

January 23

Happy Pie Day

from your friends at **Coffee News**

FREE! *New Issue Every Week!*

Coffee News

"News To Be Enjoyed Over Coffee"

Bow Valley Edition

888-242-9002

www.bvcoffeeneews.ca
amy@bvcoffeeneews.ca

Vol. 2021 No. 6 February 8, 2021

YOUR RENOVATION ROOFING & EMERGENCY ROOF REPAIR SPECIALISTS

Rippy's Roofing & Construction Inc.

- Emergency Repairs
- Eaves and Soft Metals
- Asphalt Shingle Specialists
- Insurance Claims
- Siding

FREE ESTIMATES | 5-YEAR LIMITED WORKMANSHIP WARRANTY

403-932-2938

info@rippysroofing.com www.rippysroofing.com RippysRoofing

Locally owned and operated

Always Fresh & Always Ready

Home of the K-Cup Mix & Match Program

Mountain View Plaza, #5 4513-52 Ave. More Space, More Parking

u - Pick Koffee

LOYALTY CARD PROGRAM
FREE SHIPPING on qualifying orders. Ask for details

403-556-1134 upickkoffee@gmail.com www.upickkoffee.ca

Buried in SNOW?

CALL US FOR ALL YOUR SNOW REMOVAL NEEDS!

Book now for your Spring gravel removal and line painting services.

CANMORE LANDSCAPING
YOUR TRUSTED ALL SEASON YARD MAINTENANCE SERVICE

DESIGN • MAINTAIN • CLEAN

Call Steve at 403.688.7512
clc89@outlook.com | @CanmoreLandscaping

How Can We Help Your Business?

- Financial Statement Preparation and Year-End Assistance
- Corporate and Personal Tax Planning and Preparation
- Auditing and Review Engagements
- Business Consulting
- Estate Planning
- Accounting and Bookkeeping Assistance and Preparation

Endeavor
CHARTERED PROFESSIONAL ACCOUNTANTS

Unit 103B
1205 Bow Valley Trail
Canmore

403.675.3300 | endeavorcas.com

FRASIER

WEEKNIGHTS
6:00 (EST) / 6:30 (MT)

yesTV

WELLNESS SOLUTIONS FOR THE POSITIVE THINKER

- YOGA
- REFLEXOLOGY
- REIKI
- RAYNOR MASSAGE
- AQUA LEAD
- FIRE CUPPING

2 CANMORE LOCATIONS TO SERVE YOU

403-609-8719

509 Spring Creek Dr. | 201B-749 Railway Ave.
kayla@positivehealing.ca
www.positivehealing.ca

Carpet Steam Cleaning
Commercial Custodial Cleaning

Mr Knight CLEANING

Quality Workmanship You Can Trust!

403.609.2334

info@mcknightclean.ca | www.mcknightclean.ca

PROUDLY SERVING LAKE LOUISE, BANFF, CANMORE & KANANASKIS

100% LOCALLY OWNED AND OPERATED

Every TYPE OF FLOORING ...ALL UNDER ONE ROOF!

CANMORE FLOORING COMPANY

CALL FOR YOUR FREE QUOTE: 587.807.0087

1302 Railway Ave.
Canmore
canmoreflooringco.ca

CARPET | TILE | HARDWOOD | VINYL | COUNTERTOPS

Everybody's Talking

Cat handbags: A woman in Japan, known as Pico, designs handbags that look like real cats. Using faux fur, a handbag might appear to be a pure white kitten, a black and white cat about to pounce, or a green-eyed grey feline that wants to cuddle. One of Pico's creations is a knapsack which, on the wearer's back, looks like a house cat on its haunches clawing at a screen door. Pico's work became known on social media, but she makes them in limited numbers because she is busy raising her young children.

Car museum: Many famous automobiles have appeared in movies over the years. Anyone with a hankering to see their favourite movie vehicle can visit the Celebrity Car Museum in Branson, Missouri (U.S.). More than 100 such cars are collected there, from the Ford Explorer in Jurassic Park to the Flintstone's granite car to the Batmobile from the 1966 TV series. The museum is the brainchild of the Velvet family, who have been car collectors for years. Displays change because the family regularly buys and sells cars. Visitors are welcome to pretend to be a movie star behind the wheel.

Body art: Born in Italy, Johannes Stötter is an artist who is an impressive body painter. He uses human models as his canvas and creates realistic looking animals, insects, reptiles, fish, and more. As the models can't stay in place indefinitely, he takes photos of the finished work. Often, it's difficult to tell there is a human being (or two) in the photo. For example, he painted two models to look like a crocodile. He painted one curled-up model to look like a beautiful butterfly. Two models, one on top of the other, appear to be a scaly lizard. Aside from his painting, Stötter is also a trained musician.

Crazy furniture: A furniture maker from Auckland, New Zealand, has found a way to make his creations unique. Henk Verhoeff uses his carpentry skills to design and make furniture that looks like it's warped or cracked – but it is not. In reality, every drawer opens perfectly on a dresser that appears to be crooked and broken, and a hole in the door of a side table is camouflage for miniature shelves on the inside. It is quite a feat for Verhoeff to accurately cut the angles so the moving parts work properly. Verhoeff's work became known when his daughter posted some images on social media.

Quoteable Quotes

"Goodness is the only investment that never fails."
—Henry David Thoreau

"Oh who can tell the range of joy
Or set the bounds of beauty?" —Sara Teasdale

What's Happening

GET IN WHAT'S HAPPENING - Submit your event to www.bvcoffeeneews.ca and be seen here by thousands of readers each week.

Please take me home!

Coffee News® wants all of our readers to stay safe, so please take this copy with you.

Trivia

1. What did amateur astronomers Alan Hale and Thomas Bopp discover in 1995?
2. The five basic senses are hearing, sight, smell, taste, and what?
3. A vicissitude is a legal exception or a change of luck?
4. What are the Leonids?
5. A fedora is a type of wild cat or a felt hat?

(Flip bottom of page for answers)
© Published with Permission by Mad Mama Marketing
(Over)

Serving the Bow Valley for all your **CONSTRUCTION NEEDS**

- Commercial and Residential
- Interior and Exterior Finishing • Bathrooms • Kitchens • Remodels

ValleyView CONSTRUCTION

403.609.1719 / 403.996.2977
info@valleyviewconstruction.ca

CLEAN FAST RELIABLE

YOUR HOME COMFORT EXPERTS

- Boilers, Furnaces, Hot Water Heaters
- Drain Cleaning and Plumbing Fixtures
- Design and Installation of Gas Lines
- Install • Maintain Repair

BOW VALLEY 24/7 PLUMBING AND HEATING LTD

403.493.4328
oli@bowvalley247.com

Olivier Dompiere Gagnon RSE
Red Seal Plumber & Gasfitter | Cross Connections Specialist

24/7 EMERGENCY

This Space FOR RENT

403-431-0027

PAINTING SERVICES

Interior/Exterior
Commercial/Residential

- High Gloss • Wood Finishing
- Kitchens & Cabinets

A Passion for Craftsmanship

NWR Painting Inc.
NICK ROCHACEWICH

@nwrpainting
403.609.8807
nwrpainting@gmail.com
www.nwrpainting.com

Your Smile Is Our Business!

Invisalign Treatment
\$2999-\$5999

- Same Day Emergency Walk-Ins
- Direct Insurance Billing
- 0% Payment Plans Available
- No Obligation Consultation
- We follow the Alberta Dental Fee Guide

ACCEPTING NEW PATIENTS

ROCKY MOUNTAIN DENTAL

403-762-2625 • RockyMountainDental.ca
2nd Floor, 210 Bear St., Banff | Open Mon, 9-5/Tue, 9-4/Wed & Thu, 8-4/Fri & Sat, 9-3

24/7 On Call Service

- Diagnostics, Repairs, Tires and Troubleshooting
- Automobiles and RVs (Free courtesy vehicles)
- Out of Province Inspections
- Safety & Insurance Inspections
- CVIP Inspections for Highway Motor Coaches, Class 8 Trucks and Commercial Buses

Exshaw Auto Truck, & Bus
Red E to serve
403.707.7109

exshawatb@icloud.com | exshawatb.com | 11 Cougar Mountain Cres.

LICENSED INSPECTION FACILITY
FREE SHUTTLE SERVICE TO CANMORE

Donate a Car to the Charity of Your Choice

DONATE A CAR CANADA

1-877-250-4904
www.donatecar.ca

YAMNUSKA WOLFDOG SANCTUARY
 Located at 263156 Range Rd 53, on the 1A Hwy

A non-profit organization that oversees the rescue and safe sanctuary for wolfdogs that have been neglected, abandoned, or otherwise displaced. Through its educational programs, the Sanctuary discusses the challenges of wolfdog ownership and promotes responsible ownership by outlining what a suitable home should look like. The Sanctuary also touches on the importance of preserving wolves in the wild!

For further details about our mission, please call 587-890-WOLF (9653) or visit yamnuskawolfdogsanctuary.com. You can also find details there about our **Intro Tours** and **Interactive Tours**, including pertinent age restrictions.

Your Dog Is In For A Treat!
 Barbara Pfister – Experienced Dog Walker

Quality instead of quantity
 On leash dog walking only.
 One dog at a time, multiple dogs only from the same family

4 PAWS UP
 Canmore

Call or text
403-609-8792
babepfister@hotmail.com

Serving the Bow Valley for all your **CONSTRUCTION NEEDS**

- Commercial and Residential
- Interior and Exterior Finishing • Bathrooms • Kitchens • Remodels

CLEAN FAST RELIABLE

ValleyView
 CONSTRUCTION

403.609.1719 / 403.996.2977
info@valleyviewconstruction.ca

If this was your ad...

Your Business 7 Days A Week

it would have been seen now!

ENTER TO WIN!

Find the hidden Coffee News guy...
 Hint: He's about this big in one of the ads

Then send your name and full address via email to amy@bvcoffeenews.ca or enter online at www.bvcoffeenews.ca

Tell us the ad in which you found the CN guy hidden, the edition name and date and the location where you picked up Coffee News for a chance to win a great prize!

DECEMBER'S CONTEST SPONSOR POSITIVE HEALING

NEED TO HIRE STAFF?

Coffee News® allows you to target job seekers throughout the Bow Valley.

No restrictions on the type of business that can advertise.

Affordable rates, impressive results. Contact us today!

403.431.0027 | www.bvcoffeenews.ca

Congratulations

to our latest contest winner for finding "Beans, the Coffee News Guy."

Marianne Bladon
 found "Beans" at Silver Creek Lodge in Canmore

Coffee News

Enter today for your chance to win!
www.bvcoffeenews.ca

Not all Superheros wear capes.

Coffee News
 Cheering you on every step of the way!

THANK YOU ESSENTIAL WORKERS!

Your Weekly Horoscope

ARIES
 (March 21 - April 20)

You may likely act on some of the more unusual impulses you feel. You might crave excitement, and be stimulated to start taking steps to fulfill a dream or an ideal. Lucky Numbers: 3, 13, 26, 29, 39, 43.

TAURUS
 (April 21 - May 21)

Much work may be needed to achieve your current financial goals. Quality might be important to you right now. You may desire comfort and ease, and find that you have a taste for luxury. Lucky Numbers: 8, 19, 23, 39, 42, 48.

GEMINI
 (May 22 - June 21)

You may be able to grasp new concepts very easily. Don't be impatient with delays. You might be able to get your message across to others via written or spoken word. Lucky Numbers: 5, 17, 28, 35, 41, 47.

CANCER
 (June 22 - July 22)

You may go to extremes to achieve health and happiness. You might feel that this is the time to achieve the impossible! You could overcome your fears with great effort. Lucky Numbers: 10, 11, 22, 23, 43, 44.

LEO
 (July 23 - Aug. 23)

Your impressions may lead you to those who can help. Enjoy the social activities that you might have in your plans. You may need to turn a sad story into a positive lesson. Lucky Numbers: 1, 6, 10, 23, 34, 49.

VIRGO
 (Aug. 24 - Sept. 23)

You may have to begin appreciating yourself for being mature, patient, and responsible, given the situation. Once you do, you might want to start planning for future opportunities. Lucky Numbers: 1, 2, 12, 13, 35, 46.

LIBRA
 (Sept. 24 - Oct. 23)

Allow yourself enough playtime, as well as sufficient rest time to rejuvenate your energy. Dreaming of new places to travel may give you a real thirst for adventure. Lucky Numbers: 3, 17, 22, 29, 40, 45.

SCORPIO
 (Oct. 24 - Nov. 22)

Keep your goal in mind and try to use a little patience to help you discuss a particular situation. Distrust or a sharp tongue may not help you reach out to loved ones. Lucky Numbers: 9, 14, 24, 29, 44, 48.

SAGITTARIUS
 (Nov. 23 - Dec. 21)

Your nurturing talents may be required by family members. Through your caretaking skills, you might show how much support you are willing to give to others. Lucky Numbers: 11, 34, 37, 40, 43, 47.

CAPRICORN
 (Dec. 22 - Jan. 20)

Try not to let your inner feelings cause you to behave badly. Get excited about learning new skills. Share your enthusiasm with those who need to see your sensitive side. Lucky Numbers: 11, 15, 22, 26, 33, 37.

AQUARIUS
 (Jan. 21 - Feb. 19)

A minor setback or delay could happen. Find new ways to resolve a deadlock regarding concerns at work. You may want to try your best to maintain a low profile. Lucky Numbers: 3, 17, 20, 37, 40, 44.

PISCES
 (Feb. 20 - March 20)

You may feel upstaged by events that have occurred. Previously hidden aspects of the situation might now be revealed. Be patient and kind with those around you. Lucky Numbers: 7, 11, 14, 22, 24, 42.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 11.

Did You Know...

Tennis star: Born in Osaka, Japan, in 1997, Naomi Osaka is one of the world's best female tennis players and first Asian player to reach the top tier. Encouraged by her father, she started playing at age three.

Paved with wood: Before the Great Chicago Fire of 1871, this American city's streets were constructed out of wooden blocks. Today, only two or three alleys made of wood remain, and they have been restored and preserved.

Flat and white: A landform near Sydney, Australia, called Wedding Cake Rock looks like its name. The fragile, flat, white limestone formation is markedly different and differs from the darker sandstone near it.

Unusual ride: The Dodo Manège is a children's carousel in the Jardin des Plantes in Paris. Rather than the usual horses, children ride on extinct or endangered animals, such as the dodo, the horned turtle, and the panda.

Music and movies: Jamaican American composer and pianist Don Shirley (1927-2013) was famous for his performances with the Don Shirley Trio, which featured piano, bass, and cello. He is the subject of the 2018 movie, *Green Book*.

On the Lighter Side

Do you want to hear a joke backwards? Start laughing.

What's red and moves up and down? A tomato in an elevator.

Teacher: "Class, when I ask you a question, everyone answer at once. How much is 6 x 3?"
 Class: "At once!"

How do you fix a broken gorilla? With a monkey wrench.

I have hands but I can never clap. What am I? A clock.

Answers

Trivia answers: 1. Comet Hale-Bopp 2. Touch 3. Change of luck 4. Meteor shower 5. Felt hat

For available franchise opportunities – visit coffeenewscanada.com
 © Published with Permission by Mad Mama Marketing

NOT LOOKING FORWARD TO WINTER?

CALL US FOR ALL YOUR SNOW REMOVAL NEEDS!

CANMORE LANDSCAPING
 YOUR TRUSTED ALL SEASON YARD MAINTENANCE SERVICE

DESIGN. MAINTAIN. CLEAN. Call Steve at 403.688.7512
clc89@outlook.com | [@CanmoreLandscaping](https://www.facebook.com/CanmoreLandscaping)

Recipe of the month

Bacon Wrapped Stuffed Mushrooms

½ cup chopped green onions
 2 (8 ounce) packages cream cheese, softened
 20 fresh mushrooms, stems removed
 1 pound sliced bacon, cut in half

Level: Easy Total: 30 mins Yield: 20 appetizers
 Prep: 10 mins Cook: 20 mins

- Preheat the oven to 350 degrees F (175 degrees C).
- In a medium bowl, mix together the green onions and cream cheese. Stuff mushroom caps with the cheese mixture. Wrap each mushroom with a half-slice of bacon, and secure with toothpicks. Place on a baking sheet.
- Bake for 20 minutes in the preheated oven, until the bacon is cooked through.

An ideal addition to a party tray or a wonderful appetizer for a romantic Valentine Day meal.

Source: www.allrecipes.com

WELLNESS SOLUTIONS FOR THE POSITIVE THINKER

2 CANMORE LOCATIONS TO SERVE YOU

YOGA REFLEXOLOGY REIKI
 RAYNOR MASSAGE AQUA LEAD FIRE CUPPING

403-609-8719
 509 Spring Creek Dr. | 201B-749 Railway Ave.
kayla@positivehealing.ca | www.positivehealing.ca

DELIVERY AVAILABLE

Fondue Kits and Celebration Packs available

Moonlight + Eli
 CHAMPAGNE & FONDUE BAR

587.907.8316 | Canmore, AB | www.moonlightandeli.com

Assist In Our Recovery!

SHOP LOCAL
 USE LOCAL CONTRACTORS

...and tell them you saw them in Coffee News®!

Shocking News!

You can pay less for electricity and gas with a locally owned provider.

VECTOR ENERGY

Go to our web site: www.vectorenergy.ca
 or phone customer care at: 403-770-9090

MEN IN KILTS
 1.800.777.KILT
meninkilts.ca

We Clean. You Enjoy. No Peeking!

- WINDOW CLEANING
- GUTTER CLEANING
- PRESSURE WASHING
- SNOW REMOVAL