



Quoteable Quotes

morning. However, he woke up a few hours later to find Joey

pacing around the bed and whacking him with a paw. Turns

out the slow cooker had caught fire. Without Joey, the house

"But how cool, how quiet is true courage!" — Fanny Burney "In youth we learn, in age we understand." —Marie von Ebner-Eschenbach

What's Happening

Nov 20 to Jan 2-Magic of Lights Head to Castrol Raceway for a new holiday tradition! You'll embark on a 2.5 KM drive through experience from the comfort of your own vehicle.

and be a part of tomorrow's future, today If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network. You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to BREATHE satisfy your estate planning objectives. the lung association www.ab.lung.ca/you-can-help-change-future-today This Space for Rent. 877-553-6397 Better Than Friends OVE SHOP 5824-51 Street, Grimshaw f Better Than Friends Come into the store! Hours are Mon-Sat, 12-10 p.m. and Sunday, 12-6 p.m. Shop online at **betterthanfriends.ca** We will do your cleaning the **RIGHTWAY!** DEALERSHIPS OFFICES STORES WAREHOUSES INDUSTRIAL SHOPS SCHOOLS FAMILY OWNED AND OPERATED STEAM CLEANING APARTMENTS RIGHTWAY JANITORIAL 780-618-9755 · alana.dubeau@gmail.com We Care About Your Smile! Upper/lower dentures Implant supported denturesPartial dentures (flexible or metal) Soft denture linings for sore gumsNatural tooth whitening kits available Night guards/splints Call today to inquire about Denture & Implant achieving suction on your lower denture with the new SEMCD Lower tage Suction Technique REPAIRS WITHIN 780-624-4573 9803 - 98 Avenue, Peace River Wheelchair friendly •APARTMENT HOMES Call or text today! 780.851.3730 Ranchlands.wah@aptleasing.info

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Over 1

might have burned down.

www.coffee-news.ca NEW FEATURE!

Trivia

1. What is a sabbatical?

2. Often used in meal preparation, what are capers?

* Prize Package

3. Which gland in the human body generates tears?

- 4. What musical instrument did Ravi Shankar champion worldwide?
- 5. The longest river in Europe is the Danube, the Rhine, or the Volga?

(Flip bottom of page for answers)

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Note include: Nour name ⁽²⁾ Your phone number of ⁽³⁾ Your address that we can send you some **cool prizes** your photo is chosen to appear in the second

Reader of the Month Thomas Acheson • Calgary, AB

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Your Weekly Horoscope ARIES LIBRA

(Sept. 24 - Oct. 23)

(Oct. 24 - Nov. 22)

SCORPIO

20, 44, 46, 47.

SAGITTARIUS

CAPRICORN

AQUARIUS

PISCES

28, 31, 41, 47,

(Dec. 22 - Jan. 20)

(Jan. 21 - Feb. 19)

(Nov. 23 - Dec. 21)

You may have a desire

to connect with others

in intense emotional

exchanges. The urge to

demonstrate your cre-

ativity and your ability to

There may be good

potential for entertaining

and accepting invitations

to celebrate with others.

Social networking can

help promote some new

Friends may vie for your

attention. Contracts, nego-

tiations, and business

dealings of all kinds might

be favoured. You could

make some big strides and

Your motivations may

become more elevated and idealistic. You might be sensitive to the value

of your contribution to

society, rather than focus-

Effectively communicate

your ideas to someone

who doesn't seem to

understand you. You may

be able to share your

spiritual concerns with

Constructive connections

may be completed. You

might want to call some-

one you love to cheer

produce results might be strong. Lucky Numbers: 9, 12, 13, 28, 38, 40.

endeavours. Lucky Numbers: 16, 18.

perhaps important discoveries. Lucky Numbers: 20, 23, 28, 37, 46, 49.

ing on your personal rewards. Lucky Numbers: 2, 11, 28, 44, 45, 49.

others in a very satisfying way. Lucky Numbers: 19, 23, 27, 41, 48, 49.

them up. You may be feeling friendlier towards newcomers. Lucky Numbers: 2, 18,

(Feb. 20 - March 20)

(March 21 - April 20)

This may be a good time for buying, selling, negotiating, and communications of all kinds. Your long, hard work could provide you with the

perfect tools to find a happy medium. Lucky Numbers: 8, 10, 18, 19, 48, 49. **TAURUS**

(April 21 - May 21)

Try not to allow an irritating delay involving contracts or business deals to wear you down. Your colleagues might

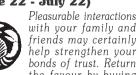
declare that you are proving to be the perfect negotiator. Lucky Numbers: 2, 5, 22, 24, 30, 43. **GEMINI**

(May 22 - June 21)

Accept all invitations to attend social and family events. You may need to get out and meet people. You might be surprised to find so many mutually

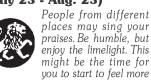
valuable interactions. Lucky Numbers: 10, 11, 14, 17, 20, 46. CANCER

(June 22 - July 22)



the favour by buying vour loved ones some thoughtful gifts. Lucky Numbers: 1, 4, 11, 24, 31, 44.

LEO (July 23 - Aug. 23)



confident in your workplace. Lucky Numbers: 6, 12, 16, 26, 42, 43. VIRGO

(Aug. 24 - Sept. 23)

Proper research might give you the answers you need. Your interest in a new communications application may provide you with a perfect fit for an existing dilemma. Lucky Numbers:

3, 5, 7, 19, 33, 39.

winners with the luckiest number being 8.

Did You Know...

Dairy problem: Some people are lactose intolerant, meaning that they have trouble digesting lactose in dairy products. These folks don't produce enough lactase, an enzyme that breaks down ingested lactose.

Arty place: The Banff Centre for the Arts is located near the picturesque mountain town of Banff in Alberta, Canada. Students can take part in studies in many disciplines, such as music, writing, dance, and the visual arts.

Island nation: The Philippines is a Pacific Ocean archipelago consisting of more than 7,000 islands. The capital of Manila is on the largest island, Luzon, in the northern part of the country. Feather hue: When we think of flamingos, we think of pink flamingos. However, the colour of their feathers may range from pink to red to purple, and is a result of what they eat.

Far away: When people are farsighted, they can clearly see things in the distance, but if they try to read a book, it's blurry. This condition, known as hyperopia, is usually easily corrected with glasses or contact lenses.



Other medical conditions causing TROUBLE WALKING or DRESSING? The Disability Tax Credit allows for \$3,000 YEARLY TAX CREDIT and \$30,000 LUMP SUM REFUND For Expert Help: BBB 1.844.453.5372 **DC** of the month Holiday Haystack Cookies 1/2 cup roughly chopped . cup semisweet almonds 2 cup rods..., 2 almonds 2 cup shelled pistachios 2 tablespoons assorted holiday sprinkles chocolate chips 1 cup milk chocolate chips 3 cups chow mein noodles Level: Easy Total: 1 hr 15 mins Yield: 24 cookies Active: 15 mins $\ensuremath{\textbf{0}}$ Heat 2 inches of water in a pot to a simmer. Add the semisweet and milk chocolate to a bowl and place over the pot of simmering water. Allow to melt, stirring occasionally, 4 to 5 minutes.Meanwhile, add the noodles, almonds and pistachios to large bowl and set aside. When the chocolate has melted completely, pour over the noodle and nut mixture. Mix until everything is well coated in the melted chocolate. Using 2 spoons, drop tablespoon mounds of 2 parchment-lined baking sheets. Sprinkle the holiday sprinkles over the top. Allow to dry completely before storing, about 1 hour vww.foodnetwork.com



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Lucky numbers this week: This week's odds favor Aries



On the Lighter Side

What question can never be answered with a "yes"? "Are you asleep?

Optimist: "The glass is half full." Pessimist: "The glass is half empty." Parent: "Why didn't you use a coaster!"

It's so cold outside that I saw a politician with his hands in his own pockets.

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What did the green grape say to the purple grape? "Oh no! Breathe! Breathe!!'

Answers

3. Lacrimal gland 4. The sitar 5. Volga Trivia answers: 1. An extended leave 2. Pickled flower buds

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