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What's Happening Feb 1 to 28-Hypothermic Half Marathon 10K Virtual event participate from any location you choose! Run in support of Justsocks.ca - a volunteer operated charity providing new socks to

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

Feb 4 to May 29 - \$45,000.00 CASH RAFFLE Derwent Agricultural Society are raising money to repair our community hall. There are 1999 tickets printed so 1666 chance of winning. Tickets are \$50.00 call Connie at 780 977 4714

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Raffle license no. 532108 Draw extended to May 29 due to Covid. NON profit organizations may submit events for FREE at www.coffee-news.ca/ whats-happening



those in need across Canada.

To enter, visit www.coffee-news.ca

www.hypothermichalf.com

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

... or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Gu

Trivia

- 1. In which part of the human body will you find the anvil, hammer, and stirrup bones?
- 2. What is the second highest mountain in the seven continents?
- 3. What famous canal can be found in Egypt?
- 4. Cats the Musical is based on a collection of poems by which poet?
- 5. What is the currency of India?

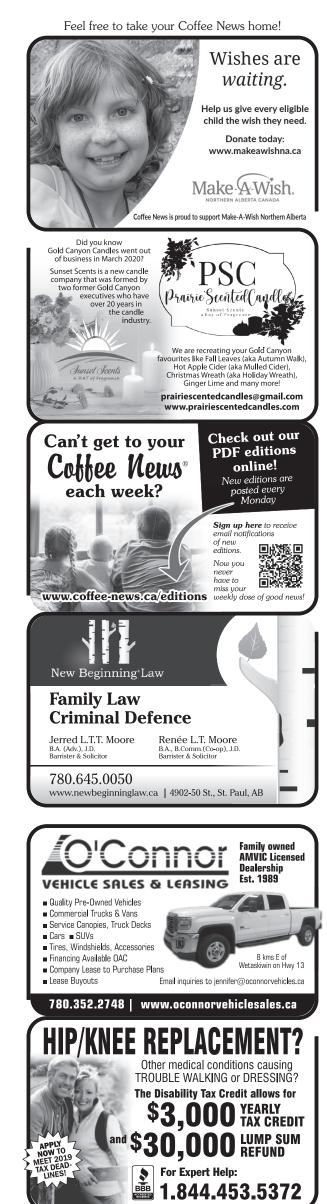
(Flip bottom of page for answers)

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Elders' Tea - second Thursday each month, 11:30 a.m.

Call for Rates-780-220-6397/877-553-6397



Your Weekly Horoscope LIBRA

24, 29, 32, 37, 41.

CAPRICORN

7, 18, 19, 24, 37.

(Jan. 21 - Feb. 19)

AQUARIUS

PISCES

positively reflect on your

life. If others seem neg-

ative, you might encour-

age them to count all

You may feel that you need to fight for what you believe in. Your message

should be very clear,

decisive, and convincing.

Try not stir up more

Your honest heart and

sense of humour may

attract new friends. Play

hard and work hard to

help learn valuable les-

sons about yourself. Keep

their blessings, too. Lucky numbers: 4,

controversy than necessary. Lucky

your spirit real. Lucky numbers: 13, 27, 35, 41, 42, 44.

numbers: 5, 12, 16, 23, 41, 45

(Feb. 20 - March 20)

SCORPIO

ARIES (March 21 - April 20)

Express yourself in writing rather than speaking.

Something important may click. Reading your own thoughts could enable vou to understand vourself better. Lucky numbers: 26, 29, 33, 36, 40, 43. TAURUS

(April 21 - May 21)

You may want to open your mind to new areas of communication. It might be time to convert your style by using some new technologies to get

your message across. Lucky numbers: 11, 18, 22, 35, 47, 49. GEMINI

(May 22 - June 21)

Your plans may include assistance from those close to you. Insights into your dreams and the dreams of others could be a good guideline for

your potential endeavours. Lucky numbers: 25, 33, 35, 38, 41, 49. CANCER

(June 22 - July 22)

You may have to make some extra time to check out health issues, within your busy schedule. Rest and relaxation might be just what the doctor

orders right now. Lucky numbers: 4 16, 25, 27, 34, 40.

LEO (July 23 - Aug. 23)

Many influences may inspire you to reach past the immediate and find new ways to express yourself. Planning travel might influence some-

thing spiritual in you. Lucky numbers: 1, 12, 23, 44, 46, 49. VIRGO

(Aug. 24 - Sept. 23)

You may need to feel that you are in control of certain aspects of your life. Strive hard to take the reins and make decisions. Your confidence

should flourish as a result. Lucky numbers: 13, 25, 27, 32, 37, 44.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 4.

Did You Know...

Seed of Australia: Wattleseed is an Australian plant that has been used in food for 40,000 years. Pods contain small, proteinrich seeds that can be ground into powder. Used in desserts and drinks, it tastes similar to coffee, chocolate, and hazelnut.

Cheesy potatoes: In France, a favourite potato dish is called "aligot." It is made by mashing potatoes and adding quite a bit of mild cheese, along with garlic, butter, and cream. The result is a fondue-like comfort food.

Jelly's time: Jelly's Last Jam is a Broadway musical that first appeared in 1992. The music was written by Creole jazz composer Ferdinand Joseph LaMothe, known as "Jelly Roll Morton" (1890-1941). The musical tells his story of being an early jazz musician.

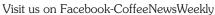
Plant place: The Berlin Botanical Garden started in 1679 as an expansion of the royal kitchen and flower garden. Today, it is one of the largest botanical gardens in the world

One solution for oxygen at home, away, and for travel Introducing the INOGEN ONE – It's oxygen therapy on your terms No more tanks to refill. No more deliveries. No more hassles with travel. The INOCEN CONFIGURATION OF CONFIGURATION OF THE ADDRESS AND THAT AND THE ADDRESS AND THAT AND A THE ADDRESS AND A THE A (Sept. 24 - Oct. 23) Creative new projects may be in your imme-diate future. Choose your Call Inogen Today To Request Your FREE Info Kit teammates carefully, as -888-998-6714 someone may try to take the credit for your hard work and ideas. Lucky numbers: 15, **Need ONE More Reason to Join?** (Oct. 24 - Nov. 22) Now may be a time to You need child support enforced laugh hard and play even Your landlord raises rent in violation harder, which might be of your verbal agreement very infectious. Recent You adopt a child events could show that you need to keep that child alive in yourself. Lucky numbers: O Your car is vandalized in a parking lot 2, 19, 22, 29, 33, 42 **SAGITTARIUS** (Nov. 23 - Dec. 21) Your tight-knit circle of friends and family may hold your word in high Love Coffee News? honour. You should be able to recognize the power that you really pos-Send a selfie of yourself with your sess within yourself. Lucky numbers: weekly edition of the paper, and 7, 11, 24, 28, 35, 38. your picture may appear here! Send your selfie to (Dec. 22 - Jan. 20) contests@coffee-news.ca Your strong spiritual Please put "Reade ers" in the subject l feelings may help you



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Cheesy Broccoli Soup in a Bread Bowl

of the

month i

1/4 cup butter, cubed 1/2 cup chopped onion 2 garlic cloves, minced 4 cups fresh broccoli florets (about 8 ounces) 1 large carrot, finely chopped 3 cups chicken stock 2 cups half-and-half cream 2 bav leaves 1/4 teaspoon pepper 1/4 cup cornstarch 1/4 cup water or additional chicken stock 2-1/2 cups shredded cheddar cheese 6 small round bread loaves (about 8 ounces each), optional Optional toppings: Crumbled cooked bacon, additional 2 bay leaves cooked bacon, additional 1/2 teaspoon salt shredded cheddar cheese 1/4 teaspoon ground nutmeg ground nutmeg and pepper Prep Time: 15 mins. Cook time: 30 mins. Yield: 6 servings In a 6-qt. stockpot, heat butter over medium heat; sauté onion and garlic until tender, 6-8 minutes. Stir in broccoli, carrot, stock, cream and seasoning; bring to a boil. Simmer, uncovered, until vegetables are tender, 10-12 minutes.
Mix constarch and water until smooth; stir into soup. Bring to a boil, stirring occasionally; cook and stir until thickened, 1-2 minutes. Remove hau leaves. Stir in chease until molted Remove bay leaves. Stir in cheese until melted If using bread bowls, cut a slice off the top of each ead loaf; hollow out bottoms, leaving 1/4-in. thick shells (save removed bread for another use). Fill with soup just before serving I desired, serve soup with toppings Source www.tasteofhome.com

www.scubagearcanada.ca

and has about 20,000 species of plants.

Green treat: People in South Australia like to eat frogs – as long as they are made out of sugar! Called "frog cakes," these regional treats look like frogs, but are made of sponge cake, jam, and buttercream, topped with green fondant icing.

Un the Lighter Side

Dan called the tinnitus hotline, but it just kept ringing.... Why is a moon rock tastier than an Earth rock? It's a little meteor.

Remember that you're positively unique. Just like everyone else.

Middle age: When you pick your cereal for the fibre, not for the tov.

Reporter: "How many people work for the government?" Researcher: "About half.

Answers

4. T. S. Eliot 5. Indian Kupee Trivia answers: I. Middle ear 2. Aconcagua 3. Suez Canal

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