

THIS SPACE FOR RENT
587-392-8086

One solution for oxygen at home, away, and for travel
 Introducing the INOGEN ONE – It's oxygen therapy on your terms
 No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go **virtually anywhere** — even on most airlines. Inogen accepts Medicare and many private insurances!
 Reclaim Your Freedom And Independence NOW!
 Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714
 inogen
 © 2020 Inogen, Inc. All rights reserved. MKT-P0108

Coffee News
 blossom your business



Winter's On The Way...
 Time to take care of your furnace and hot water tanks!
 • Furnace Repair • Duct Cleaning
 • Air Conditioning • Hot Water Tanks
 • Air Filtration • Humidifiers
 WE offer INSTALLATION and SERVICE
 Call for your appointment: **403-764-3104**
 www.hogghomeservices.ca www.ecotechcalgary.com
 Local Alberta companies helping Albertans

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.
PASSENGER & PARCEL SERVICES
 GET YOUR REWARD CARD TO GET A FREE TICKET!
 Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca
 TICKETS: 587-557-7719 | PARCEL: 587-557-7718
 SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today.
TheSeed.ca/donate

THE MUSTARD SEED

Enjoy quiet relaxation of **COUNTRY LIVING** only minutes from the city

Prince of Peace
 MANOR AND HARBOUR
 INSPIRED SENIOR LIVING WITH 

ASK ABOUT OUR MOVE-IN INCENTIVES *CONDITIONS APPLY

403-285-5080 | 255800 LUTHER ROSE BLVD NE, CALGARY | www.vivestoniorliving.com

DOES Coffee News WORK?

IT JUST DID!



FREE! New Issue Every Week!
Coffee News
 "News To Be Enjoyed Over Coffee"
Chestermere Edition
587-392-8086
 www.coffee-news.ca



Vol. 2020 No. 46 November 16, 2020

Everybody's Talking

Best for baby: If you want the best of the best for your baby, you can get it from a company in Spain called Suommo. But you'd have to be quite wealthy to afford some of their wares. Suommo sells things like cribs and baby bottles, and the items are designed with flair and made of expensive components such as gold. Even the company's baby pacifiers are things of beauty. Parents can purchase one of three styles: diamond and gold, diamond and white gold, or diamond and rose gold. For those on a budget, some less expensive items are available, but the prices still will likely make a buyer think twice.

Motorcycle madness: Men wanting to impress their girlfriends should avoid breaking the law to do so. A man named Lalit from New Delhi, India, learned this the hard way. Lalit's girlfriend had made fun of him because he did not own a motorcycle. So Lalit enlisted the help of a friend to steal as many of the two-wheeled vehicles as possible. Before getting caught by the cops, the pair managed to steal eight high-end motorcycles for the simple purpose of showing off to Lalit's girlfriend. The water plant worker did not have a criminal record before, but he and his friend do now!

Avocado creations: You've never seen an avocado like one carved by Daniele Barresi of Bagnara Calabria, Italy. The food sculptor got interested in carving at a young age, and he has tried many mediums, including soap and resin. But it's the carvings he creates in avocado halves that really attract attention. He turns the soft flesh of the fruit into detailed representations of flowers, vines, fruit, faces, and animals. Sometimes the pit is kept in place and carved as well, becoming part of the picture. Other times, the pit is discarded to make room for another unique scene. Whatever the case, this art is edible!

Fantastic fondant: Lots of people love cake decorating, but China's Zhou Yi takes the craft to the highest level. Known as "Sugar King," this creative artist makes intricate sculptures out of fondant. The figures he makes might be empresses, warriors, or fairies. Every eyelash is created individually, and the folds in clothing are draped realistically. Zhou Yi started by modelling dough, but got bored. He discovered fondant and realized it was the medium he needed to extend his creativity to more elaborate works. Today, Sugar King is well-known around the world, and his creations are very expensive.

Quoteable Quotes

"Much learning does not teach understanding." —Heraclitus
 "People often grudge others what they cannot enjoy themselves." —Aesop

What's Happening

How to help out the Lethbridge Interfaith Food Bank during Covid-19. Donate financially online at www.interfaithfoodbank.ca Ensuring food security in this time of crisis is priority.

Seniors Acting Club Classes online The FLC Seniors Acting Club is offering classes online during COVID-19. If acting is on your bucket list check out www.flcseniors.ca and follow the acting club link. You will not need to leave the comforts of your home!

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE
 To enter, visit www.coffee-news.ca
 Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
\$400* Prize Package
 *Coffee News Bucks Over 150 participating sponsors!
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.
 ...or send your entry by snail mail to: CN Guy Contest, 17303-107 Ave., Edmonton, AB T5S 1E5 Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Banff National Park is located in what country?
2. Sisters Serena and Venus Williams are top players in which sport?
3. If you are visiting the city called Rio de Janeiro, what country are you in?
4. The first-born son of Prince Harry and wife Meghan is Archie, Arlo, or Albert?
5. What is the Earth's most northern region?

(Flip bottom of page for answers)

Have You Had A Stroke?

For support and education:

- Stroke Recovery Association of Calgary (SRAC)
- Calgary Aphasia Centre (CAC)
- Young Survivors Group (YSS)

Phone 403.827.7520
www.sracalgary.com • www.calgaryaphasia.com
ysscalgary@gmail.com • Calgary.Aphasia.Centre@gmail.com



Lock out your competition!

Coffee News® only allows one advertiser from each industry, so when you advertise your business, your competitors can't.

Call to lock out your competitors today!



Provides 8-10 Minutes Of Upbeat Reading Material While You Wait For Food Or Service



HELPING HOMEOWNERS START OR FINISH THEIR HOME PROJECTS

CALGARY HANDYMAN SERVICES

DRYWALL	INSTALLATION
PAINTING	BATHROOM RENOS
PLUMBING	FLOORING
ELECTRICAL	...AND MORE!

CALL/TEXT TODAY: **403.852.7505**
calgaryhandymanservices@telus.net



Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
 Please put "Readers" in the subject line.

Please include:
 • Your name • Your phone number
 and • Your address
 so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Reader of the Month
 Thomas Acheson • Calgary, AB

Coffee News® Fun Reading. Serious Advertising.



Unit 3, 401-33 Street NE
singlecup.ca
 Mon-Sat 9-5

500+
 K-Cups • PODS • Davinci Syrups

FREE SHIPPING \$60+ Call or text and collect **403-837-4379**



High Power PLUS Low Cost EQUALS Affordable Results!



ALBERTA HEARING CENTER
 Mark Gaden B.Sc., BC-HIS

Please call for an appointment
403.668.7776
 Chestermere's ONLY locally owned and operated hearing clinic!

Oasis Medical Centre
 #201, 175 Chestermere Station Way

Easthills Family Medical
 #531, 409 East Hills Blvd SE, Calgary

- Hearing Tests (ages 4 to adult)
- Hearing Aids
- Batteries
- Ear Plugs
- AADL, WCB, DVA & "Private"

Coffee News®
A Great Way To Start Your Day!

Pregnant? Facing Difficult Decisions?
We can help.
Call 780.421.1177 or text 587.596.5380

• Confidential Pregnancy Counselling
• Support and Connection to Resources
• Adoption Information and Advice

Small Miracles Adoption
www.smallmiraclesadoption.com

HAS COVID MADE YOU REALIZE HOW MUCH CLUTTER YOU HAVE?
Do you want to make your space more inviting? I can help!

SPECIALIZING IN RESIDENTIAL AND OFFICE ORGANIZING

Ideal for... • Active Families • Busy Professionals • Home Business Owners
• Empty Nesters Wanting to Downsize • Seniors • Students

ORGANIZE, SIMPLIFY AND ENJOY YOUR HOME! FULLY INSURED

Stream Organizing

Call for your free consult: 403.680.4229
www.streamorganizing.com
JILL WINTERTSON - TRAINED PROFESSIONAL ORGANIZER

FUN FRIDAYS 10% OFF!

"We got the goods"
ODIES CORNER CANNABIS
403-983-8386
1016 Westridge Rd., Strathmore

Hip or Knee Replacement?
The disability tax credit allows for a **\$2,500 Yearly Tax Credit** and up to **\$30,000 Lump Sum Refund**

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

APPLY ANY TIME OF THE YEAR

For Expert Help:
1.844.453.5372

30 YEARS
Coffee News®

We Care Because You Care

FOREIGN AND DOMESTIC
PAINT AND BODY WORK
INSURANCE DRP APPROVED
CALL US FOR AN ESTIMATE!

DRIVERS COLLISION
2014 Inc.
YOUR LOCAL HOMETOWN BODY SHOP
STRATHMORE
403.934.9900

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Motivate yourself and others to spur some forward motion. Try to put your energy into something productive, rather than waiting for something to happen. Lucky Numbers: 8, 22, 27, 31, 35, 42.

TAURUS
(April 21 - May 21)

You may feel optimistic and have faith that you will be successful. You might come across to others with confidence and receive responses that are welcome. Lucky Numbers: 10, 23, 27, 33, 41, 44.

GEMINI
(May 22 - June 21)

Communicate clearly to break the ice and clear away any confusion. Even relationships that are very open and loving may begin to gain greater appreciation. Lucky Numbers: 6, 16, 22, 29, 35, 40.

CANCER
(June 22 - July 22)

You may have strong mental energy and be eager to confront intellectual or conceptual problems. Brainstorming with others could help you to translate your ideas into positive action. Lucky Numbers: 4, 12, 24, 30, 44, 48.

LEO
(July 23 - Aug. 23)

You may have opportunities to assert yourself in a positive manner which might put you in a leadership role. Push away any limitations that others impose on you. Lucky Numbers: 3, 9, 15, 18, 30, 36.

VIRGO
(Aug. 24 - Sept. 23)

You might feel restless, yet free-spirited. You may have to loosen up or break free from existing rules. You may seek spontaneity and have little patience with idleness. Lucky Numbers: 6, 19, 24, 36, 40, 47.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 3.

Did You Know...

About strawberries: Strawberries come from the plant called "fragaria." The berry is full of vitamin C and is sweet and juicy when ripe. Strawberries become perishable soon after they are picked.

Short on space: In Amsterdam, Holland, narrow houses line the canals. Three in particular - Singel 7, Oude Hoogstraat 22, and Kloveniersburgwal 26 - are worth a look. They are only about two metres (6.5 ft.) wide. One of them has a tearoom at street level.

Spectacular view: The Cliffs of Moher, located on Ireland's west coast near the County Clare village of Liscannor, are an amazing spectacle. Reaching a height of 214 metres (700 ft.), they stretch for eight kilometres (five miles) along the Atlantic coast.

Big bird: The great blue heron has greyish-blue feathers and is the largest of North American herons. They hunt for fish and insects in both freshwater and saltwater, and they build their nests in tall trees, shrubs, or on the ground.

Percussion king: Ringo Starr, the drummer for The Beatles, was born Richard Starkey in Liverpool, England, in 1940. Before joining The Beatles in 1962, he was in a band called Rory Storm and the Hurricanes.

On the Lighter Side

What's black and white and black and white and purple? A zebra rolling down a hill with a violet stuck in his hoof.

A comedian sent a telegram from Venice: "Streets full of water. Please advise!"

Politician: "Just remember, it's a small world."
Taxpayer: "Then why does it cost so much to run it?"

Psychologist: a person who encourages you to speak freely, and then charges you for listening.

With all the deductions from my paycheque, my take-home pay barely survives the trip!

Answers

5. Arctic
Trivia answers: 1. Canada 2. Tennis 3. Brazil 4. Archie

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Calgary Coffee News

FREE SCRAP CAR REMOVAL

DJ'S TOWING

MENTION THIS AD AND RECEIVE UP TO \$300 FOR YOUR SCRAP VEHICLE
CALL 403-922-2412

Brenda Strafford Cambridge Foundation Manor

Opening June 2020

Introducing Cambridge Manor
The Brenda Strafford Foundation's newest seniors wellness community in University District, NW Calgary's newest urban neighbourhood.

- Assisted Living, Enhanced Care and Memory Care
- Respite Care short term stays available

403.536.8675 | cambridgemanor.ca

NO COMPETITION

All Ads Are Exclusive
Eliminating Your Competition

Coffee News® is back on the menu!

Help us stop the spread of Covid-19 by taking this copy of **Coffee News®** with you!

Please do not return to the stand.

Let's work together to **STOP THE SPREAD**

Personalized care for your fuzzy family members!

dynamic pet services
daycare • boarding • pet law

Offering:
• Dog Walking
• Dog Boarding
• Daycare

Free pick up and drop off to Chestermere and Langdon!

587.999.2073 • www.dynamicpetservices.com

Country Garden CRYSTALS

A cozy little cabin West of Crossfield filled with beautiful gemstones, unique jewelry, Himalayan Salt, Gemstone Lamps and fountains

Pleased to be offering **SongPods & Singing Bowls!**

403.946.5802 • www.countrygardencrystals.ca

Please visit our website for directions and more information

Recipe of the month

Mini Halloween Cheeseball Pumpkins

2½ teaspoons butter
3 tablespoons chopped garlic
1½ teaspoons white sugar
2 cups shredded aged Cheddar cheese
1 (8 ounce) package cream cheese, softened

¼ cup chopped green onions
¼ teaspoon garlic salt
1 cup finely crushed cheese-flavoured crackers
12 pretzel sticks
1 small bunch fresh parsley, or to taste

Prep: 30 mins. Total: 1 hr 5 mins Yield: 24

1 Melt butter in a small saucepan over medium-high heat until sizzling, about 30 seconds. Add garlic and sugar. Cook, stirring constantly, until garlic just starts to brown, 3 to 5 minutes. Immediately remove from heat. Transfer garlic mixture to a bowl. Add Cheddar cheese, cream cheese, green onions, and garlic salt. Beat using an electric mixer on medium speed until creamy. Cover and refrigerate until firm enough to handle, about 30 minutes.

2 Shape chilled cheese mixture into golf ball-sized balls. Roll each ball in crushed crackers and slightly flatten the bottom. Press 1/2 a pretzel stick into the top. Repeat with remaining cheese mixture.

3 Spread parsley out on a serving plate and place mini cheeseball pumpkins on top.

Source: www.allrecipes.com