Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?
We can save you up to 50% off your current phone rates!
How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition
TecWerks Inc.
WHERE TECH WORKS
780.801.1030 | www.tecwerks.ca
DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

HELP STOP THE SPREAD!
1 Wear a mask
2 Keep your distance – six feet!
3 Wash your hands
4 Take your copy of Coffee News® home with you
Stay safe!
A message from your friends at Coffee News®

AUTOMOTIVE LIGHT TRUCK REPAIR
- Out of Province Inspections - $220
- Rate: $110/hour
- We service most vehicles, beginning at $59.95

SERVING THE COMMUNITY FOR OVER 18 YEARS
Services include up to 5L 5W/30 or 5W/20 conventional oil, oil filter and a 34 point inspection.
TRINITY REPAIR LTD.
780.338.3848
5029 - 51 Street, Berwyn, AB • www.trinityrepair.ca

This Space for Rent.
877-553-6397

NORTHERN LAKES COLLEGE
ASSET AND MAINTENANCE TRAINING
Complete your asset and maintenance training online from home, work, or anywhere there is an Internet connection.
Asset Management Professional (AMP) Certificate
Certified Asset Management Assessor Preparation
Maintenance Management Professional (MMP) Certificate
www.northernlakescollege.ca/cect

SHOP ONLINE!
www.scubagearcanada.ca
SNORKELLING AND SCUBA DIVING LESSONS
• Snorkelling Gear • Reef-Safe Sunscreen
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts
The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton
Learn to SCUBA DIVE at our Edmonton location – call for details
780.483.0044
SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

RANCHLANDS
•APARTMENT HOMES•
Call or text today! 780.851.3730
Ranchlands.wah@aptleasing.info

Chapel of Memories
Funeral Home and On-site Crematorium
"Part of the Peace Country Since 1947"
Fairview to Peace River to High Prairie
"Your family care provider offering assistance with Personalized Funerals, Memorials, Cremations, Cremation Jewelry & Monuments"
Phone: 1.888.849.5800

FREE! New Issue Every Week!
Coffee News®
"News To Be Enjoyed Over Coffee"
High Prairie Edition
877-553-6397
Est. 1988
www.coffee-news.ca
Vol. 17 No. 48 November 30, 2020

Everybody's Talking

Spider-Man hero: An Indonesian man discovered that a Spider-Man costume can attract a lot of positive attention. Rudi Hartono, of Parepare, South Sulawesi, was concerned about all the litter in the streets, and he took it upon himself to go on clean-up missions. However, no one else followed his example until he dressed as Spider-Man. He had purchased the costume to amuse his nephew, but decided to wear it while picking up garbage. People took notice and started joining him in his endeavour. Since then, he has become a bit of a superhero in his community.

Ball catcher: Many dogs like to play catch, but one Labrador retriever, named Finley, can't get enough of it. Finley lives in Canandaigua, New York (U.S.), with his human family, the Molloys. He has fine-tuned his catching skills to the point that he can fit six tennis balls in his mouth without help from his human playmates. When he was two years old, he could pick up four balls; eventually he graduated to five, and then to six. Finley looks a bit odd with all those balls in his mouth, but his family is convinced he is proud of his unusual talent.

Birds of a feather: An artist from Bogotá, Colombia, wanted to learn about nature, so she started by observing and studying various species of birds. This led Diana Beltran Herrera to the art of making beautiful and precise life-size sculptures of birds from basic materials, such as paper and wire. She creates a form for the bird and then cuts and glues paper feathers to the form. She paints each creation so that it looks real. Her work includes pelicans, roosters, parrots, sparrows, and many more. Over time, Herrera has managed to create sculptures representing over 100 bird species.

Key conundrum: It's not unusual for people to lose their car keys. They might leave them in a restaurant or accidently drop them on the ground. But not many people lose their keys the way Jovino Huerta lost his. Huerta is a political candidate in Huánuco, Peru. While campaigning, he decided to hand out key chains with the phrase, "Vamos Peru!" Unfortunately, in the excitement of meeting people and shaking their hands, Huerta gave his own keys to someone by mistake. He explained his plight on social media, hoping that they would be returned. No word on that yet.

Quoteable Quotes

"A faithful friend is a strong defence; And he that hath found him hath found a treasure." —*Louisa May Alcott*
"Beware lest you lose the substance by grasping at the shadow." —*Aesop*

What's Happening

Nov 20 to Jan 2-Magic of Lights Head to Castrol Raceway for a new holiday tradition! You'll embark on a 2.5 KM drive through experience from the comfort of your own vehicle. Be mesmerized as multiple holiday themes come to life with hundreds of thousands of sparkling LED lights!

Dec 1-Dec 31-Luminaria Stroll through the candle-lit pathways of the snow-covered Kurimoto Japanese Garden. University of Alberta Botanic Gardens - 51227 Hwy 60, Parkland County.

Devon Arts Market Christmas Sale Celebrate and experience the unique creativity of our artisans. Find those perfect one-of-a-kind gifts. Runs from noon to 4 pm, Sunday, Dec. 13, 2020. Devon Community Centre, 20 Haven Ave., Devon. More info at ArtsDevon@gmail.com. Masks Mandatory

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE
Find the Coffee News Guy hidden in one of the ads, then enter to win!
$400* Prize Package
* Coffee News Bucks
Over 150 participating sponsors!
4 winners ($100 each) will be drawn on the 15th of each month from all correct entries
To enter, visit www.coffee-news.ca
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 17303-107 Ave., Edmonton, AB T5S 1E5
Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What type of acid is in a lemon?
2. Which whales are called "canaries of the sea"?
3. The art of tie-dying became a fashion statement in the 1930s, 1950s, or 1960s?
4. What are Op-Eds that appear primarily in publications?
5. In what major city will you find The Louvre?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.
SHIP BY BUS
PASSENGER & PARCEL SERVICES
GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca
TICKETS: 587-557-7719 | PARCEL: 587-557-7718
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Relish Your Independence!
Independent Supportive Living is for adults and seniors who require some support and assistance, but do not require the services of a designated supportive living or long-term care centre.
POINTS WEST LIVING
FOR INQUIRIES, PLEASE CALL
780.624.0700
or email
gm.peaceriver@pointswestliving.com
When cooking meals, cleaning the house, shoveling snow, mowing the lawn, and taking care of home repairs becomes burdensome, choose Points West Living to enjoy a carefree retirement lifestyle.

Leave a legacy
and be a part of tomorrow's future, today
If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.
You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.
FOR MORE INFO, PLEASE VISIT:
BREATHE the lung association
www.ab.lung.ca/you-can-help-change-future-today

O'Connor VEHICLE SALES & LEASING
Family owned
AMVIC Licensed Dealership
Est. 1989
- Quality Pre-Owned Vehicles
- Commercial Trucks & Vans
- Service Canopies, Truck Decks
- Cars ■ SUVs
- Tires, Windshields, Accessories
- Financing Available OAC
- Company Lease to Purchase Plans
- Lease Buyouts

8 kms E of Wetaskiwin on Hwy 13
Email inquiries to jennifer@oconnorvehicles.ca
780.352.2748 | www.oconnorvehiclesales.ca

We Care About Your Smile!
- Upper/lower dentures
- Implant supported dentures
- Partial dentures (flexible or metal)
- Same day relines
- Soft denture linings for sore gums
- Natural tooth whitening kits available
- Night guards/splints

Denture & Implant Cottage™
Call today to inquire about achieving suction on your lower denture with the new SEMCD Lower Suction Technique
SEMCD CERTIFIED CLINICIAN
REPAIRS WITHIN THE HOUR! 780-624-4573
9803 - 98 Avenue, Peace River *Wheelchair friendly*

HIP/KNEE REPLACEMENT?
Other medical conditions causing TROUBLE WALKING or DRESSING?
The Disability Tax Credit allows for
$3,000 YEARLY TAX CREDIT
and $30,000 LUMP SUM REFUND
APPLY NOW TO MEET 2019 TAX DEADLINES!
BBB ACCREDITED BUSINESS
For Expert Help:
1.844.453.5372

BLUE BLOODS
MON - THURS 9:00
yesTV

FREE Orthodontic/ Invisalign Consult
FREE Implant/ Implant Denture Consult
PEACE VALLEY DENTAL
Dr. Michael Ho, DMD
We are confident in the quality of our work and provide limited warranty for fillings (two years) and crown bridges (no charge for the first three years and 50% for up to five years from placement).
OUR TEAM HAS BEEN SERVING THE COMMUNITY FOR 20 YEARS
9811-100 Avenue
Peace River, Alberta
www.peacevalleydental.com
780.624.3355 • info@peacevalleydental.com

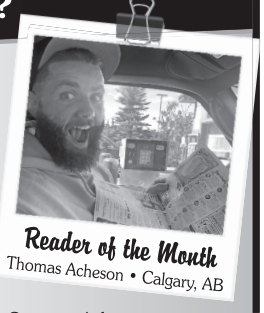
Call for Rates-780-220-6397/877-553-6397

Love Coffee News®?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to
contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
❶ Your name ❷ Your phone number
and ❸ Your address
so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!



Reader of the Month
Thomas Acheson • Calgary, AB

Coffee News® Fun Reading. Serious Advertising.

Pregnant? Facing Difficult Decisions?

We can help.
Call **780.421.1177** or
text **587.596.5380**

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

Small Miracles Adoption

www.smallmiraclesadoption.com

Real Estate Appraisals You Can Bank On!
COMMERCIAL • INDUSTRIAL • RESIDENTIAL
AGM Valuations Group Ltd.
780-624-0020
10032 - 99 Street, Peace River, AB
Servicing the Peace River area, including Fort. St. John & Dawson Creek, B.C.

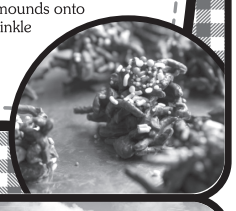
Recipe of the month

Holiday Haystack Cookies

1 cup semisweet chocolate chips
1 cup milk chocolate chips
3 cups chow mein noodles
½ cup roughly chopped almonds
½ cup shelled pistachios
2 tablespoons assorted holiday sprinkles

Level: Easy Total: 1 hr 15 mins Yield: 24 cookies
Active: 15 mins

❶ Heat 2 inches of water in a pot to a simmer. Add the semisweet and milk chocolate to a bowl and place over the pot of simmering water. Allow to melt, stirring occasionally, 4 to 5 minutes.
❷ Meanwhile, add the noodles, almonds and pistachios to a large bowl and set aside.
❸ When the chocolate has melted completely, pour over the noodle and nut mixture. Mix until everything is well coated in the melted chocolate.
❹ Using 2 spoons, drop tablespoon mounds onto 2 parchment-lined baking sheets. Sprinkle the holiday sprinkles over the top. Allow to dry completely before storing, about 1 hour.



Source: www.foodnetwork.com

REVOLUTION FORD

BUILT Ford PROUD

309-1A St. SE, Slave Lake
780.849.4419
slrevolutionford.com

5404-40 St., High Prairie
780.523.4193
revolutionford.com

Wishes are *waiting.*

Help us give every eligible child the wish they need.

Donate today:
www.makeawishna.ca

Make-A-Wish NORTHERN ALBERTA CANADA

Coffee News is proud to support Make-A-Wish Northern Alberta

Your Weekly Horoscope

ARIES
(March 21 - April 20)

You may be powerfully and emotionally attracted to someone you encounter in a social setting. Your current relationships could intensify. Expect some fireworks! Lucky Numbers: 23, 26, 33, 36, 43, 46.

TAURUS
(April 21 - May 21)

You may be happiest and in the best humour when doing something very creative. You might require help and cooperation from others in order to meet your current goals. Lucky Numbers: 4, 16, 21, 27, 32, 39.

GEMINI
(May 22 - June 21)

Major changes might be successfully begun now. Getting what you really want and moving toward achieving your goals may be very important to you. Lucky Numbers: 7, 13, 24, 33, 43, 44.

CANCER
(June 22 - July 22)

You may have an incredible amount of energy and have enthusiasm to spare. You might launch a new enterprise using your creative visualization for innovative projects. Lucky Numbers: 3, 18, 24, 30, 36, 42.

LEO
(July 23 - Aug. 23)

Physical thrills and excitement may strongly appeal to you. You might want to do something totally out of the ordinary. This could yield mostly positive surprises. Lucky Numbers: 11, 15, 19, 31, 35, 39.

VIRGO
(Aug. 24 - Sept. 23)

You may need to have a heart-to-heart talk with a friend or advisor on matters of personal relationships. You could gain a better appreciation and rapport as a result. Lucky Numbers: 6, 8, 20, 24, 43, 46.

LIBRA
(Sept. 24 - Oct. 23)

Being realistic in your close relationships is essential. Certain people may not really be worth the effort. Face the truth and make the changes that are required. Lucky Numbers: 22, 29, 31, 38, 40, 47.

SCORPIO
(Oct. 24 - Nov. 22)

Try not to overextend yourself as you attempt to advance your personal causes. Don't allow negative comments from others to take away your enthusiasm. Lucky Numbers: 5, 8, 9, 19, 21, 27.

SAGITTARIUS
(Nov. 23 - Dec. 21)

You may be very serious and not very likely to compromise. This intensity might help you push through obstacles and deepen your understanding of others. Lucky Numbers: 1, 22, 28, 30, 42, 46.

CAPRICORN
(Dec. 22 - Jan. 20)

Your mind may function much better for learning than for teaching. Share your enthusiasm, but avoid lecturing others, especially about emotional subjects. Lucky Numbers: 12, 15, 18, 21, 22, 25.

AQUARIUS
(Jan. 21 - Feb. 19)

Your patience and ability to work hard could be prominent. Your concentration may be excellent, and you might be able to focus on accomplishing your ultimate goals. Lucky Numbers: 10, 11, 17, 19, 36, 42.

PISCES
(Feb. 20 - March 20)

Others should not lightly dismiss you. You may likely work with great intensity. Stay on course and you might be able to work your way through any obstacles thrown your way. Lucky Numbers: 2, 4, 12, 24, 42, 44.

Lucky numbers this week: This week's odds favour Virgo winners with the luckiest number being 6.

Did You Know...

Preventing sunburn: The rhinoceros is the second largest land animal, next to the elephant. Living in Africa and Asia, these beasts can get sunburn on their thick skin. That's why they like rolling in the mud.

Cuts and scrapes: People often call adhesive bandages "Band-Aids." That term is actually a brand name for the first adhesive wound covering, which was invented in 1920 by Earle Dickson of Johnson and Johnson Company.

The Force displayed: Steve Sansweet is known for his collection of *Star Wars* memorabilia. He has amassed thousands of items, which are on display at the Rancho Obi-Wan museum in Petaluma, California (U.S.).

Animal cross: A beefalo is a cross between a cow and a buffalo (also known as bison). Specifically, a beefalo is 37.5% bison. The meat of this animal is touted to have less cholesterol and fat than conventional beef.

Strong winds: A cyclone is a strong, spiraling storm that can be destructive. Winds rotate around a midpoint of low pressure. North of the Equator, they spiral counterclockwise, and they spiral clockwise if south of the Equator.

On the Lighter Side

Guest: "When I made this reservation, I specifically requested a room facing the ocean."
Desk clerk: "Well, you didn't specify which ocean."

There are only three kinds of humans: those that count, and those that can't.

Blessed are they who can laugh at themselves for they shall never cease to be amused.

Consultant: someone who gets $100 an hour to tell you the same thing your assistant told you last week.

I have a baby car. It goes everywhere with a rattle.

Answers

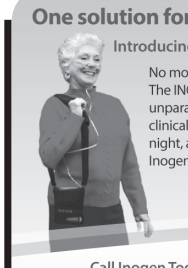
Trivia answers: 1. Citric 2. Beluga whales 3. 1960s 4. Opinion pieces 5. Paris, France

Norwex®
IMPROVING QUALITY OF LIFE™
Real Products. **REAL SOLUTIONS.**
Norwex has been creating Safe Havens since 1994 – healthier homes, healthier families and a healthier world. Join us!
Christine Rideout
Norwex Independent Sales Consultant
780-933-2792
christinerideout.norwex.biz

Helping you rediscover **fun** in the kitchen!
Gifts and Gadgets
Your one stop kitchen and gift shop.
780.962.5220
CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
Visit www.giftsandgadgets.ab.ca
or visit us in person at 111 First Avenue, Spruce Grove

Unlock a new career!
Available in Hinton & Edson
Certifications
Work Experience
Job Search Assistance
1-877-564-3545
www.koparadmin.ca
KEYS Kopar's Employment for Youth Services
KOPAR ADMINISTRATION LTD.
Canada

One solution for oxygen at home, away, and for travel
Introducing the INOGEN ONE – It's oxygen therapy on your terms
No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can **go virtually anywhere — even on most airlines.** Inogen accepts Medicare and many private insurances!



Reclaim Your Freedom And Independence NOW!
Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714
inogen
© 2020 Inogen, Inc. All rights reserved. MKT-P0108

If It Needs Glass, We Can Provide It!

Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications

Mobile service and installation specialists with over 25 years of experience!

ALL PRO Glass Ltd.

Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

780.978.0088 **www.allproglass.ca**

RE/MAX Slave Lake Realty
Katee **Nelson** 780-805-4425
Steve **Adams** 780-516-9000
With You Every Step of the Way

Need ONE More Reason to Join?

❶ You need child support enforced
❷ Your landlord raises rent in violation of your verbal agreement
❸ You adopt a child
❹ A friend owes you money and files for bankruptcy
❺ You need help with credit card liability resolution
❻ Your car is vandalized in a parking lot

LegalShield®
Call Lloyd Kenney, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

We will do your cleaning the *RIGHTWAY!*

CONTACT US TODAY FOR YOUR FREE QUOTE

OFFICES	DEALERSHIPS
STORES	WAREHOUSES
SCHOOLS	INDUSTRIAL SHOPS
STEAM CLEANING	APARTMENTS

FAMILY OWNED AND OPERATED IN PEACE RIVER, ALBERTA

RIGHTWAY JANITORIAL
780-618-9755 • alana.dubeau@gmail.com

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd