

MANITOBA'S LARGEST YEAR-ROUND INDOOR MARKET!

MULVEY FLEA MARKET

EST ★ 2001

www.mulveymarket.ca

Air Conditioned and Wheelchair Accessible | Table Rental Information: 204-478-1217 | Open 10 a.m.-5 p.m. Sat. & Sun., and Holiday Mondays or Fridays


- ODDLES OF ODDITIES
- ROWS OF RARITIES
- CORNUCOPIA OF COLLECTIBLES
- EVERYTHING NEW AND USED
- LOTS TO SEE AND DO
- CANTEEN

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Charleswood - Tuxedo Edition
204-510-6397



www.coffeenewswinnipeg.com Est. 1988

ST. NORBERT ADULT EDUCATION CENTRE

OPENING NEW DOORS FOR ADULT LEARNERS IN SOUTH WINNIPEG!

- Mature and Regular High School Diploma Options ✓
- Academic Upgrading ✓
- Day and Evening Classes ✓
- A Supportive Learning Environment ✓
- Qualified and Experienced Instructors ✓

TO LEARN MORE, PLEASE CONTACT US TODAY:
204.261.3312 | info@snaec.ca | www.snaec.ca

Blair Sonnichsen REALTOR®
Tyson Sonnichsen REALTOR®

39 Years Experience



204-989-5000
An Experience Worth Repeating

"Buyer Agency" "Vendor Agency" "Real Estate Services"

ROYAL LEPAGE
Dynamic Real Estate

This Space for Rent

204-510-6397

Face IQ

"Let's Scan TODAY for a safer TOMORROW"



625 Marion Street, Winnipeg, MB R2J 0K3 204
info@faceiq.ca | 1-833-941-2777 | www.faceiq.ca

We Care For Your Pets As If They Were Our Own

25% OFF SPAY/NEUTER
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

50% OFF EXAM FEE
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$250 OFF VETERINARY SERVICES SUBSIDY
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$100 OFF DENTAL CLEANING
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

2018 TOP CHOICE WINNER AMONG WINNIPEG ANIMAL HOSPITALS

Animal Hospital of Manitoba

995 Main St., Winnipeg **204.586.3334** animalhospofmb.com

LegalShield MANITOBA


empowers approximately 4.4 million lives across North America
delivers affordable and accessible legal service 24/7
gives high quality cost-effective service by attorneys from a dedicated law firm
with the law firm's unlimited advice, signing documents, Will prep and beyond
has an Identity Theft Plan to protect your integrity
helps secure a Home-Based and/or Small Business Plan
LegalShield has been in Manitoba since 2001

"My commitment is to you as an Associate of LegalShield Manitoba."

204-781-7472 PETER J. MANASTYRSKY
peterj48.wearelegalshield.ca Independent Associate

TOTAL LEGAL AND IDENTITY THEFT PROTECTION

Dog Walker and Pet Sitter



Retired professional man has been caring for others' and my own pets for over 40 years.

Will walk and nurture your pets on a regular basis.

Call today for details: 204.996.9810

YOUR PURCHASE SUPPORTS CHARITY!

Home and Office **BOTTLED WATER DELIVERY**

A donation equal to the value of your first order (excluding bottle deposits) will be directed to a charity of your choice.

CALL 204.284.1704 Use promo code "Coffeenews"

WaterDirect PLUS

More than just water!
waterdirectplus.com

Vol. 16 No. 1 January 4, 2021

Everybody's Talking

Lost in the maze: Those who don't mind getting lost might want to visit the rare Elizabethan hedge maze in the VanDusen Garden in the city of Vancouver, British Columbia, on Canada's west coast. Planted in the fall of 1981, the maze is made of over 3,000 pyramidal cedars, which have been growing ever since. Some people come to test their sense of direction as they walk through its cool passageways, while others enjoy finding a quiet spot to contemplate life. Those who are afraid of getting lost can view the maze from an observation terrace and watch others try to find their way out!

Sandy art: Visitors to a beach in Basque Country in Spain could be forgiven if they ran away in fear because they saw a big bull sitting in the sand. However, what they saw wasn't a real bull. It was a sculpture created by sand artist Andoni Bastarrika. For a decade, the artist has been making sand sculptures mainly to entertain people, but images of this life-size bull went viral on social media and made him famous. Bastarrika uses his hands to get the shape of his subject, and then moves to brushes, sticks, and toothpicks to sculpt the fine details. In addition to creating his own art, he also teaches sand sculpting workshops.

Stay home! The originator of Batman probably never envisioned the caped crusader as a virus fighter. However, that was the case in the Mexican city of Monterrey, Nuevo León, during the early days of the COVID-19 pandemic. A man dressed up in a real Batman suit drove around the city in a Batmobile, taking it upon himself to tell people to stay at home. He blasted a recorded message from the vehicle asking people to keep their distance from each other. The vigilante apparently was Candelario Maldonado, a Batman impersonator known in the city.

Cat sense: Dogs tend to get all the recognition for being heroes in times of trouble, but a cat in Portugal Cove-St. Philip's, Newfoundland (Canada), deserves some credit for being a "watch cat." The black and white feline, called Joey, is owned by Scott White. Just after midnight, White had put some food in the slow cooker, expecting it to be ready in the morning. However, he woke up a few hours later to find Joey pacing around the bed and whacking him with a paw. Turns out the slow cooker had caught fire. Without Joey, the house might have burned down.

Quoteable Quotes

"But how cool, how quiet is true courage!" —Fanny Burney

"In youth we learn, in age we understand." —Marie von Ebner-Eschenbach

What's Happening

Winnipeg Children's Access Agency Volunteer Opportunity Visitation Monitor We require 3 shifts a month to supervise visits between children and parents. Volunteers would supervise visits, intervene when necessary document visits. Located at 385 River Ave. Find out more or apply online at wcaa.ca or call 204-284-4170.

NON profit organizations may submit events for FREE at <https://coffeenewswinnipeg.com/whats-happening>

Trivia

1. What is a sabbatical?
2. Often used in meal preparation, what are capers?
3. Which gland in the human body generates tears?
4. What musical instrument did Ravi Shankar champion worldwide?
5. The longest river in Europe is the Danube, the Rhine, or the Volga?

(Flip bottom of page for answers)

Hip or Knee Replacement?

The disability tax credit allows for a **\$2,500 Yearly Tax Credit** and up to **\$25,000 Lump Sum Refund**

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

GET THE FASTEST REFUND IN CANADA!


For Expert Help:
204-453-5372

Amazing new mystery novel from Winnipeg-born journalist!

OMAND'S CREEK

A gripping crime thriller, packed with mystery and suspense. Follow the characters around our city. *Such a great read!*

Available now at www.donmacdonald.ca



NOW RECRUITING!

Professional Career Training Opportunities

Call 204-589-4433 for more info or come to 519 Selkirk Ave., Winnipeg



"A Learning Centre That Makes a Difference!"

www.urbancircletraining.com

GetAssist.com

CONNECT WITH PURPOSE

Are you looking to help on some home projects or a tutor? **GetAssist is here to help with everything from A to Z!** Download the free app or go online and make a request for anything you need.

GET LOCAL HELP QUICKLY AND EASILY!

If you are a Realtor, Property Management Company or a Builder looking for local trades, pop in and ask how it works.

GetAssist Networking Centre
Co-working space
Unit 3-236 Osborne St. (Confusion Corner)
9-5 Monday - Friday

www.getassist.com

Download on the App Store | GET IT ON Google Play

Your family's eye health is our passion!

CLEAR EYE CARE

Dr. Edward Kundzicz, Optometrist, offers a variety of services, including:

- Comprehensive Eye Exams
- Diabetic • Wheelchair Friendly
- Social Assistance

Located at 352-1120 Grant Ave. R3M 2A6

Book your eye exam today: 204.453.0474


RICHARD ROSIN FUNERAL DIRECTOR LTD

Winnipeg's Friendliest Undertaker™
Helping Families Celebrate Life Since 1985

Green Burials
Cremations
Pre-planning

204.219.1126 | www.richardrosin.ca

Recipe of the month



Cream Cheese Penguins


18 jumbo black olives, pitted
1 (8 oz.) package cream cheese, softened

18 small black olives
1 carrot

Prep: 30 mins. Total: 35 mins Yield: 18 penguins

- Cut a slit from top to bottom, lengthwise, into the side of each jumbo olive. Carefully insert about 1 teaspoon of cream cheese into each olive. Slice the carrot into eighteen 1/4 inch thick rounds; cut a small notch out of each carrot slice to form feet. Save the cut out piece and press into centre of small olive to form the beak. If necessary cut a small slit into each olive before inserting the beak.
- Set a big olive, large hole side down, onto a carrot slice. Then, set a small olive onto the large olive, adjusting so that the beak, cream cheese chest and notch in the carrot slice line up. Secure with a toothpick.
- Add scarves and hats by using fresh red pepper strips, or canned pimentos cut into different shapes.

Source: www.allrecipes.com



Hip or Knee Replacement?

The disability tax credit allows for a **\$2,000 Yearly Tax Credit**
\$20,000 Lump Sum Refund

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

For Expert Help:
204-453-5372




"CONNECTING THROUGH HORSES"

SAGEHILL STABLES


Horseback Riding Lessons & Birthday Parties

- Beginners welcome!
- Equine Assisted Learning Life Skills Programs
- ~ Develop skills to combat anxiety, bullying and addiction
- Conference Room and Facility Rentals

AGES 4 TO 70+

1-800-217-4184
4180 Waverley Street in Winnipeg

www.sagehillstables.com



WOULD YOU LIKE TO VOLUNTEER?

- All are welcome!
- We operate on a drop-in basis
- No need to signup or register
- Arrive 5:30pm - 6pm any location
- North End, West End, W. Broadway
- Patrols +18 (Youth patrols every other Tues North End Patrol)

CALL BEAR CLAN 204-918-8996
OR BEARCLANMB@HOTMAIL.COM



I can show you how to save each month risk free

with an initial fee of only \$40

Money is guaranteed by CIBC Savings Plan

C A SAVERS Co. P.O. Box 61051 Winnipeg, MB R3M 3X8 is registered with the City of Winnipeg



If you scan this QR Code, we'll arrange to have **Coffee News** sent to your email every Friday!



SCAN ME


It's just that easy, and so convenient!



Your Weekly Horoscope


ARIES (March 21 - April 20)

This may be a good time for buying, selling, negotiating, and communications of all kinds. Your long, hard work could provide you with the perfect tools to find a happy medium. Lucky Numbers: 8, 10, 18, 19, 48, 49.



TAURUS (April 21 - May 21)

Try not to allow an irritating delay involving contracts or business deals to wear you down. Your colleagues might declare that you are proving to be the perfect negotiator. Lucky Numbers: 2, 5, 22, 24, 30, 43.




GEMINI (May 22 - June 21)

Accept all invitations to attend social and family events. You may need to get out and meet people. You might be surprised to find so many mutually valuable interactions. Lucky Numbers: 10, 11, 14, 17, 20, 46.




CANCER (June 22 - July 22)

Pleasurable interactions with your family and friends may certainly help strengthen your bonds of trust. Return the favour by buying your loved ones some thoughtful gifts. Lucky Numbers: 1, 4, 11, 24, 31, 44.




LEO (July 23 - Aug. 23)

People from different places may sing your praises. Be humble, but enjoy the limelight. This might be the time for you to start to feel more confident in your workplace. Lucky Numbers: 6, 12, 16, 26, 42, 43.



VIRGO (Aug. 24 - Sept. 23)

Proper research might give you the answers you need. Your interest in a new communications application may provide you with a perfect fit for an existing dilemma. Lucky Numbers: 3, 5, 7, 19, 33, 39.



Lucky numbers this week: This week's odds favor Aries winners with the luckiest number being 8.

Did You Know...

Dairy problem: Some people are lactose intolerant, meaning that they have trouble digesting lactose in dairy products. These folks don't produce enough lactase, an enzyme that breaks down ingested lactose.

Arty place: The Banff Centre for the Arts is located near the picturesque mountain town of Banff in Alberta, Canada. Students can take part in studies in many disciplines, such as music, writing, dance, and the visual arts.

Island nation: The Philippines is a Pacific Ocean archipelago consisting of more than 7,000 islands. The capital of Manila is on the largest island, Luzon, in the northern part of the country.

Feather hue: When we think of flamingos, we think of pink flamingos. However, the colour of their feathers may range from pink to red to purple, and is a result of what they eat.

Far away: When people are farsighted, they can clearly see things in the distance, but if they try to read a book, it's blurry. This condition, known as hyperopia, is usually easily corrected with glasses or contact lenses.

On the Lighter Side

What question can never be answered with a "yes"? "Are you asleep?"

Optimist: "The glass is half full."
Pessimist: "The glass is half empty."
Parent: "Why didn't you use a coaster!"

It's so cold outside that I saw a politician with his hands in his own pockets.

Advertisement: "I Love You Only" Valentine cards. Now available in multipacks.

What did the green grape say to the purple grape? "Oh no! Breathe! Breathe!!"

Answers

3. Lactinmal gland 4. The star 5. Volga
Trivia answers: 1. An extended leave 2. Pickled flower buds

For available franchise opportunities - visit coffeenewscanada.com

CHESSKINGS

CAR RENTAL

- ✓ NO CREDIT CARD REQUIRED
- ✓ WE CAN DELIVER THE CAR TO YOU!

\$10 OFF
USE PROMO CODE COFFEE NEWS

204-887-7777

WWW.CHESSKINGS.CA



WE FIX BROKEN SEALS

Save up to 80% vs. Replacement

Lifetime Warranty

9000+ Failed Units SAVED from Landfill

The GREEN Alternative vs. Replacement!

CALL JEFF FOR YOUR FREE ESTIMATE
204-781-6363
www.aawdefogger.com

ALL ABOUT WINDOWS

DEFOGGING




Hip or Knee Surgery?

Need Home Care Equipment?
DON'T BUY - RENT!

BATH SEATS \$20/ MONTH	TRANSFER BENCHES \$25/ MONTH	TOILET SAFETY RAILS \$15/ MONTH	RAISED TOILET SEATS \$15/ MONTH	SKI WHEEL WALKER \$20/ MONTH
---------------------------	---------------------------------	------------------------------------	------------------------------------	---------------------------------

LIVING MADE EASY
HOME HEALTH CARE PRODUCTS • NEW & USED
665 ARCHIBALD ST. • 231-1746

ITEMS FOR PURCHASE
SOCK PULLER - \$15-\$20
REACHERS - \$17-\$35
DRESSING STICKS - \$9



HELP PROTECT YOUR STAFF AND CLIENTS!

SmartXcan Body Temperature Monitor

- ✓ Easy to scan
- ✓ Simple to operate

The installed price will surprise you!

Installed in Dental Clinics, Food Processing and Manufacturing Plants, Personal Care Homes and more.

KENTIX SmartXcan



CLEARLY INSIGHT SECURITY SOLUTIONS

204-414-2590

Camera@ClearlyInSightIP.com | ClearlyInSightIP.com

MADE IN GERMANY



QUIT SMOKING TODAY!!!

LASER THERAPY

can also help you with:

- Drug & Alcohol Abuse ~ Stress/Depression
- Weight Management ~ And Much More...

Ask about our Affordable Packages!

SMARTCHOICE LASER CENTRE
204-795-6300 WWW.SMARTCHOICELASER.COM



Brian PALLISTER

MLA for Fort Whyte

t. 204.489.0828
info@brianpallister.com

