

Affordable-Effective-Exclusive-CALL NOW!

Coffee News[®] is back on the menu!

Help us stop the spread of Covid-19 by taking this copy of Coffee News[®] with you!

Please do not return to the stand.

Let's work together to **STOP THE SPREAD**



FREE!

New Issue Every Week!

Coffee News[®]

"News To Be Enjoyed Over Coffee"

Athabasca Edition

877-553-6397



www.coffee-news.ca

Vol. 17 No. 31 August 3, 2020

Everybody's Talking

Damaged merchandise If parents plan to go to a dealership to shop for a new car, it's best to find a babysitter for their small child. A couple from Guilin, Guangxi Region, China, learned this the hard way. The couple, accompanying a friend, were talking to salespeople and gawking at the luxurious new cars in the showroom. Left to her own devices, their child decided to doodle on a number of the new cars, using a stone to scratch designs into the paint. The little girl's creative streak led to her father being sued by the dealership for damages.

Black and white Who knew that a few drops of ink mixed with a bit of water could result in beautiful works of art? Well, perhaps it's not as easy as that, but French artist David Bayo has figured it out. Using this medium, he creates subtle paintings of his subjects, including animals and people. Bayo has tried different ways to make art, and his experimentation led him to an ability to understand how ink and water work together. The paintings he creates, which are often black and white, are distinctive and understated representations of the subject at hand.

Two names In Tamaulipas, Mexico, a pet cat has two owners who did not know about each other until recently. Mary Lore Barra calls the cat "Pixi," and she was accustomed to her pet being away for a few days at a time, presumably on the prowl. Then one day Pixi came home with a new collar. Barra put a note under the collar identifying the cat as Pixi and herself as Pixi's owner. Soon Pixi came home with a note from another family, who call the cat "Huarache." Luckily, the two owners think it's a funny situation, and they continue to share Pixi/Huarache.

ATM captive A contractor in Corpus Christi, Texas (U.S.), was just trying to do his job. He was fixing a lock in the automatic teller machine (ATM) room when he locked himself in. The man had left his cell phone in his vehicle, so he couldn't call for assistance. Instead, he wrote notes asking for help and fed them through the receipt slot of the ATM. People using the machine thought the notes were a joke. But finally, one person took it seriously and called police, who broke down the door and got him out.

Quoteable Quotes

"Manifest plainness, Embrace simplicity, Reduce selfishness, Have few desires."
Lao-tzu

"I got myself a start by giving myself a start."
Madame C.J. Walker

What's Happening

September 4- Wood Buffalo RibFest RibFest is coming to Fort McMurray for the second year in a row. Presented by Syncrude, this is the biggest BBQ event in North America! For more info go to Facebook!

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

\$400* Prize Package

Find the Coffee News Guy hidden in one of the ads, then enter to win!

*Coffee News Bucks Over 150 participating sponsors! 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 17303-107 Ave., Edmonton, AB T5S 1E5 Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. The sport of basketball was invented in 1891, 1909, or 1923?
2. What does it mean if you are "under the weather"?
3. Which desert is said to be the hottest on Earth?
4. What type of apparel are Doc Martins?
5. Where is Tel Aviv?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Feel free to take your Coffee News home!

Pregnant? Facing Difficult Decisions?

We can help. Call 780.421.1177 or text 587.596.5380



- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice



Small Miracles Adoption

www.smallmiraclesadoption.com

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

BLUE BLOODS

MON - THURS 9:00

yesTV

30 YEARS Coffee News[®]

Like us on Facebook Coffee News[®]

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>

AUTO • HOME • BUSINESS • BOAT/RV/TRAILER • FARM

Better insurance starts with a conversation.

4801-49 Street
Athabasca
BrokerLink.ca

BrokerLink[™]
Auto/Home/Business Insurance

Contact us today for a free quote: **780.675.2241**

Enersage

4818-49 Street, Athabasca

- Therapeutic Massage
- Reflexology - Hands, Feet, Ears
- Trigger Points
- Ear Candling
- Cranial Sacral Therapy
- Lymphatic Drainage
- Body Mind Balance
- Ozone Steam Sauna

GIFT CERTIFICATES AVAILABLE!

NEW PHONE LINE!

For an appointment, call **780-675-3800**

Visit us on Facebook-CoffeeNewsWeekly

Recipe of the month

Summer Fruit and Mascarpone Tart

2 x 320g ready-rolled all-butter puff pastry
100g icing sugar
750g tub mascarpone
600ml double cream
2 tsp vanilla extract
200g raspberries, a few halved
200g blackberries, a few halved

1 large mango, peeled and thinly sliced
6 nectarines or peaches, a mixture sliced
4 passion fruits (look for ones with crinkly skins - they're ripe), halved, seeds and pulp scooped out
handful small mint leaves

Prep: 30 mins. Cook: 30 mins Level: Easy Serves: 15-18

- 1 Heat oven to 200C/180C fan/gas 6. Unroll 1 pastry sheet, but leave it on the parchment. Place it on a baking tray, dust with 2 tsp icing sugar, then cover with another sheet of parchment and another baking tray. Pour baking beans into the tray to weigh it down, or use empty cans. Bake for 30 mins, then check if the pastry is golden all over. If not, return for another 5 mins or so. Repeat with the other pastry sheet (or cook both together if you have enough trays). Once out of the oven, trim the edges with a large, sharp knife. Leave to cool.
- 2 Softly whip the mascarpone, cream, vanilla and remaining icing sugar, then transfer half to a disposable piping bag fitted with a 1.5cm round nozzle (or just snip off the corner). Pipe blobs of the mascarpone cream over the surface of one piece of pastry, right up to the edges. Top with half the fruit and dust with a little icing sugar.
- 3 Top with the second piece of pastry, more mascarpone cream (refilling the bag when you need to), the remaining fruit, a dusting of icing sugar and, finally, some mint leaves. Use a serrated knife to cut through the layers.

Source: www.bbcgoodfood.com

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

TecWerks Inc.
WHERE TECH WORKS

780.801.1030 | www.tecwerks.ca

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

We make every woman feel **Beautiful** from the inside out

Visit us on **f** for promotions and gift ideas!
www.facebook.com/RomanticNotionsAlberta

Romantic Notions inc. 780.962.4944
1.855.962.4944
#30, 210 McLeod Ave., Spruce Grove

For him, for her, for couples, for you!

20 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE

Wishes are waiting.

Help us give every eligible child the wish they need.

Donate today: www.makeawishna.ca

Make-A-Wish.
NORTHERN ALBERTA CANADA

Coffee News is proud to support Make-A-Wish Northern Alberta

NORTHERN LAKES COLLEGE

Are you looking for foundational learning to **START YOUR CAREER IN SURVEYING?**

The online Introduction to Surveying program will provide you with a solid foundation of survey theory and the confidence to perform routine survey tasks.

Become a member of the survey crew!

This program has a continuous intake - apply anytime!
www.northernlakescollege.ca

Call for Rates-780-220-6397/877-553-6397

Just hatching a new business?

CHECK OUT **Coffee News** ADVERTISING!

- People need to know about you!
- Reach thousands of local readers every single week
- Exclusive, affordable advertising



It's a crackin' good deal!

CONTINUING TO BUILD OUR FOUNDATION FOR FUTURE GENERATIONS



MCMURRAY MÉTIS

780.743.2659
www.McMurrayMetis.org



Beading – First and third Tuesday each month, 5:30-8 p.m.

Cree Coffee Chat – every Wednesday, 5-6 p.m.

Elders' Tea – second Thursday each month, 11:30 a.m.



One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere – even on most airlines. Inogen accepts Medicare and many private insurances!



Reclaim Your Freedom And Independence NOW!

inogen

© 2020 Inogen, Inc. All rights reserved. MKT-P0108

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714

From Port Alberni, B.C. to St. John's, Newfoundland

Served in

1579 restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News

is Canada's choice for positive news from around the world!



Chapel of Memories Funeral Home

Serving the entire Lakeland

Kinuso to Slave Lake to Wabasca

"Your family care provider offering assistance with Personalized Funerals, Memorials, Cremations, Cremation Jewelry & Monuments"

601 - 1A St. S.E. Slave Lake, Alberta
Phone: 780.849.5433

QUIT SMOKING

CLICK HERE www.mainstreetlasertherapy.ca

780.278.9767 TODAY!

Two locations to serve you:
~ Stony Plain
~ Spruce Grove

Mainstreet Laser Therapy

Home is Where **Your Story Begins.**
Let Me Help You Finance Your Dream Home!



Debbie Jacobsen, AMP

780.805.8840
deb@dlc1st.ca | www.dlc1st.ca

DOMINION LENDING CENTRES
Mortgage Mentors

Helping you rediscover fun in the kitchen!

Gifts and Gadgets **25 YEARS**

Your one stop kitchen and gift shop.

780.962.5220

Visit www.giftsandgadgets.ab.ca
or visit us in person at 111 First Ave., Spruce Grove

CELEBRATE OUR ANNIVERSARY WITH US JUNE 1

The World's #1 Restaurant Publication!

Your Weekly Horoscope

ARIES
(March 21 - April 20)



A new business venture may really appeal to you now. In order to be sure, you might need to look past the pretty dressing and research the nuts and bolts of the operation. Lucky numbers: 5, 18, 29, 31, 36, 48.

TAURUS
(April 21 - May 21)



Sales, teaching, public speaking, or any endeavor that involves giving information to others may be favoured now. You might be clear, articulate, and communicative at this time. Lucky numbers: 15, 19, 20, 25, 28, 31.

GEMINI
(May 22 - June 21)



Your complete change in focus may prove that you did, in fact, learn an important lesson. Your attitude of teamwork might help accomplish the tasks you require. Lucky numbers: 10, 18, 22, 35, 47, 49.

CANCER
(June 22 - July 22)



You may change the current atmosphere by putting a positive spin on everything you say and do. You might need to give yourself a little more personal time and freedom. Lucky numbers: 12, 24, 26, 29, 36, 43.

LEO
(July 23 - Aug. 23)



The fine details may have to change a bit, but your plan might still be good. You may need to empower others to look past the immediate and find a better way for everyone. Lucky numbers: 3, 19, 23, 32, 34, 42.

VIRGO
(Aug. 24 - Sept. 23)



You may feel like you have been working far too hard. You might need to find ways to change your old routine. Take the time to smell the flowers and enjoy small pleasures. Lucky numbers: 10, 14, 24, 31, 37, 44.

LIBRA
(Sept. 24 - Oct. 23)



Creative conversations may lead to a better understanding of others. Try not to let yourself get lost in your own world. Allow others to enjoy your special interests. Lucky numbers: 4, 18, 22, 35, 47, 49.

SCORPIO
(Oct. 24 - Nov. 22)



Casual meetings or get-togethers may put you on an exciting new journey. Let go of what others expect of you, and let your dreams lead you into the future. Lucky numbers: 1, 5, 12, 15, 20, 25.

SAGITTARIUS
(Nov. 23 - Dec. 21)



Forgetting the past may be hard, but you finally may be feeling good vibrations all around you. Celebrate your good fortune with those who really matter to you. Lucky numbers: 2, 21, 29, 39, 45, 47.

CAPRICORN
(Dec. 22 - Jan. 20)



Your compassion towards the predicaments of others could help you win them over. You cannot please everyone, but you can be very flexible to what others require. Lucky numbers: 3, 13, 19, 24, 32, 44.

AQUARIUS
(Jan. 21 - Feb. 19)



You may need to find new outlets for your physical and mental health. You may need to break away from all the seriousness and allow your silliness to take over. Lucky numbers: 17, 18, 22, 35, 42, 47.

PISCES
(Feb. 20 - March 20)



Traveling to a different place may help you learn more within your field. Your interest in places faraway might become your favourite subject of conversation. Lucky numbers: 4, 14, 18, 20, 22, 34.

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 18.

Did You Know...

Good for you: Oregano oil comes from the oregano plant, which is part of the mint family. Thought to have medicinal properties, it contains carvacrol, an antioxidant.

Different colours: The national flag of India consists of three parallel bars. The top bar is saffron, the middle is white, and the bottom is green. In the centre of the white bar is a blue wheel called the Ashok Chakra.

Stone house: It's well known that the president of the United States lives in the White House. But people may not know that the prime minister of Canada lives at 24 Sussex Drive in the country's capital of Ottawa, Ontario.

Using initials: D.C. Fontana (1939-2019) was a writer and editor who contributed to the 1960s TV show, *Star Trek*. The "D.C." stands for Dorothy Catherine, but she used her initials because, at the time, the industry was male dominated.

Noise pollution: Certain noises can be irritating, but for someone with misophonia, everyday sounds like whistling or soup slurping can cause a seemingly unreasonable response. People with these sensitivities may get angry or anxious, or even panicky.

On the Lighter Side

Matt: "Why did you quit your job at the toll booth?"
Pat: "Because my mother always told me not to take money from strangers."

Everyone has a photographic memory. Some people are just out of film.

What has one head, one foot, and four legs? A bed.

Why do birds fly south for the winter? Because it's too far to walk.

A lot of people cry when they cut an onion. The trick is not to form an emotional bond.

Answers

Trivia answers: 1. 1891 2. You are ill. 3. The Sahara Desert 4. Footwear 5. Israel

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

FREE UPGRADE TO ONE OF OUR PREMIUM COLOURS

STOR-X CUSTOM CLOSETS AND STORAGE FOR HOME AND COMMERCIAL ORGANIZING SYSTEMS

YVONNE BARKER - 780.865.6200
YVONNE.BARKER@STOR-X.COM

SHOP ONLINE!
www.scubagearcanada.ca

• Snorkelling Gear • Reef-Safe Sunscreen
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location – call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
• Your name • Your phone number and • Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.

Reader of the Month
Mark Dickson • Edmonton

Lock out your competition!

Coffee News only allows one advertiser from each industry, so when you advertise your business, your competitors can't.

Call to lock out your competitors today!

QUALITY WORK. REASONABLE RATES.

RRC EXTERIOR FINISHING

- 5" Continuous Eavestrough
- Decks
- Asphalt Roofing
- Siding ■ Soffit ■ Fascia

CALL RYAN TODAY FOR YOUR FREE ESTIMATE:
780.519.1335
Serving Athabasca/Slave Lake and area

Support Your Community
by visiting local businesses that advertise in *Coffee News*.

After all, they are making this publication possible for your enjoyment!

Tell them you saw their ad in *Coffee News*!

Silver Sage Enterprises Ltd

Les Helm, RPFT
Cell 780.520.4000
Office 780.623.2494
Fax 780.623.2894
l.helmsilverpage@gmail.com

Land Resource Planning

- Gravel Pits
- Mapping
- Reclamation
- Road Engineering

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449