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Recipe of the month

Summer Fruit and Mascarpone Tart

2 x 320g ready-rolled all-butter puff pastry
100g icing sugar
750g tub mascarpone
600ml double cream
2 tsp vanilla extract
200g raspberries, a few halved
200g blackberries, a few halved

1 large mango, peeled and thinly sliced
6 nectarines or peaches, a mixture, sliced
4 passion fruits (look for ones with crinkly skins - they're ripe), halved
seeds and pulp scooped out
handful small mint leaves

Prep: 30 mins. Cook: 30 mins Level: Easy Serves: 15-18

1 Heat oven to 200C/180C fan/gas 6. Unroll 1 pastry sheet, but leave it on the parchment. Place it on a baking tray, dust with 2 tsp icing sugar, then cover with another sheet of parchment and another baking tray. Pour baking beans into the tray to weigh it down, or use empty cans. Bake for 30 mins, then check if the pastry is golden all over. If not, return for another 5 mins or so. Repeat with the other pastry sheet (or cook both together if you have enough trays). Once out of the oven, trim the edges with a large, sharp knife. Leave to cool.

2 Softly whip the mascarpone, cream, vanilla and remaining icing sugar, then transfer half to a disposable piping bag fitted with a 1.5cm round nozzle (or just snip off the corner). Pipe blobs of the mascarpone cream over the surface of one piece of pastry, right up to the edges. Top with half the fruit and dust with a little icing sugar.

3 Top with the second piece of pastry, more mascarpone cream (refilling the bag when you need to), the remaining fruit, a dusting of icing sugar and, finally, some mint leaves. Use a serrated knife to cut through the layers.

Source: www.bbcgoodfood.com

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Everybody's Talking

Wrong way Does the map application on cell phones always work? Salvatore Corrias, the mayor of the mountain village of Baunei on the island of Sardinia, Italy, does not think so. He has good reason for this opinion. In his area, dozens of emergency calls are made to the fire service and rescue teams by lost tourists who use an app to try to find a destination. The app's directions send the tourists down dirt roads and trails, where they get lost or stuck. The dilemma has put a strain on the region's budget. In response, the town is putting up warning signs that dissuade people from using the apps.

Thread art An artist in Hong Kong uses a wooden frame, one long piece of thread and 300 nails as his medium. If the thread breaks, he has to start over. This is the work of Alfred Chen, who makes very realistic portraits of such personalities as Johnny Depp and Harry Potter. Chen starts with a digital image, which he changes to black and white to enhance the shadows and light areas. He makes a map of what his thread portrait will look like. Then he loops the 5,000-metre (16,400-ft.) long thread around the nails, crisscrossing it in the exact fashion required to create his work of art.

Hard pillow Putting your head on a pillow at night is comforting, as you nestle into bed for sleep. However, what if that pillow was made of marble? The sculptures of Norwegian artist Hakon Anton Fageras might fool people. His marble pillows look so real, with their creases and folds, that they seem like a sleeper's head would sink right into them. Fageras, of Oslo, is a renowned sculptor who creates life-size images of men, women, children, babies, and dogs.

Traffic jam When people use a map app to pick a route to a destination, the map shows a red line on a road where a traffic jam is occurring. Simon Weckert, a German artist from Berlin, tried to outsmart the app by creating a fake traffic jam. He loaded a small wagon with 99 smartphones, all outfitted with SIM cards, and pulled it down the street. His slow movement replicated 99 phones stuck in one place, and the app responded by marking the street in red. Weckert's point was that he could influence people's actions in the real world because those who were using the app at the time were encouraged to take another route.

Quoteable Quotes

"He who knows others is wise; He who knows himself is enlightened." —Lao-tzu

"Sometimes, with luck, we find the kind of true friend... that appears only two or three times in a lucky lifetime...." —Barbara Holland

What's Happening

September 11- Calgary Drive Thru RibFest 2020 4 award winning BBQ teams will be in attendance serving ribs, pulled pork, chicken, sausage, and everything else that ribfest lovers look forward to every year. 11am-9pm everyday. For more info check out Facebook.

September 12 and 13- Calgary Reptile Expo Located at Absolute Baseball Academy in the Viper Dome from 9am to 5pm Sat, and 10am-4pm Sun. For More info Check out Facebook.

Nov 7-Woodcreek Community Craft Sale Woodcreek Community Craft Sale - 9:00 to 3:00 pm. 1991 Woodview Dr. SW. Wide selection of crafts for a special gift and personal use. For more info: call 403-238-1611 www.woodcreekcommunity.ca

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Trivia

1. An apple charlotte is a cake, a cookie, or a candy?
2. What is a homburg?
3. Over what body of water does the Tower Bridge span?
4. What are the three common primary colours?
5. Who wrote the poem The Raven?

(Flip bottom of page for answers)
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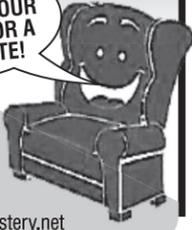
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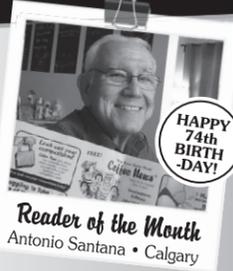
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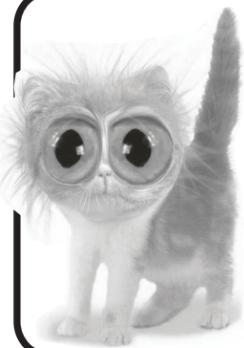


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Your Weekly Horoscope

ARIES
(March 21 - April 20)



Express yourself with confidence and imagination so others can understand what you want to do. You may need to be a little more open about your strategy. Lucky numbers: 6, 7, 9, 16, 29, 35.

TAURUS
(April 21 - May 21)



When life throws you some curves, remember that everyone has their ups and downs. Close friends and family may help you remember to count your blessings. Lucky numbers: 17, 21, 22, 37, 39, 41.

GEMINI
(May 22 - June 21)



Big expectations may bring some unexpected pressure. You might need to keep your poise and composure. Show others how well you can work with teammates. Lucky numbers: 3, 15, 28, 29, 35, 49.

CANCER
(June 22 - July 22)



Your leadership skills may be required to organize a nearby domestic situation. Try to be yourself in all that you do. Feel free to express your ideas to help explain and support them. Lucky numbers: 15, 26, 29, 31, 36, 45.

LEO
(July 23 - Aug. 23)



You may know what areas of your life need to be cleaned up. Powerful people above you might notice your improvement. Focus on where you want to be in the future. Lucky numbers: 15, 23, 25, 37, 43, 48.

VIRGO
(Aug. 24 - Sept. 23)



Your immediate plans may not prove to be as simple as you thought they would be. You might have to look at your data a little more closely to be able to fix the problem. Lucky numbers: 5, 17, 19, 23, 26, 46.

LIBRA
(Sept. 24 - Oct. 23)



Old times may have changed, but you need to hold onto the best part of your past. You might start to feel more optimistic once you start to feel like your fun-loving self again. Lucky numbers: 2, 4, 7, 22, 24, 27.

SCORPIO
(Oct. 24 - Nov. 22)



You need to think outside the box. Stop turning your wheels in vain. Putting a little more thought into the solution might help you find a better resolution. Lucky numbers: 13, 15, 33, 44, 46, 49.

SAGITTARIUS
(Nov. 23 - Dec. 21)



Your ultimate goals may be solid. All eyes might be on your most recent accomplishments. Take advantage of this opportunity to thank others and to emphasize your achievements. Lucky numbers: 12, 24, 26, 29, 36, 43.

CAPRICORN
(Dec. 22 - Jan. 20)



Even if you feel vulnerable to criticism by others right now, try to push those negative thoughts out of your mind. Once you focus, you might achieve your desired goals. Lucky numbers: 6, 8, 12, 22, 23, 24.

AQUARIUS
(Jan. 21 - Feb. 19)



Your past experiences may help you see past the imperfections of others and appreciate their talents. Once you do, your trails might follow a more positive direction. Lucky numbers: 13, 19, 26, 30, 34, 41.

PISCES
(Feb. 20 - March 20)



You may need to maintain your strong attitude, even if others don't understand your ability to visualize their ideas. The end result might serve to display your magical touch. Lucky numbers: 12, 24, 26, 29, 36, 43.

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 2.

Did You Know...

Sunny flag: Most people around the world would recognize Japan's flag: a red circle placed precisely in the middle of the white background. The red circle represents the sun.

Caves and mountains: Canada is home to Banff National Park, located in the Canadian Rocky Mountains. Established in 1885, it is known for its alpine landscapes, hiking trails, and a large cave system called Castleguard Cave.

Laughing hyenas: Hyenas are known for their so-called laugh. However, the high-pitched, giggling vocalizations don't mean they are happy. Rather, the sounds indicate that the animal feels threatened or frustrated.

Uncommon kale: The most common varieties of kale are the curly and the lacinato, but there is also redbor, which is deep purple, and red Russian, which has blue-green and purple-red leaves.

Scary movie: Famous English director Sir Alfred Hitchcock made the movie, *The Birds*, in 1963. It was based on a novella by Daphne du Maurier, also English, and starred American actress Tippi Hedren.

On the Lighter Side

How do you turn white chocolate into dark chocolate? Turn off the light.

Mom, texting: "What does IDK, LY, & TTYL mean?"
Son: "I Don't Know, Love You, & Talk To You Later."
Mom: "It's ok, I'll ask your sister. Love you, too."

Sometimes I tuck my knees into my chest and lean forward. That's just how I roll.

Did you hear about the young actor who fell through the floorboards? He was just going through a stage.

A recent scientific study showed that out of 2,293,618,367 people, 94% are too lazy to actually read that number.

Answers

Trivia answers: 1. Cake 2. Man's felt hat 3. River Thames 4. Blue, red, and yellow 5. Edgar Allan Poe

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