

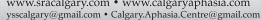
Have You Had A Stroke?

For support and education: • Stroke Recovery Association

of Calgary (SRÁC)

• Calgary Áphasia Ćentre (CAC) Young Survivors Group (YSS)

Phone 403.827.7520 www.sracalgary.com • www.calgaryaphasia.com











Vol. 11 No. 7 February 15, 2021

Everybody's Talking

Table for one: During the COVID-19 pandemic, social distancing has been the norm. That's why restaurants have closed in countries around the world. However, a Swedish couple decided to try their hand at offering a safe dining experience. Linda Karlsson and Rasmus Persson, from the rural village of Rans ater, opened Bord för en (which is Swedish for "table for one"). They set up a table in a field for one person to dine, and sent the food to the guest in a basket, via a rope from the kitchen to the table. They carefully sterilized the dishes and table before serving a diner with a vegetarian meal of three courses.

Cool cake: When Zahirah Macwilson and Aiman Hakim Redza got married, they wowed their guests by presenting a unique wedding cake. The Malaysian actors hired bakers to create a wedding cake that hung upside down from the ceiling to resemble a chandelier. The newlyweds stepped up onto a small stage to make the first cut. The cake was made by Lily & Lola Cakes in Kuala Lumpur. Owner Lily Osman got the idea to make such a cake a few years ago, but this was her first opportunity to actually do it. It took a week to make, and she needed help to install it from the ceiling of the wedding venue.

Fast food diet: Dieticians don't recommend the food choices of a Belgian man named Rudy Gybels. He realized that he had a love for fried potatoes when he was 13 years old. His mother allowed him to eat the fried food for dinner if he would agree to eat a healthy lunch. Over three decades later, Gybels is still eating fries for dinner, along with a Dutch hot dog called a fricadelle. The fast food lover is not overweight, and he feels healthy, but admits that he hasn't had a check-up for a while. He realizes that his diet isn't great, but he likes fries too much to give them up.

Moose rescue: Travis Burke and Greg Miller went fishing, a favourite activity among folks who live near the Canadian city of Sudbury, Ontario. On this outing, however, the pair did more than catch fish. They came across a very young baby moose that was shivering and alone. It was in the water and couldn't seem to get up onto the rocky shore. So Burke and Miller came to the rescue. guiding their boat to the baby and helping it onto land. Upon hearing the story, a wildlife expert believed the men did the right thing by leaving it there, saying that it was likely the mother would come back to find it.

Quoteable Quotes

"Forget the past and live in the present hour." —Sarah Knowles Bolton

"What delights us in the visible beauty is the invisible." —Marie von Ebner-Eschenbach

What's Happening

Jan 4 to Feb 20-Skate the Boulevard Grab your skates and join us for outdoor skating on The Boulevard at Deerfoot City's new synthetic skating rink! Drop-ins are welcome, but as the rink has limited capacity, booking a time slot is a good idea! https:/deerfootcity. simplybook.mev2book

Feb 1 to 28-Hypothermic Half Marathon 10K Virtual event participate from any location you choose! Run in support of Justsocks.ca - a volunteer operated charity providing new socks to those in need across Canada. www.hypothermichalf.com

Mar 10-Literacy for Life Neighbours Helping Neighbours. An online workshop via ZOOM Learn simple ways you can help build English skills for your new neighbours through everyday conversations



Family Units

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> NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy To enter, visit www.coffee-news.ca Submit your birth date and we'll send you a birthday card with valuable offers on your special day! Find the Coffee News Guy hidden

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST EL4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy

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Trivia

1. What is an abacus?

2. The distinct flavour in Earl Grey tea is bergamot, cinnamon, or sage?

3. The largest part of the human brain is called the cerebrum or the cerebellum?

4. What plant is known for its stinging ability?

in one of the ads, then enter to win! \$400[°] Prize Package [°] Coffee News Bucks [°] Coffee News Bucks

Over 150 participating sponsors! hers (\$100 each) will be drawn on the 15th of each month from all correct entri

5. Who was the first woman to win the Nobel Prize, in 1903?

(Flip bottom of page for answers)

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Passenger Website: www.coldshot.ca

Your Weekly Horoscope LIBRA ARIES

(Sept. 24 - Oct. 23)

12, 30, 37, 42, 44, 49.

SAGITTARIUS

31, 33, 35, 37, 39. CAPRICORN

43.47.

PISCES

AQUARIUS

(Dec. 22 - Jan. 20)

(Jan. 21 - Feb. 19)

(Nov. 23 - Dec. 21)

(Oct. 24 - Nov. 22)

SCORPIO

You may not feel as

practical or resourceful as your usual self. Your

ability to focus on the present may help your

judgment about making

Expect some opposition,

but know that you have

more people on your

side. The continued team

effort may put your ideas

at the top of the heap.

You may have to do

work that interferes with

your personal affairs.

Take pride that others

recognize your talents.

New ideas may arise in

The role of host or hos-

tess may suit you very

well. Verbal agreements,

contracts, or other joint

efforts might work out to

your advantage right

You may have a strong

need to be loved and to

love others. You could

make big strides and

perhaps important dis-

coveries, especially if

Your strong relationships

within your family may

make this week a cooper-

ative one. Show them how much they really

important decisions. Lucky Numbers.

Enjoy the limelight. Lucky Numbers: 3, 6, 12, 18, 24, 36.

the conversation. Lucky Numbers: 3,

now. Lucky Numbers: 7, 24, 32, 41,

your work involves family research.

Lucky Numbers: 5, 6, 14, 15, 26, 27.

mean to you. Count your blessings. Lucky Numbers: 8, 15, 19, 38, 45, 49.

(Feb. 20 - March 20)

(March 21 - April 20)

Inspiring dialogue may help you see someone's natural talents. Your

experience and nurtur-ing instincts may help you encourage them to find their own niche. Lucky Numbers: 16, 19, 26, 29, 36, 39.

TAURUS (April 21 - May 21)

Slowing down your pace, just to suit others, might not be best right now. Try not to be too abrupt, though. You probably know that you need to

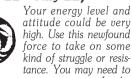
follow your own rhythm. Lucky Numbers: 8, 12, 17, 33, 37, 41. GEMINI

(May 22 - June 21)

You may have decided on big changes in your domestic life. Communi-cation with family or friends might be strained. Try your best to clear

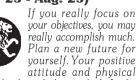
up the points of confusion. Lucky Numbers: 4, 9, 24, 27, 43, 48. CANCER

(June 22 - July 22)



find a cause to engage in. Lucky Numbers: 13, 22, 31, 44, 46, 49. LEO

(July 23 - Aug. 23)



energy levels might be very high. Lucky Numbers: 15, 16, 24, 25, 33, 34. VIRGO

(Aug. 24 - Sept. 23)



dence in your own life might be strong. Lucky Numbers: 3, 10, 24, 27, 30, 40.

winners with the luckiest number being 12.

Did You Know...

Bead work: The Museo de Arte Popular in Mexico City is home to El Vochol. This Volkswagen Beetle has been decorated with beadwork, the traditional handicraft of the country's Huichol people. Portrayed in the beadwork are many colourful symbols of Mexico.

Queen of the colony: Naked mole rats live in colonies with a dominant female rat (the queen) leading them. The worker rats dig burrows using their big front teeth. As their name indicates, these mammals are hairless.

Many steps: Tianmen Shan near Zhangjiajie, Hunan Province, China, is an opening in a mountain face that seems to be the door to heaven. Visitors can reach it in several ways, including a 999-step staircase or a tour bus on a winding road.

Magic station: London's King Cross Station has a Platform 9³/₄. It honours the wildly popular Harry Potter book series, in which students of Hogwarts School went to this weirdly





attitude and physical

Don't let any wild, daring behaviour put you in risky situations. You may feel headstrong and rash. Your drive for indepen-

Lucky numbers this week: This week's odds favour Libra



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numbered, magical platform to catch to their train.

Beautiful beast: The Bengal tiger, which lives in and around India, is the most common subspecies of tiger and is designated as India's national animal. These cats are carnivores and can live to be 8 to 10 years old.

On the Lighter Side

"Does your dog bite?" "Nope. "Oh, so how do you feed him?"

What can you hold without ever touching it? A conversation.

The best thing about the good old days is that we were neither good nor old.

When do you stop at green and go full speed at red? When you're eating a watermelon!

The more you take from it, the greater it becomes. What is it? A hole.

Answers

3. Cerebrum 4. Nettle 5. Marie Curie (Physics) Trivia answers: J. Ancient counting tool 2. Bergamot

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