

Everybody's Talking

**Table for one:** During the COVID-19 pandemic, social distancing has been the norm. That's why restaurants have closed in countries around the world. However, a Swedish couple decided to try their hand at offering a safe dining experience. Linda Karlsson and Rasmus Persson, from the rural village of Rans`ater, opened Bord för en (which is Swedish for "table for one"). They set up a table in a field for one person to dine, and sent the food to the guest in a basket, via a rope from the kitchen to the table. They carefully sterilized the dishes and table before serving a diner with a vegetarian meal of three courses.

**Cool cake:** When Zahirah Macwilson and Aiman Hakim Redza got married, they wowed their guests by presenting a unique wedding cake. The Malaysian actors hired bakers to create a wedding cake that hung upside down from the ceiling to resemble a chandelier. The newlyweds stepped up onto a small stage to make the first cut. The cake was made by Lily & Lola Cakes in Kuala Lumpur. Owner Lily Osman got the idea to make such a cake a few years ago, but this was her first opportunity to actually do it. It took a week to make, and she needed help to install it from the ceiling of the wedding venue.

**Fast food diet:** Dieticians don't recommend the food choices of a Belgian man named Rudy Gybels. He realized that he had a love for fried potatoes when he was 13 years old. His mother allowed him to eat the fried food for dinner if he would agree to eat a healthy lunch. Over three decades later, Gybels is still eating fries for dinner, along with a Dutch hot dog called a fricadelle. The fast food lover is not overweight, and he feels healthy, but admits that he hasn't had a check-up for a while. He realizes that his diet isn't great, but he likes fries too much to give them up.

**Moose rescue:** Travis Burke and Greg Miller went fishing, a favourite activity among folks who live near the Canadian city of Sudbury, Ontario. On this outing, however, the pair did more than catch fish. They came across a very young baby moose that was shivering and alone. It was in the water and couldn't seem to get up onto the rocky shore. So Burke and Miller came to the rescue, guiding their boat to the baby and helping it onto land. Upon hearing the story, a wildlife expert believed the men did the right thing by leaving it there, saying that it was likely the mother would come back to find it.

# Quoteable Quotes

"Forget the past and live in the present hour." —Sarah Knowles Bolton

"What delights us in the visible beauty is the invisible." —Marie von Ebner-Eschenbach

# What's Happening

Feb 1 to 28-Hypothermic Half Marathon 10K Virtual event - participate from any location you choose! Run in support of Justsocks.ca - a volunteer operated charity providing new socks to those in need across Canada. www.hypothermichalf.com

**Edmonton's indoor, year round farmers' market!** Fridays 9-5. With over 100 local vendors, We're your one-stop-shop to keep you stocked for the week. Everything from fresh local vegetables and meat, local coffee roasters, to Albertan beer and wine. 3696 97 St, Edmonton Mill Woods Town Centre

**Sept 10-Bridge of Life** is a suicide awareness prevention candle light vigil walk across the high level bridge. There is light music,





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refreshments and guest speakers. www.yegmentalhealth.com. Constable Ezio Faraone Park 7-9 PM

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

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# Trivia

- 1. What is an abacus?
- 2. The distinct flavour in Earl Grey tea is bergamot, cinnamon, or sage?

3. The largest part of the human brain is called the cerebrum or the cerebellum?

4. What plant is known for its stinging ability?

5. Who was the first woman to win the Nobel Prize, in 1903?

(Flip bottom of page for answers)

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(Over)

e of the month Cheesy Broccoli Soup in a Bread Bowl 1/4 cup butter, cubed 1/4 teaspoon pepper 1/2 cup chopped onio 1/4 cup cornstarch 2 garlic cloves minced 1/4 cup water or additional chicken stock ups fresh broccoli florets 4 cups fresh broccoli florets (about 8 ounces) 1 large carrot, finely chopped 3 cups chicken stock 2 cups half-and-half cream 2 bay leaves 1/2 targenen calt chicken stock 2-1/2 cups shredded cheddar chees 6 small round bread loaves (about 8 ounces each), optional Optional toppings: Crumbled cooked bacon, additional shredded cheddar cheese, ground nutraga and papper

1/2 teaspoon salt 1/4 teaspoon ground nutmeg ground nutmeg and pepper Prep Time: 15 mins. Cook time: 30 mins. Yield: 6 servings In a 6-gt. stockpot, heat butter over medium heat; sauté onion

 In a 6-qt. stockpot, heat butter over medium heat; sauté onion and garlic until tender, 6-8 minutes. Stir in broccoli, carrot, stock, cream and seasonings; bring to a boil. Simmer, uncovered, until vegetables are tender, 10-12 minutes.
 Mix cornstarch and water until smooth; stir into soup. Bring to a boil, stirring occasionally; cook and stir until thickened, 1-2 minutes Remove bay leaves. Stir in cheese until melted.
 If using bared houds, art a diag off the ten of each Between the second secon

bread loaf; hollow out bottoms, leaving 1/4-in.

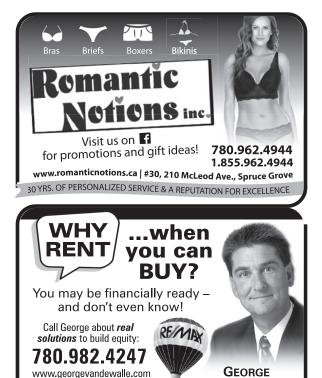
toppings



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Your Weekly Horoscope ARIES LIBRA

(Sept. 24 - Oct. 23)

12, 30, 37, 42, 44, 49.

3, 6, 12, 18, 24, 36.

**SAGITTARIUS** 

31, 33, 35, 37, 39.

**CAPRICORN** 

43.47.

PISCES

38, 45, 49.

**AQUARIUS** 

(Dec. 22 - Jan. 20)

(Jan. 21 - Feb. 19)

(Feb. 20 - March 20)

(Nov. 23 - Dec. 21)

(Oct. 24 - Nov. 22)

**SCORPIO** 

#### (March 21 - April 20)

Inspiring dialogue may help you see someone's natural talents. Your

experience and nurturing instincts may help you encourage them to find their own niche. Lucky Numbers: 16, 19, 26, 29, 36, 39. **TAURUS** 

#### (April 21 - May 21)

Slowing down your pace, just to suit others, might not be best right now. Try not to be too abrupt, though. You probably know that you need to

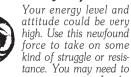
follow your own rhythm. Lucky Numbers: 8, 12, 17, 33, 37, 41. GEMINI

#### (May 22 - June 21)

You may have decided on big changes in your domestic life. Communi-cation with family or friends might be strained. Try your best to clear

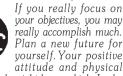
up the points of confusion. Lucky Numbers: 4, 9, 24, 27, 43, 48. CANCER

#### (June 22 - July 22)



find a cause to engage in. Lucky Numbers: 13, 22, 31, 44, 46, 49. LEO

#### (July 23 - Aug. 23)



energy levels might be very high. Lucky Numbers: 15, 16, 24, 25, 33, 34. VIRGO

#### (Aug. 24 - Sept. 23)



might be strong. Lucky Numbers: 3, 10, 24, 27, 30, 40.

winners with the luckiest number being 12.

# Did You Know...

Bead work: The Museo de Arte Popular in Mexico City is home to El Vochol. This Volkswagen Beetle has been decorated with beadwork, the traditional handicraft of the country's Huichol people. Portrayed in the beadwork are many colourful symbols of Mexico.

**Queen of the colony:** Naked mole rats live in colonies with a dominant female rat (the queen) leading them. The worker rats dig burrows using their big front teeth. As their name indicates, these mammals are hairless.

**Many steps:** Tianmen Shan near Zhangjiajie, Hunan Province, China, is an opening in a mountain face that seems to be the door to heaven. Visitors can reach it in several ways, including a 999-step staircase or a tour bus on a winding road.

Magic station: London's King Cross Station has a Platform 9<sup>3</sup>/<sub>4</sub>. It honours the wildly popular *Harry Potter* book series, in which students of Hogwarts School went to this weirdly





# If you really focus on your objectives, you may really accomplish much. Plan a new future for

Don't let any wild, daring behaviour put you in risky situations. You may feel headstrong and rash Your drive for independence in your own life

Lucky numbers this week: This week's odds favour Libra

N DE WAI

**S**TV

numbered, magical platform to catch to their train.

**Beautiful beast:** The Bengal tiger, which lives in and around India, is the most common subspecies of tiger and is designated as India's national animal. These cats are carnivores and can live to be 8 to 10 years old.

On the Lighter Side

"Does your dog bite?" "Nope. "Oh, so how do you feed him?"

What can you hold without ever touching it? A conversation.

The best thing about the good old days is that we were neither good nor old.

When do you stop at green and go full speed at red? When you're eating a watermelon!

The more you take from it, the greater it becomes. What is it? A hole.

## Answers

3. Cerebrum 4. Nettle 5. Marie Curie (Physics) Trivia answers: 1. Ancient counting tool 2. Bergamot

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- 2 Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
  You need help with credit card liability resolution
- Your car is vandalized in a parking lot



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