

SHOP ONLINE!
www.scubagearcanada.ca
 • Snorkelling Gear • Reef-Safe Sunscreen
 • Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
 Learn to SCUBA DIVE at our Edmonton location - call for details
 11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

MORE SELECTION THAN ANY OTHER WINDOW COVERING SOURCE!

REAL™
 We make 100+ kinds of blinds
 We stock 15 million feet of inventory

1 8558 GO REAL REALBLINDS.CA
REAL BLINDS SUPERSTORE

EDMONTON 10510-107 Ave. NW (main floor) 780-250-7325
 VEGREVILLE 5006-52 Avenue 780-632-2142
 DERWENT 118 Main Road 780-741-2376
 BONNYVILLE/COLD LAKE 780-826-2239
 WAINWRIGHT/PROVOST 780-842-2477
 LLOYDMINSTER 780-875-1093

SAVE 50%

Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association - we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
 the lung association

FOR MORE INFO, PLEASE VISIT:
www.ab.lung.ca/you-can-help-change-future-today

Coffee News®
 A Great Way To Start Your Day!

Recipe of the month

Bacon Wrapped Stuffed Mushrooms

½ cup chopped green onions
 2 (8 ounce) packages cream cheese, softened
 20 fresh mushrooms, stems removed
 1 pound sliced bacon, cut in half

Level: Easy Total: 30 mins Yield: 20 appetizers
 Prep: 10 mins Cook: 20 mins

1 Preheat the oven to 350 degrees F (175 degrees C).
 2 In a medium bowl, mix together the green onions and cream cheese. Stuff mushroom caps with the cheese mixture. Wrap each mushroom with a half-slice of bacon, and secure with toothpicks. Place on a baking sheet.
 3 Bake for 20 minutes in the preheated oven, until the bacon is cooked through.

An ideal addition to a party tray or a wonderful appetizer for a romantic Valentine Day meal.

Source: www.allrecipes.com

Home is Where Your Story Begins.
 Let Me Help You Finance Your Dream Home!

Debbie Jacobsen, AMP
 780.805.8840
 deb@dlc1st.ca | www.dlc1st.ca

DOMINION LENDING CENTRES
 Mortgage Mentors

Did you know Gold Canyon Candles went out of business in March 2020?
 Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.

PSC
 Prairie Scented Candles
 A RAY OF FRAGRANCE

We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

priariescentedcandles@gmail.com
www.priariescentedcandles.com

FREE! **New Issue Every Week!**
Coffee News®
 "News To Be Enjoyed Over Coffee"
Athabasca Edition
877-553-6397

www.coffee-news.ca

Vol. 18 No. 2 January 11, 2021

Everybody's Talking

Underwater art: A young Bahamian girl sits beneath the sea off the coast of New Providence, an island in the Bahamas. Actually, the girl is a statue, made of sustainable materials designed to encourage the growth of coral. Named "Ocean Atlas," this statue was made by Jason deCaires Taylor, an artist and photographer. "Ocean Atlas" was installed in 2014 under the water near the city of Nassau. It is 5.5 metres (18 ft.) tall and weighs over 60 tonnes. It is possible to go snorkeling in the area to see this interesting art installment up close.

Tiny tree: Fairy Lake near the town of Port Renfrew on Vancouver Island, Canada, draws people to its shores so they can view a little fir tree. This small conifer is special because it is growing out of a log that is submerged in the lake. The tree is thought to be between 30 and 40 years old, and no one is quite sure how it survives on the log, which is the source of its nutrients. The tree is the subject of many photographs, and no two are alike. In times of high water, it may be almost submerged, while on still summer mornings, it sits peacefully in the mist.

Twice lucky: His last name has not been released, but "Joe B." is one lucky fellow. From Pueblo, Colorado (U.S.), Joe bought two lottery tickets on the same day at different stores located a few blocks apart. He purchased one in the morning and one in the afternoon. Both tickets turned out to be \$1 million winners! Joe used the same numbers (his lucky ones) each time. It took him a month to claim his prizes, and when he did, it was via a drive-thru window set up during the COVID-19 pandemic.

Animal hospital: The Nairobi National Park in Kenya has a special centre for injured animals. Called the Nairobi Animal Orphanage, this centre takes in and treats animals and birds of many different species. On any one day, there may be lions, hyenas, cheetahs, parrots, ostriches, and more. While the animals are ill or injured, they are nursed back to health by the orphanage's staff. The centre's goal is for the animals to be rehabilitated and returned to their natural habitats. Often, park rangers are the ones who find and bring in animals and birds that need medical treatment. The public can visit the orphanage for educational tours.

Quoteable Quotes

"Whatever is—is best." —Ella Wheeler Wilcox
 "It will never rain roses: when we want To have more roses we must plant more trees." —George Eliot

What's Happening

Feb 1 to 28-Hypothermic Half Marathon 10K Virtual event - participate from any location you choose! Run in support of Justsocks.ca - a volunteer operated charity providing new socks to those in need across Canada.
www.hypothermichalf.com

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
*Coffee News Bucks
 Over 150 participating sponsors!
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca
 Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. A xylophone is a member of what class of musical instruments?
2. Where is Tasmania?
3. Lou Ferrigno is best known for his portrayal of what TV character?
4. In the periodic table of elements, what is the symbol for platinum—P, Pl, or Pt?
5. What is a snaffle?

(Flip bottom of page for answers)
 © Published with Permission by Capital Marketing Ltd

Pregnant? Facing Difficult Decisions?
 We can help.
 Call 780.421.1177 or text 587.596.5380

• Confidential Pregnancy Counselling
 • Support and Connection to Resources
 • Adoption Information and Advice

Small Miracles Adoption
www.smallmiraclesadoption.com

This Space for Rent.
877-553-6397

HELP STOP THE SPREAD!

1. Wear a mask
2. Keep your distance - six feet!
3. Wash your hands
4. Take a copy of Coffee News home with you

Stay safe!
 A message from your friends at **Coffee News**®

Cedar Manor Upgraded apartments starting at \$660!
 Save \$100!
 780-875-5181
 (780) 214-1300

Tesla Estates Luxury apartments starting at \$1,105!
 \$399 Security Deposits
 (780) 214-1300

Northview APARTMENT REIT
 *On approved application, while promotion lasts.

PLEASE ASK US FOR STARTER PACK **200+ Delicious Meals Made for SENIORS!**

NOW SERVING THIS COMMUNITY!
 ✓ Free Delivery*
 ✓ No Obligations
 ✓ No Minimum Orders*
*Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
 TF: 1-800-704-4779

HEART TO HOME MEALS
 DELICIOUS MEALS MADE FOR SENIORS®
www.hearttohomemeals.ca

Helping you rediscover fun in the kitchen!
Gifts and Gadgets
 Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE **ONLINE CATALOG!**
 Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
 1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!



Reader of the Month
Thomas Acheson • Calgary, AB

Coffee News Fun Reading. Serious Advertising.

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES
GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

TecWerks Inc.
WHERE TECH WORKS

780.801.1030 | www.tecwerks.ca

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?


The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

APPLY NOW TO MEET 2019 TAX DEAD-LINES!

For Expert Help:
1.844.453.5372

CONTINUING TO BUILD OUR FOUNDATION FOR FUTURE GENERATIONS



MCMURRAY MÉTIS
780.743.2659
www.McMurrayMetis.org

Beading – First and third Tuesday each month, 5:30-8 p.m.
Cree Coffee Chat – every Wednesday, 5-6 p.m.
Elders' Tea – second Thursday each month, 11:30 a.m.

Silver Sage Enterprises Ltd

Les Helm, RPFT
Cell 780.520.4000
Office 780.623.2494
Fax 780.623.2894
l.helmsilversage@gmail.com

Land Resource Planning

- Gravel Pits
- Mapping
- Reclamation
- Road Engineering

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere — even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714

inogen
© 2020 Inogen, Inc. All rights reserved. MKT-P0108

Your Weekly Horoscope

ARIES (March 21 - April 20)

This may be a busy and active time in your personal life. Appointments to keep and a hectic schedule might leave you little time for close, personal contact with your loved ones. Lucky Numbers: 1, 5, 7, 9, 11, 13.

TAURUS (April 21 - May 21)

Take a break from your rigid schedule. This may be a favourable time to take a short vacation or pleasure trip, especially to visit people whose company you really enjoy. Lucky Numbers: 9, 11, 34, 41, 42, 48.

GEMINI (May 22 - June 21)

Think big – the basics of your life may be shifted. You might be more willing to take risks and speculate. This could spur you to discover ways to improve your career. Lucky Numbers: 10, 19, 22, 32, 38, 41.

CANCER (June 22 - July 22)

Your relationships may be very harmonious and positive. Humour those who need to tell you how to live your life. Shower loved ones with affection and pampering. Lucky Numbers: 11, 30, 37, 39, 42, 44.

LEO (July 23 - Aug. 23)

You might discover that the ethics you hold can radically change through some new experiences. You may find new and exciting ways to begin a high-tech adventure. Lucky Numbers: 17, 28, 33, 42, 45, 47

VIRGO (Aug. 24 - Sept. 23)

Try to focus on maintaining a healthy lifestyle. You might need to concentrate on complex concepts that can be very demanding, both mentally and physically. Lucky Numbers: 2, 15, 19, 29, 35, 48.

LIBRA (Sept. 24 - Oct. 23)

You may have a clear goal in mind and intend to succeed. You might need to use your sense of creativity to help you to appreciate and recognize each person's unique part. Lucky Numbers: 5, 7, 13, 17, 23, 34.

SCORPIO (Oct. 24 - Nov. 22)

Disputes can cause great sorrow. Uncertainties could distract you from straightening out your personal issues. Ask direct questions and insist on pertinent answers. Lucky Numbers: 6, 8, 10, 12, 14, 16.

SAGITTARIUS (Nov. 23 - Dec. 21)

You may feel optimistic, hopeful, and eager to interact with others. You might see connections and possibilities that you previously could have overlooked. Lucky Numbers: 3, 12, 40, 42, 44, 47.

CAPRICORN (Dec. 22 - Jan. 20)

You may be able to discover new methods to accomplish your own personal tasks. If you deal with words, ideas, or communication, your efforts might be very productive. Lucky Numbers: 27, 28, 32, 35, 45, 48.

AQUARIUS (Jan. 21 - Feb. 19)

Your search for a creative outlet may be realized. Express yourself about the things that are important to you. In doing this, you might become clearer about your own ideals. Lucky Numbers: 2, 6, 34, 43, 44, 49.

PISCES (Feb. 20 - March 20)

This may be the time to prove your commitment to your loved ones. Put your emotional needs into perspective. Put aside work ambitions and focus on personal issues. Lucky Numbers: 4, 16, 20, 28, 32, 41.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 3.

Did You Know...

Snack time: Everybody loves popcorn, especially at the movies! Popcorn is a specific type of corn with a hard outside and an inside that consists of dense starch. When heated, the starch pops and turns the kernel into the familiar snack.

Mountain ranges: The country of Colombia, in the northwest corner of South America, is home to the Colombian Andes. There are three branches: Cordillera Central, Cordillera Oriental, and Cordillera Occidental.

Famous works: Composer Wolfgang Amadeus Mozart (1756-1791) was a famous Austrian composer whose works are still admired today. He wrote operas, including *The Marriage of Figaro*, as well as symphonies, such as the *Jupiter Symphony*.

Fast running bird: Ostriches are found in the wild in Africa and are also raised around the world as a farm animal. Although they can't fly, they can run faster than any other running bird.

Cotton swabs: A Polish American named Leo Gerstenzang is credited with inventing the Q-tip in the early 1920s after watching his wife use a cotton-covered toothpick as a makeshift version. That spurred him to come up with something better.

On the Lighter Side

My friend and I often laugh about how competitive we are. But I laugh more.

What has feathers but no wings? A pillow.

Man on one river bank: "I need you to help me get to the other side!"

Man on the other river bank: "You are on the other side!"

Don't you hate it when someone answers their own questions? I do.

What do Alexander the Great and Winnie the Pooh have in common? Same middle name.

Answers

Trivia answers: 1. Percussion 2. SE Australia 3. The Hulk 4. Pt 5. A bit for a horse

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

QUALITY WORK. REASONABLE RATES.

RRC EXTERIOR FINISHING

- 5" Continuous Eavestrough
- Decks
- Asphalt Roofing
- Siding ■ Soffit ■ Fascia

CALL RYAN TODAY FOR YOUR FREE ESTIMATE:
780.519.1335
Serving Athabasca/Slave Lake and area

Merry Christmas

from your friends at **Coffee News**



Wishes are waiting.

Help us give every eligible child the wish they need.

Donate today:
www.makeawishna.ca

Make-A-Wish
NORTHERN ALBERTA CANADA

Coffee News is proud to support Make-A-Wish Northern Alberta

We Print Restaurant Menus
for our distribution partners

- ✓ High Quality Printing
- ✓ Professional Graphic Design
- ✓ Affordable Pricing (No hidden costs!)

Coffee News
For full details, call 780-220-6397

AUTO • HOME • BUSINESS • BOAT/RV/TRAILER • FARM

Better insurance starts with a conversation.

4801-49 Street Athabasca
BrokerLink.ca

BrokerLink
Auto/Home/Business Insurance

Contact us today for a free quote: **780.675.2241**

Can't get to your **Coffee News** each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Get Your Meters' Calibrations Right

We are committed to proving your meters accurate and on time. Since 2003, Measurement Inc. has performed over 8,250 meter proves, so we won't be practising on yours.

– RELAX WHEN YOU GET AUDITED!
MY PROMISE TO YOU: "If all you want is someone cheap to tag your meters, I respectfully ask you to call someone else. Ours will be the best proving experience you have ever had. When audited you'll see the results of excellent measurement. This will be the most complete, professional proving and calibration you have ever experienced. We do the work right or we'll redo it for FREE. I guarantee it!"
– Jerry Greiner

MEASUREMENT INC.
780-621-2555
www.MeasurementInc.ca

PORTABLE TEST SEPARATOR RENTALS

FRASIER WEEKNIGHTS 6:00(EST) / 6:30(MT)

yesTV

