

This is Your Story

Stories of redemption, discovery and faith
WEEKNIGHTS AT 11PM

yesTV

30 YEARS
Coffee News

Recipe of the month

Creamy Strawberry Crepes

3 eggs
1/2 cup milk
1/2 cup water
3 tablespoons butter, melted
3/4 cup all-purpose flour
1/2 teaspoon salt
1 (8 ounce) package cream cheese, softened

1 1/4 cups sifted confectioners' sugar
1 tablespoon lemon juice
1 teaspoon lemon zest
1/2 teaspoon vanilla extract
1 cup heavy cream, whipped
4 cups sliced strawberries

Prep: 30 min Cook 30 min Ready in 1 h

- Place the eggs, milk, water, melted butter, flour, and salt in the pitcher of a blender; blend until smooth.
- Blend the cream cheese, confectioners' sugar, lemon juice, lemon zest, and vanilla with an electric mixer until smooth. Gently fold in the whipped cream.
- Heat a lightly oiled griddle or non-stick skillet over medium heat. Pour or scoop the batter onto the griddle, using approximately 2 tablespoons for each crepe. Tip and rotate pan to spread batter as thinly as possible. Flip over when the batter is set and the edges are beginning to brown. Cook until the other side begins to brown. Stack finished crepes on a plate, cover with a damp towel and set aside.
- To serve, fill each crepe with 1/4 cup sliced strawberries and 1/3 cup of the cream cheese filling, roll up and top with a small dollop of the cream cheese filling and more sliced strawberries.

Source: www.allrecipes.com

FREE! **New Issue Every Week!**

Coffee News®

"News To Be Enjoyed Over Coffee"

Drayton Valley Edition
877-553-6397

www.coffee-news.ca

Vol. 17 No. 29 July 20, 2020

Everybody's Talking

Mommy's boy Some people will go to great lengths to help their parents in a time of need. In Brazil, a man named Heitor Schiave took it one step too far: he dressed up as his mother so he could take her driver's test on her behalf. His mother hadn't had much luck herself, having failed three times. So Schiave put on women's clothing and a wig, wore lots of makeup, and tried to talk in his mother's voice. However, the disguise did not fool Aline Mendonca, the examiner, who realized that the woman taking the test did not look like the woman pictured on her identification. Schiave was arrested for fraud.

New wave furniture Gavin Munro is a maker of furniture, but he doesn't use carpentry tools to do it. Instead, he trains the trees on his farm to grow into the form of chairs, tables, and other pieces. The result is very artistic. Located near Derby, England, his farm has oak, willow, ash, and sycamore trees. When the trees are just saplings, he uses molds to make them grow a certain way. To attain his final product, he also prunes and grafts the trees' branches. It takes a long time for a piece of furniture to be made in this fashion – between four and eight years.

Stolen goods A woman in St. Paul, Minnesota (U.S.), was miffed when she discovered that a package she ordered had been stolen from her porch. Hilary Smith received a text saying that the package, which contained a phone charger, had been delivered, so she expected to find it upon arriving home from work. In its place was a handwritten note thanking her for leaving the package on her porch so it could be stolen. The thief signed the note, "The new owner of your package." Police in the area are warning residents to have parcels delivered when someone is home to receive them.

Beautiful harvest Some farmers in Bangladesh work in an environment of great beauty—at least during the time of harvest. These farmers collect water lily blossoms in the Canal of Water Lilies in the country's Barisal district. They paddle their long wooden boats through a sea of green leaves and deep pink water lily flowers, collecting the blossoms as they go. Collection is done carefully and by hand. These blossoms are a popular item at local markets, where the farmers go to sell their floral gems.

Quoteable Quotes

"Things are always at their best in the beginning." *Blaise Pascal*
"Life can only be kept by giving it away. But then it will bloom." *Anne Rivers Siddons*

What's Happening

July 18 to 19-36th Grand North American Old Time FIDDLE CHAMPIONSHIP WATCH on Facebook Live on Saturday July 18 and Sunday July 19 - Start Time: 11:00am MDT each day. More info: Wild Rose Old Tyme Fiddlers website: www.wildrosefiddlers.org. Join in!

July 12 to 19-Free 48-hour Film Challenge! Pre-Register Now! Create an epic 2-minute film using your mobile device in just 48 hours on July 17-18, 2020. This is a free opportunity a free opportunity with the chance to win prizes! Register now: <https://esff.ca2020-free-48-hour-mobile-film-challenge>

May 14 to October 8 -Thursday at the 124 Grand Market The 124 Grand Market is back for its 9th season on 124 St 108 Ave! features essential businesses that include farm-fresh produce, tasty food trucks, beverages, locally crafted beer, wine spirits, and much more.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Trivia

1. The fastest land animal is the cheetah, the leopard, or the lion?
2. Are cashews nuts or seeds?
3. Which Muppet of The Muppets fame is known for being ticklish?
4. Root and tuber vegetables grow above or below the ground?
5. Who wrote The Cat in the Hat?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd (Over)

Affordable-Effective-Exclusive-CALL NOW!

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition

TecWerks Inc.
WHERE TECH WORKS

780.801.1030 | www.tecwerks.ca

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

Small Miracles Adoption

www.smallmiraclesadoption.com

THIS SPACE FOR RENT

780-220-6397

Just hatching a new business?

CHECK OUT **Coffee News**® ADVERTISING!

- People need to know about you!
- Reach thousands of local readers every single week
- Exclusive, affordable advertising

It's a crackin' good deal!

QUIT SMOKING

CLICK HERE www.mainstreetlasertherapy.ca

780.278.9767 TODAY!

Two locations to serve you:
~ Stony Plain
~ Spruce Grove

Mainstreet Laser Therapy

Did You Know...?

Coffee News® offers printing services!

- ✓ Same day printing*
- ✓ Competitive rates

Call 780-220-6397

Wishes are waiting.

Help us give every eligible child the wish they need.

Donate today: www.makeawishna.ca

Make-A-Wish
NORTHERN ALBERTA CANADA

Coffee News is proud to support Make-A-Wish Northern Alberta

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers of the Month" in the subject line.

Please include:
• Your name
• Your phone number
• Your address
so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Rita Marcial
from Spruce Grove

Coffee News® Fun Reading. Serious Advertising.

WILD WEST EXPRESS

BUSINESS PERSONAL • FARM • SENIORS • ETC.

Same Day Pick Up and Delivery / Hot Shots
Rates start at \$19.95 (+GST/FSC) for 0-49 lbs.

CALL FOR YOUR FREE ESTIMATE! **780.898.2350**

Get Your Meters' Calibrations Right

We are committed to proving your meters accurate and on time. Since 2003, Measurement Inc. has performed over 8,250 meter proves, so we won't be practising on yours.

— RELAX WHEN YOU GET AUDITED!
MY PROMISE TO YOU: "If all you want is someone cheap to tag your meters, I respectfully ask you to call someone else. Ours will be the best proving experience you have ever had. When audited you'll see the results of excellent measurement. This will be the most complete, professional proving and calibration you have ever experienced. We do the work right or we'll redo it for FREE. I guarantee it."
~ Jerry Greiner

MEASUREMENT INC.

- Mobile Bench™
- Field Provers
- High Sour/Pressure
- Chart Calibration
- Zedi Calibration

780-621-2555
www.MeasurementInc.ca

PORTABLE TEST SEPARATOR RENTALS

Like us on Facebook

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>

Visit us on Facebook-CoffeeNewsWeekly

We make every woman feel *Beautiful* from the inside out

Visit us on **f** for promotions and gift ideas!
www.facebook.com/RomanticNotionsAlberta

Romantic Notions inc. 780.962.4944
1.855.962.4944
#30, 210 McLeod Ave., Spruce Grove
Bras... and so much more!

For him for her, for couples, for you!

20 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE

SHOP ONLINE!
www.scubagearcanada.ca

• Snorkelling Gear • Reef-Safe Sunscreen
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Learn to SCUBA DIVE at our Edmonton location - call for details
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

FREE UPGRADE TO ONE OF OUR PREMIUM COLOURS

STOR-X CUSTOM CLOSETS AND STORAGE FOR HOME AND COMMERCIAL
ORGANIZING SYSTEMS
YVONNE BARKER - 780.865.6200
YVONNE.BARKER@STOR-X.COM

ROCKY MOUNTAIN COLLECTIVE
Legal Cannabis and CBD Retail in Hinton
Locally Owned & Operated

780-800-4093 www.rmcollective.ca 780-800-4290

Valley Store (Beside Opa's bakery) 393 Drinnan Way Hinton, AB, T7V 2A3
Hill Store (Beside Smitty's Restaurant) 437 Gregg Avenue Hinton, AB, T7V 1N1

From Port Alberni, B.C. to St. John's, Newfoundland

Served in **1579** restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News is Canada's choice for positive news from around the world!

WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers
780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

Helping you rediscover fun in the kitchen!

Gifts and Gadgets 25 YEARS

Your one stop kitchen and gift shop.
780.962.5220
Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Ave., Spruce Grove

Lock out your competition!

Coffee News only allows one advertiser from each industry, so when you advertise your business, your competitors can't.

Call to lock out your competitors today!

Advertise your Business-780-220-6397

Your Weekly Horoscope

ARIES (March 21 - April 20)
Open your horizons to new ways to live your life. Once you decide on the perfect plan, you may accomplish much. Be sure to thoroughly document your research for others to see. Lucky numbers: 16, 18, 22, 24, 31, 46.

TAURUS (April 21 - May 21)
You may benefit greatly from opportunities that present themselves at this time. An old friend who might be very influential and helpful to you may come back into your life. Lucky numbers: 1, 6, 15, 20, 31, 37.

GEMINI (May 22 - June 21)
Important family matters may have to take top priority over less important matters. You may have to try to find a happy medium to juggle your usual workload. Lucky numbers: 17, 21, 28, 39, 45, 48.

CANCER (June 22 - July 22)
Your current success may bring you much satisfaction. Your confidence level could soar once you really start to appreciate the people who are helping you on your journey. Lucky numbers: 2, 13, 24, 37, 41, 43.

LEO (July 23 - Aug. 23)
You may need to believe in your abilities and talents. The winds suddenly may change, and new policies may help you realize your goals can, indeed, come true. Lucky numbers: 2, 9, 13, 17, 26, 34.

VIRGO (Aug. 24 - Sept. 23)
You may need to value the instinctive powers that you possess. Sharing your enlightenment with younger people might help you make your own progress. Lucky numbers: 12, 24, 26, 29, 36, 43.

LIBRA (Sept. 24 - Oct. 23)
Your business may entail travel or engaging in communications with those far away. Clandestine information might be revealed, once you build a good, healthy bond. Lucky numbers: 13, 22, 33, 44, 46, 49.

SCORPIO (Oct. 24 - Nov. 22)
Good relations with your co-worker and superiors may enable you to spread your influence. Some very interesting employment opportunities might exist for you. Lucky numbers: 11, 16, 19, 21, 23, 33.

SAGITTARIUS (Nov. 23 - Dec. 21)
You may have to exhibit your true colours to those who doubt your trustworthiness. If your heart is pure, then you might have absolutely nothing to worry about. Lucky numbers: 7, 24, 26, 30, 32, 43.

CAPRICORN (Dec. 22 - Jan. 20)
You may feel as if life is passing you by far too quickly. That realization might teach you the importance of cherishing the little things in life that we take for granted. Lucky numbers: 2, 6, 12, 26, 32, 46.

AQUARIUS (Jan. 21 - Feb. 19)
You should be able to focus on important decisions without worrying about the petty details. You may need to take the time you need to clear your head. Lucky numbers: 26, 29, 31, 32, 33, 40.

PISCES (Feb. 20 - March 20)
Try to allow your strength of character to overcome your fears. Your sensitive mood may brighten greatly once you realize how much happiness you can create. Lucky numbers: 14, 19, 23, 24, 32, 39.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 7.

Did You Know...

Gone south: The first man to make it to the South Pole was Norwegian Roald Amundsen (1872-1928). A team of men, dogs, and dogsleds journeyed from their base camp in Antarctica, reaching the pole just under two months.

Pick a pear: Anjou pears are mild-flavoured and soft, making them easy to eat. Abate pears are good to eat with cheese because they are fragrant and crisp.

Skin bumps: Moles occur when skin cells called melanocytes grow. Babies can be born with moles that are called congenital nevi, while other moles develop over a person's lifetime.

Expensive painting: A 1941 Pablo Picasso painting from his "Weeping Woman" series sold for \$9.1 million (CDN) at an auction house in Toronto, Canada, in 2019. The painting of photographer Dora Maar is called *Femme au chapeau*.

Writer and pilot: Many people are aware of British author Roald Dahl's many famous children's books, such as *Charlie and the Chocolate Factory* and *The Witches*. But they may not know that he was a fighter pilot in World War II.

On the Lighter Side

Why is "abbreviation" such a long word?

Can you name three consecutive days without using the words "Wednesday," "Friday," or "Sunday"? Yesterday, today, and tomorrow.

What do you call a boomerang that doesn't work? A stick.

Customer: "These melons are \$1.50. Did you raise them yourself?"
Farmer: "Yes. Yesterday they were \$1.25."

Why did the dinosaur cross the road? Because chickens weren't around yet.

Answers

5. Dr. Seuss
Trivia answers: 1. Cheeta 2. Seeds 3. Elmo 4. Below

WE DIRECT BILL YOUR INSURANCE

Come... See... Smile...

• Our fees follow the Alberta Fee Guide

• Open Wed. & Thurs. evenings and two Saturdays per month

Devon Dental Associates
#129, 180 Miquelon Ave. Devon (beside Boston Pizza)

Dr. Maura Lavoie
Dr. Ian Orellana-Jordan
Dr. Darren Forst (Orthodontist)
780.987.2833
www.devondentalassociates.ca

Hands upon HUMANity
Heart Centred Services

- Counsellor • HER Circles Facilitator
- Life Coach • PEMF Consultant
- Laughter Leader
- Reiki Master: Usui • Emcee
- Oracle Card Reader

Leah Sanderson
Holistic/Spiritual/Registered Professional Counsellor

Text or call 780.898.5498
handsuponhumanity@gmail.com
Private message on Facebook: Hands Upon HUMANity

WE OFFER IN-HOUSE PEDICURE SERVICES
FOR THOSE WHO ARE HOUSEBOUND

Nails by PAM

Manicures • Pedicures
Gel Nails • Brow and Lash Tinting
Senior and Diabetic Pedicures

780.514.7990

Coffee News ... Doing our part

FRESH ~ CLEAN ~ SANITIZED

WE will be increasing our number of available copies, so please feel free to take one with you.

- One Time Use
- Do Not Return to Stand
- Recycle

Coffee News... doing our part to STOP THE SPREAD

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE - It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere - even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714

© 2020 Inogen, Inc. All rights reserved. MKT-P0108

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

23-Drayton Valley