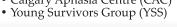




## Have You Had A Stroke?

For support and education: • Stroke Recovery Association

of Calgary (SRÁC) • Calgary Aphasia Centre (CAC)



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"News To Be Enjoyed

Over Coffee"

Southwest

**Calgary Edition** 

587-392-8086

## Everybody's Talking

Unusual success: A young teen from a poor family in Lucban, a town in Quezon Province, Philippines, had an unusual opportunity for success on the modeling scene. Rita "Badjao Girl" Goviola's large family received very little income from her father's job, so she had to beg for alms on the street. One day, photographer Topher Quinto Burgos took photos of her and posted them online. That was the beginning of Goviola's rise to success. Her natural beauty was noticed by several celebrities, who took her under their wing. Eventually, Goviola started modeling and acting, and she was able to afford to build a new home for her family.

Roadside bonfire: Toilet paper was in high demand and short supply during the COVID-19 pandemic. So when a transport truck carrying a large load of the stuff crashed on a highway in the state of Texas (U.S.), it would have been understandable if bystanders had helped themselves to a few of the rolls. Unfortunately, the toilet paper - reported to be the type used in businesses - caught fire. Instead of cleaning up the spilled load, onlookers ended up watching a bonfire of the important commodity. Thankfully, no one was hurt in the incident.

Food art: The Japanese art called kyaraben involves arranging food into interesting and fun designs. One creative kyaraben-maker, known as Etoni Mama, lives in Tokyo and has three children. She became famous on social media for her version of the art. While any kind of food can be used in kyaraben, Etoni's choice is fried eggs. She makes cartoon characters with runny egg yolks as the head and body, and then she adds harder, cooked pieces of yolk to serve as arms, legs, and feet. She dresses up characters with other food items, snipped and shaped to make clothing. Her children love it!

Fixing fences: Art Gladu has fixed a few fences during his time living in a house at a busy intersection in Winnipeg, Manitoba (Canada). The reason? Vehicles somehow miss the corner and end up in his front yard. It happened in the mid-2000s when a truck backed onto the property before driving off. In 2015, another car careened into the yard, hitting his pine tree. More recently, in the wee hours, Gladu woke to a loud noise, only to find that yet another vehicle had punched through his chain link fence before coming a stop on his tree. He's hoping the city will have a guardrail installed.

## **Quoteable** Quotes

"Let your life lightly dance on the edges of Time like dew on the tip of a leaf.' -Rabindranath Tagore "The fruit that can fall without shaking, Indeed is too mellow for -Lady Mary Wortley Montagu me.'

## What's Happening

Jan 4 to Feb 20-Skate the Boulevard Grab your skates and join us for outdoor skating on The Boulevard at Deerfoot City's new synthetic skating rink! Drop-ins are welcome, but as the rink has limited capacity, booking a time slot is a good idea! https:/deerfootcity. simplybook.mev2book

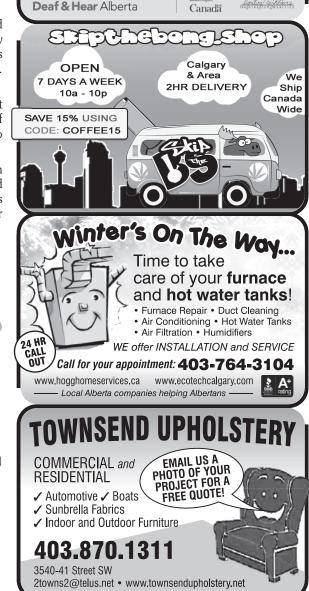
Feb 1 to 28-Hypothermic Half Marathon 10K Virtual event participate from any location you choose! Run in support of Justsocks.ca - a volunteer operated charity providing new socks to those in need across Canada. www.hypothermichalf.com

Mar 10-Literacy for Life Neighbours Helping Neighbours. An online workshop via ZOOM Learn simple ways you can help build English skills for your new neighbours through everyday conversations and interactions. Contact info@litforlife.ca or call 403-650-5090 for more info











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...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST EL4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy



1. In which part of the human body will you find the anvil, hammer, and stirrup bones?

2. What is the second highest mountain in the seven continents?

3. What famous canal can be found in Egypt?

4. Cats the Musical is based on a collection of poems by which poet?

5. What is the currency of India?

(Flip bottom of page for answers)

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Your Weekly Horoscope ARIES LIBRA

(Sept. 24 - Oct. 23)

(Oct. 24 - Nov. 22)

24, 29, 32, 37, 41.

2, 19, 22, 29, 33, 42

**SAGITTARIUS** 

7, 11, 24, 28, 35, 38.

(Dec. 22 - Jan. 20)

(Jan. 21 - Feb. 19)

numbers: 5, 12, 16, 23, 41, 45

(Feb. 20 - March 20)

CAPRICORN

7, 18, 19, 24, 37.

**AQUARIUS** 

PISCES

(Nov. 23 - Dec. 21)

**SCORPIO** 

#### (March 21 - April 20)

Express yourself in writing rather than speaking. Something important may click. Reading your

own thoughts could enable vou to understand yourself better. Lucky numbers: 26, 29, 33, 36, 40, 43. TAURUS

#### (April 21 - May 21)

You may want to open your mind to new areas of communication. It might be time to convert your style by using some new technologies to get

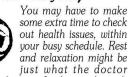
your message across. Lucky numbers: 11, 18, 22, 35, 47, 49. GEMINI

#### (May 22 - June 21)

Your plans may include assistance from those close to you. Insights into your dreams and the dreams of others could be a good guideline for

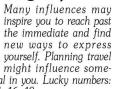
your potential endeavours. Lucky numbers: 25, 33, 35, 38, 41, 49. CANCER

#### (June 22 - July 22)



and relaxation might be just what the doctor orders right now. Lucky numbers: 4 16, 25, 27, 34, 40.

#### LEO (July 23 - Aug. 23)



thing spiritual in you. Lucky numbers: 1, 12, 23, 44, 46, 49. VIRGO

> You may need to feel that you are in control of certain aspects of your life. Strive hard to take the reins and make decisions. Your confidence

should flourish as a result. Lucky numbers: 13, 25, 27, 32, 37, 44.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 4.

# Did You Know...

Seed of Australia: Wattleseed is an Australian plant that has been used in food for 40,000 years. Pods contain small, proteinrich seeds that can be ground into powder. Used in desserts and drinks, it tastes similar to coffee, chocolate, and hazelnut.

**Cheesy potatoes:** In France, a favourite potato dish is called "aligot." It is made by mashing potatoes and adding quite a bit of mild cheese, along with garlic, butter, and cream. The result is a fondue-like comfort food.

**Jelly's time:** Jelly's Last Jam is a Broadway musical that first appeared in 1992. The music was written by Creole jazz composer Ferdinand Joseph LaMothe, known as "Jelly Roll Morton" (1890-1941). The musical tells his story of being an early jazz musician.

Plant place: The Berlin Botanical Garden started in 1679 as an expansion of the royal kitchen and flower garden. Today, it is one of the largest botanical gardens in the world AFFORDABLE-EFFECTIVE-EXCLUSIVE-CALL NOW!



(Aug. 24 - Sept. 23)





www.toesonthego.care

and has about 20,000 species of plants.

**Green treat:** People in South Australia like to eat frogs – as long as they are made out of sugar! Called "frog cakes," these regional treats look like frogs, but are made of sponge cake, jam, and buttercream, topped with green fondant icing.

# On the Lighter Side

Dan called the tinnitus hotline, but it just kept ringing.... Why is a moon rock tastier than an Earth rock? It's a little meteor.

Remember that you're positively unique. Just like everyone else.

Middle age: When you pick your cereal for the fibre, not for the toy.

Reporter: "How many people work for the government?" Researcher: "About half.

### Answers

4. T. S. Eliot 5. Indian Kupee Trivia answers: 1. Middle ear 2. Aconcagua 3. Suez Canal

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