

The Brenda Strafford Foundation's newest seniors wellness con University District, NW Calgary's newest urban neighbourhood.

 Assisted Living, Enhanced Care and Memory Care Respite Care short terms stays available

403.536.8675 | cambridgemanor.ca

### HELP STOP THE SPREAD!













Coffee News home with you Stay sate! A message from your friends at Coffee News®

One solution for oxygen at home, away, and for travel Introducing the INOGEN ONE – It's oxygen therapy on your terms No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere — even on most airlines.

















www.smallmiraclesadoption.com

Wear a mask. Stay Safe!





Over Coffee"

Southwest **Calgary Edition** 587-392-8086

www.coffee-news.ca

Vol. 11 No. 4 January 25, 2021

## Everybody's Talking

Unusual art: Artist Reijo Kela of Finland must have been a bit bored when he decided to make some friends – literally. He came up with an art installation consisting of over 1,000 "people" made of wooden frames and dressed in colourful clothing. All the figures, which have heads of peat and hair of straw, face the same direction. Called "The Silent People," the installation is situated in a field near a highway, in the Finnish municipality of Suomussalmi. Drivers who are accustomed to the sight may not look twice, but those who don't know about it experience quite a shock when they first view the army of scarecrows.

Unshorn sheep: A sheep named Prickles has become a celebrity in Tasmania (Australia). The ovine got separated from Alice Gray's family farm in 2013 during intense bush fires. A lamb at the time, the family worried that she wouldn't survive in the wilderness. However, they were buoyed by a few sightings of her over the years, and finally, they managed to catch her, put her in a truck, and get her back to the farm. Prickles had not had her wool shorn for so long that she looked like a big ball of fluff. The family sponsored a contest for people to guess how much the wool weighed, and they donated the proceeds to a COVID-19 relief fund.

**Pancake perfection:** The small city of Ames, Iowa (U.S.), is home to The Grove Café. This little restaurant, which was founded back in 1948, serves such good food that it has been voted one of the 20 best breakfast restaurants in the country. Pancakes are the menu item that gets diners' attention. They are enormous and barely fit on a plate. At an inch thick and with perfect fluffiness, these pancakes can be ordered as a short stack of two, for diners who are really hungry. Toppings include butter, blueberry and raspberry jam, and whipped cream.

Picturesque burglary: If you are going to rob someone, try not to take a picture of yourself on the victim's phone. That's what Ashley Keast did after breaking into a home with the intent of stealing. Keast, of Rotherham, South Yorks (England), stole a SIM card and put it into a different phone before posting a selfie. He didn't realize that the photo was seen by the victim's co-workers, who called the cops. It didn't take long to find the thief, who was caught with the victim's £4,000 Rolex watch. Keast ended up in jail for his bad deed.

## Ouoteable Quotes

"Anticipation was the soul of enjoyment —Elizabeth Gaskell "There is nothing either good or bad, but thinking makes it —William Shakespeare

## What's Happening

Jan 4 to Feb 20-Skate the Boulevard Grab your skates and join us for outdoor skating on The Boulevard at Deerfoot City's new synthetic skating rink! Drop-ins are welcome, but as the rink has limited capacity, booking a time slot is a good idea! https:deerfootcity.simplybook.mev2book

Feb 1 to 28-Hypothermic Half Marathon 10K Virtual event participate from any location you choose! Run in support of Justsocks.ca - a volunteer operated charity providing new socks to those in need across Canada. www.hypothermichalf.com

> NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening



To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 930, Edmonton, AB TST 5L4. Be certain to include your full name, complete maing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Gu

### Trivia

- 1. Glaucoma is a medical condition that affects the ears or the eyes?
- 2. A taradiddle is a petty falsehood or a type of riddle?
- 3. What actress played the role of Elaine in the Seinfeld sitcoms?
- 4. George de Mestral invented Velcro, a combination of what?

5. What is a worthless medicinal product often called?

(Flip bottom of page for answers) © Published with Permission by Calgary Coffee News (Over)

# THIS SPACE **FOR RENT** 587-392-8086







Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.

## Toes On The Go Footcare

Call today for more information: 403-620-7851 marion@toesonthego.care ~ toesonthego.care

from your friends at Coffee News

## Have You Had A Stroke?

For support and education:

- Stroke Recovery Association of Calgary (SRÁC)
- Calgary Áphasia Centre (CAC) Young Survivors Group (YSS)
- Phone 403.827.7520

www.sracalgary.com • www.calgaryaphasia.com ysscalgary@gmail.com • Calgary.Aphasia.Centre@gmail.com



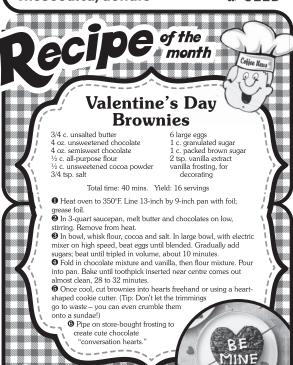
Parcel Website: www.coldshotca.com Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Visit us on Facebook-CoffeeNewsWeekly







odhousekeeping.com



403-652-4949 1103, 14 STREET SE . HIGH RIVER



#### **Faulty Alarm** or Security **Emergency?**

Is your security about a

know what's new in home not helping? | doorbell? | security?

**CALL OUR EXPERTS TODAY!** 

### DYNOVAC PLUS SECURITY

403-262-1980 | dynovacplus@shaw.ca

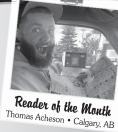
### Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca Please put "Readers" in the subject lin

nd 3 Your name 4 Your phone number.

nd 3 Your address
that we can send you some **cool prizes** 



Coffee News\* Fun Reading. Serious Advertising

### APARTMENTS FOR RENT edavi Ridae

It's easy to imagine Calgary city life at Cedar Ridge Apartments! These spacious living spaces nestled in nature along the Bow River allow you to get lost in mountain and river views. Enjoy all of downtown Calgary's offerings or take pause in one of the neighbourhood's many green spaces.

m from \$1,025/month\* | 2 bdrm from \$1,095/month\* | 3 bdrm from \$1,345/month

Call 403.279.8681 or visit www.caprent.com



www.toesonthego.care

## Your Weekly Horoscope

(March 21 - April 20)



Your energy level may be high. Your ability to concentrate in your field of expertise might bring you much success. The world of imagination could

seem very attractive to you. Lucky Numbers: 6, 24, 36, 40, 43, 47.

**TAURUS** (April 21 - May 21)



This may be a busy time for you, with many family celebrations to attend. You might enjoy being with friends and family, sharing pleasures

and fun together. Enjoy! Lucky Numbers: 1, 16, 31, 46, 47, 49.

**GEMINI** (May 22 - June 21)



If you are a writer, this may be a magical time for inspiration of a very high order. Your natural sense of spiritual purpose and direction might

be greatly enhanced. Lucky Numbers: 17, 20, 23, 26, 29, 32.

**CANCER** (June 22 - July 22)



Your imagination and intuition may be heightened, which could benefit any creative or artistic endeavour. Your thoughts might tend to be very dreamy or fantastic. Lucky Numbers:

2, 10, 15, 36, 43, 45.

(July 23 - Aug. 23)



Be aware of your own energy level and be sure to save some energy for the near future. Time may mend wounds, but your emotional scars may

need more healing. Lucky Numbers: 4,

**VIRGO** 

(Aug. 24 - Sept. 23)



You may choose to begin some sort of self-improvement effort. Once your life is put into a better perspective, you might feel more confident that

your goals are attainable. Lucky Numbers: 7, 13, 17, 23, 37, 43.

(Sept. 24 - Oct. 23)



You may be more conscious of the price you might need to pay to realize your ultimate dreams. Don't allow it to dis-

courage you from turning your ideas into reality. You can do it. Lucky Numbers: 4, 14, 16, 29, 32, 45.

**SCORPIO** (Oct. 24 - Nov. 22)



You may attend an artistic event that exposes you to new styles that differ from your own. These new contacts may provide you with some exciting ideas. Lucky Numbers: 5, 8, 19, 25,

**SAGITTARIUS** 

(Nov. 23 - Dec. 21)



Now may be a good time to have someone special to share good times. You might need to try to create a more equal sharing of love and nurturing

in your relationship. Lucky Numbers: 16, 25, 26, 35, 36, 45.

**CAPRICORN** (Dec. 22 - Jan. 20)



Communications may come from unexpected places. You might crave more stimulation. Your strong sense of adventure could greatly influence your imagination. Lucky Numbers: 13,

16, 22, 25, 37, 48.

**AQUARIUS** (Jan. 21 - Feb. 19)



This may be a productive time to learn more about love and about what your true values may be. Remain calm and look more objectively at your

relationships. Lucky Numbers: 11, 17, 30, 34, 46, 49.

**PISCES** (Feb. 20 - March 20)



A conflict of interest may arise due to a lack of respect others might be showing you. Your leadership qualities might help

them appreciate your professional approach. Lucky Numbers: 10, 11, 19, 30, 31, 39.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 2.

# Did You Know...

Rare bird: The blue-throated macaw is a brightly coloured bird that lives in northern Bolivia. It grows to be 60 to 91 centimetres (two to three feet) from head to tail, and some live to be 50 years old. They are on the endangered list.

Buggy place: The city of Montréal, Québec (Canada), has a very unusual museum called the Insectarium of Montréal. This museum displays thousands of insect specimens for those who are fascinated by such creatures.

Savoury breakfast: A favourite breakfast sold by street vendors in China is jianbing. This made-to-order, crêpe-like food is filled with green onion, cilantro, and vegetables, and topped with hoisin sauce and spices.

I love you: In Paris, an art installation called Mur des Je T'Aime ("I Love You: The Wall") was built from lava tiles by Frédéric Baron and Claire Kito. On the tiles, the artists have written "I Love You" in 311 ways, using about 250 languages.

Born singer: Sia is a pop singer from Adelaide, Australia. After limited early success in Australia, she moved to England, where she pursued a solo career. One of her early albums, Healing is Difficult, was released in 2001. She now lives in the United States.

# On the Lighter Side

Falling in love is awfully simple. Falling out of love is simply

What stays in the corner all the time but travels around the world? A stamp.

Why didn't the dinosaur cross the road? Because there weren't even any roads during the Jurassic Period!

What do lawyers wear to court? Lawsuits.

Dentist: "You need a crown." Patient: "Finally, someone who understands me."

#### Auswers

Louis-Dreyfus 4. Velvet and crochet 5. Snake oil Trivia answers: 1. Eyes 2. Petty falsehood 3. Julia

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Calgary Coffee News





Other medical conditions causing TROUBLE WALKING or DRESSING? The Disability Tax Credit allows for and \$30,000 LUMP SUM REFUND For Expert Help: 1.844.453.5372



For support and education:

- Stroke Recovery Association of Calgary (SRÁC)
- Calgary Aphasia Centre (CAC)Young Survivors Group (YSS)

Phone 403.827.7520 www.sracalgary.com • www.calgaryaphasia.com ysscalgary@gmail.com • Calgary.Aphasia.Centre@gmail.com











50-Calgary-Southwest