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NOTICE OF SETTLEMENT APPROVAL

Did you experience gender or sexual orientation-based harassment or discrimination while working or volunteering with the RCMP?

You may be eligible for compensation.

On March 10, 2020, the Federal Court approved a class action settlement concerning allegations of gender and sexual orientation-based harassment and discrimination of women working or volunteering with the Royal Canadian Mounted Police ("RCMP"). The settlement provides for six levels of compensation ranging from \$10,000 to \$220,000.

Claim forms, available at www.rcmpsettlement.ca, must be submitted by January 12, 2021.

For complete details visit the website or contact the Administrator at rcmpsettlement@deloitte.ca or 1-844-965-0088.

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Everybody's Talking

Noisy neighbours The new neighbours of Dominique Douthe, who lives in the Landes region of southwestern France, are very annoyed. They don't like the racket made by the flock of ducks and geese Douthe keeps in her back garden, so they took her to court. The judge on the case said the flock could stay, but asked for more information, including an acoustic audit to scientifically test the level of noise. Douthe's lawyer thinks that the judge is buying time and hoping the two parties will work things out between them.

Scaring monkeys Farmers in India worry about their crops being ruined by bands of monkeys. But Srikanth Gowda, a farmer in Karnataka, has found a way to solve the problem: he dyed his dog's hair to look like a tiger's stripes. When the monkeys caught sight of the dog, named Bulbul, near the coffee crop, they ran away. Before taking this action, Gowda had tried stuffed tigers, which worked for a while, and then the monkeys caught on. Now, Gowda uses his tiger dog, along with large pictures of tigers, to keep the monkeys away.

Unique cheese A creamy delicious cheese made in Sweden is called Västerbottensost. Well-loved by many, this cheese is made in the village of Burträsk, in the northeastern part of the country. Interestingly, Burträsk is the only place where this cheese can be properly made. The dairy tried to expand its production of Västerbottensost to other locations in Sweden, but the cheese crafted elsewhere didn't taste the same. Many legends and rumours explain why this is so, but no one actually knows, so the mystery remains.

To the rescue A dog and koala bear were rescued from a mine shaft near Ipswich in Queensland, Australia, by emergency services personnel, who were called to the scene by the dog's owner. The owner thought her pooch might have been chasing the koala when both fell into the derelict shaft. The team of rescuers couldn't go down the shaft due to the danger, so they used ropes and safety nets. The dog responded well, but the koala didn't cooperate as readily, and it took extra effort to get him out. Veterinarians checked both animals, and neither had any broken bones.

Quoteable Quotes

"The most momentous thing in human life is the art of winning the soul to good or to evil."
 — Pythagoras
 "No act of kindness, however small, is ever wasted."
 — Aesop

What's Happening

Aug 14 - Movie Under the Stars 7:30 - 11:30pm Location - Legacy Park More info - fortask.camovie

August 20 - Drive-in Outdoor Movie Tickets are free and must be obtained in advance. Guidelines will be in place to keep everyone safe. Reserving a ticket for the Drive-In Outdoor Movie does not indicate the location of your vehicle in the parking lot. Search on Eventbrite for tickets.

Sept 7 - Rubber Duck Race On Labour Day September 7th 2020 We at Big Brothers Big Sisters of Wood Buffalo will be celebrating our 20th Annual Rubber Duck Race. All funds raised go towards supporting our free mentoring programs. Contact 780 791-2447 for more information

Sept 12 - Shred-4-Free Shredding documents containing personal information is an effective way to prevent identity theft, while also clearing out old paperwork. Have your documents shredded on the spot at 9 Agrena Rd. 4 boxes max. Contact 780-962-7584 for more info

July 9 to August 29-U of A History and Haunted Walking Tour A historical and haunted walk throughout the UofA campus to hear all the stories of ghosts, hauntings, murders and mysteries. Tour is 1 hour 15 minutes, more info at www.todocanada.ca

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

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Trivia

1. Scientist Isaac Newton is best known for what?
2. What does the Italian term "La dolce vita" mean?
3. How many bushels are in a peck?
4. Wisdom teeth are our third set of molars—T/F?
5. What does it mean "to spill the beans"?

(Flip bottom of page for answers)
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Your Weekly Horoscope

ARIES (March 21 - April 20)

You may find many people who want to entrust you to pursue their personal causes. Your self-confidence and luck might seem to go hand-in-hand with your positive mood. Lucky numbers: 7, 18, 20, 27, 36, 46.

TAURUS (April 21 - May 21)

Your mental processes may be speeded up now. You might grasp new concepts very easily, but you could tend to be impatient with slower minds or with your usual, predictable routine. Lucky numbers: 15, 23, 25, 37, 43, 48.

GEMINI (May 22 - June 21)

Trust in your intuitive feelings. Your fine ability to see past the imperfections of others may help you find more harmony in your life. You might enjoy some very good times. Lucky numbers: 14, 25, 27, 35, 37, 40.

CANCER (June 22 - July 22)

Your well-reasoned ideas may help you and others deal with a sad situation. Expect much honest gratitude for who you are. Your words and touch might be noticed and appreciated. Lucky numbers: 1, 13, 20, 21, 26, 38.

LEO (July 23 - Aug. 23)

Your leadership qualities may be required to organize others. You might need to be yourself in all you do, so try to feel free to express your ideas that are behind what you do. Lucky numbers: 15, 26, 29, 31, 36, 45.

VIRGO (Aug. 24 - Sept. 23)

Your physical and emotional health may need more of your consideration than you thought. Start by following a healthier lifestyle of proper diet and exercise. Lucky numbers: 27, 29, 32, 34, 44, 49.

LIBRA (Sept. 24 - Oct. 23)

You may need to keep a cool composure. Big expectations that others put on you may bring unexpected pressure. Show others how well you can work as a teammate. Lucky numbers: 3, 15, 28, 29, 35, 49.

SCORPIO (Oct. 24 - Nov. 22)

Words can hurt deeply. Being honest is important, but try not to hurt the feelings of others. You should try to patch things up with someone who can help you reach others. Lucky numbers: 3, 15, 28, 29, 35, 49.

SAGITTARIUS (Nov. 23 - Dec. 21)

Some fine tuning and last-minute touches may make you want to resist recent changes. Take a deep breath and try to look at the situation from a different perspective. Lucky numbers: 5, 12, 18, 25, 32, 45.

CAPRICORN (Dec. 22 - Jan. 20)

You might receive some interesting news from far away that may help you understand recent events. Your research and investigations could soon lead to answers. Lucky numbers: 7, 18, 20, 27, 36, 44.

AQUARIUS (Jan. 21 - Feb. 19)

Even though others around you may be confused, you may know exactly what you want to do. You might need to express yourself with a little more confidence and flair. Lucky numbers: 6, 7, 9, 16, 29, 35.

PISCES (Feb. 20 - March 20)

The experiences of your life may help you see past flaws and imperfections in others. Once you do, the path of your life may tend to be in a much more upward direction. Lucky numbers: 13, 19, 26, 30, 34, 41.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 1.

Did You Know...

Resort hotel: The Banff Springs Hotel is located in its namesake town in the Rocky Mountains in Alberta, Canada. It has become known as the "Castle in the Rockies."

Long life: The mountain gorilla, an endangered species, lives in high altitude forests in Rwanda, Uganda, and Democratic Republic of Congo. They live in "troops" or "bands" and have an average life span of 35 years when living in the wild.

Famous artist: Emily Carr (1871-1945) was a famous Canadian artist. Her 1912 painting, *Street, Alert Bay*, recently sold for \$2.4 million (CDN) at auction. The subject of the painting is a First Nations village in the Canadian province of British Columbia.

Teatime: Tea is the most popular beverage in the world. China is the country that produces the most tea, closely followed by India and Kenya. Other big tea growing countries are Sri Lanka, Vietnam, and Turkey.

Bad government: Kleptocracy is the word used to describe a government whose officials use their positions of authority to steal public money for their own use. In other words, it means the government is corrupt.

On the Lighter Side

How far can a fox run into a grove? Only halfway—then he's running out of it!

A bus station is where a bus stops. A train station is where a train stops. Now you know why they call it a workstation.

How many computer programmers does it take to change a lightbulb? None. That's a hardware problem.

If number two pencils are so popular why are they still number two?

How was copper wire invented? Two lawyers were arguing over a penny.

Answers

Trivia answers: 1. Three laws of motion. 2. The sweet life. 3. Four. 4. True. 5. Divulge a secret.

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SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Recipe of the month

Summer Fruit and Mascarpone Tart

2 x 320g ready-rolled all-butter puff pastry
100g icing sugar
750g tub mascarpone
600ml double cream
2 tsp vanilla extract
200g raspberries, a few halved
200g blackberries, a few halved

1 large mango, peeled and thinly sliced
6 nectarines or peaches, a mixture, sliced
4 passion fruits (look for ones with crinkly skins - they're ripe), halved, seeds and pulp scooped out
handful small mint leaves

Prep: 30 mins. Cook: 30 mins Level: Easy Serves: 15-18

- 1 Heat oven to 200C/180C fan/gas 6. Unroll 1 pastry sheet, but leave it on the parchment. Place it on a baking tray, dust with 2 tbsp icing sugar, then cover with another sheet of parchment and another baking tray. Pour baking beans into the tray to weigh it down, or use empty cans. Bake for 30 mins, then check if the pastry is golden all over. If not, return for another 5 mins or so. Repeat with the other pastry sheet (or cook both together if you have enough trays). Once out of the oven, trim the edges with a large, sharp knife. Leave to cool.
- 2 Softly whip the mascarpone, cream, vanilla and remaining icing sugar, then transfer half to a disposable piping bag fitted with a 1.5cm round nozzle (or just snip off the corner). Pipe blobs of the mascarpone cream over the surface of one piece of pastry, right up to the edges. Top with half the fruit and dust with a little icing sugar.
- 3 Top with the second piece of pastry, more mascarpone cream (refilling the bag when you need to), the remaining fruit, a dusting of icing sugar and, finally, some mint leaves. Use a serrated knife to cut through the layers.

Source: www.bbcgoodfood.com

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