

the mist.



Feb 1 to 28-Hypothermic Half Marathon 10K Virtual event - participate from any location you choose! Run in support of Justsocks.ca - a volunteer operated charity providing new socks



CHRYSLER

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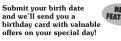
to those in need across Canada. www.hypothermichalf.com

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening



Over 150 participating spon ers (\$100 each) will be drawn on the 15th of each month from all co

To enter, visit www.coffee-news.ca



...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST EL4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy

Trivia

1. A xylophone is a member of what class of musical instruments? 2. Where is Tasmania?

* Prize Package

3. Lou Ferrigno is best known for his portrayal of what TV character? 4. In the periodic table of elements, what is the symbol for platinum—P,

5. What is a snaffle?

(Flip bottom of page for answers)

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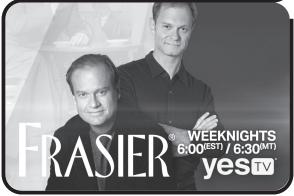
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Your Weekly Horoscope ARIES LIBRA

(Sept. 24 - Oct. 23)

Numbers: 5, 7, 13, 17, 23, 34.

(Oct. 24 - Nov. 22)

SCORPIO

6, 8, 10, 12, 14, 16.

SAGITTARIUS

40, 42, 44, 47.

AQUARIUS

2, 6, 34, 43, 44, 49.

(Feb. 20 - March 20)

Numbers: 4, 16, 20, 28, 32, 41

PISCES

CAPRICORN

(Dec. 22 - Jan. 20)

(Jan. 21 - Feb. 19)

(Nov. 23 - Dec. 21)

(March 21 - April 20)

This may be a busy and active time in your personal life. Appointments to keep and a hectic schedule might leave you

little time for close, personal contact with your loved ones. Lucky Numbers: 1, 5, 7, 9, 11, 13. **TAURUS**

(April 21 - May 21)

Take a break from your rigid schedule. This may be a favourable time to take a short vacation or pleasure trip, especially to visit people whose

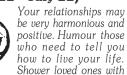
company you really enjoy. Lucky Numbers: 9, 11, 34, 41, 42, 48. GEMINI

(May 22 - June 21)

Think big – the basics of your life may be shifted. You might be more willing to take risks and speculate. This could spur you to discover

ways to improve your career. Lucky Numbers: 10, 19, 22, 32, 38, 41. CANCER

(June 22 - July 22)



Shower loved ones with affection and pampering. Lucky Numbers: 11, 30, 37, 39, 42, 44.

(July 23 - Aug. 23)

You might discover that the ethics you hold can radically change through some new experiences. You may find new and exciting ways to begin a

high-tech adventure. Lucky Numbers: 17, 28, 33, 42, 45, 47 VIRGO



mentally and physically. Lucky Numbers: 2, 15, 19, 29, 35, 48.

winners with the luckiest number being 3.

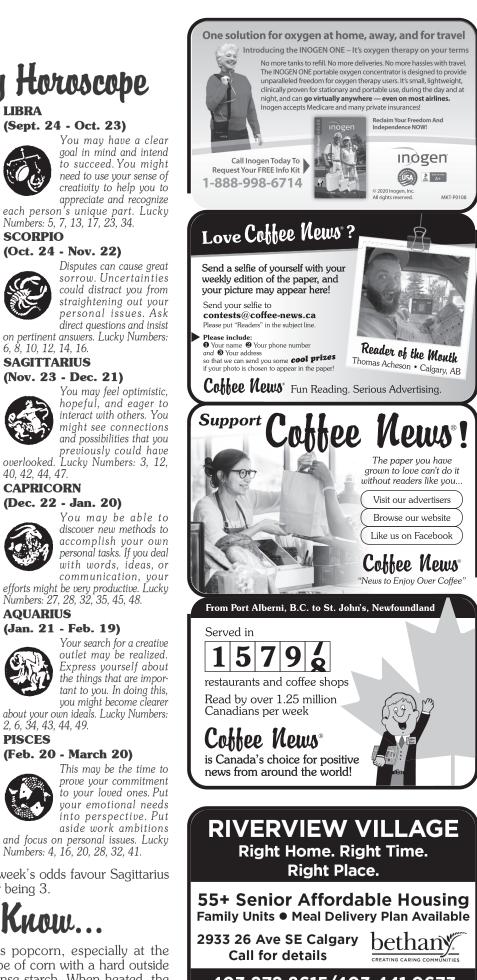
Did You Know...

Snack time: Everybody loves popcorn, especially at the movies! Popcorn is a specific type of corn with a hard outside and an inside that consists of dense starch. When heated, the starch pops and turns the kernel into the familiar snack.

Mountain ranges: The country of Colombia, in the northwest corner of South America, is home to the Colombian Andes. There are three branches: Cordillera Central, Cordillera Oriental, and Cordillera Occidental.

Famous works: Composer Wolfgang Amadeus Mozart (1756-1791) was a famous Austrian composer whose works are still admired today. He wrote operas, including The Marriage of Figaro, as well as symphonies, such as the Jupiter Symphony.

Fast running bird: Ostriches are found in the wild in Africa and are also raised around the world as a farm animal. Although they can't fly, they can run faster than any other running bird.





We can help. Call 780.421.1177 or text 587.596.5380

Decisions?

Pregnant?

Facing

Difficult

(Aug. 24 - Sept. 23) Try to focus on maintaining a healthy lifestyle. You might need to

concentrate on complex concepts that can be very demanding, both

Lucky numbers this week: This week's odds favour Sagittarius

- **Confidential Pregnancy** Counselling
- Support and Connection to Resources
- Adoption Information and Advice

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Wear a mask. Stay Safe!

Cotton swabs: A Polish American named Leo Gerstenzang is credited with inventing the Q-tip in the early 1920s after watching his wife use a cotton-covered toothpick as a makeshift version. That spurred him to come up with something better.

On the Lighter Side

My friend and I often laugh about how competitive we are. But I laugh more.

What has feathers but no wings? A pillow.

Man on one river bank: "I need you to help me get to the other side!'

Man on the other river bank: "You are on the other side!"

Don't you hate it when someone answers their own questions? I do.

What do Alexander the Great and Winnie the Pooh have in common? Same middle name.

Answers

4. Pt b. A bit tor a horse Trivia answers: 1. Percussion 2. SE Australia 3. The Hulk

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