

Everyone has the right to live free of violence and abuse

Our shelter offers women a safe and secure environment where they can access counselling, housing and other supports

PEACE RIVER REGIONAL WOMEN'S SHELTER

1-877-624-3466
www.prrws.com

WHEN HOME IS NOT SAFE - WE HAVE A SHELTER FOR YOU



FREE! *New Issue Every Week!*
Coffee News[®]
"News To Be Enjoyed Over Coffee"
Fairview Edition
877-553-6397
www.coffee-news.ca

Vol. 17 No. 50 December 14, 2020

Everybody's Talking

More than cherry soda: When people grab a soda, the roster of flavours usually includes such things as cola, strawberry soda, ginger ale, and limeade. Now, a soft drink company based in Shizuoka Prefecture, Japan, may have won the competition for the weirdest soda flavours. The company, called Kimura Beverage, has produced sodas with flavours that include pickled plums, curry, melon bread, and eel. Developing the flavours is no small undertaking, as it can take up to a year to get it just right.

Plastic plant: A woman from California (U.S.) recently had a big surprise. Caelie Wilkes loves plants. She had a succulent that she carefully looked after for two years, watering it on a schedule. Its beautiful green leaves always seemed healthy. One day, Wilkes decided to transplant her pride and joy into a bigger pot. Imagine her shock when she discovered that the succulent was fake; it had no roots and was glued onto a piece of Styrofoam that was covered with dirt. Luckily, Wilkes has a sense of humour. She posted her story, which garnered lots of funny and sympathetic comments.

Snail power: When thinking about pets, most people conjure up images of cats, dogs, bunny rabbits, parrots, and maybe even pot-bellied pigs. But snails? That is the choice of Pepper Apollo, a woman from the United Kingdom who cares for approximately 150 of the creatures. She started collecting them a few years ago when she found some near her workplace. Today, she keeps her large collection of tiny pets in tiered terrariums where they live a luxurious, well-fed life. Apollo genuinely feels that each one of her little charges has its own personality.

Animal sanctuary: A couple in India love wildlife. In 1998, wildlife photographer Aditya Singh and his artist wife, Poonam Singh, started purchasing farmland near the Ranthambore Tiger Reserve in Rajasthan, northern India. Farmers happily sold their land because the big cats on the reserve threatened farmers' livelihoods. The couple has allowed the forest to regrow on the land, and today it is a lush home for tigers, leopards, wild boars, and other animals. The Singhs even dug watering holes for the animals. Now that these predators have the food and water they need, they are not as much of a threat to farmers.

Quoteable Quotes

"Happiness lies in the consciousness we have of it." —George Sand
"Do not anticipate trouble, or worry about what may never happen. Keep in the sunlight." —Benjamin Franklin

What's Happening

Nov 20 to Jan 2-Magic of Lights Head to Castrol Raceway for a new holiday tradition! You'll embark on a 2.5 KM drive through experience from the comfort of your own vehicle. Be mesmerized as multiple holiday themes come to life with hundreds of thousands of sparkling LED lights!

Dec 1-Dec 31-Luminaria Stroll through the candle-lit pathways of the snow-covered Kurimoto Japanese Garden. University of Alberta Botanic Gardens - 51227 Hwy 60, Parkland County.

Devon Arts Market Christmas Sale Celebrate and experience the unique creativity of our artisans. Find those perfect one-of-a-kind gifts. Runs from noon to 4 pm, Sunday, Dec. 13, 2020. Devon Community Centre, 20 Haven Ave., Devon. More info at ArtsDevon@gmail.com. Masks Mandatory

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE
To enter, visit www.coffee-news.ca
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Trivia

1. Yale University is located in the U.S. state of New York or Connecticut?
2. The koala bear sleeps an average of 20 hours a day—T/F?
3. IKEA is best known for what?
4. In karate, what colour belt represents the highest level—red or black?
5. Who wrote the popular novel Doctor Zhivago?

(Flip bottom of page for answers)

This is Your Story
Stories of redemption, discovery and faith
WEEKNIGHTS AT 11PM
YES TV

Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association - we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
the lung association

www.ab.lung.ca/you-can-help-change-future-today

HELP STOP THE SPREAD!

1. Wear a mask
2. Keep your distance - six feet!
3. Wash your hands
4. Take your copy of Coffee News home with you

Stay safe!

A message from your friends at **Coffee News**

FREE Orthodontic/ Invisalign Consult
FREE Implant/ Implant Denture Consult
PEACE VALLEY DENTAL
Dr. Michael Ho, DMD
We are confident in the quality of our work and provide limited warranty for fillings (two years) and crown bridges (no charge for the first three years and 50% for up to five years from placement).
OUR TEAM HAS BEEN SERVING THE COMMUNITY FOR 20 YEARS
9811-100 Avenue Peace River, Alberta
www.peacevalleydental.com
780.624.3355 • info@peacevalleydental.com

AUTOMOTIVE LIGHT TRUCK REPAIR

■ Out of Province Inspections - \$220
■ Rate: \$110/hour
■ We service most vehicles, beginning at \$59.95
Services include up to 5L 5W/30 or 5W/20 conventional oil, oil filter and a 34 point inspection.
TRINITY REPAIR LTD.
780.338.3848
5029 - 51 Street, Berwyn, AB • www.trinityrepair.ca

Norwex[®]
IMPROVING QUALITY OF LIFE™
Real Products. REAL SOLUTIONS.
Norwex has been creating Safe Havens since 1994 - healthier homes, healthier families and a healthier world. Join us!
Christine Rideout
Norwex Independent Sales Consultant
780-933-2792
christinerideout@norwex.biz

Wishes are waiting.
Help us give every eligible child the wish they need.
Donate today:
www.makeawishna.ca
Make-A-Wish
NORTHERN ALBERTA CANADA
Coffee News is proud to support Make-A-Wish Northern Alberta

Unlock a new career! Available in Hinton & Edson
Certifications 1-877-564-3545
Work Experience www.koparadmin.ca
Job Search Assistance
KEYS
Kopar's Employment for Youth Services
KOPAR ADMINISTRATION LTD. **Canada**

Affordable-Effective-Exclusive-CALL NOW!

This Space for Rent.
877-553-6397

YSS CANNABIS
Where Discovery Happens.
102, 10210 - 111th Street, Grande Prairie | yssc corp.ca

Did you know Gold Canyon Candles went out of business in March 2020?
Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.
PSC Prairie Scented Candles
Sunset Scents a Ray of Fragrance
We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

If It Needs Glass, We Can Provide It!
Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications
Mobile service and installation specialists with over 25 years of experience!
ALL PRO Glass Ltd.
780.978.0088 www.allproglass.ca

Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

Helping you rediscover **fun** in the kitchen!
Gifts and Gadgets
Your one stop kitchen and gift shop.
780.962.5220
CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Chapel of Memories Funeral Home and On-site Crematorium
"Part of the Peace Country Since 1947"
Fairview to Peace River to High Prairie
"Your family care provider offering assistance with Personalized Funerals, Memorials, Cremations, Cremation Jewelry & Monuments"
Phone: 1.888.849.5800

SHOP ONLINE!
www.scubagearcanada.ca
• Snorkelling Gear • Reef-Safe Sunscreen • Beach Water Shoes • Dry Bags & Wallets • UV Shirts
The Dive Outfitters
Learn to SCUBA DIVE at our Edmonton location - call for details
Scuba Diving & Snorkeling
11781-156 St., Edmonton 780.483.0044
SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Feel free to take your Coffee News home!

We will do your cleaning the RIGHTWAY!

CONTACT US TODAY FOR YOUR FREE QUOTE

OFFICES	DEALERSHIPS
STORES	WAREHOUSES
SCHOOLS	INDUSTRIAL SHOPS
STEAM CLEANING	APARTMENTS

FAMILY OWNED AND OPERATED IN PEACE RIVER, ALBERTA

RIGHTWAY JANITORIAL
780-618-9755 • alana.dubeau@gmail.com

Relish Your Independence!

Independent Supportive Living is for adults and seniors who require some support and assistance, but do not require the services of a designated supportive living or long-term care centre.

When cooking meals, cleaning the house, shoveling snow, mowing the lawn, and taking care of home repairs becomes burdensome, choose Points West Living to enjoy a carefree retirement lifestyle.

FOR INQUIRIES, PLEASE CALL **780.624.0700** or email gm.peaceriver@pointswestliving.com

RANCHLANDS
APARTMENT HOMES

Call or text today! 780.851.3730

Ranchlands.wah@aptleasing.info

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Recipe of the month

Holiday Haystack Cookies

1 cup semisweet chocolate chips	½ cup roughly chopped almonds
1 cup milk chocolate chips	½ cup shelled pistachios
3 cups chow mein noodles	2 tablespoons assorted holiday sprinkles

Level: Easy Total: 1 hr 15 mins Yield: 24 cookies
Active: 15 mins

- Heat 2 inches of water in a pot to a simmer. Add the semisweet and milk chocolate to a bowl and place over the pot of simmering water. Allow to melt, stirring occasionally, 4 to 5 minutes.
- Meanwhile, add the noodles, almonds and pistachios to a large bowl and set aside.
- When the chocolate has melted completely, pour over the noodle and nut mixture. Mix until everything is well coated in the melted chocolate.
- Using 2 spoons, drop tablespoon mounds onto 2 parchment-lined baking sheets. Sprinkle the holiday sprinkles over the top. Allow to dry completely before storing, about 1 hour.

Source: www.foodnetwork.com

Real Estate Appraisals You Can Bank On!

COMMERCIAL • INDUSTRIAL • RESIDENTIAL

AGM VALUATIONS GROUP LTD.

780-624-0020
10032 - 99 Street, Peace River, AB

Servicing the Peace River area, including Fort. St. John & Dawson Creek, B.C.

RE/MAX
Slave Lake Realty

Katee Nelson
780-805-4425

Steve Adams
780-516-9000

With You Every Step of the Way

The World's #1 Restaurant Publication!

Your Weekly Horoscope

ARIES (March 21 - April 20)

You may be so excited about having learned something new that you can hardly stop thinking and talking about it. You might consider sharing these developments with others. Lucky Numbers: 3, 6, 9, 33, 36, 39.

TAURUS (April 21 - May 21)

Don't allow the comments of others to frustrate you or ruin your plans. Simply do something that is more fun. You might be in too good a mood to get bogged down. Lucky Numbers: 5, 10, 17, 22, 37, 43.

GEMINI (May 22 - June 21)

You may have a positive, "can-do" attitude. Your physical energy and stamina might be high. Feeling energetic could enable you to go after challenges with gusto. Lucky Numbers: 11, 19, 21, 29, 31, 39.

CANCER (June 22 - July 22)

You may feel very compassionate and motivated to aim high. Inspiration, imagination, and dreams might help you to be in touch with your higher forces. Lucky Numbers: 2, 17, 22, 27, 34, 40.

LEO (July 23 - Aug. 23)

Self-confidence and physical energy may run very high. You might undertake any challenge that confronts you. Competition could help you to assert yourself. Lucky Numbers: 12, 15, 23, 33, 38, 49.

VIRGO (Aug. 24 - Sept. 23)

Explore your ideas of desires and transformation. You may feel pressure to change, but try to eliminate stress in your life and reach your goals. Lucky Numbers: 1, 4, 14, 24, 34, 44.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 8.

LIBRA (Sept. 24 - Oct. 23)

You might act on your passions, but try not to go to extremes. Stay clear about your purpose so that you can succeed without harming yourself or others. Lucky Numbers: 6, 9, 16, 19, 24, 37.

SCORPIO (Oct. 24 - Nov. 22)

You may feel more compassionate and intuitive. You might be much more willing to empathize, and you could find that some people really do need your help. Lucky Numbers: 8, 11, 15, 25, 35, 45.

SAGITTARIUS (Nov. 23 - Dec. 21)

You may have an impulse to experiment with new methods or routines. Someone might invite you to do something new. If you go along with them, you may be glad you did. Lucky Numbers: 1, 2, 3, 11, 22, 33.

CAPRICORN (Dec. 22 - Jan. 20)

You may feel pressured to think hard and fast, and to handle many small details. Your quick reaction might help you obtain the great accomplishments you deserve. Lucky Numbers: 21, 26, 29, 31, 36, 39.

AQUARIUS (Jan. 21 - Feb. 19)

You may meet all of your social obligations. You might learn not to take things so personally. Listening well could help you to understand how to improve your relationships. Lucky Numbers: 12, 21, 22, 33, 39, 41.

PISCES (Feb. 20 - March 20)

You may need to take a real break from your daily routine. You might find that the solace will provide you with a much-needed inner or spiritual rejuvenation. Lucky Numbers: 6, 9, 13, 16, 19, 21.

Did You Know...

Sound the siren: The first civilian ambulances were horse and buggy teams that carried medical equipment and were used to pick up patients in New York City. Dr. Edward L. Dalton of Bellevue Hospital started the service in 1869.

Northern player: Jordin Tootoo was the first player of Inuk descent to play in the National Hockey League. From Rankin Inlet, Nunavut, in northern Canada, his career started with the Nashville Predators in 2003. He retired in 2018.

Fast wave: Tsunamis, those enormous waves that can cause harm to coastal regions, occur most often in the Pacific Ocean's Ring of Fire. They can travel across the ocean at speeds of up to 800 kilometres (500 miles) an hour.

Protein source: Lots of people put tofu into their stir-fries. This soybean product is made from pressing soymilk curds into blocks. Tofu is a source of protein and is enjoyed by those who want protein from a substitute for meat.

Skating phenom: Sonja Henie was a famous figure skater. Born in Oslo, Norway, in 1912, she won many medals in competitions, including three golds in the Winter Olympics of 1928, 1932, and 1936. She died in 1969.

On the Lighter Side

Hotel sign: "Our towels are so fluffy, it will be hard to put them in your suitcase."

The absentminded professor saw a sign on his door that said, "Back in 30 minutes." So he sat down to wait.

A baby brightens up a home. Since ours came, the lights have been on all night!

Life is like high school algebra. Every time you solve one problem, the teacher is waiting to give you another.

No job is so simple that it can't be done wrong.

Answers

Trivia answers: 1. Connecticut 2. True 3. Home furnishings 4. Red 5. Boris Pasternak

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Reader of the Month
Thomas Acheson • Calgary, AB

Coffee News Fun Reading. Serious Advertising.

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE - It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere - even on most airlines. Inogen accepts Medicare and many private insurances!

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714

Reclaim Your Freedom And Independence NOW!

inogen
© 2020 Inogen, Inc. All rights reserved. MKT-P0108

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

For Expert Help: **1.844.453.5372**

APPLY NOW TO MEET 2019 TAX DEAD-LINES!

BBB A+ ACCREDITED

Better Than Friends LOVE SHOP

5824-51 Street, Grimshaw
780-512-6623
Better Than Friends

Come into the store!
Hours are Mon-Sat, 12-10 p.m. and Sunday, 12-6 p.m.

Shop online at betterthanfriends.ca

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
LegalShield 1-877-579-9449

Pregnant? Facing Difficult Decisions?

We can help.
Call **780.421.1177** or text **587.596.5380**

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

Small Miracles Adoption
www.smallmiraclesadoption.com

We Care About Your Smile!

- Upper/lower dentures
- Implant supported dentures
- Partial dentures (flexible or metal)
- Same day relines
- Soft denture linings for sore gums
- Natural tooth whitening kits available
- Night guards/splints

Call today to inquire about achieving suction on your lower denture with the new SEMCD Lower Suction Technique

Denture & Implant Cottage

REPAIRS WITHIN THE HOUR!
780-624-4573
9803 - 98 Avenue, Peace River Wheelchair friendly