

This Space for Rent.

877-553-6397

Did you know Gold Canyon Candles went out of business in March 2020? Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.



We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com


Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
the lung association

FOR MORE INFO, PLEASE VISIT:
www.ab.lung.ca/you-can-help-change-future-today



FRASIER WEEKNIGHTS
6:00(EST) / 6:30(MT)

RUSTIC PARADISE!

300 1 Ave. W – Buck Lake
\$276,421 MLS E4200600

- Log Home Hand Crafted, Picturesque
- 0.65 Acres, Metal Roof
- 2 Bdrm, 3 pce. Bath, Eat-In Kitchen, Living Room with Wood Stove
- 2016 New Plumbing, In Floor Heat
- Entire Home, Hot Water Tank, Septic Tank, Drilled Well, Bathroom Ready for Stacking Washer/Dryer
- 27 x 10 ft. Covered Veranda w/Swing, Fire Pit, Play Structure, SeaCan
- Minutes to Scenic Lake, Great Fishing, Boating, Skiing, Bird Watching, Short Walk to Amenities

Doreen Noppers REALTOR®
780-885-7398 doreen.noppers@royallepage.ca

COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

PROVEN EXPERTISE

HALAS ROOFING
Dennis Halas Agencies Ltd.
NEW & RE-ROOFING

- Top rated roofing materials
- Family run for 25+ yrs.
- Licensed, insured & WCB

Edmonton Area: 780.893.9751 • Wetaskiwin Area: 780.312.8074
dennishalas@shaw.ca • www.halasroofing.ca

Halas provides a 50 Year Extended Warranty including a 25 Year Workmanship Warranty!

PLEASE ASK US FOR STARTER PACK

200+ Delicious Meals Made for SENIORS!

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your FREE MENU Catalogue today!
780-666-2336
TF: 1-800-704-4779


HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS®
www.hearttohomemeals.ca

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Ponoka Edition
877-553-6397



www.coffee-news.ca

Vol. 17 No. 50 December 14, 2020

Everybody's Talking

More than cherry soda: When people grab a soda, the roster of flavours usually includes such things as cola, strawberry soda, ginger ale, and limeade. Now, a soft drink company based in Shizuoka Prefecture, Japan, may have won the competition for the weirdest soda flavours. The company, called Kimura Beverage, has produced sodas with flavours that include pickled plums, curry, melon bread, and eel. Developing the flavours is no small undertaking, as it can take up to a year to get it just right.

Plastic plant: A woman from California (U.S.) recently had a big surprise. Caelie Wilkes loves plants. She had a succulent that she carefully looked after for two years, watering it on a schedule. Its beautiful green leaves always seemed healthy. One day, Wilkes decided to transplant her pride and joy into a bigger pot. Imagine her shock when she discovered that the succulent was fake; it had no roots and was glued onto a piece of Styrofoam that was covered with dirt. Luckily, Wilkes has a sense of humour. She posted her story, which garnered lots of funny and sympathetic comments.

Snail power: When thinking about pets, most people conjure up images of cats, dogs, bunny rabbits, parrots, and maybe even pot-bellied pigs. But snails? That is the choice of Pepper Apollo, a woman from the United Kingdom who cares for approximately 150 of the creatures. She started collecting them a few years ago when she found some near her workplace. Today, she keeps her large collection of tiny pets in tiered terrariums where they live a luxurious, well-fed life. Apollo genuinely feels that each one of her little charges has its own personality.

Animal sanctuary: A couple in India love wildlife. In 1998, wildlife photographer Aditya Singh and his artist wife, Poonam Singh, started purchasing farmland near the Ranthambore Tiger Reserve in Rajasthan, northern India. Farmers happily sold their land because the big cats on the reserve threatened farmers' livelihoods. The couple has allowed the forest to regrow on the land, and today it is a lush home for tigers, leopards, wild boars, and other animals. The Singhs even dug watering holes for the animals. Now that these predators have the food and water they need, they are not as much of a threat to farmers.

Quoteable Quotes

"Happiness lies in the consciousness we have of it." —George Sand

"Do not anticipate trouble, or worry about what may never happen. Keep in the sunlight." —Benjamin Franklin

What's Happening

Nov 20 to Jan 2-Magic of Lights Head to Castrol Raceway for a new holiday tradition! You'll embark on a 2.5 KM drive through experience from the comfort of your own vehicle. Be mesmerized as multiple holiday themes come to life with hundreds of thousands of sparkling LED lights!

Jan 16 to 17-Deep Freeze: A Byzantine Winter Adventure This two-day festival brings together diverse cultures and revels in the magic and beauty of winter. Alberta Avenue - 118 Avenue NW and 91 Street, Edmonton.

Dec 1-Dec 31-Luminaria Stroll through the candle-lit pathways of the snow-covered Kurimoto Japanese Garden. University of Alberta Botanic Gardens - 51227 Hwy 60, Parkland County.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.

...or send your entry by snail mail to: CN Guy Contest, 17303-107 Ave., Edmonton, AB T5S 1E5
Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Yale University is located in the U.S. state of New York or Connecticut?
2. The koala bear sleeps an average of 20 hours a day—T/F?
3. IKEA is best known for what?
4. In karate, what colour belt represents the highest level—red or black?
5. Who wrote the popular novel Doctor Zhivago?

(Flip bottom of page for answers)

(Over)

Made in Alberta Products | Candy Corner | Coffee & Tea | Earth Friendly

STAR STORE

Gifts & Wool

at The Wetaskiwin Heritage Museum Downtown

100% OF PROCEEDS SUPPORT OUR PROGRAMS AND SERVICES

Head for the Star on Main Street 5007 - 50 Ave
Follow the Star online <https://starsstoreonline.com/>

Essential Oils & Candles | Fibre | Clothing | Socks & Stuff | Souvenirs | Yarn

THIS SPACE FOR RENT

780-220-6397

HELP STOP THE SPREAD!

1. Wear a mask
2. Keep your distance – six feet!
3. Wash your hands
4. Take your copy of Coffee News home with you

Stay safe!
A message from your friends at **Coffee News®**

Stampede Smoke Shoppe

PONOKA'S SOURCE FOR ALL RELATED PRODUCTS

Fine Cigars • Humidors
Pipes & Accessories • Vaporizers
Premium E-Liquid • E-Cigs & Novelties

5010-50 St., Ponoka, AB
403.783.4565
stampedesmoke@gmail.com
www.stampedesmoke.com

Scrap Metal & Vehicle Removal

Farm Site Cleanup
Demolitions - Excavating
Brushing - Rolloff Bin Services

METALNECKS

SALVAGE LTD.

"Bin There, Scrap That"

780-781-0087
metalnecks@gmail.com
www.metalnecks.ca

FROM BUMPER TO BUMPER, WE GOT YOU COVERED!

Your Premier Motorhome & Coach Service Providers

Mechanical
(Oil Change, Tune Ups, Suspension, Insurance Inspections, Diesel or Gas Engines, Generators)

- Electrical • System Upgrades
- Solar • Upholstery • Decals
- Flooring • Restorations
- Renovations • Towing Systems
- Insurance Claims
- Delamination Repair
- Water Damage • Alignments

Honesty. Integrity. Service.

Nyback
R.V. CENTRE
Camrose, Alberta

3710-47 Avenue Camrose

780.679.5805 • www.nybackrv.com

Call today to book your appointment!

We only want to make you SMILE

Millet Denture Clinic

780.387.3311 • 5022 - 50 Street, Millet
BARB UNGER, DD • barb@milletdenture.ca

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

APPLY NOW TO MEET 2019 TAX DEAD-LINES!

For Expert Help:
1.844.453.5372

Feel free to take your Coffee News home!



Sour Gas and Odour Control Treatment

S.O.S. SOUR AND ODOUR SERVICES
1-888-909-9976
info@sourandodour.com | www.sourandodour.com

Customized Solutions to meet your specific requirements:

- Vapours emitted from sour oil and water tanks
- De-pressuring of pig senders and receivers
- Venting of liners in sour pipelines
- De-hy condensation tank vapours
- Loading and unloading tank trucks
- Vacuum truck blower discharges
- Catadyne heater fuel sweetening
- Ventilation of sewage lift-stations
- Ventilation of electrical panels



Sour Gas and Odour Control Treatment

S.O.S. SOUR AND ODOUR SERVICES
1-888-909-9976
info@sourandodour.com | www.sourandodour.com

Customized Solutions to meet your specific requirements:

- Vapours emitted from sour oil and water tanks
- De-pressuring of pig senders and receivers
- Venting of liners in sour pipelines
- De-hy condensation tank vapours
- Loading and unloading tank trucks
- Vacuum truck blower discharges
- Catadyne heater fuel sweetening
- Ventilation of sewage lift-stations
- Ventilation of electrical panels



Wishes are waiting.

Help us give every eligible child the wish they need.

Donate today:
www.makeawishna.ca

Make-A-Wish
NORTHERN ALBERTA CANADA

Coffee News is proud to support Make-A-Wish Northern Alberta

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.



Reader of the Month
Thomas Acheson • Calgary, AB

SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Learn to SCUBA DIVE at our Edmonton location - call for details
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

BrullerCorp
FIRE RESCUE SAFETY INDUSTRIAL SUPPLY
P:780-361-8275 BRULLERCORP.COM

Niosh Approved N95 Masks \$2.00 each

Winter 6 in 1 Jackets \$150.00 each

"INNOVATIVE PRODUCT PLACEMENT"

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

Tinnitus Therapy available using new Stylleto

Rechargeable Hearing Aids Available

Did you know all seniors and low income adults qualify for \$900-\$2400 towards hearing aids?

Signia Stylleto Unique and beautifully designed hearing aid

EYES + EARS
OPTICAL + HEARING CO.
403.790.2020 • 4502-50 Street, Ponoka

FINANCING FOR HEARING AIDS NOW AVAILABLE

Your Weekly Horoscope

ARIES (March 21 - April 20)



You may be so excited about having learned something new that you can hardly stop thinking and talking about it. You might consider sharing these developments with others. Lucky Numbers: 3, 6, 9, 33, 36, 39.

TAURUS (April 21 - May 21)



Don't allow the comments of others to frustrate you or ruin your plans. Simply do something that is more fun. You might be in too good a mood to get bogged down. Lucky Numbers: 5, 10, 17, 22, 37, 43.

GEMINI (May 22 - June 21)



You may have a positive, "can-do" attitude. Your physical energy and stamina might be high. Feeling energetic could enable you to go after challenges with gusto. Lucky Numbers: 11, 19, 21, 29, 31, 39.

CANCER (June 22 - July 22)



You may feel very compassionate and motivated to aim high. Inspiration, imagination, and dreams might help you to be in touch with your higher forces. Lucky Numbers: 2, 17, 22, 27, 34, 40.

LEO (July 23 - Aug. 23)



Self-confidence and physical energy may run very high. You might undertake any challenge that confronts you. Competition could help you to assert yourself. Lucky Numbers: 12, 15, 23, 33, 38, 49.

VIRGO (Aug. 24 - Sept. 23)



Explore your ideas of desires and transformation. You may feel pressure to change, but try to eliminate stress in your life and reach your goals. Lucky Numbers: 1, 4, 14, 24, 34, 44.

LIBRA (Sept. 24 - Oct. 23)



You might act on your passions, but try not to go to extremes. Stay clear about your purpose so that you can succeed without harming yourself or others. Lucky Numbers: 6, 9, 16, 19, 24, 37.

SCORPIO (Oct. 24 - Nov. 22)



You may feel more compassionate and intuitive. You might be much more willing to empathize, and you could find that some people really do need your help. Lucky Numbers: 8, 11, 15, 25, 35, 45.

SAGITTARIUS (Nov. 23 - Dec. 21)



You may have an impulse to experiment with new methods or routines. Someone might invite you to do something new. If you go along with them, you may be glad you did. Lucky Numbers: 1, 2, 3, 11, 22, 33.

CAPRICORN (Dec. 22 - Jan. 20)



You may feel pressured to think hard and fast, and to handle many small details. Your quick reaction might help you obtain the great accomplishments you deserve. Lucky Numbers: 21, 26, 29, 31, 36, 39.

AQUARIUS (Jan. 21 - Feb. 19)



You may meet all of your social obligations. You might learn not to take things so personally. Listening well could help you to understand how to improve your relationships. Lucky Numbers: 12, 21, 22, 33, 39, 41.

PISCES (Feb. 20 - March 20)



You may need to take a real break from your daily routine. You might find that the solace will provide you with a much-needed inner or spiritual rejuvenation. Lucky Numbers: 6, 9, 13, 16, 19, 21.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 8.

Did You Know...

Sound the siren: The first civilian ambulances were horse and buggy teams that carried medical equipment and were used to pick up patients in New York City. Dr. Edward L. Dalton of Bellevue Hospital started the service in 1869.

Northern player: Jordin Tootoo was the first player of Inuk descent to play in the National Hockey League. From Rankin Inlet, Nunavut, in northern Canada, his career started with the Nashville Predators in 2003. He retired in 2018.

Fast wave: Tsunamis, those enormous waves that can cause harm to coastal regions, occur most often in the Pacific Ocean's Ring of Fire. They can travel across the ocean at speeds of up to 800 kilometres (500 miles) an hour.

Protein source: Lots of people put tofu into their stir-fries. This soybean product is made from pressing soymilk curds into blocks. Tofu is a source of protein and is enjoyed by those who want protein from a substitute for meat.

Skating phenom: Sonja Henie was a famous figure skater. Born in Oslo, Norway, in 1912, she won many medals in competitions, including three golds in the Winter Olympics of 1928, 1932, and 1936. She died in 1969.

On the Lighter Side

Hotel sign: "Our towels are so fluffy, it will be hard to put them in your suitcase."

The absentminded professor saw a sign on his door that said, "Back in 30 minutes." So he sat down to wait.

A baby brightens up a home. Since ours came, the lights have been on all night!

Life is like high school algebra. Every time you solve one problem, the teacher is waiting to give you another.

No job is so simple that it can't be done wrong.

Answers

Trivia answers: 1. Connecticut 2. True 3. Home furnishings 4. Red 5. Boris Pasternak

Recipe of the month

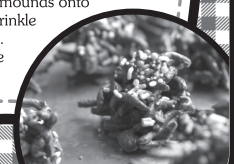
Holiday Haystack Cookies

1 cup semisweet chocolate chips ½ cup roughly chopped almonds
1 cup milk chocolate chips ½ cup shelled pistachios
3 cups chow mein noodles 2 tablespoons assorted holiday sprinkles

Level: Easy Total: 1 hr 15 mins Yield: 24 cookies
Active: 15 mins

- 1 Heat 2 inches of water in a pot to a simmer. Add the semisweet and milk chocolate to a bowl and place over the pot of simmering water. Allow to melt, stirring occasionally, 4 to 5 minutes.
- 2 Meanwhile, add the noodles, almonds and pistachios to a large bowl and set aside.
- 3 When the chocolate has melted completely, pour over the noodle and nut mixture. Mix until everything is well coated in the melted chocolate.
- 4 Using 2 spoons, drop tablespoon mounds onto 2 parchment-lined baking sheets. Sprinkle the holiday sprinkles over the top. Allow to dry completely before storing, about 1 hour.

Source: www.foodnetwork.com



Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

Small Miracles Adoption

www.smallmiraclesadoption.com



MORE SELECTION THAN ANY OTHER WINDOW COVERING SOURCE!

REAL™
1 855-80-REAL REALBLINDS.CA
REAL BLINDS SUPERSTORE

EDMONTON 10510-107 Ave. NW (main floor) 780-250-7325

VEGREVILLE 5006-52 Avenue 780-632-2142

DERWENT 118 Main Road 780-741-2376

BONNYVILLE/COLD LAKE 780-826-2239

WAINWRIGHT/PROVOST 780-842-2477

LLOYDMINSTER 780-875-1093

FREE In-Home Consultation

LIFE TIME WARRANTY

SAVE 50%

We make 100+ kinds of blinds
We stock 15 million feet of inventory



One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE - It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere - even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714

inogen

© 2020 Inogen, Inc. All rights reserved. MKT-P0108



We love to see you smile!

- Emergencies welcome, same day
- Orthodontist (braces and Invisalign) in house
- Wisdom teeth, Implants and IV sedation

We follow the senior fee guide. Seniors may qualify for up to \$5,000 in dental coverage.

Birchland DENTAL CLINIC

EVENING HOURS AVAILABLE
WE DIRECT BILL TO INSURANCE

403.783.9292 BirchlandDental.ca

CONTACT US TO APPLY

