

**Can't get to your Coffee News® each week?**

**Check out our PDF editions online!**  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**FREE!** *New Issue Every Week!*

# Coffee News®

"News To Be Enjoyed Over Coffee"

**Northeast Calgary Edition**  
**587-392-8086**

www.coffee-news.ca Est. 1988

## THIS SPACE FOR RENT

# 587-392-8086

Did you know Gold Canyon Candles went out of business in March 2020? Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.

**PSC Prairie Scented Candles**  
Sunset Scents a Ray of Fragrance

We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

## Recipe of the month

### Holiday Haystack Cookies

1 cup semisweet chocolate chips      ½ cup roughly chopped almonds  
1 cup milk chocolate chips      ½ cup shelled pistachios  
3 cups chow mein noodles      2 tablespoons assorted holiday sprinkles

Level: Easy    Total: 1 hr 15 mins    Yield: 24 cookies  
Active: 15 mins

- Heat 2 inches of water in a pot to a simmer. Add the semisweet and milk chocolate to a bowl and place over the pot of simmering water. Allow to melt, stirring occasionally, 4 to 5 minutes.
- Meanwhile, add the almonds and pistachios to a large bowl and set aside.
- When the chocolate has melted completely, pour over the noodle and nut mixture. Mix until everything is well coated in the melted chocolate.
- Using 2 spoons, drop tablespoon mounds onto 2 parchment-lined baking sheets. Sprinkle the holiday sprinkles over the top. Allow to dry completely before storing, about 1 hour.

Source: [www.foodnetwork.com](http://www.foodnetwork.com)

Vol. 11 No. 1 January 4, 2021

## Everybody's Talking

**Lost in the maze:** Those who don't mind getting lost might want to visit the rare Elizabethan hedge maze in the VanDusen Garden in the city of Vancouver, British Columbia, on Canada's west coast. Planted in the fall of 1981, the maze is made of over 3,000 pyramidal cedars, which have been growing ever since. Some people come to test their sense of direction as they walk through its cool passageways, while others enjoy finding a quiet spot to contemplate life. Those who are afraid of getting lost can view the maze from an observation terrace and watch others try to find their way out!

**Sandy art:** Visitors to a beach in Basque Country in Spain could be forgiven if they ran away in fear because they saw a big bull sitting in the sand. However, what they saw wasn't a real bull. It was a sculpture created by sand artist Andoni Bastarrika. For a decade, the artist has been making sand sculptures mainly to entertain people, but images of this life-size bull went viral on social media and made him famous. Bastarrika uses his hands to get the shape of his subject, and then moves to brushes, sticks, and toothpicks to sculpt the fine details. In addition to creating his own art, he also teaches sand sculpting workshops.

**Stay home!** The originator of Batman probably never envisioned the caped crusader as a virus fighter. However, that was the case in the Mexican city of Monterrey, Nuevo León, during the early days of the COVID-19 pandemic. A man dressed up in a real Batman suit drove around the city in a Batmobile, taking it upon himself to tell people to stay at home. He blasted a recorded message from the vehicle asking people to keep their distance from each other. The vigilante apparently was Candelario Maldonado, a Batman impersonator known in the city.

**Cat sense:** Dogs tend to get all the recognition for being heroes in times of trouble, but a cat in Portugal Cove-St. Philip's, Newfoundland (Canada), deserves some credit for being a "watch cat." The black and white feline, called Joey, is owned by Scott White. Just after midnight, White had put some food in the slow cooker, expecting it to be ready in the morning. However, he woke up a few hours later to find Joey pacing around the bed and whacking him with a paw. Turns out the slow cooker had caught fire. Without Joey, the house might have burned down.

## Quoteable Quotes

"But how cool, how quiet is true courage!" —Fanny Burney  
"In youth we learn, in age we understand." —Marie von Ebner-Eschenbach

## What's Happening

**Nov 20 to Jan 3-Calgary Zoo-lights Event.** Its a magical experience complete with family-friendly activities like skating, fire pits, axe throwing and more. This year, prepurchased tickets are required to ensure staggered entry times for physical distancing. 403-232-9300. calgaryzoo.com

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

**\$400\* Prize Package**  
Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

**Skipthebongshop**

OPEN 7 DAYS A WEEK 10a - 10p

Calgary & Area 2HR DELIVERY

We Ship Canada Wide

SAVE 15% USING CODE: COFFEE15

Enjoy quiet relaxation of **COUNTRY LIVING** only minutes from the city

**Prince of Peace** MANOR AND HARBOUR

INSPIRED SENIOR LIVING WITH *Blue*

ASK ABOUT OUR MOVE-IN INCENTIVES \*CONDITIONS APPLY

403-285-5080 | 255430 LUTHER ROSE BLVD NE, CALGARY | [www.seniorliving.ca](http://www.seniorliving.ca)

**We Keep Good Company**

Improving the quality of life for seniors and those with disabilities through accompaniment and companionship, including transportation services

**Driving Miss Daisy Seniors' Services**  
Accompanying you to a fuller life

1.877.613.2479  
[www.drivingmissdaisy.ca](http://www.drivingmissdaisy.ca)

Hey, Calgary!

**FRESH SLICES FOR \$2.39**

**FRESHSLICE PIZZA**

Two Calgary locations, in DT EastVillage and CrossIron Mills

[FRESHSLICE.COM](http://FRESHSLICE.COM)

**FREE SCRAP CAR REMOVAL**

**DJ'S TOWING**

MENTION THIS AD AND RECEIVE UP TO \$300 FOR YOUR SCRAP VEHICLE

CALL 403-922-2412

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere — even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

Call Inogen Today To Request Your FREE Info Kit  
1-888-998-6714

[inogen](http://www.inogen.com)

**BEST RATES**

Your partner in **success**

Bookkeeping  
Accounting Services  
Taxes | CRA Inquiries

**M&N Accounting Services**

403-618-9984

## Trivia

1. What is a sabbatical?
2. Often used in meal preparation, what are capers?
3. Which gland in the human body generates tears?
4. What musical instrument did Ravi Shankar champion worldwide?
5. The longest river in Europe is the Danube, the Rhine, or the Volga?

(Flip bottom of page for answers)

**ALBERTA HEARING CENTER**  
Mark Ganden B.Sc., BC-HIS

Please call for an appointment  
**403.668.7776**

Oasis Medical Centre Chestermere  
#201, 175 Chestermere Station Way

East Hills Oasis Medical Centre  
#531, 409 East Hills Blvd SE, Calgary

Hearing Tests (ages 4 to adult)  
Hearing Aids  
Batteries  
Ear Plugs  
AADL, WCB, DVA & "Private"

Support **Coffee News!**

The paper you have grown to love can't do it without readers like you...

Visit our advertisers  
Browse our website  
Like us on Facebook

**Coffee News®**  
"News to Enjoy Over Coffee"

Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today.  
[TheSeed.ca/donate](http://TheSeed.ca/donate)

THE MUSTARD SEED

Love Coffee News?®

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

Please include:  
① Your name ② Your phone number and ③ Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

**Reader of the Month**  
Thomas Acheson • Calgary, AB

**Coffee News®** Fun Reading. Serious Advertising.

## HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?  
The Disability Tax Credit allows for

**\$3,000 YEARLY TAX CREDIT**  
and **\$30,000 LUMP SUM REFUND**

**APPLY NOW TO MEET 2019 TAX DEAD-LINES!**

**For Expert Help:**  
**1.844.453.5372**



## HELP STOP THE SPREAD!



Wear a mask    Keep your distance – six feet!  
Wash your hands    Take your copy of **Coffee News** home with you

**Stay safe!**  
A message from your friends at **Coffee News**


## SkipTheBongShop

OPEN 7 DAYS A WEEK 10a - 10p

Calgary & Area 2HR DELIVERY

We Ship Canada Wide

SAVE 15% USING CODE: COFFEE15



## DHILLON LAW OFFICE


Kirin Dhillon, Barrister & Solicitor

- Family Law
- Criminal Law
- Real Estate
- Immigration Law
- Wills and Estates

**403.815.9944**  
104-200 Country Hills Landing NW • kirin@dhillonlawoffice.com

## Pregnant? Facing Difficult Decisions?

We can help.  
Call **780.421.1177** or text **587.596.5380**



- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

**Small Miracles Adoption**  
[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

## COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

### PASSENGER & PARCEL SERVICES

SHIP BY BUS    GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

## APARTMENTS FOR RENT

### Cedar Ridge

It's easy to imagine Calgary city life at Cedar Ridge Apartments! These spacious living spaces nestled in nature along the Bow River allow you to get lost in mountain and river views. Enjoy all of downtown Calgary's offerings or take pause in one of the neighbourhood's many green spaces.


1 bdrm from \$1,025/month\* | 2 bdrm from \$1,095/month\* | 3 bdrm from \$1,345/month\*

Call **403.279.8681** or visit [www.caprent.com](http://www.caprent.com)

\*Price subject to availability and change

# Your Weekly Horoscope

### ARIES (March 21 - April 20)



This may be a good time for buying, selling, negotiating, and communications of all kinds. Your long, hard work could provide you with the perfect tools to find a happy medium. Lucky Numbers: 8, 10, 18, 19, 48, 49.

### TAURUS (April 21 - May 21)




Try not to allow an irritating delay involving contracts or business deals to wear you down. Your colleagues might declare that you are proving to be the perfect negotiator. Lucky Numbers: 2, 5, 22, 24, 30, 43.

### GEMINI (May 22 - June 21)



Accept all invitations to attend social and family events. You may need to get out and meet people. You might be surprised to find so many mutually valuable interactions. Lucky Numbers: 10, 11, 14, 17, 20, 46.

### CANCER (June 22 - July 22)




Pleasurable interactions with your family and friends may certainly help strengthen your bonds of trust. Return the favour by buying your loved ones some thoughtful gifts. Lucky Numbers: 1, 4, 11, 24, 31, 44.

### LEO (July 23 - Aug. 23)



People from different places may sing your praises. Be humble, but enjoy the limelight. This might be the time for you to start to feel more confident in your workplace. Lucky Numbers: 6, 12, 16, 26, 42, 43.


### VIRGO (Aug. 24 - Sept. 23)



Proper research might give you the answers you need. Your interest in a new communications application may provide you with a perfect fit for an existing dilemma. Lucky Numbers: 3, 5, 7, 19, 33, 39.

Lucky numbers this week: This week's odds favor Aries winners with the luckiest number being 8.

### LIBRA (Sept. 24 - Oct. 23)




You may have a desire to connect with others in intense emotional exchanges. The urge to demonstrate your creativity and your ability to produce results might be strong. Lucky Numbers: 9, 12, 13, 28, 38, 40.

### SCORPIO (Oct. 24 - Nov. 22)




There may be good potential for entertaining and accepting invitations to celebrate with others. Social networking can help promote some new endeavours. Lucky Numbers: 16, 18, 20, 44, 46, 47.

### SAGITTARIUS (Nov. 23 - Dec. 21)




Friends may vie for your attention. Contracts, negotiations, and business dealings of all kinds might be favoured. You could make some big strides and perhaps important discoveries. Lucky Numbers: 20, 23, 28, 37, 46, 49.

### CAPRICORN (Dec. 22 - Jan. 20)




Your motivations may become more elevated and idealistic. You might be sensitive to the value of your contribution to society, rather than focusing on your personal rewards. Lucky Numbers: 2, 11, 28, 44, 45, 49.

### AQUARIUS (Jan. 21 - Feb. 19)



Effectively communicate your ideas to someone who doesn't seem to understand you. You may be able to share your spiritual concerns with others in a very satisfying way. Lucky Numbers: 19, 23, 27, 41, 48, 49.

### PISCES (Feb. 20 - March 20)



Constructive connections may be completed. You might want to call someone you love to cheer them up. You may be feeling friendlier towards newcomers. Lucky Numbers: 2, 18, 28, 31, 41, 47.

## Did You Know...

**Dairy problem:** Some people are lactose intolerant, meaning that they have trouble digesting lactose in dairy products. These folks don't produce enough lactase, an enzyme that breaks down ingested lactose.

**Arty place:** The Banff Centre for the Arts is located near the picturesque mountain town of Banff in Alberta, Canada. Students can take part in studies in many disciplines, such as music, writing, dance, and the visual arts.

**Island nation:** The Philippines is a Pacific Ocean archipelago consisting of more than 7,000 islands. The capital of Manila is on the largest island, Luzon, in the northern part of the country.

**Feather hue:** When we think of flamingos, we think of pink flamingos. However, the colour of their feathers may range from pink to red to purple, and is a result of what they eat.

**Far away:** When people are farsighted, they can clearly see things in the distance, but if they try to read a book, it's blurry. This condition, known as hyperopia, is usually easily corrected with glasses or contact lenses.

## On the Lighter Side

What question can never be answered with a "yes"? "Are you asleep?"

Optimist: "The glass is half full."  
Pessimist: "The glass is half empty."  
Parent: "Why didn't you use a coaster!"

It's so cold outside that I saw a politician with his hands in his own pockets.

Advertisement: "I Love You Only" Valentine cards. Now available in multipacks.

What did the green grape say to the purple grape? "Oh no! Breathe! Breathe!!"


### Answers

3. Lactinial gland 4. The star 5. Volga  
**Trivia answers:** 1. An extended leave 2. Pickled flower buds

For available franchise opportunities – visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Calgary Coffee News

## HELPING HOMEOWNERS START OR FINISH THEIR HOME PROJECTS

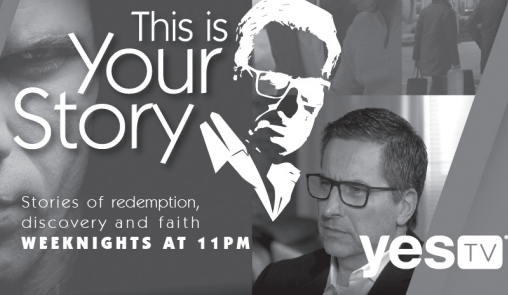
### CALGARY HANDYMAN SERVICES



DRYWALL	INSTALLATION
PAINTING	BATHROOM RENOS
PLUMBING	FLOORING
ELECTRICAL	...AND MORE!

CALL/TEXT TODAY: **403.852.7505**  
[calgaryhandymanservices@telus.net](mailto:calgaryhandymanservices@telus.net)

## This is Your Story



Stories of redemption, discovery and faith  
WEEKNIGHTS AT 11PM  
yesTV

## Winter's On The Way...

Time to take care of your furnace and hot water tanks!

- Furnace Repair • Duct Cleaning
- Air Conditioning • Hot Water Tanks
- Air Filtration • Humidifiers

WE offer INSTALLATION and SERVICE  
Call for your appointment: **403-764-3104**  
[www.hogghomeservices.ca](http://www.hogghomeservices.ca)    [www.ecotechcalgary.com](http://www.ecotechcalgary.com)  
Local Alberta companies helping Albertans

## SHOP ONLINE!

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)


- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Scuba Diving & Snorkeling  
11781-156 St., Edmonton    780.483.0044

Learn to SCUBA DIVE at our Edmonton location – call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

## Have You Had A Stroke?



For support and education:

- Stroke Recovery Association of Calgary (SRAC)
- Calgary Aphasia Centre (CAC)
- Young Survivors Group (YSS)

Phone **403.827.7520**  
[www.sracalgary.com](http://www.sracalgary.com) • [www.calgaryaphasia.com](http://www.calgaryaphasia.com)  
[ysscalgary@gmail.com](mailto:ysscalgary@gmail.com) • [Calgary.Aphasia.Centre@gmail.com](mailto:Calgary.Aphasia.Centre@gmail.com)

## The Brenda Strafford Cambridge Foundation Manor

Opening June 2020

Introducing Cambridge Manor  
The Brenda Strafford Foundation's newest seniors wellness community in University District, NW Calgary's newest urban neighbourhood.

- Assisted Living, Enhanced Care and Memory Care
- Respite Care short term stays available

403.536.8675 | [cambridgemanor.ca](http://cambridgemanor.ca)

## BINGO BARN

The Place To Play Everyday!

2 Mornings - Sat & Sun • 7 Afternoons • 7 Evenings • 2 Late Nights - Fri & Sat

**Bingo Info Line: 403-235-2118**  
#10, 1107 33rd St. N.E. • [www.BingoBarn.ca](http://www.BingoBarn.ca)

## Struggling To Take Care of Your Feet?



Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.

### Toes On The Go Footcare

Call today for more information: **403-620-7851**  
[marion@toesonthego.ca](mailto:marion@toesonthego.ca) • [toesonthego.ca](http://toesonthego.ca)