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Stay safe!

A message from your friends at **Coffee News®**

Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
 the lung association

www.ab.lung.ca/you-can-help-change-future-today

Did you know Gold Canyon Candles went out of business in March 2020? Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.



We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

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Quoteable Quotes

"Light tomorrow with today" —Elizabeth Barrett Browning
 "Too low they build who build beneath the stars." —Edward Young

What's Happening

Nov 20 to Jan 2-Magic of Lights Head to Castrol Raceway for a new holiday tradition! You'll embark on a 2.5 KM drive through experience from the comfort of your own vehicle. Be mesmerized as multiple holiday themes come to life with hundreds of thousands of sparkling LED lights!

Jan 16 to 17-Deep Freeze: A Byzantine Winter Adventure This two-day festival brings together diverse cultures and revels in the magic and beauty of winter. Alberta Avenue - 118 Avenue NW and 91 Street, Edmonton.

Dec 1-Dec 31-Luminaria Stroll through the candle-lit pathways of the snow-covered Kurimoto Japanese Garden. University of Alberta Botanic Gardens - 51227 Hwy 60, Parkland County.

Nov 19 to Jan 18-Mom to Mom Online Group Online group where Moms can get together to talk about successes and difficulties of being a mom and sharing stories, each week working on a different topic. Thursdays 1-2 pm. Register at jasperplace-CFC.com

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

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NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 17303-107 Ave., Edmonton, AB T5S 1E5 Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

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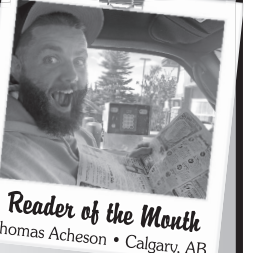


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Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
 Please put "Readers" in the subject line.

Please include:
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Trivia

1. Cocobolo, Ebony, and Mopane are all types of what product?
2. Which American poet wrote "Mending Wall"?
3. Name the person who said, "The only thing we have to fear is fear itself."
4. What is the capital of Somalia?
5. In terms of navigation, what do the letters GPS stand for?

(Flip bottom of page for answers)

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Recipe of the month

Holiday Haystack Cookies

1 cup semisweet chocolate chips
1 cup milk chocolate chips
3 cups chow mein noodles

½ cup roughly chopped almonds
½ cup shelled pistachios
2 tablespoons assorted holiday sprinkles

Level: Easy Total: 1 hr 15 mins Yield: 24 cookies
Active: 15 mins

- Heat 2 inches of water in a pot to a simmer. Add the semisweet and milk chocolate to a bowl and place over the pot of simmering water. Allow to melt, stirring occasionally, 4 to 5 minutes.
- Meanwhile, add the noodles, almonds and pistachios to a large bowl and set aside.
- When the chocolate has melted completely, pour over the noodle and nut mixture. Mix until everything is well coated in the melted chocolate.
- Using 2 spoons, drop tablespoon mounds onto 2 parchment-lined baking sheets. Sprinkle the holiday sprinkles over the top. Allow to dry completely before storing, about 1 hour.

Source: www.foodnetwork.com

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Your Weekly Horoscope

ARIES (March 21 - April 20)

Take pride in your ability to overcome current adversities. This may help you find the confidence to display your talents to friends or colleagues. Lucky Numbers: 2, 13, 24, 29, 36, 43.

TAURUS (April 21 - May 21)

Your mind may be focused on creativity in music and art. You might need to speak up and clear the air of any injustice you have been holding onto for some time. Lucky Numbers: 10, 16, 22, 39, 41, 47.

GEMINI (May 22 - June 21)

Domestic matters may take up a great deal of your time. You might be a peacemaker now, since harmony in your environment could seem more important to you than ever. Lucky Numbers: 3, 12, 14, 24, 26, 38.

CANCER (June 22 - July 22)

Cherishing people in your life who really care about you is good for your spirit. Take this feeling to the next level and support others to follow your lead. Lucky Numbers: 13, 16, 22, 26, 31, 32.

LEO (July 23 - Aug. 23)

Listen well and learn. You may be fascinated by powerful people with powerful ideas. You might be attracted to those who have high degrees of self-confidence. Lucky Numbers: 2, 6, 17, 22, 45, 49.

VIRGO (Aug. 24 - Sept. 23)

Patience may be required if you want to find answers that are locked in your past. You might need to reach deep to find the best route to attain your immediate goals. Lucky Numbers: 6, 8, 10, 12, 14, 16.

LIBRA (Sept. 24 - Oct. 23)

Your mood may be a clear indicator of optimism and enthusiasm. You might want to accept invitations and go to important social events in order to be noticed. Lucky Numbers: 4, 6, 11, 22, 33, 44.

SCORPIO (Oct. 24 - Nov. 22)

Others may feel your strong influence when you express yourself through your thoughtful and caring ways. You might feel great and be able to enjoy yourself. Lucky Numbers: 9, 15, 20, 23, 24, 43.

SAGITTARIUS (Nov. 23 - Dec. 21)

Conversations may spark your mind to find simple ways to handle your personal and business affairs. You might be more open to original concepts or new techniques. Lucky Numbers: 1, 5, 21, 25, 31, 35.

CAPRICORN (Dec. 22 - Jan. 20)

You may find it hard to deal with your workload. You might need to pay more attention to small details. Try exploring your mental depths to find additional inspiration. Lucky Numbers: 10, 16, 20, 37, 40, 43.

AQUARIUS (Jan. 21 - Feb. 19)

You may be able to see your labour of love from a different perspective. You might likely be busy with telephone calls, meetings, or some commercial transactions. Lucky Numbers: 15, 16, 32, 34, 36, 38.

PISCES (Feb. 20 - March 20)

You may be a little subjective and your mood or feelings might tend to rule your thoughts. You may be especially perceptive and sensitive to everyone around you. Lucky Numbers: 1, 2, 13, 19, 40, 43.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 1.

Did You Know...

Buckle up: Seatbelts were used in aircraft before they were used in automobiles. The idea of using them in cars was not even presented until the early 1950s. The Ford car company started offering them in 1956.

Weather forecast: A barometer is a tool that meteorologists use to measure the pressure in the atmosphere. This instrument, which is used to make short-term weather forecasts, was invented in the 1600s.

Thorny story: Colleen McCullough (1937-2015) comes from New South Wales, Australia. The author is best known for *The Thorn Birds*, which was published in 1977. It was made into a TV miniseries in 1983.

Skunky scent: No one wants to get sprayed by a skunk. If you encounter one of these small, black and white animals and it starts hissing and stomping its feet, get away from it as fast as you can!

Solar system discovery: Uranus is the seventh planet from the Sun. It was discovered, with the help of a telescope, in 1781 by German-born British astronomer William Herschel.

TRIVIA ANSWERS: 1. Wood 2. Robert Frost 3. Winston Churchill 4. Mogadishu 5. Global Positioning System

ANSWERS

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