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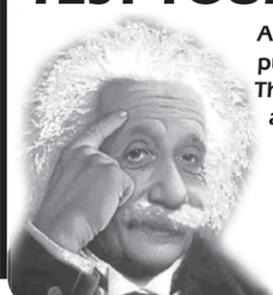


www.coffee-news.ca

TEST YOUR MEMORY

After reading *Coffee News*®, put it aside for a moment. Then challenge yourself or a friend to remember as many ads as you can.

Your Score:
 Less than 6 – Keep trying
 7-10 – Getting better
 11-15 – Excellent
 16 or more – Genius!



Recipe of the month

Summer Fruit and Marscapone Tart

2 x 320g ready-rolled all-butter puff pastry
 100g icing sugar
 750g tub marscapone
 600ml double cream
 2 tsp vanilla extract
 200g raspberries, a few halved
 200g blackberries, a few halved

1 large mango, peeled and thinly sliced
 6 nectarines or peaches, a mixture, sliced
 4 passion fruits (look for ones with crinkly skins - they're ripe), halved, seeds and pulp scooped out
 handful small mint leaves

Prep: 30 mins. Cook: 30 mins Level: Easy Serves: 15-18

1 Heat oven to 200C/180C fan/gas 6. Unroll 1 pastry sheet, but leave it on the parchment. Place it on a baking tray, dust with 2 tbsp icing sugar, then cover with another sheet of parchment and another baking tray. Pour baking beans into the tray to weigh it down, or use empty cans. Bake for 30 mins, then check if the pastry is golden all over. If not, return for another 5 mins or so. Repeat with the other pastry sheet (or cook both together if you have enough trays). Once out of the oven, trim the edges with a large, sharp knife. Leave to cool.

2 Softly whip the marscapone, cream, vanilla and remaining icing sugar, then transfer half to a disposable piping bag fitted with a 1.5cm round nozzle (or just snip off the corner). Pipe blobs of the marscapone cream over the surface of one piece of pastry, right up to the edges. Top with half the fruit and dust with a little icing sugar.

3 Top with the second piece of pastry, more marscapone cream (refilling the bag when you need to), the remaining fruit, a dusting of icing sugar and, finally, some mint leaves. Use a serrated knife to cut through the layers.

Source: www.bbcgoodfood.com



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Vol. 10 No. 40 October 5, 2020

Everybody's Talking

On eggshells: A man in Turkey loves to carve eggshells. For Hamit Hayran, of the capital of Ankara, it is his way of expressing himself. He starts by removing the contents of the egg with a syringe. Then he carefully carves elaborate designs and figures into the delicate shells. Hayran's newest challenge was puncturing thousands of holes into a chicken egg to break the world record. He already won the title a few years ago by putting 8,708 holes into an eggshell. More recently, he beat his own record with 11,827 holes. All this without breaking the shell!

Crazy contortion: A young girl from the small village of Gaulapar in Uttarakhand State, India, can do a difficult yoga pose – the Niralamba Poorna Chakrasana contortion – 21 times in a minute. The girl's name is Riya Paladia. She seemed to need barely any effort to bend over backwards at the waist, lower her head down to the mat, slide to a horizontal position on her back, and then do the reverse to stand up again, all without using her hands. And she did it 21 times in a row! Paladia has always loved participating in gymnastic activities and yoga, and she trains to get better. She has dreams of becoming an Olympian.

Calm down, kitty! Most people who own cats spend their time cuddling and petting them. Not so for a woman in the city of Arjanguelsk, Russia. Her cat may have been a good kitty, but something came over it one day and it started to act strangely. When the woman tried to get out of the kitchen of her apartment, the cat would start hissing and go into attack mode. After being trapped for quite some time and unable to get to her phone, she called out the window to a passerby on the street, who called the local rescue service. Everything turned out all right, with no injuries, and the kitty was taken to the vet for an assessment.

Croc problem: Anyone interested in getting up close and personal with a crocodile could get their chance in Palu, Central Sulawesi, Indonesia. However, only wildlife rescue specialists can take on the job. It seems that a crocodile managed to get a motorcycle tire wrapped around its body, which could endanger the reptile's life. It's not possible to tranquilize the beast because it might swim away before it becomes sedated. A few attempts have been made to remove the tire, but to no avail. Authorities are offering a reward to a qualified person who is able to succeed with the job.

Quoteable Quotes

"When friends ask for a second cup, they are open to conversation." —Gail Parent

"Never walk away from failure. On the contrary, study it carefully—and imaginatively—for its hidden assets." —Michael Korda

What's Happening

Lethbridge Public Library's Read On Adult Literacy and Learning classes are now online offering one-on-one-tutoring and small classes focused on improving reading, writing, math, listening and speaking, and computer skills. To register call 403-320-3133 or 403-380-7323.

Nov 7-Woodcreek Community Craft Sale Woodcreek Community Craft Sale - 9:00 to 3:00 pm. 1991 Woodview Dr. SW. Wide selection of crafts for a special gift and personal use. For more info: call 403-238-1611 www.woodcreekcommunity.ca

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Trivia

1. Which animal is known for its "laugh"?
2. Napa cabbage is often called what?
3. What is a multicoloured horse called?
4. What is the correct name for the collarbone?
5. A bulwark is a defensive wall—T/F?

(Flip bottom of page for answers)

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Your Weekly Horoscope

ARIES
(March 21 - April 20)

Your professional expertise may be acknowledged by those who really count. Envision your future life and continue to immerse yourself in your career. Lucky numbers: 1, 10, 17, 27, 28, 38.

TAURUS
(April 21 - May 21)

You may feel a very special connection with others who think the way you do. Engage the positive feeling. It might give you a real, optimistic sense of belonging. Lucky numbers: 13, 14, 20, 24, 33, 42.

GEMINI
(May 22 - June 21)

Your newly earned success may bring you much satisfaction. Your confidence level might increase once you start to appreciate the people who helped you on your way. Lucky numbers: 2, 13, 24, 37, 41, 43.

CANCER
(June 22 - July 22)

You may feel a little emotionally under the weather. Push past those negative feelings. Petty issues might tend to become larger unless you take some positive action. Lucky numbers: 7, 12, 19, 23, 24, 30.

LEO
(July 23 - Aug. 23)

Unique career or travel opportunities may present themselves. Touch on your intuitive feelings to help your self-confidence. Think big and good things might happen. Lucky numbers: 13, 25, 38, 39, 45, 47.

VIRGO
(Aug. 24 - Sept. 23)

Stop worrying about the petty details that may fall into place on their own. Once you are more objective in your plans, you might be able to focus on important decisions. Lucky numbers: 26, 29, 31, 32, 33, 40.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 4.

Did You Know...

Almost treeless: At only 42 kilometres (26 mi.) long, Sable Island is home to wild horses, a gray seal colony, and rare plant and bird species. It has one tree. Essentially, it's a large sandbar in the North Atlantic, off the coast of Canada.

Outer space: When rockets reach 100 kilometres (62 mi.) above sea level, they have reached the Karman line, the point at which outer space begins. However, not everyone agrees on this exact measurement.

Fast runners: Pronghorns are deer-like mammals with curved horns on their heads. They live on the grasslands of North America and Mexico. They can run up to nearly 100 kilometres (60 mi.) per hour, enabling them to escape from predators like coyotes.

Acting princess: Before marrying Prince Rainier III of Monaco in 1956, American actress Grace Kelly starred in three Alfred Hitchcock movies: *Dial M for Murder* (1954), *Rear Window* (1954), and *To Catch a Thief* (1955).

Tall tree: Coconuts come from the coconut palm tree. These trees can grow very tall, up to 30 metres (98 ft.). They can be found in more than 80 tropical and subtropical countries around the world.

On the Lighter Side

Is there another word for "synonym"?

Barber: "A haircut is \$10. A shave is \$5."
Customer: "OK, shave my head!"

Why should you sit in a corner when you get cold? Because most corners are 90 degrees.

"Does your dog bite?"
"Nope."
"Oh, so how do you feed him?"

Two clairvoyants meet. One says to the other: "You are fine, and how am I?"

Answers

Trivia answers: 1. The hyena 2. Chinese cabbage 3. A roan 4. Clavicle 5. True

Hip or Knee Replacement?

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