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

780.978.0088 [www.allproglass.ca](http://www.allproglass.ca)

### Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

**Please include:**  
 1 Your name  
 2 Your phone number  
 3 Your address  
 so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!



**Rita Marcial**  
from Spruce Grove

**Coffee News** Fun Reading. Serious Advertising.

### AUTOMOTIVE LIGHT TRUCK REPAIR

- Out of Province Inspections - \$220
- Rate: \$110/hour
- We service most vehicles, beginning at \$59.95

Services include up to 5L 5W/30 or 5W/20 conventional oil, oil filter and a 34 point inspection.

**TRINITY REPAIR LTD.**  
**780.338.3848**  
 5029 - 51 Street, Berwyn, AB • [www.trinityrepair.ca](http://www.trinityrepair.ca)

### One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE - It's oxygen therapy on your terms. No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere - even on most airlines. Inogen accepts Medicare and many private insurances!

Call Inogen Today To Request Your FREE Info Kit  
**1-888-998-6714**



Reclaim Your Freedom And Independence NOW!

**inogen**  
 © 2020 Inogen, Inc. All rights reserved. MKT-P0108



### Chapel of Memories Funeral Home and On-site Crematorium

"Part of the Peace Country Since 1947"  
 Fairview to Peace River to High Prairie

"Your family care provider offering assistance with Personalized Funerals, Memorials, Cremations, Cremation Jewelry & Monuments"

Phone: 1.888.849.5800

### Like us on Facebook

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!



<https://www.facebook.com/CoffeeNewsWeekly>

### PEACE VALLEY DENTAL

Dr. Michael Ho, DMD

We are confident in the quality of our work and provide limited warranty for fillings (two years) and crown bridges (no charge for the first three years and 50% for up to five years from placement).

9811-100 Avenue Peace River, Alberta  
[www.peacevalleydental.com](http://www.peacevalleydental.com)  
**780.624.3355 • info@peacevalleydental.com**

### Helping you rediscover fun in the kitchen!

## Gifts and Gadgets

**25 YEARS**

Your one stop kitchen and gift shop.  
**780.962.5220**  
 Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca)  
 or visit us in person at 111 First Ave., Spruce Grove

### Wishes are waiting.

Help us give every eligible child the wish they need.

Donate today:  
[www.makeawishna.ca](http://www.makeawishna.ca)



Coffee News is proud to support Make-A-Wish Northern Alberta

## Your Weekly Horoscope

### ARIES (March 21 - April 20)

This may be a time for you to share concerns regarding professional matters. Communication with superiors who consider your ideas might come to the fore. Lucky Numbers: 2, 5, 6, 12, 15, 16.

### TAURUS (April 21 - May 21)

It may be a good time to tackle mundane chores and practical business. Eliminating what is distracting you from what you really need to do might be easy for you. Lucky Numbers: 12, 15, 32, 35, 42, 47.

### GEMINI (May 22 - June 21)

Social organizations may be your focus. You may even be asked to take on a leadership role. You might enjoy being part of a group effort right now. Lucky Numbers: 20, 27, 28, 30, 37, 38.

### CANCER (June 22 - July 22)

Your ability to focus on your work may be very good. This might be a time to attend to details and practical business, and to make your life more stable and secure. Lucky Numbers: 3, 14, 18, 39, 42, 45.

### LEO (July 23 - Aug. 23)

Your relationships might be especially affectionate and friendly now. You may benefit socially or materially through an opportunity offered to you by a friend. Lucky Numbers: 1, 2, 9, 11, 12, 19.

### VIRGO (Aug. 24 - Sept. 23)

Agreements and contracts may work out very much to your advantage. A friend might present an opportunity which could benefit you as well. Lucky Numbers: 3, 13, 24, 34, 46, 48.

### LIBRA (Sept. 24 - Oct. 23)

Lots of cooperation on home projects may emerge. Working hard to make your home the way you'd like it may well be on the top of your agenda. Lucky Numbers: 4, 17, 19, 34, 36, 45.

### SCORPIO (Oct. 24 - Nov. 22)

This may be a very good time to go for a job interview, to meet with the public, or simply go out and be seen. You certainly might be noticed more than usual. Lucky Numbers: 15, 23, 26, 37, 44, 48.

### SAGITTARIUS (Nov. 23 - Dec. 21)

You may experience a positive flow of warmth and friendliness around you. You might be stimulated and energized by the creative and artistic efforts of others. Lucky Numbers: 5, 8, 12, 16, 30, 34.

### CAPRICORN (Dec. 22 - Jan. 20)

You may have a particularly good ability for introducing something original into an established setting, using a pleasant, harmonious way that attracts success. Lucky Numbers: 14, 15, 25, 26, 36, 37.

### AQUARIUS (Jan. 21 - Feb. 19)

You may see things from a broader perspective than usual. You might better appreciate how your personal activities and goals fit into the needs of others. Lucky Numbers: 2, 17, 25, 29, 34, 47.

### PISCES (Feb. 20 - March 20)

Your intuitive, feeling nature might be very strong right now. You may find yourself gripped by feelings of nostalgia. Memories could rise to the surface. Lucky Numbers: 10, 12, 23, 24, 36, 39.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 1.

## Did You Know...

**Welcome stop:** The Sahara Desert in northern Africa has about 90 major oases with fresh water near the surface from the water table below. Oases are important stops for travelers as they can restock with water and food.

**Rock hounds:** Mineralogists are scientists who study the Earth's minerals. Petrologists study the composition, texture, and structure of rocks.

**Pink shell:** Argentina is home to the pink fairy armadillo, also known as the pichiciego. It is the smallest armadillo in the world at only six inches long. It gets its name from its pink bony armour shell.

**Warm versus cold:** When an El Niño weather pattern occurs in the Pacific, the effect in North America is unusually warm temperatures in the winter. When it's a La Niña, the southeastern part of North America will be warmer and the Northwest will be cooler than normal.

**Circus laughs:** Monty Python's Flying Circus was a 45-episode English sketch comedy show that ran from 1969 to 1974. Its six creators were Graham Chapman, John Cleese, Terry Gilliam, Eric Idle, Terry Jones and Michael Palin.

## On the Lighter Side

Q: A man rode into town on Tuesday, and left two days later on Tuesday. How so?  
 A: His horse is named Tuesday!

Which month has 28 days? All of them!  
 Restaurant customer: "This egg doesn't look fresh."  
 Server: "It's so fresh, the hen hasn't even missed it yet."

A psychologist received this postcard from a vacationing patient: "Having a wonderful time. Why?"

When you want to use me, you throw me away. When you're done using me, you bring me in. What am I? An anchor.

### Answers

Trivia answers: 1. Number 13 2. 6 3. Cows 4. Centre of the house 5. Paul McCartney

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
 © Published with Permission by Capital Marketing Ltd

## Norwex

IMPROVING QUALITY OF LIFE™

Real Products. REAL SOLUTIONS.  
 Norwex has been creating Safe Havens since 1994 - healthier homes, healthier families and a healthier world. Join us!

**Christine Rideout**  
 Norwex Independent Sales Consultant  
**780-933-2792**  
[christinerideout@norwex.biz](mailto:christinerideout@norwex.biz)

### Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!  
**LegalShield 1-877-579-9449**

## Coffee News

... Doing our part



FRESH ~ CLEAN ~ SANITIZED

WE will be increasing our number of available copies, so please feel free to take one with you.

- One Time Use
- Do Not Return to Stand
- Recycle

Coffee News... doing our part to **STOP THE SPREAD**

### We Care About Your Smile!

- Upper/lower dentures
- Implant supported dentures
- Partial dentures (flexible or metal)
- Same day relines
- Soft denture linings for sore gums
- Natural tooth whitening kits available
- Night guards/splints

Call today to inquire about achieving suction on your lower denture with the new SEMCD Lower Suction Technique

**SEMCD**  
 CERTIFIED DENTURIST

**780-624-4573**  
 REPAIRS WITHIN THE HOUR!  
 9803 - 98 Avenue, Peace River Wheelchair friendly

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

### We can save you up to 50% off your current phone rates!

How? We offer:  
 ✓ VOIP Solutions at a fraction of the traditional carrier cost  
 ✓ Long distance rates that outcompete the competition

**TecWerks Inc.**  
 WHERE TECH WORKS

**780.801.1030 | www.tecwerks.ca**

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

### Better Than Friends LOVE SHOP

5824-51 Street, Grimshaw  
 780-512-6623  
 Better Than Friends

Come into the store!  
 Hours are Mon-Sat, 12-10 p.m. and Sunday, 12-6 p.m.

Shop online at [betterthanfriends.ca](http://betterthanfriends.ca)

### Ready for Your Winter Vacation?

- Snorkelling Gear & Lessons
- Reef-Safe Sunscreen
- Beach Water Shoes
- Dry Bags & Wallets
- UV Shirts

Learn to scuba dive! Start your scuba diving certification with us and finish during your holiday!

ASK ABOUT OUR BUDDY SPECIAL

**The Dive Outfitters**  
 Scuba Diving & Snorkeling  
[www.thediveoutfitters.ca](http://www.thediveoutfitters.ca) | **780.483.0044** | **11781-156 St.**

MON - FRI, 10 am - 6 pm  
 SAT, 10 am - 4 pm