

Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.

Toes On The Go Footcare

Call today for more information: 403-620-7851
marion@toesonthego.care • toesonthego.care

FRASIER

WEEKNIGHTS
6:00(EST) / 6:30(MT)
yesTV

SkipTheBongShop

OPEN 7 DAYS A WEEK 10a - 10p

Calgary & Area 2HR DELIVERY

We Ship Canada Wide

SAVE 15% USING CODE: COFFEE15

Did you know Gold Canyon Candles went out of business in March 2020?

Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.

PSC Prairie Scented Candles

Sunset Scents a Ray of Fragrance

We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

The Brenda Stafford Foundation Manor Cambridge

Opening June 2020

Introducing Cambridge Manor
The Brenda Stafford Foundation's newest seniors wellness community in University District, NW Calgary's newest urban neighbourhood.

- Assisted Living, Enhanced Care and Memory Care
- Respite Care short term stays available

403.536.8675 | cambridgemanor.ca

HELPING HOMEOWNERS START OR FINISH THEIR HOME PROJECTS

CALGARY HANDYMAN SERVICES

DRYWALL	INSTALLATION
PAINTING	BATHROOM RENOS
PLUMBING	FLOORING
ELECTRICAL	...AND MORE!

CALL/TEXT TODAY: 403.852.7505
calgaryhandymanservices@telus.net

Have You Had A Stroke?

For support and education:

- Stroke Recovery Association of Calgary (SRAC)
- Calgary Aphasia Centre (CAC)
- Young Survivors Group (YSS)

Phone 403.827.7520
www.sracalgary.com • www.calgaryaphasia.com
ysscargary@gmail.com • Calgary.Aphasia.Centre@gmail.com

Every \$3.51 You Give = 1 MEAL FOR A HOMELESS NEIGHBOUR

Give Hope. Give Today.
TheSeed.ca/donate

THE MUSTARD SEED

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

North Calgary Edition
587-392-8086

www.coffee-news.ca Est. 1988

Vol. 11 No. 6 February 8, 2021

Everybody's Talking

Cat handbags: A woman in Japan, known as Pico, designs handbags that look like real cats. Using faux fur, a handbag might appear to be a pure white kitten, a black and white cat about to pounce, or a green-eyed grey feline that wants to cuddle. One of Pico's creations is a knapsack which, on the wearer's back, looks like a house cat on its haunches clawing at a screen door. Pico's work became known on social media, but she makes them in limited numbers because she is busy raising her young children.

Car museum: Many famous automobiles have appeared in movies over the years. Anyone with a hankering to see their favourite movie vehicle can visit the Celebrity Car Museum in Branson, Missouri (U.S.). More than 100 such cars are collected there, from the Ford Explorer in Jurassic Park to the Flintstone's granite car to the Batmobile from the 1966 TV series. The museum is the brainchild of the Velvet family, who have been car collectors for years. Displays change because the family regularly buys and sells cars. Visitors are welcome to pretend to be a movie star behind the wheel.

Body art: Born in Italy, Johannes Stötter is an artist who is an impressive body painter. He uses human models as his canvas and creates realistic looking animals, insects, reptiles, fish, and more. As the models can't stay in place indefinitely, he takes photos of the finished work. Often, it's difficult to tell there is a human being (or two) in the photo. For example, he painted two models to look like a crocodile. He painted one curled-up model to look like a beautiful butterfly. Two models, one on top of the other, appear to be a scaly lizard. Aside from his painting, Stötter is also a trained musician.

Crazy furniture: A furniture maker from Auckland, New Zealand, has found a way to make his creations unique. Henk Verhoeff uses his carpentry skills to design and make furniture that looks like it's warped or cracked – but it is not. In reality, every drawer opens perfectly on a dresser that appears to be crooked and broken, and a hole in the door of a side table is camouflage for miniature shelves on the inside. It is quite a feat for Verhoeff to accurately cut the angles so the moving parts work properly. Verhoeff's work became known when his daughter posted some images on social media.

Quoteable Quotes

"Goodness is the only investment that never fails." —Henry David Thoreau

"Oh who can tell the range of joy Or set the bounds of beauty?" —Sara Teasdale

What's Happening

Jan 4 to Feb 20-Skate the Boulevard Grab your skates and join us for outdoor skating on The Boulevard at Deerfoot City's new synthetic skating rink! Drop-ins are welcome, but as the rink has limited capacity, booking a time slot is a good idea! <https://deerfootcity.simplybook.me/v2/book>

Feb 1 to 28-Hypothermic Half Marathon 10K Virtual event - participate from any location you choose! Run in support of Justsocks.ca - a volunteer operated charity providing new socks to those in need across Canada. www.hypothermichalf.com

Mar 10-Literacy for Life Neighbours Helping Neighbours. An online workshop via ZOOM Learn simple ways you can help build English skills for your new neighbours through everyday conversations and interactions. Contact info@litforlife.ca or call 403-650-5090 for more info

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What did amateur astronomers Alan Hale and Thomas Bopp discover in 1995?
2. The five basic senses are hearing, sight, smell, taste, and what?
3. A vicissitude is a legal exception or a change of luck?
4. What are the Leonids?
5. A fedora is a type of wild cat or a felt hat?

(Flip bottom of page for answers)

© Published with Permission by Calgary Coffee News

(Over)

February 14

HAPPY Valentine's Day

from your friends at Coffee News®

Faulty Alarm or Security Emergency?

Is your current security company not helping? Are you thinking about a video doorbell? Maybe you'd like to know what's new in home security?

PROVIDING DEPENDABLE, COST-EFFECTIVE ALARM SERVICES TO THE CALGARY AREA SINCE 1983

CALL OUR EXPERTS TODAY!
DYNOVAC PLUS SECURITY
403-262-1980 | dynovacplus@shaw.ca

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
• Your name • Your phone number and • Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Reader of the Month
Thomas Acheson • Calgary, AB

Coffee News® Fun Reading. Serious Advertising.

THIS SPACE FOR RENT

403-355-6316

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

Small Miracles Adoption

www.smallmiraclesadoption.com

Become a Trained Bartending Professional!

BARTENDING CLASSES

DAYTIME, EVENING OR WEEKEND

METROPOLITAN SCHOOL OF BARTENDING

MetropolitanSchoolofBartending.com

BEST RATES

Your partner in **success**

Bookkeeping
Accounting Services
Taxes | CRA Inquiries

M&N Accounting Services

403-618-9984

World's Largest Restaurant Publication!

DHILLON LAW OFFICE

Kirin Dhillon, *Barrister & Solicitor*



- Family Law
- Criminal Law
- Real Estate
- Immigration Law
- Wills and Estates

403.815.9944

104-200 Country Hills Landing NW • kirin@dhillonlawoffice.com

HELP STOP THE SPREAD!



1 Wear a mask



2 Keep your distance – six feet!



3 Wash your hands



4 Take your copy of **Coffee News** home with you

Stay safe!

A message from your friends at **Coffee News**

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters

Scuba Diving & Snorkelling

11781-156 St., Edmonton

Learn to SCUBA DIVE at our Edmonton location – call for details

780.483.0044



SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Winter's On The Way...

Time to take care of your furnace and hot water tanks!

- Furnace Repair • Duct Cleaning
- Air Conditioning • Hot Water Tanks
- Air Filtration • Humidifiers

WE offer **INSTALLATION** and **SERVICE**

Call for your appointment: **403-764-3104**

www.hogghomeservices.ca www.ecotechcalgary.com

Local Alberta companies helping Albertans

STEP AHEAD

REFER A SENIOR FOR THIS FREE PROGRAM TODAY



Do you know a Deaf or Hard of Hearing senior in your community needs help using technology to connect with friends, family or services?

Deaf & Hear Alberta's Step Ahead program connects isolated Deaf & Hard of Hearing seniors with trained and screened volunteers for friendly conversation and learning opportunities.

TO LEARN MORE: 403-284-6208

Deaf & Hear Alberta

Funded by the Government of Canada's New Horizons for Seniors Program



FREE

SCRAP CAR REMOVAL

DJ'S TOWING

MENTION THIS AD AND RECEIVE UP TO \$300 FOR YOUR SCRAP VEHICLE

CALL 403-922-2412

Become Your Own Banker

You work hard for your money. Isn't it time your money started working harder for you?

Visit Donovan Coates on [f](#) [i](#) [y](#)

Call 403.607.7963 or visit www.donovancoates.com to schedule a 30 minute complimentary consultation.

Donovan Coates

FINANCIAL CONSULTING

TAKE CONTROL OF YOUR FINANCIAL WORLD



Learn more about the Infinite Banking concept:



HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000

YEARLY TAX CREDIT

\$30,000

LUMP SUM REFUND

APPLY NOW TO MEET 2019 TAX DEADLINES!

For Expert Help: **1.844.453.5372**

BBB Accredited

Your Weekly Horoscope

ARIES
(March 21 - April 20)

You may likely act on some of the more unusual impulses you feel. You might crave excitement, and be stimulated to start taking steps to fulfill a dream or an ideal. Lucky Numbers: 3, 13, 26, 29, 39, 43.

TAURUS
(April 21 - May 21)

Much work may be needed to achieve your current financial goals. Quality might be important to you right now. You may desire comfort and ease, and find that you have a taste for luxury. Lucky Numbers: 8, 19, 23, 39, 42, 48.

GEMINI
(May 22 - June 21)

You may be able to grasp new concepts very easily. Don't be impatient with delays. You might be able to get your message across to others via written or spoken word. Lucky Numbers: 5, 17, 28, 35, 41, 47.

CANCER
(June 22 - July 22)

You may go to extremes to achieve health and happiness. You might feel that this is the time to achieve the impossible! You could overcome your fears with great effort. Lucky Numbers: 10, 11, 22, 23, 43, 44.

LEO
(July 23 - Aug. 23)

Your impressions may lead you to those who can help. Enjoy the social activities that you might have in your plans. You may need to turn a sad story into a positive lesson. Lucky Numbers: 1, 6, 10, 23, 34, 49.

VIRGO
(Aug. 24 - Sept. 23)

You may have to begin appreciating yourself for being mature, patient, and responsible, given the situation. Once you do, you might want to start planning for future opportunities. Lucky Numbers: 1, 2, 12, 13, 35, 46.

LIBRA
(Sept. 24 - Oct. 23)

Allow yourself enough playtime, as well as sufficient rest time to rejuvenate your energy. Dreaming of new places to travel may give you a real thirst for adventure. Lucky Numbers: 3, 17, 22, 29, 40, 45.

SCORPIO
(Oct. 24 - Nov. 22)

Keep your goal in mind and try to use a little patience to help you discuss a particular situation. Distrust or a sharp tongue may not help you reach out to loved ones. Lucky Numbers: 9, 14, 24, 29, 44, 48.

SAGITTARIUS
(Nov. 23 - Dec. 21)

Your nurturing talents may be required by family members. Through your caretaking skills, you might show how much support you are willing to give to others. Lucky Numbers: 11, 34, 37, 40, 43, 47.

CAPRICORN
(Dec. 22 - Jan. 20)

Try not to let your inner feelings cause you to behave badly. Get excited about learning new skills. Share your enthusiasm with those who need to see your sensitive side. Lucky Numbers: 11, 15, 22, 26, 33, 37.

AQUARIUS
(Jan. 21 - Feb. 19)

A minor setback or delay could happen. Find new ways to resolve a dead-lock regarding concerns at work. You may want to try your best to maintain a low profile. Lucky Numbers: 3, 17, 20, 37, 40, 44.

PISCES
(Feb. 20 - March 20)

You may feel upstaged by events that have occurred. Previously hidden aspects of the situation might now be revealed. Be patient and kind with those around you. Lucky Numbers: 7, 11, 14, 22, 24, 42.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 11.

Did You Know...

Tennis star: Born in Osaka, Japan, in 1997, Naomi Osaka is one of the world's best female tennis players and first Asian player to reach the top tier. Encouraged by her father, she started playing at age three.

Paved with wood: Before the Great Chicago Fire of 1871, this American city's streets were constructed out of wooden blocks. Today, only two or three alleys made of wood remain, and they have been restored and preserved.

Flat and white: A landform near Sydney, Australia, called Wedding Cake Rock looks like its name. The fragile, flat, white limestone formation is markedly different and differs from the darker sandstone near it.

Unusual ride: The Dodo Manège is a children's carousel in the Jardin des Plantes in Paris. Rather than the usual horses, children ride on extinct or endangered animals, such as the dodo, the horned turtle, and the panda.

Music and movies: Jamaican American composer and pianist Don Shirley (1927-2013) was famous for his performances with the Don Shirley Trio, which featured piano, bass, and cello. He is the subject of the 2018 movie, *Green Book*.

On the Lighter Side

Do you want to hear a joke backwards? Start laughing.

What's red and moves up and down? A tomato in an elevator.

Teacher: "Class, when I ask you a question, everyone answer at once. How much is 6 x 3?"
Class: "At once!"

How do you fix a broken gorilla? With a monkey wrench.

I have hands but I can never clap. What am I? A clock.

Answers

Trivia answers: 1. Comet Hale-Bopp 2. Touch 3. Change of luck 4. Meteor shower 5. Felt hat

Winter Blind SPECIALS!

For every Barato Honeycomb Blind you buy, get 1 of equal or lesser value FREE!

Who ya gonna call?



Sunbustlers

Top/Down Bottom/Up

Room Darkening Available – Sleep Well

Factory Pricing!

Huge Deals!

403.690.3024

sun-busters.com

Recipe of the month


Valentine's Day Brownies

3/4 c. unsalted butter
4 oz. unsweetened chocolate
4 c. semisweet chocolate
1/2 c. all-purpose flour
1/2 c. unsweetened cocoa powder
3/4 tsp. salt

6 large eggs
1 c. granulated sugar
1 c. packed brown sugar
2 tsp. vanilla extract
vanilla frosting, for decorating

Total time: 40 mins. Yield: 16 servings

- 1 Heat oven to 350°F. Line 13-inch by 9-inch pan with foil; grease foil.
- 2 In 3-quart saucepan, melt butter and chocolates on low, stirring. Remove from heat.
- 3 In bowl, whisk flour, cocoa and salt. In large bowl, with electric mixer on high speed, beat eggs until blended. Gradually add sugars; beat until tripled in volume, about 10 minutes.
- 4 Fold in chocolate mixture and vanilla, then flour mixture. Pour into pan. Bake until toothpick inserted near centre comes out almost clean, 28 to 32 minutes.
- 5 Once cool, cut brownies into hearts freehand or using a heart-shaped cookie cutter. (Tip: Don't let the trimmings go to waste – you can even crumble them onto a sundae!)
- 6 Pipe on store-bought frosting to create cute chocolate "conversation hearts."



Source: www.goodhousekeeping.com

BINGO BARN

The Place To Play Everyday!

2 Mornings - Sat & Sun • 7 Afternoons • 7 Evenings • 2 Late Nights - Fri & Sat



Bingo Info Line:

403-235-2118

#10, 1107 33rd St. N.E. • www.BingoBarn.ca


One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere — even on most airlines. Inogen accepts Medicare and many private insurances!

Call Inogen Today To Request Your FREE Info Kit

1-888-998-6714



Reclaim Your Freedom And Independence NOW!

inogen

© 2020 Inogen, Inc. All rights reserved. MKT-P0108

Skip the Bong Shop

OPEN

7 DAYS A WEEK


10a - 10p

Calgary & Area

2HR DELIVERY

We Ship Canada Wide

SAVE 15% USING CODE: COFFEE15



Prepare for unexpected power outages with a Generac home standby generator

REQUEST A FREE QUOTE!

888-688-0973

FREE 7-Year Extended Warranty* An \$895 Value!

Offer valid December 15, 2020 - March 1, 2021



*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

COLD SHOT

A DIVISION OF BALMARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005