

Free Teeth Whitening
WITH EVERY ADULT CLEANING!

FREE CONSULTATIONS

- Direct Insurance Billing • Lowered Fee Guide
- Kids and Adults Welcome
- Open Seven Days A Week

VITAL DENTAL HYGIENE CLINIC
CARING FOR YOU & YOUR SMILE


587-598-4825
www.vitaldentalhygiene.ca
#120, 2457 Broadmoor Blvd, Sherwood Park



KUZYK & MOL
A PARTNERSHIP FOR THE GENERAL PRACTICE OF LAW

Effective April 1, 2017, Daniel J. Mol has joined the partnership of Kuzyk & Bombak Law Office with the new firm to be known as **Kuzyk & Mol Law**

5038-50 Avenue
(same building as Kuzyk & Bombak)
Postal Drawer 929, Vegreville, AB T9C 1S1
Phone: 780-632-4552
Fax: 780-632-4553



RUSTIC PARADISE!
300 1 Ave. W - Buck Lake
\$276,421 MLS E4200600

- Log Home Hand Crafted, Picturesque
- 0.65 Acres, Metal Roof
- 2 Bdrm, 3 pce. Bath, Eat-In Kitchen, Living Room with Wood Stove
- 2016 New Plumbing, In Floor Heat
- Entire Home, Hot Water Tank, Septic Tank, Drilled Well, Bathroom Ready for Stacking Washer/Dryer
- 27 x 10 ft. Covered Veranda w/Swing, Fire Pit, Play Structure, SeaCan
- Minutes to Scenic Lake, Great Fishing, Boating, Skiing, Bird Watching, Short Walk to Amenities

Doreen Noppers REALTOR®
780-885-7398 doreen.noppers@royallepage.ca




YSS CANNABIS

Where Discovery Happens.

#202, 4121 - 51 Street, Vermilion | ysscorp.ca



Friendly service your family can trust!

JJ's Value Drug Mart
INDEPENDENT PHARMACY

Transferring prescriptions is as easy as a phone call

#205, 5342-50 Avenue, Vegreville
Galleria Shops | 587-790-7777


JJ Begalke
20 years of experience as a pharmacist

FREE DELIVERY to Mundare



FRASIER WEEKNIGHTS
6:00(EST) / 6:30(MT)

yesTV



Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380



- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

Small Miracles Adoption


www.smallmiraclesadoption.com



FREE! New Issue Every Week!

Coffee News®
"News To Be Enjoyed Over Coffee"

Vermillion Edition
780-220-6397



www.coffee-news.ca Est. 1988

Vol. 2021 No. 3 January 18, 2021

Everybody's Talking

Plant lover: Joe Bagley lives in his own personalized jungle. His home is a one-bedroom coach house in Loughborough, Leicestershire, England, and it is filled to the rafters with all kinds of potted plants, from cacti to ivy and from tropicals to succulents. All told, he estimates that 1,400 plants live in his abode. His love of plants started when, as a boy of 13, his grandmother gave him a spider plant cutting. Since then, collecting and caring for plants has become his passion. Even his work involves plants: he works in a garden centre.

Close proximity: Those who live near busy highways may not be thrilled with traffic noise, but that's nothing compared to a situation in Cairo, Egypt. Designed to carry fast-moving vehicles, Teraet Al-Zomor Bridge is under construction just 50 centimetres (20 in.) from four high-rise apartment buildings. Apparently, the bridge is an important addition to the infrastructure, and the construction has a permit. The apartment dwellers will have to relocate, as the buildings will be torn down. For now, though, the view from some of the suites is definitely blocked, but hopefully the compensation to the renters will be worth it!

Big loaves: The country of Vietnam holds many tourist attractions, but one unlikely item has people talking – giant loaves of bread. Baker Pham Thi Bac of An Giang province in the Mekong Delta, started making the big loaves in 2018, just for fun. At about one metre (3 ft.) long and weighing approximately three kilograms (6.5 lbs.), the loaves taste great and are glazed with butter and seeds. Local people heard about the bread first and started asking for it. Then tourists joined in, wanting to take home a loaf or two as souvenirs – if they could figure out a way to carry them!

House for raffle: Katherine Jablonowska and Ryan Mclean wanted to do something different, so they took on a unique project. They bought a 19th-century cottage on the Llyn Peninsula in North Wales and renovated it. But their goal was not to live there. Instead, they plan to raffle it off for £5 per ticket, with the lucky winner becoming the new owner. Originally a working barn, the home is now a beautiful, peaceful abode, with all the "bells and whistles" of modern life. When selling tickets, the pair is requesting a £1 donation, which they will match and donate to The Children's Society.

Quoteable Quotes

"Dance to the tune that is played." —Spanish proverb
"A little alarm now and then keeps life from stagnation."
—Fanny Burney

What's Happening

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What does the term "ipso facto" mean?
2. Mexican American performer Carlos Santana is known for playing what instrument?
3. What does a bibliophile collect or have a love for?
4. Author Agatha Christie is best known for writing what type of novels?
5. A brouhaha is a German joke or a ruckus?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Leave a legacy
and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
the lung association

www.ab.lung.ca/you-can-help-change-future-today



HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

For Expert Help:
1.844.453.5372

APPLY NOW TO MEET 2019 TAX DEAD-LINES!



HELP STOP THE SPREAD!

1. Wear a mask
2. Keep your distance – six feet!
3. Wash your hands
4. Take your copy of Coffee News home with you

Stay safe!
A message from your friends at **Coffee News®**



This Space for Rent.

877-553-6397

SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
1781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location – call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA



Wishes are waiting.

Help us give every eligible child the wish they need.

Donate today:
www.makeawishna.ca

Make-A-Wish
NORTHERN ALBERTA CANADA

Coffee News is proud to support Make-A-Wish Northern Alberta



VIKING Bottle Depot

WE DO PICK UPS!

5313-50 St. Viking

Open Sunday-Friday,
10 am - 5 pm
780-336-3219
780-603-4904



Did you know Gold Canyon Candles went out of business in March 2020?

Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.

PSC Prairie Scented Candles
SUNSET SCENTS
A WAY OF FRAGRANCE

We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

priariescentedcandles@gmail.com
www.priariescentedcandles.com



Can't get to your **Coffee News**® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

Recipe of the month

Bacon Wrapped Stuffed Mushrooms

½ cup chopped green onions
2 (8 ounce) packages cream cheese, softened
20 fresh mushrooms, stems removed
1 pound sliced bacon, cut in half

Level: Easy Total: 30 mins Yield: 20 appetizers
Prep: 10 mins Cook: 20 mins

- Preheat the oven to 350 degrees F (175 degrees C).
- In a medium bowl, mix together the green onions and cream cheese. Stuff mushroom caps with the cheese mixture. Wrap each mushroom with a half-slice of bacon, and secure with toothpicks. Place on a baking sheet.
- Bake for 20 minutes in the preheated oven, until the bacon is cooked through.

An ideal addition to a party tray or a wonderful appetizer for a romantic Valentine Day meal.

Source: www.allrecipes.com

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Save \$100!

Cedar Manor
Upgraded apartments starting at \$660!

(780) 214-1300

\$399 Security Deposits

Tesla Estates
Luxury apartments starting at \$1,105!

(780) 214-1300

Northview APARTMENT REIT
*On approved application, while promotion lasts.

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS
GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

We Print **Restaurant Menus** for our distribution partners

- High Quality Printing
- Professional Graphic Design
- Affordable Pricing (No hidden costs!)

Coffee News®
For full details, call **780-220-6397**

Fast, Straight To Your Door Delivery

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Upcoming social and family gatherings may mean your schedule is full of fun activities. Your creative mind may be busy making plans. Use this time to recharge yourself. Lucky Numbers: 2, 14, 21, 34, 40, 45.

TAURUS
(April 21 - May 21)

Feelings of tenderness and love, especially for family members, may be very strong right now. You might feel very high spirits in hosting a party at home. Cheers! Lucky Numbers: 12, 17, 31, 37, 40, 42.

GEMINI
(May 22 - June 21)

Take full advantage of any possible avenue of communication available to spread your message. This may be an excellent time for you to do some research or studying. Lucky Numbers: 8, 9, 16, 22, 37, 41.

CANCER
(June 22 - July 22)

You may need to ask pertinent questions about your status. If you don't hold back, you might be in the driver's seat. Plan a getaway and take full advantage of some time off. Lucky Numbers: 18, 20, 22, 23, 31, 40.

LEO
(July 23 - Aug. 23)

Many may try to lead, but you might have the secret to success. You usually love a happy ending, and this story could prove to be a real winner. Enjoy the success. Lucky Numbers: 10, 12, 20, 28, 34, 38.

VIRGO
(Aug. 24 - Sept. 23)

Don't be overly eager to launch your work goals until you have established a healthy family foundation. You may need to balance your career and your personal affairs. Lucky Numbers: 17, 19, 27, 29, 37, 39.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 10.

Did You Know...

It's snowing! Accurately measuring the amount of rainfall is easier than measuring the amount of snowfall. One reason is that snow can stick to the side of the gauge, blocking falling snow from getting into the measuring container.

No arch: In people with flatfeet, the whole soles of their feet touch the floor when they are standing because their feet don't have arches. In some people, this condition causes problems, such as foot pain, but others don't have any symptoms.

Zucchini facts: People think of zucchini as a vegetable, but it is actually a fruit. Zucchini have beta-carotene and alpha-carotene, and the skin may be eaten along with the flesh because it is rich in antioxidants.

Funny lady: Maya Rudolph is an alumna of the famous American skit comedy show, *Saturday Night Live*. She performed on the show from 2000 to 2007 and became known for her impersonations.

Old tree: A living natural wonder of the world grows in the Abarkuh in Yazd Province, Iran. This Mediterranean cypress tree, known as Sarv-e Abarkuh, is thought to be between 4,000 and 5,000 years old.

On the Lighter Side

How are a green apple and a red apple alike? They're both red, except for the green one.

Why are movie stars so cool? They have a lot of fans.

She: "I have a doctor's appointment today, but I really don't want to go."
He: "Just call in sick then."

How do you get down from an elephant? You don't. You get down from a goose.

What disappears the second you start talking about it? Silence.

Answers

Trivia answers: 1. By the fact itself 2. Guitar 3. Books 4. Mystery 5. A ruckus

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

MORE SELECTION THAN ANY OTHER WINDOW COVERING SOURCE!

We make 100+ kinds of blinds
We stock 15 million feet of inventory

real blinds

WESTERN CANADA'S #1 RETAIL WINDOW COVERING FACTORY

1 855 80 REAL REALBLINDS.CA

EDMONTON 10510-107 Ave. NW 780-250-7325
VEGREVILLE 5006-52 Avenue 780-632-2142
DERWENT 118 Main Road 780-741-2376
BONNYVILLE/COLD LAKE 780-826-2239
WAINWRIGHT/PROVOST 780-842-2477
LOYDMINSTER 780-875-1093

FREE In-Home Consultation
LIFE TIME WARRANTY
SAVE 50%

New Beginning Law

**Family Law
Criminal Defence**

Jerred L.T.T. Moore
B.A. (Adv.), J.D.
Barrister & Solicitor

Renée L.T. Moore
B.A., B.Comm.(Co-op), J.D.
Barrister & Solicitor

780.645.0050
www.newbeginninglaw.ca | 4902-50 St., St. Paul, AB

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere — even on most airlines. Inogen accepts Medicare and many private insurances!

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714

Reclaim Your Freedom And Independence NOW!

inogen

© 2020 Inogen, Inc. All rights reserved. MKT-P0108

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition

TecWerks Inc.
WHERE TECH WORKS

780.801.1030 | www.tecwerks.ca

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

PLEASE ASK US FOR STARTER PACK

200+ Delicious Meals Made for SENIORS!

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your FREE MENU Catalogue today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS®
www.hearttohomemeals.ca

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Coffee News® Fun Reading. Serious Advertising.

Reader of the Month
Thomas Acheson • Calgary, AB

MUSIC | APPLIANCES | SECOND HAND STORE

Factory Direct & Consignment

5225-52 Avenue
780-632-4141

Serving Vegreville for 20+ Years!

MENTION THIS AD FOR A DISCOUNT!

LET US HELP YOU QUIT SMOKING

Come learn the facts and make a plan

780-623-2158

OHMY VAPE LOUNGE

10263-101 Ave., Lac La Biche
10 am - 6 pm, 7 days a week
Closed on holidays