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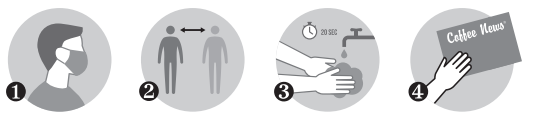

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Vol. 18 No. 12 March 22, 2021

Everybody's Talking

Purple paradise: Those who like the colour purple now have a must-see destination to put on their wish lists: Banwol Island and Parkji Island in Sinan-gun, South Jeolla Province, South Korea. Authorities on these islands have planted lavender fields and various trees with purple flowers, and they are developing an infrastructure painted with purple. The two islands are connected via a purple footbridge, and some of the roads have been splashed with violet paint. Homeowners have even joined the action by painting their houses various shades of this vibrant colour.

Pen art: Many people keep a stash of ballpoint pens on hand for writing notes or letters. But for Ukrainian artist Andrey Poletaev, the ballpoint pen is his paintbrush. Poletaev is an artist who creates drawings using these pens, and his work looks almost like black-and-white photographs. They are intricate and can take hundreds of hours to finish. He layers ink in some places, and lightly covers other areas to create many shades. He creates street scenes, portraits, animals, and landscapes using old techniques and creating many of his own.

Photo-crazy: A photographer in India really loves his craft and likes to let the world know it. Ravi Hongal, from Belgaum, Karnataka, has been taking photos since he was a child, and today he has his own studio. To show off his obsession, he built his three-story home using a camera-themed style. A gigantic replica of a camera lens and flash are mounted on the wall above the front door. What appears to be a length of film hangs down the side of the house. But Hongal didn't stop there in expressing his passion for cameras. He named his sons after well-known camera brands: Canon, Nikon, and Epson.

Kidding aside: Kris Hedstrom of Odessa, Florida (U.S.), thinks she had the wool pulled over her eyes when the Nigerian dwarf goats she purchased couldn't be registered as pedigrees. The goats – Bella, Gigi, Rosie, Zelda, and Margoat – came from neighbour Heather Dayner's farm. When Hedstrom tried to register the animals, she was turned away because Dayner was not an active member of the American Dairy Goat Association. Not to be deterred, Hedstrom filed a lawsuit asking Dayner to pay for a paternity test on the goats.

Quoteable Quotes

"Hope is a waking dream." —*Aristotle*
"It is only the first step that is difficult." —*Marie de Vichy-Chamrond*

What's Happening

Nov 30-April 1-Knights of Columbus Lottery. It's another DREAM VACATION! The Airdrie Knights Lottery is back and with only 120 tickets you chance to WIN is Great. Get all the info and your ticket at airdriedreamvacation.ca.

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

Sept 10-Bridge of Life is a suicide awareness prevention candle light vigil walk across the high level bridge. There is light music, refreshments and guest speakers. www.yegmentalhealth.com. Constable Ezio Faraone Park 7-9 PM

Edmonton's indoor, year round farmers' market! Fridays 9-5. With over 100 local vendors, We're your one-stop-shop to keep you stocked for the week. Everything from fresh local vegetables and meat, local coffee roasters, to Albertan beer and wine. 3696 97 St, Edmonton Mill Woods Town Centre

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...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Which bird is often seen as a sign of peace?
2. Arbor Day is a special day for planting poppies, roses, or trees?
3. How many bones are in the human pelvis?
4. Gymnast Simone Biles won four Olympic gold medals in which city?
5. What type of novels is Bram Stoker known for writing?

(Flip bottom of page for answers)

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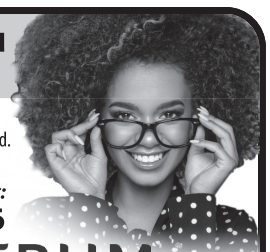

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Reader of the Month
Trevor Hickey reads CH in St. Albert!

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Dementia and Continence Study

Dr. Adrian Wagg's research team at the University of Alberta is recruiting participants for a research study to understand self-management of urinary incontinence with containment products by community dwelling older people living with dementia.

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If you want to learn more about this study, please contact Dr. Wagg's research office at

780-492-6855
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This study will abide by all Covid-19 safety measures outlined by Alberta's Chief Medical Officer and Alberta Health Services.

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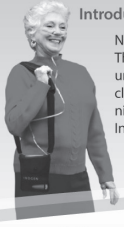

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Recipe of the month

Cheesy Broccoli Soup in a Bread Bowl

1/4 cup butter, cubed
1/2 cup chopped onion
2 garlic cloves, minced
4 cups fresh broccoli florets (about 8 ounces)
1 large carrot, finely chopped
3 cups chicken stock
2 cups half-and-half cream
2 bay leaves
1/2 teaspoon salt
1/4 teaspoon ground nutmeg
1/4 teaspoon pepper
1/4 cup cornstarch
1/4 cup water or additional chicken stock
2-1/2 cups shredded cheddar cheese
6 small round bread loaves (about 8 ounces each), optional
Optional toppings: Crumbled cooked bacon, additional shredded cheddar cheese, ground nutmeg and pepper

Prep Time: 15 mins. Cook time: 30 mins. Yield: 6 servings

❶ In a 6-qt. stockpot, heat butter over medium heat; sauté onion and garlic until tender, 6-8 minutes. Stir in broccoli, carrot, stock, cream and seasonings; bring to a boil. Simmer, uncovered, until vegetables are tender, 10-12 minutes.
❷ Mix cornstarch and water until smooth; stir into soup. Bring to a boil, stirring occasionally; cook and stir until thickened, 1-2 minutes. Remove bay leaves. Stir in cheese until melted.
❸ If using bread bowls, cut a slice off the top of each bread loaf; hollow out bottoms, leaving 1/4-in.-thick shells (save removed bread for another use). Fill with soup just before serving.
❹ If desired, serve soup with toppings.

Source: www.tasteofhome.com

Your Weekly Horoscope

ARIES
(March 21 - April 20)

You may experience sudden insights, make discoveries, or come up with fresh solutions to problems. You might need to seek alternatives to the routine way of doing things. Lucky numbers: 1, 4, 14, 22, 23, 36.

TAURUS
(April 21 - May 21)

Your career or professional cycle may feel very high right now. You might need to push away any negative emotions and wish your way into interesting plans for the future. Lucky numbers: 7, 11, 21, 24, 33, 47.

GEMINI
(May 22 - June 21)

Your heart may be touched in a special way. You might help others reach for their goals. Your sincere compassion and understanding may win the admiration of others. Lucky numbers: 1, 4, 9, 12, 25, 32.

CANCER
(June 22 - July 22)

You may easily become fired up emotionally, especially about people, places, or causes to which you have strong attachments, such as your neighbourhood or hometown. Lucky numbers: 17, 18, 19, 35, 40, 49.

LEO
(July 23 - Aug. 23)

Your efforts may be well received. You could move forward with creative projects, and express yourself on a more comfortable level. Confidence and inner harmony may prevail. Lucky numbers: 14, 24, 26, 37, 38, 42.

VIRGO
(Aug. 24 - Sept. 23)

Your busy schedule and time limits may push you to your emotional limits. You might need to look a little harder to find new ways to reduce the stress in your life. Lucky numbers: 16, 18, 32, 36, 38, 45.

LIBRA
(Sept. 24 - Oct. 23)

You might have a really good sense of what you want to accomplish. Training yourself in what steps you need to take may be important. Apply yourself with full force. Lucky numbers: 13, 23, 29, 34, 42, 46.

SCORPIO
(Oct. 24 - Nov. 22)

Your old working habits may not seem to be clicking like they used to. Embracing new procedures might enable you to expand your horizons and keep your positive flow. Lucky numbers: 11, 13, 22, 27, 34, 38.

SAGITTARIUS
(Nov. 23 - Dec. 21)

You may need to break away from past experiences to show your communication talents more effectively. As your voice gets stronger, your confidence level may strengthen, too. Lucky numbers: 4, 14, 24, 34, 44, 49.

CAPRICORN
(Dec. 22 - Jan. 20)

Recent comments made may have hurt your ego. You might need to find a good sounding board in someone who is willing to listen to your deepest emotions and thoughts. Lucky numbers: 17, 24, 29, 32, 39, 43.

AQUARIUS
(Jan. 21 - Feb. 19)

You might need to speak your mind. Others may sing your praises and help you promote your cause. You might need to recognize the power that you possess within your circle. Lucky numbers: 12, 21, 23, 36, 44, 46.

PISCES
(Feb. 20 - March 20)

You might know in your heart that you need to change some past habits or lifestyle choices. Your innermost motivation could help you put your best foot forward. Lucky numbers: 5, 13, 16, 33, 37, 41.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 9.

Did You Know...

Meaning of flowers: Red roses may symbolize love, but other flowers represent not-so-nice emotions. For example, striped carnations mean rejection and lobelia signifies malevolence, which is ill will or spite.

Comfort food: A popular dish served in some parts of Germany is called *Himmel und Erde*, meaning "heaven and earth." A comforting casserole, it includes both potatoes (from the earth) and apples (from the trees, which are a little closer to "heaven").

Wide range: The painted lady butterfly is found all around the world, except in Australia and Antarctica. These pretty orange and brown-black insects are also known as thistle or cosmopolitan butterflies.

Tall tower: At 553.3 metres (1,815 ft.) high, the CN Tower in Toronto, Ontario (Canada), is the third tallest tower in the world, after the Tokyo Sky Tree in Tokyo and the Canton Tower in Guangzhou, China.

Photo fanatic: Annie Leibovitz is a famous American portrait photographer. She worked at *Rolling Stone* magazine from 1970 to 1980, covering many famous people, including rock stars and politicians.

On the Lighter Side

What has four legs but never runs? A chair.

What do you call an evil turkey? Poultry-geist.

Deja Moo: The feeling that you've heard this bull before.

Tourist to owner of Flea Circus: "Did you educate that flea yourself?"
Owner: "I did, I raised him from a pup."

When traveling at the speed of sound, can you still hear the radio?

Answers

Trivia answers: 1. The dove 2. Trees 3. Three 4. Rio de Janeiro 5. Gothic horror

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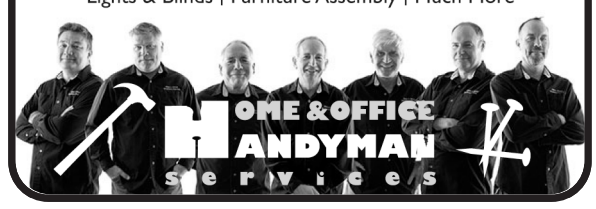

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