

## HELP STOP THE SPREAD!

- Wear a mask
- Keep your distance – six feet!
- Wash your hands
- Take your copy of *Coffee News* home with you

Stay safe!

A message from your friends at **Coffee News**

Did you know Gold Canyon Candles went out of business in March 2020?

Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.



We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

prairiescentedcandles@gmail.com  
www.prairiescentedcandles.com

## Leave a legacy

and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

**BREATHE**  
the lung association

www.ab.lung.ca/you-can-help-change-future-today

FREE!

New Issue Every Week!

# Coffee News

"News To Be Enjoyed Over Coffee"

Cold Lake Edition

877-553-6397



www.coffee-news.ca

Vol. 17 No. 50 December 14, 2020

## Everybody's Talking

**More than cherry soda:** When people grab a soda, the roster of flavours usually includes such things as cola, strawberry soda, ginger ale, and limeade. Now, a soft drink company based in Shizuoka Prefecture, Japan, may have won the competition for the weirdest soda flavours. The company, called Kimura Beverage, has produced sodas with flavours that include pickled plums, curry, melon bread, and eel. Developing the flavours is no small undertaking, as it can take up to a year to get it just right.

**Plastic plant:** A woman from California (U.S.) recently had a big surprise. Caelie Wilkes loves plants. She had a succulent that she carefully looked after for two years, watering it on a schedule. Its beautiful green leaves always seemed healthy. One day, Wilkes decided to transplant her pride and joy into a bigger pot. Imagine her shock when she discovered that the succulent was fake; it had no roots and was glued onto a piece of Styrofoam that was covered with dirt. Luckily, Wilkes has a sense of humour. She posted her story, which garnered lots of funny and sympathetic comments.

**Snail power:** When thinking about pets, most people conjure up images of cats, dogs, bunny rabbits, parrots, and maybe even pot-bellied pigs. But snails? That is the choice of Pepper Apollo, a woman from the United Kingdom who cares for approximately 150 of the creatures. She started collecting them a few years ago when she found some near her workplace. Today, she keeps her large collection of tiny pets in tiered terrariums where they live a luxurious, well-fed life. Apollo genuinely feels that each one of her little charges has its own personality.

**Animal sanctuary:** A couple in India love wildlife. In 1998, wildlife photographer Aditya Singh and his artist wife, Poonam Singh, started purchasing farmland near the Ranthambore Tiger Reserve in Rajasthan, northern India. Farmers happily sold their land because the big cats on the reserve threatened farmers' livelihoods. The couple has allowed the forest to regrow on the land, and today it is a lush home for tigers, leopards, wild boars, and other animals. The Singhs even dug watering holes for the animals. Now that these predators have the food and water they need, they are not as much of a threat to farmers.

## Quoteable Quotes

"Happiness lies in the consciousness we have of it."

—George Sand

"Do not anticipate trouble, or worry about what may never happen. Keep in the sunlight."

—Benjamin Franklin

## What's Happening

**Nov 20 to Jan 2-Magic of Lights** Head to Castrol Raceway for a new holiday tradition! You'll embark on a 2.5 KM drive through experience from the comfort of your own vehicle. Be mesmerized as multiple holiday themes come to life with hundreds of thousands of sparkling LED lights!

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

**\$400 Prize Package**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

NEW FEATURE!

...or send your entry by mail to: CN Guy Contest, 17303-107 Ave., Edmonton, AB T5S 1E5

Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

## Trivia

- Yale University is located in the U.S. state of New York or Connecticut?
- The koala bear sleeps an average of 20 hours a day—T/F?
- IKEA is best known for what?
- In karate, what colour belt represents the highest level—red or black?
- Who wrote the popular novel Doctor Zhivago?

(Flip bottom of page for answers)

## This Space for Rent.

877-553-6397

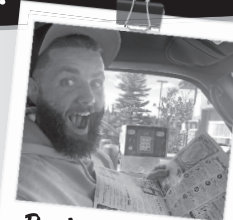
### Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)

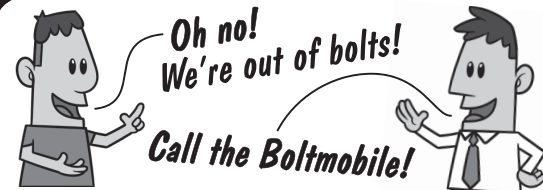
Please put "Readers" in the subject line.

Please include:  
1 Your name 2 Your phone number and 3 Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!



Reader of the Month  
Thomas Acheson • Calgary, AB

**Coffee News** Fun Reading. Serious Advertising.



Oh no!  
We're out of bolts!  
Call the Boltmobile!

**BONNYVILLE BOLT SUPPLY**

LOCALLY OWNED

Delivery available!  
**780.812.2922**

5603-50 Ave., Bonnyville | <https://bbsupply.ca>

On call 24/7

New Beginning Law

**Family Law Criminal Defence**

Jerred L.T.T. Moore  
B.A. (Adv.), J.D.  
Barrister & Solicitor

Renée L.T. Moore  
B.A., B.Comm. (Co-op), J.D.  
Barrister & Solicitor

780.645.0050  
www.newbeginninglaw.ca | 4902-50 St., St. Paul, AB

## SHOP ONLINE!

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**

Scuba Diving & Snorkelling

Learn to SCUBA DIVE at our Edmonton location – call for details

11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Helping you rediscover **fun** in the kitchen!

**Gifts and Gadgets**

Your one stop kitchen and gift shop.

**780.962.5220**

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca) or visit us in person at 111 First Avenue, Spruce Grove

## Recipe of the month

### Holiday Haystack Cookies

- 1 cup semisweet chocolate chips
- 1 cup milk chocolate chips
- 3 cups chow mein noodles
- 1/2 cup roughly chopped almonds
- 1/2 cup shelled pistachios
- 2 tablespoons assorted holiday sprinkles

Level: Easy Total: 1 hr 15 mins Yield: 24 cookies  
Active: 15 mins

- Heat 2 inches of water in a pot to a simmer. Add the semisweet and milk chocolate to a bowl and place over the pot of simmering water. Allow to melt, stirring occasionally, 4 to 5 minutes.
- Meanwhile, add the noodles, almonds and pistachios to a large bowl and set aside.
- When the chocolate has melted completely, pour over the noodle and nut mixture. Mix until everything is well coated in the melted chocolate.
- Using 2 spoons, drop tablespoon mounds onto 2 parchment-lined baking sheets. Sprinkle the holiday sprinkles over the top. Allow to dry completely before storing, about 1 hour.

Source: [www.foodnetwork.com](http://www.foodnetwork.com)

## Pregnant? Facing Difficult Decisions?

We can help.  
Call **780.421.1177** or text **587.596.5380**

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice



Small Miracles Adoption

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

**FRASIER** WEEKNIGHTS 6:00 (EST) / 6:30 (MT)

yesTV

UP TO **50% OFF**

FREE MATTRESS BAG WITH EACH NEW RENTAL!

**YOUR FIRST 3 MONTHS OF STORAGE!**

Call 780.872.3299

- HEATED STORAGE UNITS!
- PARKING FOR RVs, CARS AND BOATS
- MONTH TO MONTH NO LONG TERM CONTRACTS

SCAN HERE FOR RESERVATIONS



**LLOYDMINSTER Vaultra Storage**

STORAGE We've Got Room For That!

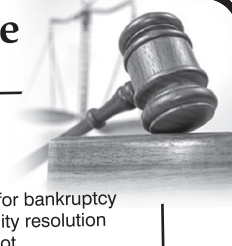
<https://vaultraselfstorage.ca/locations/alberta/lloydminster>

Affordable-Effective-Exclusive-CALL NOW!



## Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot



Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

**LegalShield** 1-877-579-9449

## We Print Restaurant Menus for our distribution partners

- ✓ High Quality Printing
- ✓ Professional Graphic Design
- ✓ Affordable Pricing (No hidden costs!)

**Coffee News**  
For full details, call 780-220-6397

Fast, Straight To Your Door Delivery

## Go Plastic-Free!

...and Love the Earth

Plastic-free vegan choices for:

- Dish Soap • Shampoo • Facial Soap
- Body and Hand Soap • Deodorant • Lip Balm

We will deliver every month before or on the 10th day.

We are a sustainable products business located in Cold Lake.

**AM SOAPS**

Call or text your order 780-826-1068  
www.amsoaps.webs.com https://www.infomall.ca/AMsoaps/

**SPECIAL OFFER!**  
Monthly Subscription Box for only \$30 plus Free Delivery if you live in the Lakeland AB/SK region

## One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE - It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere - even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

Call Inogen Today To Request Your FREE Info Kit  
1-888-998-6714

**inogen**

© 2020 Inogen, Inc. All rights reserved. MKT-P0108

## HELP STOP THE SPREAD!

- 1 Wear a mask
- 2 Keep your distance - six feet!
- 3 Wash your hands
- 4 Take your copy of Coffee News home with you

Stay safe!  
A message from your friends at **Coffee News**

## MORE SELECTION THAN ANY OTHER WINDOW COVERING SOURCE!

FREE In-Home Consultation

We make 100+ kinds of blinds  
We stock 15 million feet of inventory

**real blinds**

WESTERN CANADA'S #1 RETAIL WINDOW COVERING FACTORY

SAVE 50%

1 8558 GO REAL REALBLINDS.CA

<b>EDMONTON</b> 10510-107 Ave. NW 780-250-7325	<b>VEGREVILLE</b> 5006-52 Avenue 780-632-2142	<b>DERWENT</b> 118 Main Road 780-741-2376
<b>BONNYVILLE/COLD LAKE</b> 780-826-2239	<b>WAINWRIGHT/PROVOST</b> 780-842-2477	<b>LLOYDMINSTER</b> 780-875-1093

## 200+ Delicious Meals Made for SENIORS!

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery\*
- ✓ No Obligations
- ✓ No Minimum Orders\*

\*Some conditions apply

Request your FREE MENU Catalogue today!  
780-666-2336  
TF: 1-800-704-4779

**HEART TO HOME MEALS**  
DELICIOUS MEALS MADE FOR SENIORS®  
www.hearttohomeals.ca

## Sour Gas and Odour Control Treatment

**S.O.S.**

**SOUR AND ODOUR SERVICES**

1-888-909-9976  
info@sourandodour.com | www.sourandodour.com

**Customized Solutions** to meet your specific requirements:

- Vapours emitted from sour oil and water tanks
- De-pressuring of pig senders and receivers
- Venting of liners in sour pipelines
- De-hy condensation tank vapours
- Loading and unloading tank trucks
- Vacuum truck blower discharges
- Catadyne heater fuel sweetening
- Ventilation of sewage lift-stations
- Ventilation of electrical panels

# Your Weekly Horoscope

### ARIES (March 21 - April 20)

You may be so excited about having learned something new that you can hardly stop thinking and talking about it. You might consider sharing these developments with others. Lucky Numbers: 3, 6, 9, 33, 36, 39.

### TAURUS (April 21 - May 21)

Don't allow the comments of others to frustrate you or ruin your plans. Simply do something that is more fun. You might be in too good a mood to get bogged down. Lucky Numbers: 5, 10, 17, 22, 37, 43.

### GEMINI (May 22 - June 21)

You may have a positive, "can-do" attitude. Your physical energy and stamina might be high. Feeling energetic could enable you to go after challenges with gusto. Lucky Numbers: 11, 19, 21, 29, 31, 39.

### CANCER (June 22 - July 22)

You may feel very compassionate and motivated to aim high. Inspiration, imagination, and dreams might help you to be in touch with your higher forces. Lucky Numbers: 2, 17, 22, 27, 34, 40.

### LEO (July 23 - Aug. 23)

Self-confidence and physical energy may run very high. You might undertake any challenge that confronts you. Competition could help you to assert yourself. Lucky Numbers: 12, 15, 23, 33, 38, 49.

### VIRGO (Aug. 24 - Sept. 23)

Explore your ideas of desires and transformation. You may feel pressure to change, but try to eliminate stress in your life and reach your goals. Lucky Numbers: 1, 4, 14, 24, 34, 44.

### LIBRA (Sept. 24 - Oct. 23)

You might act on your passions, but try not to go to extremes. Stay clear about your purpose so that you can succeed without harming yourself or others. Lucky Numbers: 6, 9, 16, 19, 24, 37.

### SCORPIO (Oct. 24 - Nov. 22)

You may feel more compassionate and intuitive. You might be much more willing to empathize, and you could find that some people really do need your help. Lucky Numbers: 8, 11, 15, 25, 35, 45.

### SAGITTARIUS (Nov. 23 - Dec. 21)

You may have an impulse to experiment with new methods or routines. Someone might invite you to do something new. If you go along with them, you may be glad you did. Lucky Numbers: 1, 2, 3, 11, 22, 33.

### CAPRICORN (Dec. 22 - Jan. 20)

You may feel pressured to think hard and fast, and to handle many small details. Your quick reaction might help you obtain the great accomplishments you deserve. Lucky Numbers: 21, 26, 29, 31, 36, 39.

### AQUARIUS (Jan. 21 - Feb. 19)

You may meet all of your social obligations. You might learn not to take things so personally. Listening well could help you to understand how to improve your relationships. Lucky Numbers: 12, 21, 22, 33, 39, 41.

### PISCES (Feb. 20 - March 20)

You may need to take a real break from your daily routine. You might find that the solace will provide you with a much-needed inner or spiritual rejuvenation. Lucky Numbers: 6, 9, 13, 16, 19, 21.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 8.

## Did You Know...

**Sound the siren:** The first civilian ambulances were horse and buggy teams that carried medical equipment and were used to pick up patients in New York City. Dr. Edward L. Dalton of Bellevue Hospital started the service in 1869.

**Northern player:** Jordin Tootoo was the first player of Inuk descent to play in the National Hockey League. From Rankin Inlet, Nunavut, in northern Canada, his career started with the Nashville Predators in 2003. He retired in 2018.

**Fast wave:** Tsunamis, those enormous waves that can cause harm to coastal regions, occur most often in the Pacific Ocean's Ring of Fire. They can travel across the ocean at speeds of up to 800 kilometres (500 miles) an hour.

**Protein source:** Lots of people put tofu into their stir-fries. This soybean product is made from pressing soymilk curds into blocks. Tofu is a source of protein and is enjoyed by those who want protein from a substitute for meat.

**Skating phenom:** Sonja Henie was a famous figure skater. Born in Oslo, Norway, in 1912, she won many medals in competitions, including three golds in the Winter Olympics of 1928, 1932, and 1936. She died in 1969.

## On the Lighter Side

Hotel sign: "Our towels are so fluffy, it will be hard to put them in your suitcase."

The absentminded professor saw a sign on his door that said, "Back in 30 minutes." So he sat down to wait.

A baby brightens up a home. Since ours came, the lights have been on all night!

Life is like high school algebra. Every time you solve one problem, the teacher is waiting to give you another.

No job is so simple that it can't be done wrong.

## Answers

**Trivia answers:** 1. Connecticut 2. True 3. Home furnishings 4. Red 5. Boris Pasternak

## Can't get to your Coffee News® each week?

Check out our PDF editions online!  
New editions are posted every Monday



Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

## Wishes are waiting.



Help us give every eligible child the wish they need.

Donate today:  
www.makeawishna.ca

**Make-A-Wish**  
NORTHERN ALBERTA CANADA

Coffee News is proud to support Make-A-Wish Northern Alberta

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**Silver Sage Enterprises Ltd**

**Les Helm, RPFT**

Cell 780.520.4000  
Office 780.623.2494  
Fax 780.623.2894  
l.helmsilversage@gmail.com

**Land Resource Planning**

- Gravel Pits
- Mapping
- Reclamation
- Road Engineering

**Concerned about costs?**

No repayment for one year: [www.funeralpaid.ca](http://www.funeralpaid.ca)

Serving Bonnyville & Cold Lake since 1997

**NORTHERN LIGHTS FUNERAL CHAPEL LTD.**

780.826.6083 780.594.6083  
info@northernlightsfs.ca

**HIP/KNEE REPLACEMENT?**

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

**\$3,000 YEARLY TAX CREDIT**  
and **\$30,000 LUMP SUM REFUND**

APPLY NOW TO MEET 2019 TAX DEADLINES!

For Expert Help:  
1.844.453.5372

**Cedar Manor**

Save \$100!

780-875-5181  
cedarmanor.com

(780) 214-1300

Upgraded apartments starting at \$660!

**Tesla Estates**

Luxury apartments starting at \$1,051!

**Northview**  
APARTMENT REIT

\*On approved application, while promotion lasts.