

Made in Alberta Products | Candy Corner | Coffee & Tea | Earth Friendly

STAR STORE

at The Wetaskiwin Heritage Museum Downtown

100% OF PROCEEDS SUPPORT OUR PROGRAMS AND SERVICES

Head for the Star on Main Street 5007 - 50 Ave
Follow the Star online <https://starsstoreonline.com/>

Essential Oils & Candles | Fibre | Clothing | Socks & Stuff | Souvenirs | Yarn

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Ponoka Edition
877-553-6397

www.coffee-news.ca

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Reader of the Month
Thomas Acheson • Calgary, AB

Coffee News Fun Reading. Serious Advertising.

THIS SPACE FOR RENT

780-220-6397

Did you know Gold Canyon Candles went out of business in March 2020?

Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.

PSC

Prairie Scented Candles
Sunset Scents
A Ray of Fragrance

We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

This Space for Rent.

877-553-6397

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition

TecWerks Inc.
WHERE TECH WORKS

780.801.1030 | www.tecwerks.ca

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Recipe of the month

Holiday Haystack Cookies

1 cup semisweet chocolate chips ½ cup roughly chopped almonds
1 cup milk chocolate chips ½ cup shelled pistachios
3 cups chow mein noodles 2 tablespoons assorted holiday sprinkles

Level: Easy Total: 1 hr 15 mins Yield: 24 cookies
Active: 15 mins

- Heat 2 inches of water in a pot to a simmer. Add the semisweet and milk chocolate to a bowl and place over the pot of simmering water. Allow to melt, stirring occasionally, 4 to 5 minutes.
- Meanwhile, add the noodles, almonds and pistachios to a large bowl and set aside.
- When the chocolate has melted completely, pour over the noodle and nut mixture. Mix until everything is well coated in the melted chocolate.
- Using 2 spoons, drop tablespoon mounds onto 2 parchment-lined baking sheets. Sprinkle the holiday sprinkles over the top. Allow to dry completely before storing, about 1 hour.

Source: www.foodnetwork.com

RUSTIC PARADISE!

300 1 Ave. W - Buck Lake
\$276,421 MLS E4200600

- Log Home Hand Crafted, Picturesque
- 0.65 Acres, Metal Roof
- 2 Bdrm, 3 pce. Bath, Eat-In Kitchen, Living Room with Wood Stove
- 2016 New Plumbing, In Floor Heat
- Entire Home, Hot Water Tank, Septic Tank, Drilled Well, Bathroom Ready for Stacking Washer/Dryer
- 27 x 10 ft. Covered Veranda w/Swing, Fire Pit, Play Structure, SeaCan
- Minutes to Scenic Lake, Great Fishing, Boating, Skiing, Bird Watching, Short Walk to Amenities

Doreen Noppers REALTOR®
780-885-7398 doreen.noppers@royallepage.ca

ROYAL LEPAGE

Everybody's Talking

Collectors' items: Lots of people collect favourite items, whether those are dolls, books, records, or guitars. Usually, they legally obtain the items. That was not the case with a collector in Higashiosaka, Japan. Hiroaki Suda was in the habit of collecting bicycle seats, after he had stolen them. Recently, the man was filmed on surveillance cameras in the act of taking the seats from two parked bikes at a train station. Police were astounded to discover that he had been repeating this crime for over 25 years and had collected over 5,800 bicycle seats, which he kept in a storage facility.

Brotherly love: A caring brother from Zamboanga City, Philippines, wanted to do a good deed for his sister, so he learned how to sew. Rather than taking on a small project, Maverick Francisco Oyao made a prom dress for his sister, Lu Asey, because the family couldn't afford to buy or rent one. And what a dress it turned out to be! Wearing the dress, Ly Asey looked like a princess from a fairy tale. Her brother had learned how to sew by viewing YouTube videos. The finished project was royal blue and white, and featured large pleats and winged sleeves.

Weird items: Those who are interested in visiting a place full of peculiar items might want to know about the Noir Arts & Oddities in Kansas City, Missouri (U.S.). Owner Pamela Smith sells unusual and strange items in her "antique oddities boutique." For people who want to see medical oddities, they have antique medical prints. If customers are curious about the occult, the owner directs them to a selection of incense, tarot cards, and crystals. The shop also has a collection of unusual cross-stitch patterns, as well as books, jewelry, and natural science items.

Bagged burglar: A Welshman must have thought an Elvis Presley convention would be a good place to commit burglary. A camera caught Christopher Badman (his real name!) wandering the halls of a hotel in Porthcawl, Wales, where the convention was taking place. He had a bag over his head to disguise himself while breaking into a room. At one point, he was confronted by a guest. Then, much to the joy of the police, Badman removed the bag from his head and looked into the security camera. He was readily identifiable, and ended up being charged.

Quoteable Quotes

"The person who removes a mountain begins by carrying away small stones."
—Chinese proverb

"It isn't the great big pleasures that count the most; it's making a great deal out of the little ones."
—Jean Webster

What's Happening

Nov 20 to Jan 2-Magic of Lights Head to Castrol Raceway for a new holiday tradition! You'll embark on a 2.5 KM drive through experience from the comfort of your own vehicle. Be mesmerized as multiple holiday themes come to life with hundreds of thousands of sparkling LED lights!

Jan 16 to 17-Deep Freeze: A Byzantine Winter Adventure This two-day festival brings together diverse cultures and revels in the magic and beauty of winter. Alberta Avenue - 118 Avenue NW and 91 Street, Edmonton.

Dec 1-Dec 31-Luminaria Stroll through the candle-lit pathways of the snow-covered Kurimoto Japanese Garden. University of Alberta Botanic Gardens - 51227 Hwy 60, Parkland County.

Nov 19 to Jan 18-Mom to Mom Online Group Online group where Moms can get together to talk about successes and difficulties of being a mom and sharing stories, each week working on a different topic. Thursdays 1-2 pm. Register at jasperplace-CFC.com

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy To enter, visit www.coffee-news.ca

ADVENTURE

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.

...or send your entry by snail mail to: CN Guy Contest, 17303-107 Ave., Edmonton, AB T5S 1E5
Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. An appaloosa is a breed of cattle, horse, or sheep?
2. Which Guthrie popularized the song "Alice's Restaurant"—Woody or Arlo?
3. What does the term "per diem" mean?
4. A shuttlecock is used in what game?
5. The city of Timbuktu is located in what country?

(Flip bottom of page for answers)
© Published with Permission by Capital Marketing Ltd
(Over)

HELP STOP THE SPREAD!

- 1 Wear a mask
- 2 Keep your distance - six feet!
- 3 Wash your hands
- 4 Take your copy of Coffee News home with you

Stay safe!
A message from your friends at **Coffee News**

BrullerCorp

FIRE RESCUE SAFETY INDUSTRIAL SUPPLY
P:780-361-8275 BRULLERCORP.COM

Niosh Approved N95 Masks \$2.00 each
Winter 6 in 1 Jackets \$150.00 each

"INNOVATIVE PRODUCT PLACEMENT"

Leave a legacy

and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association - we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
the lung association
www.ab.lung.ca/you-can-help-change-future-today

RETIREMENT INCOME PLANNING

Will you outlive your retirement savings?

If you want a guaranteed retirement income for life, contact us!

amh FINANCIAL SERVICES
ANDY HUSBAND
B.Comm., CFP
780.425.4058
info@amhfinancial.ca
www.amhfinancial.ca

Stampede Smoke Shoppe

PONOKA'S SOURCE FOR ALL RELATED PRODUCTS

Fine Cigars • Humidors
Pipes & Accessories • Vaporizers
Premium E-Liquid • E-Cigs & Novelties

5010-50 St., Ponoka, AB
403.783.4565
stampedesmoke@gmail.com
www.stampedesmoke.com

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

APPLY NOW TO MEET 2019 TAX DEAD-LINES!

For Expert Help:
1.844.453.5372

Sour Gas and Odour Control Treatment

S.O.S. SOUR AND ODOUR SERVICES
1-888-909-9976
info@sourandodour.com | www.sourandodour.com

Customized Solutions to meet your specific requirements:

- Vapours emitted from sour oil and water tanks
- De-pressuring of pig senders and receivers
- Venting of liners in sour pipelines
- De-hy condensation tank vapours
- Loading and unloading tank trucks
- Vacuum truck blower discharges
- Catadyne heater fuel sweetening
- Ventilation of sewage lift-stations
- Ventilation of electrical panels

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go **virtually anywhere** — even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714



inogen
© 2020 Inogen, Inc. All rights reserved. MKT-P0108

Call today to book your appointment!

We only want to make you SMILE

Millet Denture Clinic
780.387.3311 • 5022 - 50 Street, Millet
BARB UNGER, DD • barb@milletdenture.ca

Tinnitus Therapy available using new Stylleto

Rechargeable Hearing Aids Available

Did you know all seniors and low income adults qualify for \$900-\$2400 towards hearing aids?

Call for an appointment

Unique and beautifully designed hearing aid

Signia Stylleto

EYES + EARS
OPTICAL + HEARING CO.
403.790.2020 • 4502-50 Street, Ponoka

FINANCING FOR HEARING AIDS NOW AVAILABLE

Wishes are waiting.

Help us give every eligible child the wish they need.

Donate today:
www.makeawishna.ca

Make-A-Wish
NORTHERN ALBERTA CANADA

Coffee News is proud to support Make-A-Wish Northern Alberta

MORE SELECTION THAN ANY OTHER WINDOW COVERING SOURCE!

FREE In-Home Consultation

SAVE 50%

REAL™
1 8558 GO REAL REALBLINDS.CA
REAL BLINDS SUPERSTORE

Edmonton: 10510-107 Ave. NW (main floor) 780-250-7325
Vegreville: 5006-52 Avenue 780-632-2142
Derwent: 118 Main Road 780-741-2376
Bonnyville/Cold Lake: 780-826-2239
Wainwright/Provost: 780-842-2477
Lloydminster: 780-875-1093

We make 100+ kinds of blinds
We stock 15 million feet of inventory

JEOPARDY!
WEEKNIGHTS 7:30
yesTV

PROVEN EXPERTISE

HALAS ROOFING
Dennis Halas Agencies Ltd.
NEW & RE-ROOFING

Edmonton Area: 780.893.9751 • Wetaskiwin Area: 780.312.8074
dennishalas@shaw.ca • www.halasroofing.ca

Halas provides a 50 Year Extended Warranty including a 25 Year Workmanship Warranty!

Top rated roofing materials
Family run for 25+ yrs.
Licensed, insured & WCB

Sour Gas and Odour Control Treatment

S.O.S. SOUR AND ODOUR SERVICES
1-888-909-9976
info@sourandodour.com | www.sourandodour.com

Customized Solutions to meet your specific requirements:

- Vapours emitted from sour oil and water tanks
- De-pressuring of pig senders and receivers
- Venting of liners in sour pipelines
- De-hy condensation tank vapours
- Loading and unloading tank trucks
- Vacuum truck blower discharges
- Catadyne heater fuel sweetening
- Ventilation of sewage lift-stations
- Ventilation of electrical panels

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Intense discussions with others might allow things to be blown out of proportion. A willingness to listen, learn, and heal may be a very useful tool for you. Lucky Numbers: 8, 11, 16, 22, 24, 34.

TAURUS
(April 21 - May 21)

Some new, exciting ideas may come to you via books, magazines, or on-line sources. You might want to take advantage of these opportunities to expand your mental horizons. Lucky Numbers: 1, 5, 15, 25, 30, 35.

GEMINI
(May 22 - June 21)

Personal relationships may help you openly and honestly share feelings and interests. You also might be more willing to accept comments or suggestions from others. Lucky Numbers: 14, 27, 29, 35, 41, 47.

CANCER
(June 22 - July 22)

Show your compassion by helping others who are less fortunate. Don't fall into a fantasy world and waste your time on those who don't really care about others. Lucky Numbers: 2, 22, 27, 32, 37, 42.

LEO
(July 23 - Aug. 23)

Passion in your relationships may push you to extremes. Use your time to help deepen your understanding of what you value most in people. Lucky Numbers: 6, 8, 17, 23, 30, 42.

VIRGO
(Aug. 24 - Sept. 23)

You may have the chance to combine your compassion and imagination with discipline and focus. This mix might be the stuff of which dreams are made. Lucky Numbers: 11, 16, 21, 26, 31, 36.

LIBRA
(Sept. 24 - Oct. 23)

You may make important changes now that might help others to see you differently. This also could help you to better express your inner feelings. Lucky Numbers: 3, 4, 10, 13, 33, 43.

SCORPIO
(Oct. 24 - Nov. 22)

Try to be very clear and aboveboard about your motives. Your confident appearance might enable others to follow your lead and may help you find solutions. Lucky Numbers: 6, 7, 12, 14, 18, 21.

SAGITTARIUS
(Nov. 23 - Dec. 21)

You may be sensitive to beauty and to the feelings of others. Giving generously might be easy because you strongly sympathize. Spiritual values may be more important than material ones. Lucky Numbers: 21, 27, 30, 31, 37, 40.

CAPRICORN
(Dec. 22 - Jan. 20)

Your ability to concentrate on complex ideas and to think deeply may be much better than usual. Try to take time to organize your affairs by seeking professional advice. Lucky Numbers: 9, 19, 20, 29, 39, 49.

AQUARIUS
(Jan. 21 - Feb. 19)

You may feel strong pressure. Focus on the essential tasks and try to let the rest go. This might allow you to accomplish some very arduous tasks. Lucky Numbers: 10, 12, 15, 30, 35, 47.

PISCES
(Feb. 20 - March 20)

Recent events may help you gain a better appreciation for your close friends and family. You might receive some financial assistance from a very unlikely source. Lucky Numbers: 3, 16, 18, 22, 29, 32.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 2.

Did You Know...

Two moons: Mars, known as the red planet, is the closest planet to Earth and the fourth from the Sun. It has two moons: Phobos and Deimos.

Far-flung place: Each of the world's continents has permanent populations and is made up of countries, except for Antarctica. Only scientists stay on this island at the South Pole, while tourists come to visit.

Age spots: As people age, they may notice flat spots of darker skin on their hands and other areas of the body. These age spots can be caused by sun exposure, which makes skin produce melanin, a natural pigment.

Milkweed dinner: We all love monarch butterflies! To make sure they thrive, don't cut down any milkweed plants. Better yet, plant them. The caterpillars of the monarch feed on these plants.

Bug traps: Science fiction may have us believe that carnivorous plants, such as the Venus flytrap or the tropical pitcher plant, might evolve to have a taste for humans. In reality, these plants only like bugs and the occasional small vertebrate, such as frogs.

On the Lighter Side

No matter how much a private hospital room costs, they only give you a semi-private gown.

Prosecuting attorney: "Isn't it true the defendant talks to himself when alone?"
Witness: "I couldn't say. I've never been with him when he's alone."

Why do elephants have trunks? No glove compartments.

Hospitality is making your guests feel at home, even if you wish they were.

Inflation is when you pay \$20 for the \$10 haircut you used to get for \$5 when you had hair.

Answers

Trivia answers: 1. Horse 2. Arlo 3. Each day 4. Badminton 5. Mail

200+ Delicious Meals Made for SENIORS!

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

✓ Free Delivery*
✓ No Obligations
✓ No Minimum Orders*

*Some conditions apply

Request your FREE MENU Catalogue today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS™
www.hearttohomemeals.ca

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

FROM BUMPER TO BUMPER, WE GOT YOU COVERED!

Your Premier Motorhome & Coach Service Providers

Mechanical
(Oil Change, Tune Ups, Suspension, Insurance Inspections, Diesel or Gas Engines, Generators)

- Electrical • System Upgrades
- Solar • Upholstery • Decals
- Flooring • Restorations
- Renovations • Towing Systems
- Insurance Claims
- Delamination Repair
- Water Damage • Alignments

Nyback R.V. CENTRE
Camrose, Alberta

3710-47 Avenue Camrose

780.679.5805 • www.nybackrv.com

Scrap Metal & Vehicle Removal
Farm Site Cleanup
Demolitions - Excavating
Brushing - Rolloff Bin Services

METALNECKS
SALVAGE LTD.

"Bin There, Scrap That"

780-781-0087
metalnecks@gmail.com
www.metalnecks.ca

SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling

Learn to SCUBA DIVE at our Edmonton location – call for details
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

Small Miracles Adoption
www.smallmiraclesadoption.com

Affordable-Effective-Exclusive-CALL NOW!