

almescape@gmail.com

### CancXcancerhelp.com

Use Order Code 6902

BREAKTHROUGH IN CANCER NUTRITIONAL SUPPORT

#### HELP STOP THE SPREAD!









Coffee News home with you

Stay safe!

A message from your friends at **Coffee News**®







Wishes are waiting.

Help us give every eligible child the wish they need. Donate today: www.makeawishna.ca

Make A Wish.

Coffee News is proud to support Make-A-Wish Northern Alberta

**COLD SHOT PASSENGER** & PARCEL SERVI

Parcel Website: www.coldshotca.com Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

# New Issue Every Week!



"News To Be Enjoyed Over Coffee"

**South East Edmonton Edition** 780-220-6397

www.coffee-news.ca

FREE!

Vol. 18 No. 4 January 25, 2021

### Everybody's Talking

Unusual art: Artist Reijo Kela of Finland must have been a bit bored when he decided to make some friends - literally. He came up with an art installation consisting of over 1,000 "people" made of wooden frames and dressed in colourful clothing. All the figures, which have heads of peat and hair of straw, face the same direction. Called "The Silent People," the installation is situated in a field near a highway, in the Finnish municipality of Suomussalmi. Drivers who are accustomed to the sight may not look twice, but those who don't know about it experience quite a shock when they first view the army of scarecrows.

**Unshorn sheep:** A sheep named Prickles has become a celebrity in Tasmania (Australia). The ovine got separated from Alice Gray's family farm in 2013 during intense bush fires. A lamb at the time, the family worried that she wouldn't survive in the wilderness. However, they were buoyed by a few sightings of her over the years, and finally, they managed to catch her, put her in a truck, and get her back to the farm. Prickles had not had her wool shorn for so long that she looked like a big ball of fluff. The family sponsored a contest for people to guess how much the wool weighed, and they donated the proceeds to a COVID-19 relief fund.

**Pancake perfection:** The small city of Ames, Iowa (U.S.), is home to The Grove Café. This little restaurant, which was founded back in 1948, serves such good food that it has been voted one of the 20 best breakfast restaurants in the country. Pancakes are the menu item that gets diners' attention. They are enormous and barely fit on a plate. At an inch thick and with perfect fluffiness, these pancakes can be ordered as a short stack of two, for diners who are really hungry. Toppings include butter, blueberry and raspberry jam, and whipped cream.

Picturesque burglary: If you are going to rob someone, try not to take a picture of yourself on the victim's phone. That's what Ashley Keast did after breaking into a home with the intent of stealing. Keast, of Rotherham, South Yorks (England), stole a SIM card and put it into a different phone before posting a selfie. He didn't realize that the photo was seen by the victim's co-workers, who called the cops. It didn't take long to find the thief, who was caught with the victim's £4,000 Rolex watch. Keast ended up in jail for his bad deed.

### Quoteable Quotes

"Anticipation was the soul of enjoyment —Elizabeth Gaskell "There is nothing either good or bad, but thinking makes it so." —William Shakespeare

## What's Happening

Jan 15 to 31 Valentails Fundraiser - Buy a Valentine, Save a Horse Valentine cards for purchase featuring animals from Out of Africa Animal Sanctuary. 75 of proceeds will directly benefit the animals who are free from harm. View our fundraiser at www. helpabuddyfund.org

Feb 1 to 28-Hypothermic Half Marathon 10K Virtual event participate from any location you choose! Run in support of Justsocks.ca - a volunteer operated charity providing new socks to those in need across Canada. www.hypothermichalf.com

**Sept 10-Bridge of Life** is a suicide awareness prevention candle light vigil walk across the high level bridge. There is light music refreshments and guest speakers. www.yegmentalhealth.com. Constable Ezio Faraone Park 7-9 PM

> NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening



To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST 51.4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Gu

### Trivia

- 1. Glaucoma is a medical condition that affects the ears or the eyes?
- 2. A taradiddle is a petty falsehood or a type of riddle?
- 3. What actress played the role of Elaine in the Seinfeld sitcoms?
- 4. George de Mestral invented Velcro, a combination of what?

5. What is a worthless medicinal product often called?

(Flip bottom of page for answers) © Published with Permission by Capital Marketing Ltd The World's #1 Restaurant Publication!



### THIS SPACE **FOR RENT** 780-220-6397



Dr. Adrian Wagg's research team at the University of Alberta is recruiting participants for a research study to understand self-manage of urinary incontinence with containment products by community dwelling older people living with dementia

You will be in the study for approximately 10 weeks. During this time, the researcher will visit you five times. You will be asked to fill out questionnaires maintain a bladder diary and take part in two interviews. The study visits will last between 1 to 2 hours. ALBERTA

If you want to learn more about this study, please contact Dr. Wagg's research office at 780-492-6855

This study will abide by all Covid-19 safety measures outlined by Alberta's Chief Medical Officer University of Alberta Ethics approval Ref.: Pro00094514

IN THE

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE Sunday (south extension of 99th St.

above South mybottledepot.ca Edmonton Common) 14 receiving stations to serve you REALLY FAST!

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!





**LOOKING FOR HELP? NEW TO ALBERTA?** 

We provide services for newcomers with permanent barriers with a fast, pre-employment program, to help you get ahead!

michael@employabilities

CONTACT EMPLOYABILITIES TODAY!

Contact us by phone at 780.945.4643 or email

PLEASE ASK US FOR STARTER PACK **Made for SENIORS!** NOW SERVING THIS COMMUNITY!

✓ Free Delivery\*

200+ Delicious Meals

Request your FREE MENU

✓ No Obligations ✓ No Minimum Orders\*

CONSULTATIONS

Catalogue today! 780-666-2336 TF: 1-800-704-4779

**HEART TO HOME MEALS** www.hearttohomemeals.ca

Free Teeth Whitening WITH EVERY ADULT CLEANING!



VITAL DENTAL

HYGIENE CLINIC

587-598-4825 www.vitaldentalhygiene.ca

Affordable-Effective-Exclusive-CALL NOW!

(Over)

www.scubagearcanada.ca



TROUBLE WALKING or DRESSINĞ? The Disability Tax Credit allows for \$3,000 YEARLY TAX CREDIT and \$30,000 LUMP SUM REFUND

For Expert Help: **= 1.844.453.5372** 



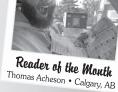
#### 780-809-9613 | www.instamek.com

#### Love Coffee News ?

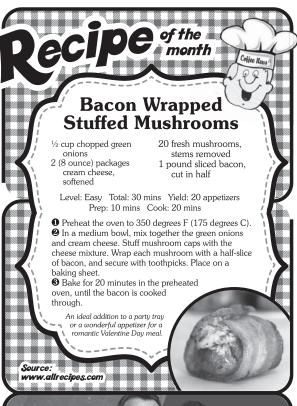
Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca

lease include: D Your name @ Your phone number nd @ Your address o that we can send you some cool prizes



Coffee News Fun Reading. Serious Advertising.







### **NEW TO ALBERTA?**

We provide services for newcomers with permanent barriers with a fast, pre-employment program,

This program offers the following FREE ser

#### CONTACT EMPLOYABILITIES TODAY!

Contact us by phone at 780.945.4643 or email michael@employabilities.ab.ca

Feel free to take your Coffee News home!

### Your Weekly Horoscope

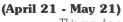
#### (March 21 - April 20)



Your energy level may be high. Your ability to concentrate in your field of expertise might bring you much success. The world of imagination could

seem very attractive to you. Lucky Numbers: 6, 24, 36, 40, 43, 47.

#### **TAURUS**





This may be a busy time for you, with many family celebrations to attend. You might enjoy being with friends and family, sharing pleasures

and fun together. Enjoy! Lucky Numbers: 1, 16, 31, 46, 47, 49.

#### **GEMINI** (May 22 - June 21)



If you are a writer, this may be a magical time for inspiration of a very high order. Your natural sense of spiritual purpose and direction might

be greatly enhanced. Lucky Numbers: 17, 20, 23, 26, 29, 32.

#### **CANCER** (June 22 - July 22)



Your imagination and intuition may be heightened, which could benefit any creative or artistic endeavour. Your thoughts might tend to be very dreamy or fantastic. Lucky Numbers:

2, 10, 15, 36, 43, 45.

#### (July 23 - Aug. 23)



Be aware of your own energy level and be sure to save some energy for the near future. Time may mend wounds, but your emotional scars may

need more healing. Lucky Numbers: 4,

#### **VIRGO**

(Aug. 24 - Sept. 23)



You may choose to begin some sort of self-improvement effort. Once your life is put into a better perspective, you might feel more confident that

your goals are attainable. Lucky Numbers: 7, 13, 17, 23, 37, 43.

### (Sept. 24 - Oct. 23)



You may be more conscious of the price you might need to pay to realize your ultimate dreams. Don't allow it to dis-

courage you from turning your ideas into reality. You can do it. Lucky Numbers: 4, 14, 16, 29, 32, 45.

#### **SCORPIO**

(Oct. 24 - Nov. 22)



You may attend an artistic event that exposes you to new styles that differ from your own. These new contacts may provide you with some exciting ideas. Lucky Numbers: 5, 8, 19, 25,

#### **SAGITTARIUS**

(Nov. 23 - Dec. 21)



Now may be a good time to have someone special to share good times. You might need to try to create a more equal sharing of love and nurturing

in your relationship. Lucky Numbers: 16, 25, 26, 35, 36, 45.

#### **CAPRICORN** (Dec. 22 - Jan. 20)

Communications may come from unexpected places. You might crave more stimulation. Your strong sense of adventure could greatly influence your imagination. Lucky Numbers: 13,

#### 16, 22, 25, 37, 48. **AQUARIUS**



(Jan. 21 - Feb. 19) This may be a productive time to learn more about love and about what your true values may be. Remain calm and look more objectively at your

relationships. Lucky Numbers: 11, 17, 30, 34, 46, 49.

#### **PISCES** (Feb. 20 - March 20)



A conflict of interest may arise due to a lack of respect others might be showing you. Your leadership qualities might help

them appreciate your professional approach. Lucky Numbers: 10, 11, 19, 30, 31, 39.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 2.

### Did You Know...

Rare bird: The blue-throated macaw is a brightly coloured bird that lives in northern Bolivia. It grows to be 60 to 91 centimetres (two to three feet) from head to tail, and some live to be 50 years old. They are on the endangered list.

Buggy place: The city of Montréal, Québec (Canada), has a very unusual museum called the Insectarium of Montréal. This museum displays thousands of insect specimens for those who are fascinated by such creatures.

Savoury breakfast: A favourite breakfast sold by street vendors in China is jianbing. This made-to-order, crêpe-like food is filled with green onion, cilantro, and vegetables, and topped with hoisin sauce and spices.

I love you: In Paris, an art installation called Mur des Je T'Aime ("I Love You: The Wall") was built from lava tiles by Frédéric Baron and Claire Kito. On the tiles, the artists have written "I Love You" in 311 ways, using about 250 languages.

Born singer: Sia is a pop singer from Adelaide, Australia. After limited early success in Australia, she moved to England, where she pursued a solo career. One of her early albums, Healing is Difficult, was released in 2001. She now lives in the United States.

### On the Lighter Side

Falling in love is awfully simple. Falling out of love is simply

What stays in the corner all the time but travels around the world? A stamp.

Why didn't the dinosaur cross the road? Because there weren't even any roads during the Jurassic Period!

What do lawyers wear to court? Lawsuits.

Dentist: "You need a crown."

Patient: "Finally, someone who understands me."

#### Auswers

Louis-Dreyfus 4. Velvet and crochet 5. Snake oil Trivia answers: 1. Eyes 2. Petty falsehood 3. Julia

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Capital Marketing Ltd









Serving the community for over 40 years. 10:30 AM Sunday Worship Service

www.tbcsherwoodpark.ca 780-464-4040

East on Baseline: First left after Hwy 21











8- South East Edmonton