

We Care For Your Pets As If They Were Our Own

25% OFF SPAY/NEUTER
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

50% OFF EXAM FEE
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$250 OFF VETERINARY SERVICES SUBSIDY
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$100 OFF DENTAL CLEANING
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

2018 TOP CHOICE WINNER AMONG WINNIPEG ANIMAL HOSPITALS

Animal Hospital of Manitoba

995 Main St., Winnipeg 204.586.3334 animalhospofmb.com

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

St. Vital Edition

204-510-6397

www.coffeenewswinnipeg.com

Vol. 16 No. 3 January 18, 2021

Face IQ

"Let's Scan TODAY for a safer TOMORROW"

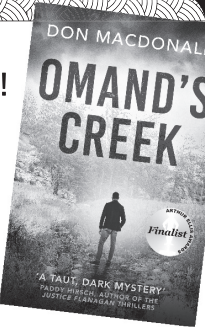
625 Marion Street, Winnipeg, MB R2J 0K3 204
info@faceiq.ca 1-833-941-2777 www.faceiq.ca

Amazing new mystery novel from Winnipeg-born journalist!

OMAND'S CREEK

A gripping crime thriller, packed with mystery and suspense. Follow the characters around our city. *Such a great read!*

Available now at www.donmacdonald.ca



Everybody's Talking

Plant lover: Joe Bagley lives in his own personalized jungle. His home is a one-bedroom coach house in Loughborough, Leicestershire, England, and it is filled to the rafters with all kinds of potted plants, from cacti to ivy and from tropicals to succulents. All told, he estimates that 1,400 plants live in his abode. His love of plants started when, as a boy of 13, his grandmother gave him a spider plant cutting. Since then, collecting and caring for plants has become his passion. Even his work involves plants: he works in a garden centre.

This Space for Rent

204-510-6397

NOW RECRUITING!

Professional Career Training Opportunities

Call 204-589-4433 for more info or come to 519 Selkirk Ave., Winnipeg

www.urbancircletraining.com



Get Coffee News® Online!

Delivered to your inbox weekly

Please visit www.coffeenewswinnipeg.com for details



Hip or Knee Replacement?

The disability tax credit allows for a **\$2,500 Yearly Tax Credit** and up to **\$25,000 Lump Sum Refund**

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

GET THE FASTEST REFUND IN CANADA!

For Expert Help: **204-453-5372**



Close proximity: Those who live near busy highways may not be thrilled with traffic noise, but that's nothing compared to a situation in Cairo, Egypt. Designed to carry fast-moving vehicles, Teraet Al-Zomor Bridge is under construction just 50 centimetres (20 in.) from four high-rise apartment buildings. Apparently, the bridge is an important addition to the infrastructure, and the construction has a permit. The apartment dwellers will have to relocate, as the buildings will be torn down. For now, though, the view from some of the suites is definitely blocked, but hopefully the compensation to the renters will be worth it!

Do you enjoy Coffee News®?

Tell our advertisers! After all, they make it possible for your enjoyment.



Mala Collaborate Manitoba

...offers yoga and meditation for all humans

We are an intentionally curated diet culture-free environment that welcomes all in a space designed to create safety and community.

Collaborate with us on your journey of self-discovery and self-care

204-291-6636 • 583 St. Mary's Road (lower level)
Pricing and schedules available at www.mala-collaborate-mb.com



Big loaves: The country of Vietnam holds many tourist attractions, but one unlikely item has people talking – giant loaves of bread. Baker Pham Thi Bac of An Giang province in the Mekong Delta, started making the big loaves in 2018, just for fun. At about one metre (3 ft.) long and weighing approximately three kilograms (6.5 lbs.), the loaves taste great and are glazed with butter and seeds. Local people heard about the bread first and started asking for it. Then tourists joined in, wanting to take home a loaf or two as souvenirs – if they could figure out a way to carry them!

brother EPSON Lexmark printers to suit any budget, from as low as \$110!

Working from home? Are you a student? We have a full array of black and white and colour printers to meet your needs!

bio-static DIGITAL OFFICE SOLUTIONS

204-237-7631

Dakota Plaza | Unit 1-1105 St. Mary's Road | info@bio-static.com

Visit our new website at www.bio-static.com



GetAssist.com CONNECT WITH PURPOSE

Are you looking to help on some home projects or a tutor? **GetAssist is here to help with everything from A to Z!** Download the free app or go online and make a request for anything you need.

GET LOCAL HELP QUICKLY AND EASILY!

If you are a Realtor, Property Management Company or a Builder looking for local trades, pop in and ask how it works.

www.getassist.com



House for raffle: Katherine Jablonowska and Ryan Mclean wanted to do something different, so they took on a unique project. They bought a 19th-century cottage on the Llyn Peninsula in North Wales and renovated it. But their goal was not to live there. Instead, they plan to raffle it off for £5 per ticket, with the lucky winner becoming the new owner. Originally a working barn, the home is now a beautiful, peaceful abode, with all the "bells and whistles" of modern life. When selling tickets, the pair is requesting a £1 donation, which they will match and donate to The Children's Society.

Lakewood Florist & Gifts

"The BEST little flower shop in Winnipeg!"

- Flowers
- Candles
- Chocolates
- Decor
- And much more!

204.255.1722

@lakewood.florist

310 St. Anne's Road



ST. NORBERT ADULT EDUCATION CENTRE

OPENING NEW DOORS FOR ADULT LEARNERS IN SOUTH WINNIPEG!

- Mature and Regular High School Diploma Options
- Academic Upgrading
- Day and Evening Classes
- A Supportive Learning Environment
- Qualified and Experienced Instructors

TO LEARN MORE, PLEASE CONTACT US TODAY:
204.261.3312 | info@snaec.ca | www.snaec.ca



Quoteable Quotes

"Dance to the tune that is played." —Spanish proverb

"A little alarm now and then keeps life from stagnation." —Fanny Burney

What's Happening

Winnipeg Children's Access Agency Volunteer Opportunity Visitation Monitor We require 3 shifts a month to supervise visits between children and parents. Volunteers would supervise visits, intervene when necessary document visits. Located at 385 River Ave. Find out more or apply online at wcaa.ca or call 204-284-4170.

NON profit organizations may submit events for FREE at <https://coffeenewswinnipeg.com/whats-happening>

WINNIPEG BUSINESS OWNERS!
Connect with other businesses and customers

BizExchangeMall.com

"Your Local Business Mall"

REQUEST LISTING ONLINE: USE CODE **BMX 001**



Trivia

1. What does the term "ipso facto" mean?
2. Mexican American performer Carlos Santana is known for playing what instrument?
3. What does a bibliophile collect or have a love for?
4. Author Agatha Christie is best known for writing what type of novels?
5. A brouhaha is a German joke or a ruckus?

(Flip bottom of page for answers)

© Published with Permission by Winnipeg Coffee News

RICHARD ROSIN FUNERAL DIRECTOR LTD

Winnipeg's Friendliest Undertaker™
Helping Families Celebrate Life Since 1985

Green Burials
Cremations Pre-planning

204.219.1126 | www.richardrosin.ca



Hip or Knee Surgery? Need Home Care Equipment? **DON'T BUY – RENT!**

BATH SEATS \$20/ MONTH	TRANSFER BENCHES \$25/ MONTH	TOILET SAFETY RAILS \$15/ MONTH	RAISED TOILET SEATS \$15/ MONTH	SKI WHEEL WALKER \$20/ MONTH
-------------------------------------	---	--	--	---



LIVING MADE EASY

HOME HEALTH CARE PRODUCTS - NEW & USED

665 ARCHIBALD ST. • 231-1746

ITEMS FOR PURCHASE

SOCK PULLER – \$15-\$20
REACHERS – \$17-\$35
DRESSING STICKS – \$9

HELP PROTECT YOUR STAFF AND CLIENTS!

SmartXcan Body Temperature Monitor

✓ Easy to scan ✓ Simple to operate

The installed price will surprise you!



Installed in Dental Clinics, Food Processing and Manufacturing Plants, Personal Care Homes and more.

KENTIX SmartXcan

MADE IN GERMANY

CLEARLY INSIGHT SECURITY SOLUTIONS



204-414-2590

Camera@ClearlyInSightLP.com | ClearlyInSightLP.com

Do you want your TV on the wall?

Give us a call – as low as \$99!

We are experts in home and business theatre, automation, alarm, voice controlled lighting and blinds.



Contact one of our experts today!

204.505.1840 • interfusionmedia.ca

MANITOBA'S LARGEST YEAR-ROUND INDOOR MARKET!

MULVEY FLEA MARKET

EST. 2001

www.mulveymarket.ca

Air Conditioned and Wheelchair Accessible

- ODDLES OF ODDITIES
- ROWS OF RARITIES
- CORNUCOPIA OF COLLECTIBLES
- EVERYTHING NEW AND USED
- LOTS TO SEE AND DO
- CANTEEN

Open 10 a.m. - 5 p.m. Sat. & Sun., and Holiday Mondays or Fridays

Visit us at 421 Mulvey Avenue E, Winnipeg

WOULD YOU LIKE TO VOLUNTEER?

- All are welcome!
- We operate on a drop-in basis
- No need to signup or register
- Arrive 5:30pm - 6pm any location
- North End, West End, W. Broadway
- Patrols +18 (Youth patrols every other Tues North End Patrol)



CALL BEAR CLAN 204-918-8996 OR BEARCLANMB@HOTMAIL.COM

Recipe of the month

Cream Cheese Penguins

18 jumbo black olives, pitted
1 (8 oz.) package cream cheese, softened

18 small black olives
1 carrot

Prep: 30 mins. Total: 35 mins Yield: 18 penguins

- Cut a slit from top to bottom, lengthwise, into the side of each jumbo olive. Carefully insert about 1 teaspoon of cream cheese into each olive. Slice the carrot into eighteen 1/4 inch thick rounds; cut a small notch out of each carrot slice to form feet. Save the cut out piece and press into centre of small olive to form the beak. If necessary cut a small slit into each olive before inserting the beak.
- Set a big olive, large hole side down, onto a carrot slice. Then, set a small olive onto the large olive, adjusting so that the beak, cream cheese chest and notch in the carrot slice line up. Secure with a toothpick.
- Add scarves and hats by using fresh red pepper strips, or canned pimientos cut into different shapes.



Source: www.allrecipes.com

Your Weekly Horoscope

ARIES

(March 21 - April 20)



Upcoming social and family gatherings may mean your schedule is full of fun activities. Your creative mind may be busy making plans.

Use this time to recharge yourself. Lucky Numbers: 2, 14, 21, 34, 40, 45.

TAURUS

(April 21 - May 21)



Feelings of tenderness and love, especially for family members, may be very strong right now. You might feel very high spirits in hosting a party at home. Cheers! Lucky Numbers: 12, 17, 31, 37, 40, 42.

GEMINI

(May 22 - June 21)



Take full advantage of any possible avenue of communication available to spread your message. This may be an excellent time for you to do some research or studying. Lucky Numbers: 8, 9, 16, 22, 37, 41.

CANCER

(June 22 - July 22)



You may need to ask pertinent questions about your status. If you don't hold back, you might be in the driver's seat. Plan a getaway and take full advantage of some time off. Lucky Numbers: 18, 20, 22, 23, 31, 40.

LEO

(July 23 - Aug. 23)



Many may try to lead, but you might have the secret to success. You usually love a happy ending, and this story could prove to be a real winner. Enjoy the success. Lucky Numbers: 10, 12, 20, 28, 34, 38.

VIRGO

(Aug. 24 - Sept. 23)



Don't be overly eager to launch your work goals until you have established a healthy family foundation. You may need to balance your career and your personal affairs. Lucky Numbers: 17, 19, 27, 29, 37, 39.

LIBRA

(Sept. 24 - Oct. 23)



You may need to allow yourself to temporarily break out of your usual routine. Experiment with new techniques. This might help things run more smoothly. Lucky Numbers: 3, 15, 19, 23, 35, 43.

SCORPIO

(Oct. 24 - Nov. 22)



You may feel that your life has put a great deal of mental strain right on you now. You might need something fresh and original to keep your mind interested. Lucky Numbers: 2, 14, 22, 24, 32, 44.

SAGITTARIUS

(Nov. 23 - Dec. 21)



You may need to pay closer attention to your priorities. You might have to focus harder in order to get a clearer picture of exactly what's happening around you. Lucky Numbers: 5, 16, 25, 31, 37, 42.

CAPRICORN

(Dec. 22 - Jan. 20)



You may need to find a new perspective on your relationships and your lifestyle. Do not try to make important decisions until you feel more comfortable. Lucky Numbers: 6, 7, 14, 16, 31, 36.

AQUARIUS

(Jan. 21 - Feb. 19)



Your ability to communicate effectively may be noticed by your superiors. Enjoy the good times. Plans for family or social gatherings might keep you on your toes. Lucky Numbers: 21, 29, 30, 32, 35, 47.

PISCES

(Feb. 20 - March 20)



Your interactions with others may be feisty and spirited. Share your knowledge and you might inspire others to take action. Group efforts or joint projects are favoured. Lucky Numbers: 7, 17, 22, 37, 40, 49.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 10.

Did You Know...

It's snowing! Accurately measuring the amount of rainfall is easier than measuring the amount of snowfall. One reason is that snow can stick to the side of the gauge, blocking falling snow from getting into the measuring container.

No arch: In people with flatfeet, the whole soles of their feet touch the floor when they are standing because their feet don't have arches. In some people, this condition causes problems, such as foot pain, but others don't have any symptoms.

Zucchini facts: People think of zucchini as a vegetable, but it is actually a fruit. Zucchini have beta-carotene and alpha-carotene, and the skin may be eaten along with the flesh because it is rich in antioxidants.

Funny lady: Maya Rudolph is an alumna of the famous American skit comedy show, *Saturday Night Live*. She performed on the show from 2000 to 2007 and became known for her impersonations.

Old tree: A living natural wonder of the world grows in the Abarkuh in Yazd Province, Iran. This Mediterranean cypress tree, known as Sarv-e Abarkuh, is thought to be between 4,000 and 5,000 years old.

On the Lighter Side

How are a green apple and a red apple alike? They're both red, except for the green one.

Why are movie stars so cool? They have a lot of fans.

She: "I have a doctor's appointment today, but I really don't want to go."
He: "Just call in sick then."

How do you get down from an elephant? You don't. You get down from a goose.

What disappears the second you start talking about it? Silence.

Answers

Trivia answers: 1. By the fact itself 2. Guitar 3. Books 4. Mystery 5. A ruckus

For available franchise opportunities – visit coffeenewscanada.com

© Published with Permission by Winnipeg Coffee News

Coffee News®

... Doing our part



FRESH ~ CLEAN ~ SANITIZED

WE will be increasing our number of available copies, so please feel free to take one with you.

- One Time Use
- Do Not Return to Stand
- Recycle



Coffee News... doing our part to **STOP THE SPREAD**

CHESSKINGS CAR RENTAL

✓ NO CREDIT CARD REQUIRED



✓ WE CAN DELIVER THE CAR TO YOU!

\$10 OFF
USE PROMO CODE COFFEE NEWS

204-887-7777

WWW.CHESSKINGS.CA

"CONNECTING THROUGH HORSES"

SAGEHILL STABLES

Horseback Riding Lessons & Birthday Parties

- Beginners welcome!
- Equine Assisted Learning Life Skills Programs
- Develop skills to combat anxiety, bullying and addiction
- Conference Room and Facility Rentals

AGES 4 TO 70+

1-800-217-4184

4180 Waverley Street in Winnipeg



www.sagehillstables.com

If you scan this QR Code, we'll arrange to have **Coffee News®** sent to your email every Friday!



SCAN ME

It's just that easy, and so convenient!



TMJ Pain! Sciatica Pain!

Are you suffering any kind of

PAIN?

GUARANTEED RESULTS!

I CAN HELP!

Dr. Guojian Huang (MD/PhD, China)
Pain Specialist

Call 204.775.2266

ANKANG ACUPUNCTURE HEALING CENTRE
www.acupuncturewinnipeg.ca
689 St. Mary's Road