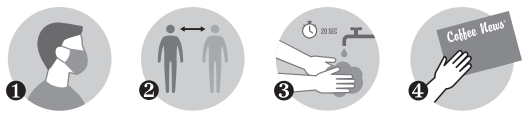
HELP STOP THE SPREAD!



1. Wear a mask
2. Keep your distance – six feet!
3. Wash your hands
4. Take your copy of Coffee News® home with you

Stay safe!

A message from your friends at **Coffee News®**

This Space for Rent.

877-553-6397

WHAT DO YOU WANT TO DO TODAY?

BOOK NOW!

WILDLIFE DISCOVERY | HALFDAY TRAIN TOURS | DOGSLEDDING SIGHTSEEING TOURS | MALIGNE CANYON ICEWALKS

SUNDOG TRANSPORTATION AND TOURS LTD.

Visit our site to book **www.SunDogTours.com** or call us at **1.888.786.3641**

Like us on Facebook

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

Coffee News®

https://www.facebook.com/CoffeeNewsWeekly

Pregnant? Facing Difficult Decisions?

We can help.
Call **780.421.1177** or text **587.596.5380**

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

www.smallmiraclesadoption.com

Good Times Start Here!

RANCHERS SPORTS BAR & GRILL

Open Daily,
6 am - 10 pm
780.865.9785

DINE IN AND TAKE OUT AVAILABLE

Open Daily,
10 am - 10 pm

RANCHERS SPIRITS

780.817.2356

BOTH LOCATED AT:

438 Smith Street, Hinton

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Hinton Edition

877-553-6397

Est. 1988

www.coffee-news.ca

Vol. 18 No. 13 March 29, 2021

Everybody's Talking

See you soon: When prison inmates make an escape, they usually hope not to return. This was not the case for two incarcerated men in an Italian prison. Cousins Davad Zukanovic and Lil Ahmetovic managed break out of jail in the middle of the night. They left a note explaining that they had urgent family business to attend to, adding a dubious promise that they'd be back in 15 days. Regardless of the convicts' stated intentions, police took the escape seriously and are doing their best to track the men down. If they get caught, authorities will add five years to their sentences.

Snow art: British Artist Simon Beck uses a unique medium for his work: snow. He creates geometric patterns on large stretches of the untouched white stuff by walking on it in a systematic way. His snowshoe footprints make the design, which he plans beforehand on paper. Many of his works were made in the Alps, but he has traveled to other snowy places to make a piece. The images take many hours to create and can cover an area the size of a football field. A high vantage point is the best way to see his snowflakes, checkerboards, and other intricate shapes.

Team spirit: One traditional sport that came from the Zhuang people of Gunaxi province in southeastern China requires immense teamwork. It's called board shoe racing. In this sport, three team members place the toes of their shoes in leather straps attached to two planks that each are one metre (3.2 ft.) long. To race, they must run in perfect unison to avoid falling over. While board shoe racing requires athleticism, an important requirement of the team is working together and cooperating with each other. The sport likely dates back to the Ming Dynasty, when it was used to help train soldiers.

Lighting the way: Tobermory, Ontario (Canada), is situated near dangerous waters. Located at the merger of Lake Huron and Georgian Bay, the waters sometimes are treacherous, and the weather can be bad. To guide ships into the harbour, the Big Tub Lighthouse was built in 1885 for $675 CDN. Today, the original structure no longer exists, and in its place is a six-sided wooden lighthouse that stands 14 metres (43 ft.) high. Its existence is necessary, especially considering that two old shipwrecks can be seen in the offshore waters. Today, scuba divers enjoy exploring them.

Quoteable Quotes

"Who understands much, forgives much." —*Madame de Staël*
"The strongest principle of growth lies in the human choice."
—*George Eliot*

What's Happening

Nov 30-April 1-Knights of Columbus Lottery. It's another DREAM VACATION! The Airdrie Knights Lottery is back and with only 120 tickets you chance to WIN is Great. Get all the info and your ticket at airdriedreamvacation.ca.

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

Wednesdays - Art in the Afternoon Join us to have fun while learning a variety of still life drawing techniques. Drayton Valley Municipal Library. 5120-52nd Street .

www.draytonvalleylibrary.ca**March 31 - Art in the Afternoon** Wednesdays @ 1pm at Drayton Valley Municipal Library. Visit

www.draytonvalleylibrary.ca for more info.**NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening**

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

$400* Prize Package
** Coffee News Bucks*
Over 150 participating sponsors!

4 winners ($100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Created in the 1940s, what type of western tie became popular in the 1950s and '60s?
2. What is another word for yellowfin tuna?
3. The Leaning Tower of Pisa is located in Peru, Italy, or Spain?
4. If you are a "blue blood," what type of heritage do you have?
5. What are elvers?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Recipe of the month

Cheesy Broccoli Soup in a Bread Bowl

1/4 cup butter, cubed
1/2 cup chopped onion
2 garlic cloves, minced
4 cups fresh broccoli florets (about 8 ounces)
1 large carrot, finely chopped
3 cups chicken stock
2 cups half-and-half cream
2 bay leaves
1/2 teaspoon salt
1/4 teaspoon ground nutmeg
1/4 teaspoon pepper
1/4 cup cornstarch
1/4 cup water or additional chicken stock
2-1/2 cups shredded cheddar cheese
6 small round bread loaves (about 8 ounces each), optional
Optional toppings: Crumbled cooked bacon, additional shredded cheddar cheese, ground nutmeg and pepper

Prep Time: 15 mins. Cook time: 30 mins. Yield: 6 servings

❶ In a 6-qt. stockpot, heat butter over medium heat; sauté onion and garlic until tender, 6-8 minutes. Stir in broccoli, carrot, stock, cream and seasonings; bring to a boil. Simmer, uncovered, until vegetables are tender, 10-12 minutes.
❷ Mix cornstarch and water until smooth; stir into soup. Bring to a boil, stirring occasionally; cook and stir until thickened, 1-2 minutes. Remove bay leaves. Stir in cheese until melted.
❸ If using bread bowls, cut a slice off the top of each bread loaf; hollow out bottoms, leaving 1/4-in.-thick shells (save removed bread for another use). Fill with soup just before serving.
❹ If desired, serve soup with toppings.

Source: www.tasteofhome.com

From Port Alberni, B.C. to St. John's, Newfoundland

Served in **1579 1/2** restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News® is Canada's choice for positive news from around the world!

Helping you rediscover **fun** *in the kitchen!*

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ***ONLINE CATALOG!***

Visit www.giftsandgadgets.ab.ca
or visit us in person at 111 First Avenue, Spruce Grove

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

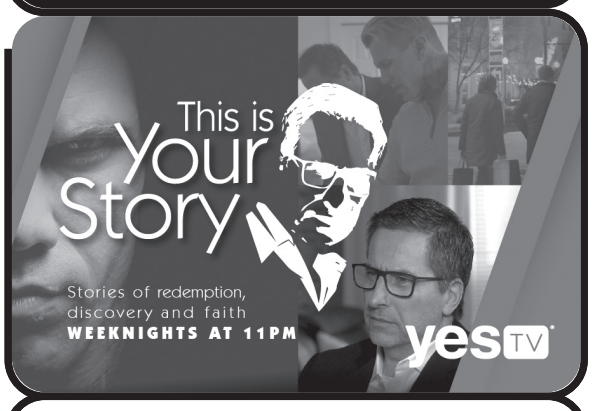
SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: **www.coldshotca.com**
Passenger Website: **www.coldshot.ca**

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



Support **Coffee News®!**

The paper you have grown to love can't do it without readers like you...

- Visit our advertisers
- Browse our website
- Like us on Facebook

Coffee News®
"News to Enjoy Over Coffee"

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

$3,000 YEARLY TAX CREDIT
and **$30,000 LUMP SUM REFUND**

APPLY NOW TO MEET 2019 TAX DEADLINES!

For Expert Help:
1.844.453.5372

SHOP ONLINE!
www.scubagearcanada.ca
• Snorkelling Gear • Reef-Safe Sunscreen
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts
SNORKELLING AND SCUBA DIVING LESSONS
The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton
Learn to SCUBA DIVE at our Edmonton location – call for details
780.483.0044
SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Proudly Delivering...
32 YEARS
Coffee News®
SMILES Since 1988

Need ONE More Reason to Join?
❶ You need child support enforced
❷ Your landlord raises rent in violation of your verbal agreement
❸ You adopt a child
❹ A friend owes you money and files for bankruptcy
❺ You need help with credit card liability resolution
❻ Your car is vandalized in a parking lot
LegalShield™
Call Lloyd Kenney, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

WE BUY USED GOLD AND DIAMONDS
Blue Diamond Jewellers
780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

Unlock a new career!
Available in Hinton & Edson
Certifications
Work Experience
Job Search Assistance
1-877-564-3545
www.koparadmin.ca
KEYS Kopar's Employment for Youth Services
KOPAR ADMINISTRATION LTD.
Canada

Did you know Gold Canyon Candles went out of business in March 2020?
Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.
PSC Prairie Scented Candles
Sunset Scents a Ray of Fragrance
We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

One solution for oxygen at home, away, and for travel
Introducing the INOGEN ONE – It's oxygen therapy on your terms
No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere — even on most airlines. Inogen accepts Medicare and many private insurances!
Reclaim Your Freedom And Independence NOW!
Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714
inogen
© 2020 Inogen, Inc. All rights reserved. MKT-P0108

Sour Gas and Odour Control Treatment
S.O.S. Sour and Odour Services
1-888-909-9976
info@sourandodour.com | www.sourandodour.com
Customized Solutions to meet your specific requirements:
• Vapours emitted from sour oil and water tanks
• De-pressuring of pig senders and receivers
• Venting of liners in sour pipelines
• De-hy condensation tank vapours
• Loading and unloading tank trunks
• Vacuum truck blower discharges
• Catadyne heater fuel sweetening
• Ventilation of sewage lift-stations
• Ventilation of electrical panels

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Something said in haste may not have been understood. Try not to second guess yourself. Make sure everyone is on the same page. Stick close to those you trust most. Lucky numbers: 2, 4, 22, 23, 34, 39.

TAURUS
(April 21 - May 21)

Emotional conversations may make you look weak if you express your feelings through tears. Show your strength by more effectively using your words. Lucky numbers: 1, 5, 10, 15, 20, 25.

GEMINI
(May 22 - June 21)

It may be time to put some things on hold and put your energy into plans for your future. Strong family ties could inspire you to get past problems and to strongly prevail. Lucky numbers: 3, 18, 19, 25, 28, 49.

CANCER
(June 22 - July 22)

You may feel as if you are in a slump. More forward thinking about what you expect from the future could open new doors of opportunity. Pursue your dreams. Lucky numbers: 2, 12, 18, 19, 25, 27.

LEO
(July 23 - Aug. 23)

You may look forward to enjoying a happier home base. No one likes disappointment, so try to keep your promises as best you can. Family members may follow your lead. Lucky numbers: 9, 15, 18, 29, 35, 37.

VIRGO
(Aug. 24 - Sept. 23)

When planning for future endeavours, you might need downtime from your busy schedule. Remember important dates, but don't let them deter you. Lucky numbers: 10, 21, 23, 30, 33, 40.

LIBRA
(Sept. 24 - Oct. 23)

Variety is the spice of life and you may love the new cuisines and traditions you find. New contacts may provide you with opportunities to travel or explore new areas. Lucky numbers: 17, 25, 32, 35, 40, 45.

SCORPIO
(Oct. 24 - Nov. 22)

Your plate may be full. Travel arrangements could be in the picture, or you might find interesting information on the background of your family members. Lucky numbers: 14, 15, 22, 35, 42, 44.

SAGITTARIUS
(Nov. 23 - Dec. 21)

Your intuitive ideas may become a good source of revenue for you. Start making concrete plans with your new ideas, especially within your inner circle of friends. Lucky numbers: 6, 15, 22, 25, 27, 39.

CAPRICORN
(Dec. 22 - Jan. 20)

You may feel sharp, clear, decisive, and articulate. If you hate being idle, you might be ready for challenging, intellectual activities and attacking difficult problems. Lucky numbers: 2, 8, 22, 28, 32, 48.

AQUARIUS
(Jan. 21 - Feb. 19)

You may make an excellent first impression now. This could be a very favourable time for doing something to enhance your appearance, such as a new haircut or new clothing. Lucky numbers: 7, 12, 14, 26, 41, 42.

PISCES
(Feb. 20 - March 20)

Understanding history may really put things into a better perspective. Your initial impressions might change if you try to understand the motives and desires of others. Lucky numbers: 5, 17, 29, 36, 44, 46.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 2.

Did You Know...

Sea in an ocean: The Sargasso Sea in the Atlantic Ocean does not have a coast because its boundaries are defined by four ocean currents. Floating seaweed called sargassum covers it.

Good bugs: Ladybugs are welcome additions to farmers' fields and gardeners' backyards. That's because they love to eat pests, such as aphids, that cause damage to crops and flowers.

Shorter journey: The Panama Canal lets ocean traffic move between the Atlantic and Pacific Oceans without having to go around the southern tip of South America, saving almost 13,000 kilometres (8,000 mi.) of travel.

American artist: Georgia O'Keeffe (1887-1986) was an American modernist artist. She is known for such works as "Sky Above Clouds IV" and "City Night." She spent quite a bit of her time in the state of New Mexico, where she fell in love with the landscape.

Ten stripes: The Charentais melon comes from Cavaillon in the southern part of France. That town has an annual festival celebrating the sweet, citrusy cantaloupe that, when ripe, has exactly 10 green stripes on its husk.

On the Lighter Side

What three things can you give away, but still keep? A smile, your word, and your heart.

Every dog may have his day, but it's the puppies that have weak ends.

Why do banks leave both doors open and then chain the pens to the counters?

Mom: "Why didn't you come when I called you, didn't you hear me?"
Tommy: "Not the first two times."

If you hold out for a gift tied up with a bow, you might miss the present right in front of you.

Answers

Trivia answers: 1. Bolo tie 2. Ahi 3. Italy 4. Noble 5. Baby eels

Happy First Day of SPRING from your friends at Coffee News®

Bras Briefs Boxers Bikinis
Romantic Notions inc.
Visit us on for promotions and gift ideas!
780.962.4944
1.855.962.4944
www.romanticnotions.ca | #30, 210 McLeod Ave., Spruce Grove
30 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE

Wishes are *waiting.*
Help us give every eligible child the wish they need.
Donate today:
www.makeawishna.ca
Make-A-Wish NORTHERN ALBERTA CANADA
Coffee News is proud to support Make-A-Wish Northern Alberta

Love Coffee News®?
Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!
Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.
Please include: ❶ Your name ❷ Your phone number and ❸ Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!
Reader of the Mouth
Trevor Hickey reads CN in St. Albert!
Coffee News® Fun Reading. Serious Advertising.

Leave a legacy
and be a part of tomorrow's future, today
If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.
You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.
FOR MORE INFO, PLEASE VISIT:
BREATHE the lung association
www.ab.lung.ca/you-can-help-change-future-today

Get Your Meters' Calibrations Right
We are committed to proving your meters accurate and on time. Since 2003, Measurement Inc. has performed over 8,250 meter proves, so we won't be practising on yours.
– RELAX WHEN YOU GET AUDITED!
MY PROMISE TO YOU: "If all you want is someone cheap to tag your meters, I respectfully ask you to call someone else. Ours will be the best proving experience you have ever had. When audited you'll see the results of excellent measurement. This will be the most complete, professional proving and calibration you have ever experienced. We do the work right or we'll redo it for FREE. I guarantee it."
~ Jerry Greiner
• Mobile Bench™
• Field Provers
• High Sour/ Pressure
• Chart Calibration
• Zedi Calibration
MEASUREMENT INC.
780-621-2555
www.MeasurementInc.ca
PORTABLE TEST SEPARATOR RENTALS

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?
We can save you up to 50% off your current phone rates!
How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition
ZETTA TELECOM
587.760.2800
https://zettatelecom.com
Dedicated To Finding Our Clients The Best Solutions Within Their Budgets

Can't get to your Coffee News® each week?
Check out our PDF editions online!
New editions are posted every Monday
Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!
www.coffee-news.ca/editions

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd