

Wear a mask. Stay Safe!

**Fish Creek Valley Columbarium**  
IN SOUTH CALGARY



Open to all
Easy LRT access
Niches – reasonably priced
Plots (very limited)

**NOW 20% OFF COMPLETE NICHE ARRANGEMENTS**  
~ For a limited time only ~  
Call Rita: 403.701.6519  
fishcreekvalleycolumbarium@gmail.com

**FREE!** *New Issue Every Week!*  
**Coffee News®**  
"News To Be Enjoyed Over Coffee"  
**West Central Calgary Edition**  
**587-392-8086**



www.coffee-news.ca Est. 1988

**THIS SPACE FOR RENT**  
**587-392-8086**

**Please recycle**  
your copy of



**Coffee News®**

Pass it on to a friend... or return it to the rack for someone else to enjoy!



**1 INJECTION (BEFORE BREAKFAST) BURN "BELLY FAT" LIKE CRAZY!**



**(403) 261-1010 | slimreset.ca**

**We Keep Good Company**

Improving the quality of life for seniors and those with disabilities through accompaniment and companionship, including transportation services



**Driving Miss Daisy Seniors' Services**  
Accompanying you to a fuller life

**1.877.613.2479**  
www.drivingmissdaisy.ca

**Winter's On The Way...**

Time to take care of your furnace and hot water tanks!

- Furnace Repair • Duct Cleaning
- Air Conditioning • Hot Water Tanks
- Air Filtration • Humidifiers


WE offer **INSTALLATION and SERVICE**

Call for your appointment: **403-764-3104**

www.hogghomeservices.ca www.ecotechcalgary.com  
Local Alberta companies helping Albertans



**FRASIER** **WEEKNIGHTS 6:00(EST) / 6:30(MT)**  
**yesTV**



**BINGO BARN**

The Place To Play Everyday!

2 Mornings - Sat & Sun • 7 Afternoons • 7 Evenings • 2 Late Nights - Fri & Sat

**Bingo Info Line: 403-235-2118**

#10, 1107 33rd St. N.E. • www.BingoBarn.ca



**Have You Had A Stroke?**

For support and education:

- Stroke Recovery Association of Calgary (SRAC)
- Calgary Aphasia Centre (CAC)
- Young Survivors Group (YSS)

**Phone 403.827.7520**  
www.sracalgary.com • www.calgaryaphasia.com  
ysscalgary@gmail.com • Calgary.Aphasia.Centre@gmail.com



Vol. 10 No. 50 December 14, 2020

## Everybody's Talking

**More than cherry soda:** When people grab a soda, the roster of flavours usually includes such things as cola, strawberry soda, ginger ale, and limeade. Now, a soft drink company based in Shizuoka Prefecture, Japan, may have won the competition for the weirdest soda flavours. The company, called Kimura Beverage, has produced sodas with flavours that include pickled plums, curry, melon bread, and eel. Developing the flavours is no small undertaking, as it can take up to a year to get it just right.

**Plastic plant:** A woman from California (U.S.) recently had a big surprise. Caelie Wilkes loves plants. She had a succulent that she carefully looked after for two years, watering it on a schedule. Its beautiful green leaves always seemed healthy. One day, Wilkes decided to transplant her pride and joy into a bigger pot. Imagine her shock when she discovered that the succulent was fake; it had no roots and was glued onto a piece of Styrofoam that was covered with dirt. Luckily, Wilkes has a sense of humour. She posted her story, which garnered lots of funny and sympathetic comments.

**Snail power:** When thinking about pets, most people conjure up images of cats, dogs, bunny rabbits, parrots, and maybe even pot-bellied pigs. But snails? That is the choice of Pepper Apollo, a woman from the United Kingdom who cares for approximately 150 of the creatures. She started collecting them a few years ago when she found some near her workplace. Today, she keeps her large collection of tiny pets in tiered terrariums where they live a luxurious, well-fed life. Apollo genuinely feels that each one of her little charges has its own personality.

**Animal sanctuary:** A couple in India love wildlife. In 1998, wildlife photographer Aditya Singh and his artist wife, Poonam Singh, started purchasing farmland near the Ranthambore Tiger Reserve in Rajasthan, northern India. Farmers happily sold their land because the big cats on the reserve threatened farmers' livelihoods. The couple has allowed the forest to regrow on the land, and today it is a lush home for tigers, leopards, wild boars, and other animals. The Singhs even dug watering holes for the animals. Now that these predators have the food and water they need, they are not as much of a threat to farmers.

## Quoteable Quotes

"Happiness lies in the consciousness we have of it."  
—George Sand

"Do not anticipate trouble, or worry about what may never happen. Keep in the sunlight."  
—Benjamin Franklin

## What's Happening

**Nov 20 to Jan 3-Calgary Zoo-lights Event.** Its a magical experience complete with family-friendly activities like skating, fire pits, axe throwing and more. This year, prepurchased tickets are required to ensure staggered entry times for physical distancing. 403-232-9300. calgaryzoo.com

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

**\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

...or send your entry by snail mail to: CN Guy Contest, 17303-107 Ave., Edmonton, AB T5S 1E5  
Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. Yale University is located in the U.S. state of New York or Connecticut?
2. The koala bear sleeps an average of 20 hours a day—T/F?
3. IKEA is best known for what?
4. In karate, what colour belt represents the highest level—red or black?
5. Who wrote the popular novel Doctor Zhivago?

(Flip bottom of page for answers)


**SkipTheBongShop**

OPEN 7 DAYS A WEEK 10a - 10p

Calgary & Area 2HR DELIVERY

We Ship Canada Wide

SAVE 15% USING CODE: COFFEE15



**DHILLON LAW OFFICE**  
Kirin Dhillon, Barrister & Solicitor

- Family Law
- Criminal Law
- Real Estate
- Immigration Law
- Wills and Estates

**403.815.9944**  
104-200 Country Hills Landing NW • kirin@dhillonlawoffice.com




HELPING HOMEOWNERS START OR FINISH THEIR HOME PROJECTS

**CALGARY HANDYMAN SERVICES**

DRYWALL	INSTALLATION
PAINTING	BATHROOM RENOS
PLUMBING	FLOORING
ELECTRICAL	...AND MORE!

CALL/TEXT TODAY: **403.852.7505**  
calgaryhandymanservices@telus.net



Become a Trained Bartending Professional!

BARTENDING CLASSES

DAYTIME, EVENING OR WEEKEND

**METROPOLITAN SCHOOL OF BARTENDING**  
MetropolitanSchoolofBartending.com



**HELP STOP THE SPREAD!**

1. Wear a mask
2. Keep your distance – six feet!
3. Wash your hands
4. Take your copy of Coffee News home with you

**Stay safe!**  
A message from your friends at **Coffee News®**

**Car Repair @ Your Home**

15% OFF WITH MENTION OF THIS AD

By our expert mobile mechanics. No more waiting at the auto repair shop!

**instamek**

403-917-1218 | [www.instamek.com](http://www.instamek.com)



Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today.  
**TheSeed.ca/donate**

THE MUSTARD SEED



**HAS COVID MADE YOU REALIZE HOW MUCH CLUTTER YOU HAVE?**  
Do you want to make your space more inviting? I can help!

**SPECIALIZING IN RESIDENTIAL AND OFFICE ORGANIZING**

*Ideal for...* • Active Families • Busy Professionals • Home Business Owners • Empty Nesters Wanting to Downsize • Seniors • Students

**ORGANIZE, SIMPLIFY AND ENJOY YOUR HOME!** FULLY INSURED

**Stream Organizing**

Call for your free consult: 403.680.4229  
www.streamorganizing.com

JILL WINTERSON - TRAINED PROFESSIONAL ORGANIZER

**Recipe of the month**

**Cream Cheese Penguins**

18 jumbo black olives, pitted  
1 (8 oz.) package cream cheese, softened

18 small black olives  
1 carrot

Prep: 30 mins. Total: 35 mins Yield: 18 penguins

- Cut a slit from top to bottom, lengthwise, into the side of each jumbo olive. Carefully insert about 1 teaspoon of cream cheese into each olive. Slice the carrot into eighteen 1/4 inch thick rounds; cut a small notch out of each carrot slice to form feet. Save the cut out piece and press into centre of small olive to form the beak. If necessary cut a small slit into each olive before inserting the beak.
- Set a big olive, large hole side down, onto a carrot slice. Then, set a small olive onto the large olive, adjusting so that the beak, cream cheese chest and notch in the carrot slice line up. Secure with a toothpick.
- Add scarves and hats by using fresh red pepper strips, or canned pimientos cut into different shapes.

Source: www.allrecipes.com

**Skip the Bong Shop**

OPEN 7 DAYS A WEEK 10a - 10p

Calgary & Area 2HR DELIVERY

We Ship Canada Wide

SAVE 15% USING CODE: COFFEE15

**Struggling To Take Care of Your Feet?**

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.

**Toes On The Go Footcare**

Call today for more information: 403-620-7851  
marion@toesonthego.ca • toesonthego.ca

**The Brenda Strafford Cambridge Foundation Manor**

Opening June 2020

Introducing Cambridge Manor  
The Brenda Strafford Foundation's newest seniors wellness community in University District, NW Calgary's newest urban neighbourhood.

- Assisted Living, Enhanced Care and Memory Care
- Respite Care short term stays available

403.536.8675 | cambridgemanor.ca

**MARLBOROUGH DENTURE CLINIC**

SENIORS RATES APPLY

**AFFORDABLE DENTURES**

Please Call Us!  
403-272-2500

Mention this ad when you call us.

#250 - 433 Marlborough Way NE.  
2nd floor Marlborough Mall  
Near entrance #5 - East side of mall

**FREE SCRAP CAR REMOVAL**

**DJ'S TOWING**

MENTION THIS AD AND RECEIVE UP TO \$300 FOR YOUR SCRAP VEHICLE

CALL 403-922-2412

# Your Weekly Horoscope

**ARIES (March 21 - April 20)**

You may be so excited about having learned something new that you can hardly stop thinking and talking about it. You might consider sharing these developments with others. Lucky Numbers: 3, 6, 9, 33, 36, 39.

**TAURUS (April 21 - May 21)**

Don't allow the comments of others to frustrate you or ruin your plans. Simply do something that is more fun. You might be in too good a mood to get bogged down. Lucky Numbers: 5, 10, 17, 22, 37, 43.

**GEMINI (May 22 - June 21)**

You may have a positive, "can-do" attitude. Your physical energy and stamina might be high. Feeling energetic could enable you to go after challenges with gusto. Lucky Numbers: 11, 19, 21, 29, 31, 39.

**CANCER (June 22 - July 22)**

You may feel very compassionate and motivated to aim high. Inspiration, imagination, and dreams might help you to be in touch with your higher forces. Lucky Numbers: 2, 17, 22, 27, 34, 40.

**LEO (July 23 - Aug. 23)**

Self-confidence and physical energy may run very high. You might undertake any challenge that confronts you. Competition could help you to assert yourself. Lucky Numbers: 12, 15, 23, 33, 38, 49.

**VIRGO (Aug. 24 - Sept. 23)**

Explore your ideas of desires and transformation. You may feel pressure to change, but try to eliminate stress in your life and reach your goals. Lucky Numbers: 1, 4, 14, 24, 34, 44.

**LIBRA (Sept. 24 - Oct. 23)**

You might act on your passions, but try not to go to extremes. Stay clear about your purpose so that you can succeed without harming yourself or others. Lucky Numbers: 6, 9, 16, 19, 24, 37.

**SCORPIO (Oct. 24 - Nov. 22)**

You may feel more compassionate and intuitive. You might be much more willing to empathize, and you could find that some people really do need your help. Lucky Numbers: 8, 11, 15, 25, 35, 45.

**SAGITTARIUS (Nov. 23 - Dec. 21)**

You may have an impulse to experiment with new methods or routines. Someone might invite you to do something new. If you go along with them, you may be glad you did. Lucky Numbers: 1, 2, 3, 11, 22, 33.

**CAPRICORN (Dec. 22 - Jan. 20)**

You may feel pressured to think hard and fast, and to handle many small details. Your quick reaction might help you obtain the great accomplishments you deserve. Lucky Numbers: 21, 26, 29, 31, 36, 39.

**AQUARIUS (Jan. 21 - Feb. 19)**

You may meet all of your social obligations. You might learn not to take things so personally. Listening well could help you to understand how to improve your relationships. Lucky Numbers: 12, 21, 22, 33, 39, 41.

**PISCES (Feb. 20 - March 20)**

You may need to take a real break from your daily routine. You might find that the solace will provide you with a much-needed inner or spiritual rejuvenation. Lucky Numbers: 6, 9, 13, 16, 19, 21.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 8.

## Did You Know...

**Sound the siren:** The first civilian ambulances were horse and buggy teams that carried medical equipment and were used to pick up patients in New York City. Dr. Edward L. Dalton of Bellevue Hospital started the service in 1869.

**Northern player:** Jordin Tootoo was the first player of Inuk descent to play in the National Hockey League. From Rankin Inlet, Nunavut, in northern Canada, his career started with the Nashville Predators in 2003. He retired in 2018.

**Fast wave:** Tsunamis, those enormous waves that can cause harm to coastal regions, occur most often in the Pacific Ocean's Ring of Fire. They can travel across the ocean at speeds of up to 800 kilometres (500 miles) an hour.

**Protein source:** Lots of people put tofu into their stir-fries. This soybean product is made from pressing soymilk curds into blocks. Tofu is a source of protein and is enjoyed by those who want protein from a substitute for meat.

**Skating phenom:** Sonja Henie was a famous figure skater. Born in Oslo, Norway, in 1912, she won many medals in competitions, including three golds in the Winter Olympics of 1928, 1932, and 1936. She died in 1969.

## On the Lighter Side

Hotel sign: "Our towels are so fluffy, it will be hard to put them in your suitcase."

The absentminded professor saw a sign on his door that said, "Back in 30 minutes." So he sat down to wait.

A baby brightens up a home. Since ours came, the lights have been on all night!

Life is like high school algebra. Every time you solve one problem, the teacher is waiting to give you another.

No job is so simple that it can't be done wrong.

### Answers

Trivia answers: 1. Connecticut 2. True 3. Home furnishings 4. Red 5. Boris Pasternak

**One solution for oxygen at home, away, and for travel**

Introducing the INOGEN ONE - It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere - even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

Call Inogen Today To Request Your FREE Info Kit  
1-888-998-6714

**Pregnant? Facing Difficult Decisions?**

We can help.  
Call 780.421.1177 or text 587.596.5380

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

**Small Miracles Adoption**

www.smallmiraclesadoption.com

**Love Coffee News?**

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

Please include:  
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

**Reader of the Month**  
Thomas Acheson • Calgary, AB

**Coffee News** Fun Reading. Serious Advertising.

**HIP/KNEE REPLACEMENT?**

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

For Expert Help:  
1.844.453.5372

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**APARTMENTS FOR RENT**

**Cedar Ridge**

It's easy to imagine Calgary city life at Cedar Ridge Apartments!  
These spacious living spaces nestled in nature along the Bow River allow you to get lost in mountain and river views. Enjoy all of downtown Calgary's offerings or take pause in one of the neighbourhood's many green spaces.

1 bdrm from \$1,025/month\* | 2 bdrm from \$1,095/month\* | 3 bdrm from \$1,345/month\*

Call 403.279.8681 or visit [www.caprent.com](http://www.caprent.com)

Hey, Calgary!

**FRESH SLICES FOR \$2.39**

**FRESH SLICE PIZZA**

Two Calgary locations, in DT East Village and CrossIron Mills

[FRESHSLICE.COM](http://FRESHSLICE.COM)