

FOR ALL YOUR ELECTRICAL NEEDS!
RESIDENTIAL-COMMERCIAL-INDUSTRIAL SERVICE & CONSTRUCTION

WORKING IN AIRDRIE & AREA FOR OVER 25 YRS!



IMPACT ELECTRIC (1993) LTD.
403-948-3004 #12, 25 East Lake Circle, Airdrie
impactelectric@rocketmail.com

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Airdrie Edition
888-242-9002



www.bvcoffeeneews.ca
amy@bvcoffeeneews.ca

Vol. 2021 No. 1 January 4, 2021

This Space FOR RENT
403-431-0027

If this was your ad...



it would have been seen now!

A cozy little cabin filled with a variety of treasures!

COUNTRY GARDEN CRYSTALS

- Crystals & Gems
- Gemstone Jewellery
- Sterling Silver Chains
- Himalayan Salt Lamps
- SongPods
- Tibetan & Crystal Singing Bowls
- Gemstone Lamps
- Books, Decks & CDs

Open Thursday thru Monday, 10 a.m. - 5 p.m.
(Closed Tuesday and Wednesday)

403.946.5802

We are doing our best to remain a safe and healing space. **Please call ahead to arrange a time to visit the cabin!**
Check our website calendar for up and coming workshops and events. We are located west of Crossfield - see website for directions: www.countrygardencrystals.ca.

Angel Card Readings available with Charlene Money, AGP/AAEP
Please call the shop for more details!



FREE SCRAP CAR REMOVAL

DJ'S TOWING

MENTION THIS AD AND RECEIVE UP TO \$200 FOR YOUR SCRAP VEHICLE
CALL 403-922-2412

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for


\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

APPLY NOW TO MEET 2019 TAX DEAD-LINES!

For Expert Help:
1.844.453.5372



Recipe of the month



S'mores Bars

3 tbsp. butter, plus more for pan
1 package mini marshmallows

7 c. Golden Grahams cereal
3 Hershey's milk chocolate bars, broken into pieces

Prep: 10 m Total Time: 45 m Yield: 20

- Grease a 9"-x-13" pan with butter. In a large pot over medium-low heat, melt 3 tablespoons butter. Add all but 1 cup of mini marshmallows and stir until melted and smooth.
- Turn the heat off and quickly stir in Golden Grahams until evenly coated. Press into pan and top with chocolate pieces and remaining cup mini marshmallows.
- Heat broiler, and cook until marshmallows are toasted, about 2 minutes. Let set at least 30 minutes, then slice and serve.

Source: www.delish.com

Best Buds Outlet

Premium Canadian Cannabis

BOTH AIRDRIE LOCATIONS NOW OPEN DAILY, 10 am-10 pm

#100, 124-1 Ave. NE
403-980-1080

4A, 1861 Meadowbrook Dr. SE
403-980-1046

@Best_Buds_Outlet
bestbudoutlet.ca

Everybody's Talking

Lost in the maze: Those who don't mind getting lost might want to visit the rare Elizabethan hedge maze in the VanDusen Garden in the city of Vancouver, British Columbia, on Canada's west coast. Planted in the fall of 1981, the maze is made of over 3,000 pyramidal cedars, which have been growing ever since. Some people come to test their sense of direction as they walk through its cool passageways, while others enjoy finding a quiet spot to contemplate life. Those who are afraid of getting lost can view the maze from an observation terrace and watch others try to find their way out!

Sandy art: Visitors to a beach in Basque Country in Spain could be forgiven if they ran away in fear because they saw a big bull sitting in the sand. However, what they saw wasn't a real bull. It was a sculpture created by sand artist Andoni Bastarrika. For a decade, the artist has been making sand sculptures mainly to entertain people, but images of this life-size bull went viral on social media and made him famous. Bastarrika uses his hands to get the shape of his subject, and then moves to brushes, sticks, and toothpicks to sculpt the fine details. In addition to creating his own art, he also teaches sand sculpting workshops.

Stay home! The originator of Batman probably never envisioned the caped crusader as a virus fighter. However, that was the case in the Mexican city of Monterrey, Nuevo León, during the early days of the COVID-19 pandemic. A man dressed up in a real Batman suit drove around the city in a Batmobile, taking it upon himself to tell people to stay at home. He blasted a recorded message from the vehicle asking people to keep their distance from each other. The vigilante apparently was Candelario Maldonado, a Batman impersonator known in the city.

Cat sense: Dogs tend to get all the recognition for being heroes in times of trouble, but a cat in Portugal Cove-St. Philip's, Newfoundland (Canada), deserves some credit for being a "watch cat." The black and white feline, called Joey, is owned by Scott White. Just after midnight, White had put some food in the slow cooker, expecting it to be ready in the morning. However, he woke up a few hours later to find Joey pacing around the bed and whacking him with a paw. Turns out the slow cooker had caught fire. Without Joey, the house might have burned down.

Quoteable Quotes

"But how cool, how quiet is true courage!" —Fanny Burney

"In youth we learn, in age we understand." —Marie von Ebner-Eschenbach

What's Happening

GET IN WHAT'S HAPPENING - Submit your event to www.bvcoffeeneews.ca and be seen here by thousands of readers each week.



Please take me home!

Coffee News® wants all of our readers to stay safe, so please take this copy with you.

Trivia

1. What is a sabbatical?
2. Often used in meal preparation, what are capers?
3. Which gland in the human body generates tears?
4. What musical instrument did Ravi Shankar champion worldwide?
5. The longest river in Europe is the Danube, the Rhine, or the Volga?

(Flip bottom of page for answers)

© Published with Permission by Mad Mama Marketing
(Over)

Support **Coffee News!**

The paper you have grown to love can't do it without readers like you...

Visit our advertisers
Browse our website
Like us on Facebook

Coffee News®
"News to Enjoy Over Coffee"

DO THE MATH!

If you advertise in a monthly publication, your ad is seen 12 times a year.
If you advertise in a bimonthly publication, your ad is seen 6 times a year.
If you advertise in **Coffee News®**, your ad is seen **52 times a year!**

It takes the average person 8 - 10 times to see a message and retain it.
So, where would you want YOUR ad to be?

Coffee News® = Repetition

THE BEST IN Vein Treatment SERVICES

Tired of ugly veins? We offer sclerotherapy to remove unsightly spider, reticular and varicose veins. And best of all - no downtime!

Call now: 403-980-2662

SILVERFERN
AESTHETICS AND VEIN MEDISPA
LOCATED AT ANNA'S SPA AND WELLNESS, AIRDRIE
SILVERFERNMEDISPA.COM

FRIENDLY PROFESSIONAL STAFF

"Everyone will notice... but no one will know."

Assist In Our Recovery!

SHOP LOCAL

USE LOCAL CONTRACTORS

...and tell them you saw them in **Coffee News®!**

CONFUSED
worried
angry

NOT SURE WHERE TO FIND HELP?
WE CAN POINT YOU IN THE RIGHT DIRECTION

SCARED
ALONE
UNCERTAIN
worried
SAD
hurt

403.943.1500
1.844.943.1500 (toll free)

ADDITION AND MENTAL HEALTH
Information & Referral
Calgary Zone

Alberta Health Services
Access Mental Health

Not all Superheros wear capes.

Coffee News®
Cheering you every step of the way!

THANK YOU ESSENTIAL WORKERS!

Flat Rate Residential and Commercial CLEANING

Wash and Fold Laundry Service for Residential and Commercial Customers

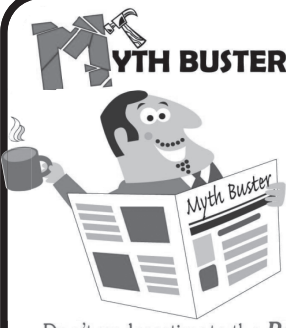
Locally Owned and Operated

Licensed, Bonded and Insured

RRIS LTD CLEANING

CALL/TEXT 403.852.6308
RRISLtd@gmail.com

MYTH BUSTER... "PRINT IS DEAD"



FACT: 90% of adults in USA & Canada read magazines and newspapers.

Don't underestimate the Power of Print.

CMF Trends Report, 2019; ChoosePrint.org Study; MarketingSherpa & NECLabs Institute

Coffee News

THE BEST IN Botox/Filler SERVICES

Reclaim your youthful looks! Botox and Fillers are an incredible way to combat wrinkles and reduce worry lines in the forehead, between the eyebrows, and smile and laugh lines.

Call now: **403-980-2662**

SILVERFERN AESTHETICS AND VEIN MEDISPA
LOCATED AT ANNA'S SPA AND WELLNESS, AIRDRIE
SILVERFERNMEDISPA.COM

"Everyone will notice... but no one will know."

FRIENDLY PROFESSIONAL STAFF

Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.



Toes On The Go Footcare

Call today for more information: **403-620-7851**
marion@toesonthego.care • toesonthego.care

BLUE BLOODS

MON - THURS 9:00

yesTV



FOR ALL YOUR ELECTRICAL NEEDS!

RESIDENTIAL-COMMERCIAL-INDUSTRIAL SERVICE & CONSTRUCTION

WORKING IN AIRDRIE & AREA FOR OVER 25 YRS!

IMPACT ELECTRIC (1993) LTD.
403-948-3004

#12, 25 East Lake Circle, Airdrie
impactelectric@rocketmail.com




From Port Alberni, B.C. to St. John's, Newfoundland

Served in **1579** restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News is Canada's choice for positive news from around the world!



James Abercrombie Mobile Welding and Repair

Serving the Calgary - Red Deer corridor and surrounding areas

587-334-7668
jamesabercrombie@live.ca

QUALIFIED WELDER



Please recycle your copy of

Coffee News

Pass it on to a friend... or return it to the rack for someone else to enjoy!



Your Weekly Horoscope

ARIES (March 21 - April 20)

This may be a good time for buying, selling, negotiating, and communications of all kinds. Your long, hard work could provide you with the perfect tools to find a happy medium. Lucky Numbers: 8, 10, 18, 19, 48, 49.

TAURUS (April 21 - May 21)

Try not to allow an irritating delay involving contracts or business deals to wear you down. Your colleagues might declare that you are proving to be the perfect negotiator. Lucky Numbers: 2, 5, 22, 24, 30, 43.

GEMINI (May 22 - June 21)

Accept all invitations to attend social and family events. You may need to get out and meet people. You might be surprised to find so many mutually valuable interactions. Lucky Numbers: 10, 11, 14, 17, 20, 46.

CANCER (June 22 - July 22)

Pleasurable interactions with your family and friends may certainly help strengthen your bonds of trust. Return the favour by buying your loved ones some thoughtful gifts. Lucky Numbers: 1, 4, 11, 24, 31, 44.

LEO (July 23 - Aug. 23)

People from different places may sing your praises. Be humble, but enjoy the limelight. This might be the time for you to start to feel more confident in your workplace. Lucky Numbers: 6, 12, 16, 26, 42, 43.

VIRGO (Aug. 24 - Sept. 23)

Proper research might give you the answers you need. Your interest in a new communications application may provide you with a perfect fit for an existing dilemma. Lucky Numbers: 3, 5, 7, 19, 33, 39.

Lucky numbers this week: This week's odds favor Aries winners with the luckiest number being 8.

Did You Know...

Dairy problem: Some people are lactose intolerant, meaning that they have trouble digesting lactose in dairy products. These folks don't produce enough lactase, an enzyme that breaks down ingested lactose.

Arty place: The Banff Centre for the Arts is located near the picturesque mountain town of Banff in Alberta, Canada. Students can take part in studies in many disciplines, such as music, writing, dance, and the visual arts.

Island nation: The Philippines is a Pacific Ocean archipelago consisting of more than 7,000 islands. The capital of Manila is on the largest island, Luzon, in the northern part of the country.

Feather hue: When we think of flamingos, we think of pink flamingos. However, the colour of their feathers may range from pink to red to purple, and is a result of what they eat.

Far away: When people are farsighted, they can clearly see things in the distance, but if they try to read a book, it's blurry. This condition, known as hyperopia, is usually easily corrected with glasses or contact lenses.

On the Lighter Side

What question can never be answered with a "yes"? "Are you asleep?"

Optimist: "The glass is half full."
Pessimist: "The glass is half empty."
Parent: "Why didn't you use a coaster!"

It's so cold outside that I saw a politician with his hands in his own pockets.

Advertisement: "I Love You Only" Valentine cards. Now available in multipacks.

What did the green grape say to the purple grape? "Oh no! Breathe! Breathe!!"

Answers

Trivia answers: 1. An extended leave 2. Pickled flower buds 3. Lactinial gland 4. The star 5. Volga

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Mad Mama Marketing

Prevention is the best CURE...

- Wash hands frequently
- Maintain social distancing
- Cough into your elbow
- Seek medical attention early
- Limit travel; stay home if sick
- Avoid touching eyes, nose and mouth

Help stop the spread of Covid-19 
who.int/emergencies/diseases/novel-coronavirus-2019 **Coffee News**

Flat Rate Residential and Commercial CLEANING

RRIS LTD CLEANING

CALL/TEXT **403.852.6308**
RRISLTD@gmail.com

- ✓ Wash and Fold Laundry Service for Residential and Commercial Customers
- ✓ Locally Owned and Operated
- ✓ Licensed, Bonded and Insured



Recipe of the month

Cream Cheese Penguins


18 jumbo black olives, pitted
1 (8 oz.) package cream cheese, softened

18 small black olives
1 carrot

Prep: 30 mins. Total: 35 mins Yield: 18 penguins

- 1 Cut a slit from top to bottom, lengthwise, into the side of each jumbo olive. Carefully insert about 1 teaspoon of cream cheese into each olive. Slice the carrot into eighteen 1/4 inch thick rounds; cut a small notch out of each carrot slice to form feet. Save the cut out piece and press into centre of small olive to form the beak. If necessary cut a small slit into each olive before inserting the beak.
- 2 Set a big olive, large hole side down, onto a carrot slice. Then, set a small olive onto the large olive, adjusting so that the beak, cream cheese chest and notch in the carrot slice line up. Secure with a toothpick.
- 3 Add scarves and hats by using fresh red pepper strips, or canned pimentos cut into different shapes.

Source: www.allrecipes.com



Highly Visible

The paper's colour was chosen especially for its soothing and relaxing effect and makes readers reach out for **Coffee News**... week after week!

In addition, your ad is rotated every week to a new position in the paper... This gives a fresh look to your ad and garners more attention with repeated viewings! And, if you wish to change your ad, it's FREE! (Limit one change per month.)



Donate a Car to the Charity of Your Choice

DONATE A CAR CANADA 1-877-250-4904
www.donatecar.ca



Feeling a little stressed?

Relax with... **Coffee News**



COLD SHOT
A DIVISION OF BALMARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

