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Recipe of the month

Apple Ladybug Treats

2 red apples
1/4 cup raisins
1 tablespoon peanut butter
8 thin pretzel sticks

Prep: 10 mins. Ready In: 10 mins Level: Easy

❶ Slice apples in half from top to bottom and scoop out the cores using a knife or melon baller. If you have an apple corer, core them first, then slice. Place each apple half flat side down on a small plate.

❷ Dab peanut butter on to the back of the "lady bug," then stick raisins onto the dabs for spots. Use this method to make eyes, too. Stick one end of each pretzel stick into a raisin, then press the other end into the apples to make antennae.

Source: www.allrecipes.com

Everybody's Talking

Savory cakes When people eat cake, it's usually a sweet treat that incorporates such flavors as chocolate and vanilla. That's not the case with the creations at Tot Aw, a bakery in Jakarta, Indonesia. Short for "totally awesome," Tot Aw's bakers make cakes out of instant noodles. They press the cooked noodles into round forms and stack them into tiers. Each tier then gets "iced" with savory, rather than sweet, toppings, such as meatballs or curry chicken stew. These noodle cakes have become very popular, with people ordering them for birthdays and weddings.

Returned to owner When Kim Fauth-Newberry donated her late grandfather's footstool to charity, she had no idea she was also giving away over $43,000 (USD). From Owosso, Michigan (U.S.), Fauth-Newberry wanted to give away her grandfather's furniture to people who might need it. Luckily for her, an honest man named Howard Kirby became the owner of the stool. When a family member unzipped the stool's cushion and found money inside, Kirby knew just what to do. He took it back to the second-hand store. The store found Fauth-Newberry, and he gave the money back to her.

Stretchy outfit Clothing makers use a variety of materials to make fashionable outfits, such as wool, cotton, rayon, linen, and silk, but rubber bands? Those weren't a very common clothing material until Rie Sakamoto of Tokyo, Japan, tried them. An art student at Tama Art University, the creative clothing designer decided to see what she could make by knitting rubber bands together. Her endeavor was successful; she made dresses, jackets, and scarves. Intrigued by its qualities, including flexibility and texture, her goal was to find new uses for this ubiquitous office staple.

Fake kidnapping A man from a town called Pitalito, in south western Colombia, didn't really want to get married. A few days before the nuptials, he confessed to his close friends that he wished he could get out of the commitment. They suggested a fake kidnapping. The groom went into hiding, and his friends called police saying they had seen him being abducted by a group of men. The police took the news very seriously and brought in the army. The groom's friends realized their error and confessed what they had done. They are likely to be charged and given jail time for their prank.

Quoteable Quotes

"Television has proven that people will look at anything, rather than each other." —*Ann Landers*

"…a garden dies quickly without a loving gardener to keep it alive." —*May Sarton*

What's Happening

Sept 21-Old Tyme Fiddling Group Lessons - Beginner Intermediate. Beginner FIDDLE LESSONs, 7pm every Monday at Pleasantview Community Hall, 10860 - 57th Ave, Edmonton. If you can play at least one fiddle tune and want to enhance learn new skills, please phone Ava Wood 780-962-8857 or visit www.wildrosefiddlers.org

Sept 27 - Run For Life The Centre for Suicide Prevention is hosting our third annual Run for Life! This will be a virtual event this year. Anyone who has lived experience or who is passionate about suicide prevention is welcome to join us. Contact csp@suicideinfo.ca for info

May 14 to October 8 -Thursday at the 124 Grand Market The 124 Grand Market is back for its 9th season on 124 St 108 Ave! features essential businesses that include farm-fresh produce, tasty food trucks, beverages, locally crafted beer, wine spirits, and much more.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

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Trivia

1. Is starboard on the right or left side of a ship?
2. What mineral is mined in sheets?
3. The primary ingredient in Arroz con pollo is beef, pork, or chicken?
4. What is El Nino?
5. Which artist painted the Mona Lisa?

(Flip bottom of page for answers)

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(Over)

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Your Weekly Horoscope

ARIES
(March 21 - April 20)

Your tendency to try to control things may not impress others. In order to prove yourself as a team player, try to offer the leadership role to others. Lucky numbers: 15, 19, 20, 25, 28, 31.

TAURUS
(April 21 - May 21)

Your positive flow and optimism may greatly affect the attitudes of others. A difficult predicament may be solved if you continue to follow up on your instincts. Lucky numbers: 2, 5, 12, 25, 37, 46.

GEMINI
(May 22 - June 21)

You may need to express yourself by communicating your fascination with a new project. Your spiritual connection to a newcomer in your life might become clearer. Lucky numbers: 12, 19, 21, 23, 25, 38.

CANCER
(June 22 - July 22)

Open your mind to new ways to live your life. Once you have a plan, you may be able to accomplish much. Be sure to document your research and plans quite well. Lucky numbers: 16, 18, 22, 24, 31, 46.

LEO
(July 23 - Aug. 23)

Former employers or colleagues may be able to help you open new career doors. Your creativity might flourish as a result and could give you some newfound energy. Lucky numbers: 11, 18, 22, 35, 47, 49.

VIRGO
(Aug. 24 - Sept. 23)

If you are involved in an artistic area, you may find some exciting ideas. Creative inspirations might result from meshing your intuitive talents with your partner's creativity. Lucky numbers: 5, 8, 10, 11, 27, 30.

LIBRA
(Sept. 24 - Oct. 23)

You may likely feel more confident and vital right now. People might recognize you and follow your lead, or at least stay out of your way. Lucky numbers: 2, 4, 22, 24, 32, 34.

SCORPIO
(Oct. 24 - Nov. 22)

Your domestic plans may not be accepted by all concerned. They might look for fault, but you may understand that they are just looking out for your best interests. Lucky numbers: 5, 11, 18, 23, 45, 46.

SAGITTARIUS
(Nov. 23 - Dec. 21)

You may be on the mend from an emotional loss. Take a deep breath and continue your path. Don't allow others to discourage you from reaching your goals. Lucky numbers: 4, 24, 28, 30, 42, 44.

CAPRICORN
(Dec. 22 - Jan. 20)

You may feel as if life is passing you by far too quickly. That realization might teach you to appreciate all the little things in life that others may take for granted. Lucky numbers: 2, 6, 12, 26, 32, 46.

AQUARIUS
(Jan. 21 - Feb. 19)

Use your powers of persuasion to lead others along your path. Your ability to see past the current situation may ensure that you can find a good solution. Lucky numbers: 15, 23, 26, 37, 44, 48.

PISCES
(Feb. 20 - March 20)

Conversations with family and friends might keep you busy. Many may request your undivided attention. Try to give each of them the time that they require for your help. Lucky numbers: 1, 5, 12, 15, 20, 35.

Lucky numbers this week: This week's odds favour Virgo winners with the luckiest number being 5.

Did You Know...

Big bone: A bunion is a bony bump on the joint of the big toe where it meets the foot. Sometimes bunions run in families, and other times they could be caused by ill-fitting footwear.

Capturing the moment: Edgar Degas was a painter and sculptor who was born in Paris, France, in 1834. A realist, he liked to paint real life scenes, such as ballerinas rehearsing.

Eastern European country: Georgia, which is on the east coast of the Black Sea, borders Russia, Armenia, Azerbaijan, and Turkey. A mountainous country, it is known for its steel industry and agricultural products, such as tea and grapes.

Chickpea power: Chickpeas are also referred to as garbanzo beans. Rich in protein, fibre, and iron, they can be used in many recipes, including soups, stews, salads, and spreads, such as hummus.

Prestigious prizes: The Pulitzer Prizes are American awards given to those who excel in journalism, writing, drama, and musical composition. They are named after Joseph Pulitzer, a powerful journalist of the late 1800s.

On the Lighter Side

Teacher: "If you had 16 jellybeans and Pat asked you for 10, how many would you have left?"
Lou: "Sixteen."

What did the left eye say to the right eye? Between you and me, something smells.

Nature abhors a vacuum, but not as much as a cat does.

Hear about the new restaurant called Karma? There's no menu—you get what you deserve.

How many gorillas can fit into a car? Eight.
How many chickens can fit into the car? None, the car is already full of gorillas.

Answers

Trivia answers: 1. Right 2. Mica 3. Chicken 4. Pacific weather event 5. Leonardo da Vinci

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