

IS ADVENTURE ON YOUR BUCKET LIST?
Discover Scuba
 Try **Scuba Diving** and see what it's like to breathe underwater!
 \$50 per person. Save \$10 each when you register two or more!
 Or, discover **Snorkelling!** \$30 per person. Save \$5 each when you register two or more!
www.thediveoutfitters.ca
 SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

THIS SPACE FOR RENT
780-220-6397

HELP STOP THE SPREAD!

Stay safe!
 A message from your friends at **Coffee News®**

KG COUNTRY STABLES
 Western Equine Facility
 BOARDING | LESSONS
 Lessons ranging from beginner and up, tailored to your specific needs and offered in a beautiful outdoor setting, providing therapy for your soul through horses and nature...
780.265.4371 | kgcountry@gmail.com

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.
PASSENGER & PARCEL SERVICES
 GET YOUR REWARD CARD TO GET A FREE TICKET!
 Parcel Website: **www.coldshotca.com**
 Passenger Website: **www.coldshot.ca**
 TICKETS: 587-557-7719 | PARCEL: 587-557-7718
 SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

JEOPARDY!
 WEEKNIGHTS 7:30
yesTV

Get Your Meters' Calibrations Right
 — RELAX WHEN YOU GET AUDITED!
MEASUREMENT INC.
780-621-2555
PORTABLE TEST SEPARATOR RENTALS

Love Coffee News?
 Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!
 Send your selfie to **contests@coffee-news.ca**
 Please put "Readers" in the subject line.
Reader of the Month
 Thomas Acheson • Calgary, AB
Coffee News Fun Reading. Serious Advertising.

FREE! **New Issue Every Week!**
Coffee News®
 "News To Be Enjoyed Over Coffee"
Sturgeon County Edition
780-220-6397
www.coffee-news.ca

Vol. 18 No. 3 January 18, 2021

Everybody's Talking

Plant lover: Joe Bagley lives in his own personalized jungle. His home is a one-bedroom coach house in Loughborough, Leicestershire, England, and it is filled to the rafters with all kinds of potted plants, from cacti to ivy and from tropicals to succulents. All told, he estimates that 1,400 plants live in his abode. His love of plants started when, as a boy of 13, his grandmother gave him a spider plant cutting. Since then, collecting and caring for plants has become his passion. Even his work involves plants: he works in a garden centre.

Close proximity: Those who live near busy highways may not be thrilled with traffic noise, but that's nothing compared to a situation in Cairo, Egypt. Designed to carry fast-moving vehicles, Teraet Al-Zomor Bridge is under construction just 50 centimetres (20 in.) from four high-rise apartment buildings. Apparently, the bridge is an important addition to the infrastructure, and the construction has a permit. The apartment dwellers will have to relocate, as the buildings will be torn down. For now, though, the view from some of the suites is definitely blocked, but hopefully the compensation to the renters will be worth it!

Big loaves: The country of Vietnam holds many tourist attractions, but one unlikely item has people talking – giant loaves of bread. Baker Pham Thi Bac of An Giang province in the Mekong Delta, started making the big loaves in 2018, just for fun. At about one metre (3 ft.) long and weighing approximately three kilograms (6.5 lbs.), the loaves taste great and are glazed with butter and seeds. Local people heard about the bread first and started asking for it. Then tourists joined in, wanting to take home a loaf or two as souvenirs – if they could figure out a way to carry them!

House for raffle: Katherine Jablonowska and Ryan Mclean wanted to do something different, so they took on a unique project. They bought a 19th-century cottage on the Llyn Peninsula in North Wales and renovated it. But their goal was not to live there. Instead, they plan to raffle it off for £5 per ticket, with the lucky winner becoming the new owner. Originally a working barn, the home is now a beautiful, peaceful abode, with all the "bells and whistles" of modern life. When selling tickets, the pair is requesting a £1 donation, which they will match and donate to The Children's Society.

Quoteable Quotes

"Dance to the tune that is played." —Spanish proverb
 "A little alarm now and then keeps life from stagnation." —Fanny Burney

What's Happening

Jan 15 to 31 Valentines Fundraiser - Buy a Valentine, Save a Horse Valentine cards for purchase featuring animals from Out of Africa Animal Sanctuary. 75 of proceeds will directly benefit the animals who are free from harm. View our fundraiser at **www.helpabuddyfund.org**

Feb 1 to 28-Hypothermic Half Marathon 10K Virtual event - participate from any location you choose! Run in support of Justsocks.ca - a volunteer operated charity providing new socks to those in need across Canada. **www.hypothermichalf.com**

Jan 16 to 17-Deep Freeze: A Byzantine Winter Adventure This two-day festival brings together diverse cultures and revels in the magic and beauty of winter. Alberta Avenue - 118 Avenue NW and 91 Street, Edmonton.

NON profit organizations may submit events for FREE at **www.coffee-news.ca/whats-happening**

Hidden Coffee News Guy ADVENTURE
 Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
 *Coffee News Bucks
 Over 150 participating sponsors!
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.
To enter, visit **www.coffee-news.ca**
 Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
 NEW FEATURE!
 ...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What does the term "ipso facto" mean?
2. Mexican American performer Carlos Santana is known for playing what instrument?
3. What does a bibliophile collect or have a love for?
4. Author Agatha Christie is best known for writing what type of novels?
5. A brouhaha is a German joke or a ruckus?

(Flip bottom of page for answers)
 © Published with Permission by Capital Marketing Ltd

Feel free to take your Coffee News home!
Leave a legacy
 and be a part of tomorrow's future, today
 If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.
 You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.
BREATHE
 the lung association
www.ab.lung.ca/you-can-help-change-future-today

200+ Delicious Meals Made for SENIORS!
 NOW SERVING THIS COMMUNITY!
 ✓ Free Delivery*
 ✓ No Obligations
 ✓ No Minimum Orders*
 *Some conditions apply
HEART TO HOME MEALS
 DELICIOUS MEALS MADE FOR SENIORS®
www.hearttohomemeals.ca

NOW ACCEPTING ARI CARDS
 Auto • Commercial • Residential
Advanced Glass Inc.
 CALL MARC CLOUTIER TODAY:
780-961-2276
 mcloutier2008@gmail.com • 5514 - 50 Avenue, Legal AB
 Morinville Location: Bay #2, 9702-90 Ave. Call 587-985-4427

Country Pricing ...with City Service!
 24 HR. SURVEILLANCE
 KEYPAD ACCESS
 LOCALLY OWNED AND OPERATED
GIBBONS MINI STORAGE
 O: 780-271-0469 C: 780-916-5843
 5120-41 St. (Located in Gibbons Industrial Park)
www.gibbonsministorage.ca
 STORAGE UNITS STARTING AT \$85 PER MONTH

Wishes are waiting.
 Help us give every eligible child the wish they need.
 Donate today:
www.makeawishna.ca
Make-A-Wish
 NORTHERN ALBERTA CANADA
 Coffee News is proud to support Make-A-Wish Northern Alberta

WESTLOCK & DISTRICT CHAMBER OF COMMERCE
 Our community Your business
MEETINGS ON THE THIRD THURSDAY OF EVERY MONTH
 Westlock Legion
 10004-106 St.
www.westlockchamber.com
 Visit our website for more information

Are your ducks all in a row...?
 Offering years of paralegal experience to assist you by preparing documents such as:
 • Last Will and Testament
 • Enduring Power of Attorney
 • Personal Directives
WILLPOWER WILLS
 EXPERIENCED. DEDICATED. KNOWLEDGEABLE.
780-418-7611
 Call Terri today for a FREE consult.
 TERRI BRUNNING

PRAIRIE SUNSET
 Funeral Home and Cremation Services
 A DIVISION OF THE CARINGROUP INC.
780-470-5005 **780-349-5006**
 St. Albert Westlock
www.psfh.ca
 The World's #1 Restaurant Publication!

WHY RENT ...when you can BUY?

You may be financially ready – and don't even know!

Call George about *real solutions* to build equity:
780.982.4247
www.georgevandewalle.com

GEORGE VAN DE WALLE



Recipe of the month

Bacon Wrapped Stuffed Mushrooms

½ cup chopped green onions
2 (8 ounce) packages cream cheese, softened


20 fresh mushrooms, stems removed
1 pound sliced bacon, cut in half

Level: Easy Total: 30 mins Yield: 20 appetizers
Prep: 10 mins Cook: 20 mins

- Preheat the oven to 350 degrees F (175 degrees C).
- In a medium bowl, mix together the green onions and cream cheese. Stuff mushroom caps with the cheese mixture. Wrap each mushroom with a half-slice of bacon, and secure with toothpicks. Place on a baking sheet.
- Bake for 20 minutes in the preheated oven, until the bacon is cooked through.

An ideal addition to a party tray or a wonderful appetizer for a romantic Valentine Day meal.

Source: www.allrecipes.com



HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

APPLY NOW TO MEET 2019 TAX DEAD-LINES!

For Expert Help: **1.844.453.5372**



Pregnant? Facing Difficult Decisions?

We can help. Call **780.421.1177** or text **587.596.5380**

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

Small Miracles Adoption

www.smallmiraclesadoption.com



Did you know Gold Canyon Candles went out of business in March 2020?

Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.

PSC Prairie Scented Candles

Subtle Scents a Ray of Fragrance

We are recreating your Gold Canyon favorites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449




Visit us on Facebook-CoffeeNewsWeekly

Your Weekly Horoscope


ARIES (March 21 - April 20)

Upcoming social and family gatherings may mean your schedule is full of fun activities. Your creative mind may be busy making plans. Use this time to recharge yourself. Lucky Numbers: 2, 14, 21, 34, 40, 45.



TAURUS (April 21 - May 21)

Feelings of tenderness and love, especially for family members, may be very strong right now. You might feel very high spirits in hosting a party at home. Cheers! Lucky Numbers: 12, 17, 31, 37, 40, 42.




GEMINI (May 22 - June 21)

Take full advantage of any possible avenue of communication available to spread your message. This may be an excellent time for you to do some research or studying. Lucky Numbers: 8, 9, 16, 22, 37, 41.




CANCER (June 22 - July 22)

You may need to ask pertinent questions about your status. If you don't hold back, you might be in the driver's seat. Plan a getaway and take full advantage of some time off. Lucky Numbers: 18, 20, 22, 23, 31, 40.




LEO (July 23 - Aug. 23)

Many may try to lead, but you might have the secret to success. You usually love a happy ending, and this story could prove to be a real winner. Enjoy the success. Lucky Numbers: 10, 12, 20, 28, 34, 38.



VIRGO (Aug. 24 - Sept. 23)

Don't be overly eager to launch your work goals until you have established a healthy family foundation. You may need to balance your career and your personal affairs. Lucky Numbers: 17, 19, 27, 29, 37, 39.



Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 10.

Did You Know...

It's snowing! Accurately measuring the amount of rainfall is easier than measuring the amount of snowfall. One reason is that snow can stick to the side of the gauge, blocking falling snow from getting into the measuring container.

No arch: In people with flatfeet, the whole soles of their feet touch the floor when they are standing because their feet don't have arches. In some people, this condition causes problems, such as foot pain, but others don't have any symptoms.

Zucchini facts: People think of zucchini as a vegetable, but it is actually a fruit. Zucchini have beta-carotene and alpha-carotene, and the skin may be eaten along with the flesh because it is rich in antioxidants.

Funny lady: Maya Rudolph is an alumna of the famous American skit comedy show, *Saturday Night Live*. She performed on the show from 2000 to 2007 and became known for her impersonations.

Old tree: A living natural wonder of the world grows in the Abarkuh in Yazd Province, Iran. This Mediterranean cypress tree, known as Sarv-e Abarkuh, is thought to be between 4,000 and 5,000 years old.

On the Lighter Side

How are a green apple and a red apple alike? They're both red, except for the green one.

Why are movie stars so cool? They have a lot of fans.

She: "I have a doctor's appointment today, but I really don't want to go."

He: "Just call in sick then."

How do you get down from an elephant? You don't. You get down from a goose.


What disappears the second you start talking about it? Silence.

Answers

Trivia answers: 1. By the fact itself 2. Guitar 3. Books 4. Mystery 5. A rucksack

LIBRA (Sept. 24 - Oct. 23)

You may need to allow yourself to temporarily break out of your usual routine. Experiment with new techniques. This might help things run more smoothly. Lucky Numbers: 3, 15, 19, 23, 35, 43.




SCORPIO (Oct. 24 - Nov. 22)

You may feel that your life has put a great deal of mental strain right on you now. You might need something fresh and original to keep your mind interested. Lucky Numbers: 2, 14, 22, 24, 32, 44.



SAGITTARIUS (Nov. 23 - Dec. 21)

You may need to pay closer attention to your priorities. You might have to focus harder in order to get a clearer picture of exactly what's happening around you. Lucky Numbers: 5, 16, 25, 31, 37, 42.




CAPRICORN (Dec. 22 - Jan. 20)

You may need to find a new perspective on your relationships and your lifestyle. Do not try to make important decisions until you feel more comfortable. Lucky Numbers: 6, 7, 14, 16, 31, 36.




AQUARIUS (Jan. 21 - Feb. 19)

Your ability to communicate effectively may be noticed by your superiors. Enjoy the good times. Plans for family or social gatherings might keep you on your toes. Lucky Numbers: 21, 29, 30, 32, 35, 47.



PISCES (Feb. 20 - March 20)

Your interactions with others may be feisty and spirited. Share your knowledge and you might inspire others to take action. Group efforts or joint projects are favoured. Lucky Numbers: 7, 17, 22, 37, 40, 49.



Season's Greetings

from your friends at **Coffee News**




One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms. No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere – even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714



Thank You to these distribution partners for continuing to support Coffee News through these unprecedented times...

Zone 2 Updated: 18.20.20

We appreciate you!

| | | | |
|--|---|--|---|
| Morinville A & W Amanda's Pizza Asian Garden Restaurant Bistro Di Madre Piccola Boston Pizza Coaches Corner Sports Bar Dairy Queen Domino's Golden Szechuan | Higher Grounds KFC McDonalds Morinville Grill Morinville Pizza Panago Pizza Hut Sal's Famous Donairs The Station (Shell) Tim Hortons | Redwater Acht's Best Western Burger Baron-5208 Rainbow Restaurant Subway Tim Hortons Yum Yum Restaurant | Legal Big Mouth McGee's Chef's Bite New Diamond |
|--|---|--|---|

Gibbons
Dairy Queen
Hotel Restaurant

Jingles Pub
Lee's Restaurant
Mainstreet Grill

Primo Pizza
Sal's Famous
Donairs

Would you like to offer your customers the opportunity to enjoy the "good news" message of Coffee News?

► For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.



ELECTRICIAN SERVICES

RESIDENTIAL | RENOVATIONS | REPAIRS

587.805.5131
cam@resielectric.ca

RESI ELECTRIC



Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove



Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition

TecWerks Inc.
WHERE TECH WORKS

780.801.1030 | www.tecwerks.ca

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS



Supporting you is my priority

Please contact me if there is anything I can do to help you during this difficult time.

Jennifer Miles, Agent
780-460-2279

Desjardins Insurance

