

Amazing new mystery novel from Winnipeg-born journalist!

OMAND'S CREEK A gripping crime thriller, packed with mystery and suspense. Follow the characters around our city. Such a great read!

Available now at www.donmacdonald.ca

Hip or Knee Replacement?

The disability tax credit allows for a \$2,500 Yearly Tax Credit and \$25,000 Lump Sum Refund

Copd, arthritis, and many other disabling conditions that cause Restrictions in Walking or Dressing may qualify. GET THE FASTEST REFUND IN CANADA!



Mala Collaborate Manitoba

...offers yoga and meditation for all humans We are an intentionally curated diet culture-free environment that welcomes all in a space designed to create safety and community. collaborate with us on your journey of self-discovery and self-care

204-291-6636 • 583 St. Mary's Road (lower level) Pricing and schedules available at www.mala-collaborate-mb.com



Dakota Plaza | Unit 1-1105 St. Mary's Road | info@bio-static.com Visit our new website at www.bio-static.com







Defogging

Lifetime 9000+ Failed

The GREEN Alternative vs. Replacement!

from Landfill CALL JEFF FOR YOUR FREE ESTIMATE

204-781-6363 www.aawdefogger.com







"News To Be Enjoyed Over Coffee"

St. Vital **Edition** 204-510-6397

www.coffeenewswinnipeg.com

Vol. 15 No. 52 December 28, 2020

Everybody's Talking

Stone artist: Akie Nakata is an artist who makes her creations out of the unusual medium of small rocks or stones. As a child, Akie, as she is known, loved to draw animals and birds, and a few years ago she decided to paint them on rocks and stones. She has an uncanny ability to choose exactly the right stone for her subject, be it an owl, a puppy, a pigeon, or a kitten. She never changes the stone by chipping any of it away to suit the design. Instead, she leaves the rock as she found it. Once complete, her creatures seem alive, with the eyes looking out at the viewer.

Weather dog: During the COVID-19 pandemic, a weatherman in Tampa, Florida (U.S.), got some help with his broadcast from a furry friend. Paul Dellegatto was on camera in his home office, with the cameraman aiming the lens at him from outside his window. Suddenly, Dellegatto's golden retriever, Brody, entered the frame. In doing so, he nudged the computer, and the weather map blinked off. Dellegatto soldiered on, reading the material instead. Brody then decided to go to the window to greet the cameraman, blocking the camera's view. No matter - viewers loved the interruption!

Tile creations: A mosaic artist in the city of Chicago, Illinois (U.S.), not only makes works of art, but does a service to his city at the same time. Jim Bachor learned about the beauty and durability of mosaics after taking courses in Italy. Back home, he decided to use the tough material to beautify his neighbourhood while fixing a pothole. One thing led to another, and soon Bachor had become a street artist. He started looking for potholes and designing custom mosaics to decorate them. He uses traffic cones to protect his work while it sets.

Desert island: An island off the coast of Senegal, in northwest Africa, is home to the Viana Desert. The island is Boa Vista, which is part of Cape Verde, an archipelago of nine islands. The Viana Desert is actually an extension of the Sahara Desert, with the wind carrying sand from mainland Africa. This small desert is about 5 kilometres (3 mi.) long and has dunes, volcanic rocks, and sparse vegetation. The hiking is not difficult for adventurers, and outfitters are available to take visitors on excursions.

Quoteable Quotes

"Light tomorrow with today" Browning

—Elizabeth Barrett

"Too low they build who build beneath the stars." —Edward Young

What's Happening

Winnipeg Children's Access Agency Volunteer **Opportunity Visitation Monitor** We require 3 shifts a month to supervise visits between children and parents. Volunteers would supervise visits, intervene when necessary document visits. Located at 385 River Ave. Find out more or apply online at wcaa.ca or call 204-284-4170.

> NON profit organizations may submit events for FREE at https://coffeenewswinnipeg.com/whatshappening

Trivia

- 1. Cocobolo, Ebony, and Mopane are all types of what product?
- 2. Which American poet wrote "Mending Wall"?
- 3. Name the person who said, "The only thing we have to fear is fear
- 4. What is the capital of Somalia?
- 5. In terms of navigation, what do the letters GPS stand for?

(Flip bottom of page for answers) © Published with Permission by Winnipeg Coffee News (Over)



Medical Cannabis

Specialists Indoor Gardenina

FOCUSED ON

CLIENT CARE

Smoking & Alternative Consumption Supplies

ACMPR Consultations



This **Space for Rent** 204-510-6397





Visit us at 421 Mulvey Avenue E, Winnipeg





310 St. Anne's Road





DIGITAL OFFICE SOLUTIONS

wroom 204-237-7631 Dakota Plaza | Unit 1-1105 St. Mary's Road | info@bio-static.com

Visit our new website at www.bio-static.com

YOUR PURCHASE SUPPORTS CHARITY! **Home and Office**

CALL 204_284_1704 Use promo code "Coffeenews"



WINNIPEG BUSINESS OWNERS! Connect with other businesses and customers



If you scan this QR Code, we'll arrange to have

Coffee News

sent to your email every Friday!





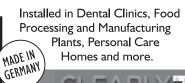
It's just that easy, and so convenient!



SmartXcan Body **Temperature Monitor**

✓ Easy to scan ✓ Simple to operate

The installed price will surprise you!







204-414-2590

Camera@ClearlyInSightIP.com | ClearlyInSightIP.com

Your Weekly Horoscope

ARIES

(March 21 - April 20)



Take pride in your ability to overcome current adversities. This may help you find the confidence to display your talents to friends or colleagues. Lucky Numbers: 2, 13,

24, 29, 36, 43, **TAURUS**

(April 21 - May 21)



Your mind may be focused on creativity in music and art. You might need to speak up and clear the air of any

injustice you have been holding onto for some time. Lucky Numbers: 10, 16, 22, 39, 41, 47.

GEMINI

(May 22 - June 21)



Domestic matters may take up a great deal of your time. You might be a peacemaker now, since harmony in your environment could seem more important to you than ever. Lucky

Numbers: 3, 12, 14, 24, 26, 38. **CANCER** (June 22 - July 22)



Cherishing people in your life who really care about you is good for your spirit. Take this feeling to the next level and support others to

follow your lead. Lucky Numbers: 13, 16, 22, 26, 31, 32, **LEO**

(July 23 - Aug. 23)



Listen well and learn. You may be fascinated by powerful people with powerful ideas. You might be attracted to those who have high

degrees of self-confidence. Lucky Numbers: 2, 6, 17, 22, 45, 49. **VIRGO**



Patience may be required if you want to find answers that are locked in your past. You might need to reach deep to find the best route to

attain your immediate goals. Lucky Numbers: 6, 8, 10, 12, 14, 16.

(Sept. 24 - Oct. 23)



Your mood may be a clear indicator of optimism and enthusiasm. You might want to accept invitations and go to important social events

in order to be noticed. Lucky Numbers: 4, 6, 11, 22, 33, 44.

SCORPIO (Oct. 24 - Nov. 22)



Others may feel your strong influence when you express yourself through your thoughtful and caring ways. You might feel great and be able to enjoy yourself. Lucky Numbers:

9, 15, 20, 23, 24, 43.

SAGITTARIUS

(Nov. 23 - Dec. 21)



Conversations may spark your mind to find simple ways to handle your personal and business affairs. You might be more open to original

concepts or new techniques. Lucky Numbers: 1, 5, 21, 25, 31, 35.

CAPRICORN

(Dec. 22 - Jan. 20)



You may find it hard to deal with your workload. You might need to pay more attention to small details. Try exploring your mental depths to

find additional inspiration. Lucky Numbers: 10, 16, 20, 37, 40, 43.

AQUARIUS

(Jan. 21 - Feb. 19)



You may be able to see your labour of love from a different perspective. You might likely be busy with telephone calls,

meetings, or some com-mercial transactions. Lucky Numbers: 15, 16, 32, 34, 36, 38.

PISCES (Feb. 20 - March 20)



You may be a little subjective and your mood or feelings might tend to rule your thoughts. You may be especially perceptive and sensitive to

everyone around you. Lucky Numbers: 1, 2, 13, 19, 40, 43.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 1.

Did You Know..

Buckle up: Seatbelts were used in aircraft before they were used in automobiles. The idea of using them in cars was not even presented until the early 1950s. The Ford car company started offering them in 1956.

Weather forecast: A barometer is a tool that meteorologists use to measure the pressure in the atmosphere. This instrument, which is used to make short-term weather forecasts, was invented in the 1600s.

Thorny story: Colleen McCullough (1937-2015) comes from New South Wales, Australia. The author is best known for The Thorn Birds, which was published in 1977. It was made into a TV miniseries in 1983.

Skunky scent: No one wants to get sprayed by a skunk. If you encounter one of these small, black and white animals and it starts hissing and stomping its feet, get away from it as

Solar system discovery: Uranus is the seventh planet from the Sun. It was discovered, with the help of a telescope, in 1781 by German-born British astronomer William

On the Lighter Side

Teacher: "What is your favourite instrument?" Student: "The school bell."

Who earns money without working a single day? The night watchman.

How many opticians does it take to change a lightbulb? Is it one or two? One... or two?

Inflation: the process that enables you to live in a more expensive neighbourhood without going to the trouble of

If you think talk is cheap, you haven't talked to a lawyer.

Auswers

Churchill 4. Mogadishu 5. Global Positioning System Trivia answers: 1. Wood 2. Robert Frost 3. Winston

For available franchise opportunities - visit coffeenewscanada.com

© Published with Permission by Winnipeg Coffee News

Get Coffee News Online! Delivered to your inbox weekly



Please visit www.coffeenewswinnipeg for details



204-887-<u>777</u>7

WWW.CHESSKINGS.CA





DELIVER

THE CAR

TO YOU!

Margaret Marshall LIFE COACH 204-221-3147 winningwithwellnesswpg@gmail.com winningwithwellnesswpg.ca

"CONNECTING THROUGH HORSES"

SAGEHILL STABLES

Horseback Riding Lessons & Birthday Parties

 Beginners welcome! • Equine Assisted Learning Life Skills Programs

~ Develop skills to combat anxiety, bullying and addiction • Conference Room and Facility Rentals 1-800-217-4184

www.sagehillstables.com

Success Rate! can also help you with: Drug & Alcohol Abuse ~ Stress/Depression Ask about our

SMARTCHOICE LASER CENTRE

Weight Management ~ And Much More...

Hip or Knee Surgery? Need Home Care Equipment? DON'T BUY – RENT!

Affordable Packages!

TRANSFER TOILET RAISED BENCHES SAFETY TOILET WHEEL \$25/ RAILS SEATS WALKER \$15/ MONTH \$15/ MONTH MONTH

ITEMS LIVING MADE EASY FOR PURCHASE **SOCK PULLER - \$15-\$20** E HEALTH CARE PRODUCTS • NEW & USED **REACHERS** - \$17-\$35

665 ARCHIBALD ST. • 231-1746 DRESSING STICKS - \$9





empowers approximately 4.4 million lives across North America delivers affordable and accessible legal service 24/7 gives high quality cost-effective service by attorneys from a dedicated law firm

with the law firm's unlimited advice, signing documents, Will prep and beyond has an Identity Theft Plan to protect your integrity helps secure a Home-Based and/or Small Business Plan

 LegalShield has been in Manitoba since 2001 "My commitment is to you as an Associate of LegalShield Ma

204-781-7472 peterj48.wearelegalshield.ca PETER J. MANASTYRSKY Independent Associate

TOTAL LEGAL AND IDENTITY THEFT PROTECTION