

PLEASE ASK US FOR STARTER PACK

200+ Delicious Meals Made for SENIORS!

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

* Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
 TF: 1-800-704-4779

HEART TO HOME MEALS
 DELICIOUS MEALS MADE FOR SENIORS®
www.hearttohomemeals.ca

Did you know Gold Canyon Candles went out of business in March 2020?

Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.

PSC
 Prairie Scented Candles
 Sunset Scents
 a Ray of Fragrance

We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

HELP STOP THE SPREAD!

1. Wear a mask
2. Keep your distance – six feet!
3. Wash your hands
4. Take your copy of *Coffee News* home with you

Stay safe!
 A message from your friends at **Coffee News®**

MENTION THIS AD FOR A DISCOUNT!

LET US HELP YOU QUIT SMOKING
 Come learn the facts and make a plan
780-623-2158
 10263-101 Ave., Lac La Biche
 10 am - 6 pm, 7 days a week
 Closed on holidays

OHMY VAPE LOUNGE

Love Coffee News®?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
 Please put "Readers" in the subject line.

Please include:
 • Your name • Your phone number
 • Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Coffee News® Fun Reading. Serious Advertising.

Reader of the Month
 Trevor Hickey reads *CN* in St. Albert!

This is Your Story

Stories of redemption, discovery and faith
WEEKNIGHTS AT 11PM

yesTV

UP TO 50% OFF

YOUR FIRST 3 MONTHS OF STORAGE!

LLOYDMINSTER
STORAGE

Vaulta Storage
 We've Got Room For That!

<https://vaultaselfstorage.ca/locations/alberta/lloydminster>

Call 780.872.3299

HEATED STORAGE UNITS!
PARKING FOR RVs, CARS AND BOATS
MONTH TO MONTH NO LONG TERM CONTRACTS

SCAN HERE FOR RESERVATIONS

MORE SELECTION THAN ANY OTHER WINDOW COVERING SOURCE!

We make 100+ kinds of blinds
 We stock 15 million feet of inventory

real blinds

WESTERN CANADA'S #1 RETAIL WINDOW COVERING FACTORY

1 8558 GO REAL REALBLINDS.CA

EDMONTON
 10510-107 Ave. NW
 780-250-7325

VEGREVILLE
 5006-52 Avenue
 780-632-2142

DERWENT
 118 Main Road
 780-741-2376

BONNYVILLE/COLD LAKE
 780-826-2239

WAINWRIGHT/PROVOST
 780-842-2477

LLOYDMINSTER
 780-875-1093

FREE In-Home Consultation

LIFE TIME

SAVE 50%

FREE!

New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Lloydminster Edition

877-553-6397

www.coffee-news.ca

Est. 1988

Vol. 18 No. 14 April 5, 2021

Everybody's Talking

Odd shape: Square watermelons actually exist in Japan, but they don't come from special seeds. They are created when a watermelon of the usual variety is grown inside a box so that the final product is square. Watermelons of this shape have the advantage of being stackable, so therefore are more easily transported and stored. The taste of these watermelons isn't like regular ones because they're harvested before they become mature. People buy them as ornamental gifts, parting with as much as \$100 USD if purchasing from a Japanese store, and for much more from specialty stores in other countries.

A place for books: There is a library like no other in Stockholm, Sweden. Stadsbiblioteket (City Library) was designed by architect Gunnar Asplund in the 1920s. Its round shape is unusual, with stacks of books encircling the huge room. Above the stacks is a viewing area, allowing visitors to take a bird's-eye look at the hundreds of thousands of books available for reading and loaning. The architectural style is known as Nordic Classicism; some people call it "Swedish Grace." Both inside and out, the building is a photographer's dream, not to mention a reader's fantasy.

Wild winds: On New Zealand's South Island is a windswept area called Slope Point. This forbidding place on the island's most southern tip, almost midway between the Equator and the South Pole, experiences relentless, howling winds that come across the ocean, uninterrupted, from Antarctica. Sheep graze there, and years ago farmers decided to plant trees to act as shelters for the animals. Today, those trees are a tourist attraction because the wind has forced them to grow sideways – literally. While people like to come to see the trees, they must make day trips because there are no accommodations on this wild, windy point.

Sink art: An artist in Milan, Spain, didn't let the coronavirus pandemic get in her way. During the shutdown in that country, Marta Grossi used an everyday home feature as her canvas: the sink. Normally used for the drab tasks of doing dishes and personal care regimes, Grossi decided to breathe creative life into the basins by using watercolour paints. From sea anemones to butterflies to floral designs and animal life, she created bright, colourful scenes. She left each painting intact for 24 hours, but took photos before washing each design down the drain.

Quoteable Quotes

"Thinking is the talking of the soul with itself." —Plato

"There is no chance, no destiny, no fate that can circumvent or hinder or control the firm resolve of a determined soul." —Ella Wheeler Wilcox

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

Feb 4 to May 29 - \$45,000.00 CASH RAFFLE Derwent Agricultural Society are raising money to repair our community hall. There are 1999 tickets printed so 1666 chance of winning. Tickets are \$50.00 call Connie at 780 977 4714

Raffle license no. 532108 Draw extended to May 29 due to Covid. **NON profit organizations may submit events for FREE** at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
 *Coffee News Bucks
 Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What type of insect is said to be responsible for spreading Lyme disease?
2. Where is the popular U.S. theme park called Epcot located?
3. Gorp is a popular trail mix. What do the letters represent?
4. What is an octet?
5. What do mini, midi, and maxi refer to in the fashion world?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

This Space for Rent.

877-553-6397

WINDOW CLEANING

780.214.1999

squeegeeboy@helminc.ca**SqueegeeBoy™**

Happy First Day of SPRING

from your friends at **Coffee News®**

Recipe of the month

Cheesy Broccoli Soup in a Bread Bowl

| | |
|--|--|
| 1/4 cup butter, cubed | 1/4 teaspoon pepper |
| 1/2 cup chopped onion | 1/4 cup cornstarch |
| 2 garlic cloves, minced | 1/4 cup water or additional chicken stock |
| 4 cups fresh broccoli florets (about 8 ounces) | 2-1/2 cups shredded cheddar cheese |
| 1 large carrot, finely chopped | 6 small round bread loaves (about 8 ounces each), optional |
| 3 cups chicken stock | Optional toppings: Crumbled cooked bacon, additional shredded cheddar cheese, ground nutmeg and pepper |
| 2 cups half-and-half cream | |
| 2 bay leaves | |
| 1/2 teaspoon salt | |
| 1/4 teaspoon ground nutmeg | |

Prep Time: 15 mins. Cook time: 30 mins. Yield: 6 servings

1 In a 6-qt. stockpot, heat butter over medium heat; sauté onion and garlic until tender, 6-8 minutes. Stir in broccoli, carrot, stock, cream and seasonings; bring to a boil. Simmer, uncovered, until vegetables are tender, 10-12 minutes.

2 Mix cornstarch and water until smooth; stir into soup. Bring to a boil, stirring occasionally; cook and stir until thickened, 1-2 minutes. Remove bay leaves. Stir in cheese until melted.

3 If using bread bowls, cut a slice off the top of each bread loaf; hollow out bottoms, leaving 1/4-in.-thick shells (save removed bread for another use). Fill with soup just before serving.

4 If desired, serve soup with toppings.

Source:
www.fastcoffhome.com

Helping you rediscover fun In the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca
 or visit us in person at 111 First Avenue, Spruce Grove

SHOP ONLINE!

www.scubagearcanada.ca

• Snorkelling Gear • Reef-Safe Sunscreen
 • Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters

Scuba Diving & Snorkeling
11781-156 St., Edmonton

Learn to SCUBA DIVE at our Edmonton location – call for details
780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Visit us on Facebook-CoffeeNewsWeekly

BORDER CITY FARMERS MARKET

Mike's Fieldhouse
in the Servus Sports Centre

THURSDAY
12-4 p.m.

SATURDAY - 11 a.m.-5 p.m.

FOR MORE INFORMATION:
call Loris at 639-536-0387, email
bordercityfarmersmarket@outlook.com
or visit bordercityfarmersmarket.ca

Lloydminster Christmas Craft Fair
NOVEMBER 20-22, 2020

Physical distance and sanitizing protocols in place

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere — even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714

© 2020 Inogen, Inc. All rights reserved. MKT-P0108

Pharmacist-owned, community-minded service

JJ's Value Drug Mart

INDEPENDENT PHARMACY

#205, 5342-50 Ave., Vegreville
Galleria Shops | 587-790-7777

JJ Begalke
20 years of experience as a pharmacist.
Friendly service your family can trust!

PET PAD

Total Pet Care GROOMING

- Nail Trimming
- Breed Specific
- Feline Certified

Service Tailored to Your Pet Needs

Open 7 Days A Week
780.808.6363
4010-50 Ave., Lloydminster

Groomed by Summer

Wishes are waiting.

Help us give every eligible child the wish they need.

Donate today:
www.makeawishna.ca

Make-A-Wish
NORTHERN ALBERTA CANADA

Coffee News is proud to support Make-A-Wish Northern Alberta

Leave a legacy
and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association — we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
the lung association

www.ab.lung.ca/you-can-help-change-future-today

FOR MORE INFO, PLEASE VISIT:

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT

and **\$30,000 LUMP SUM REFUND**

APPLY NOW TO MEET 2019 TAX DEADLINES!

For Expert Help:
1.844.453.5372

BBB ACCREDITED

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- VOIP Solutions at a fraction of the traditional carrier cost
- Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Your Weekly Horoscope

ARIES

(March 21 - April 20)



Look beyond your own expectations. Your perspective may need a little widening so that you start to appreciate the contributions of others for what they really are. Lucky numbers: 10, 14, 27, 31, 37, 43.

TAURUS

(April 21 - May 21)



Some people may not understand your talent, but they know what they like. If you take your time, your creativeness could help you surpass all expectations. Lucky numbers: 3, 6, 9, 12, 15, 18.

GEMINI

(May 22 - June 21)



You may need patience and a sense of humour when dealing with those who have no idea about the true value of things. Try a different perspective and you could learn more. Lucky numbers: 4, 21, 24, 27, 30, 36.

CANCER

(June 22 - July 22)



You may need to express your ideas more clearly, as you shouldn't expect others to understand your inner emotions. Good communication may be very important right now. Lucky numbers: 8, 14, 23, 24, 28, 40.

LEO

(July 23 - Aug. 23)



Keep up the positive flow and you may be able to give others some insight. You could meet some really interesting people who touch something special in your heart. Lucky numbers: 8, 12, 22, 25, 47, 49.

VIRGO

(Aug. 24 - Sept. 23)



Analyze all of your available options. Your modesty could attract important people to your cause. Your bright ideas may enlighten the lives of others. Lucky numbers: 12, 14, 27, 34, 37, 43.

LIBRA

(Sept. 24 - Oct. 23)



Relax and be yourself. Time may find a way to make things right. Your fears could be blown all out of proportion. Don't allow your imagination to work overtime. Lucky numbers: 3, 5, 18, 29, 35, 37.

SCORPIO

(Oct. 24 - Nov. 22)



This may be the time for making long-range plans and thinking about what is really important now. The trivial details of day-to-day living should not dominate your attention. Lucky numbers: 11, 13, 16, 27, 34, 38.

SAGITTARIUS

(Nov. 23 - Dec. 21)



A change of residence or workplace may give you all the freedom you require. Your talents could flourish within a more mindful, spiritual framework. Lucky numbers: 19, 21, 23, 35, 44, 48.

CAPRICORN

(Dec. 22 - Jan. 20)



You may need to look past the negative and come up with a more positive future scenario. Your creative mind might help you change your inner expectations. Lucky numbers: 1, 6, 19, 23, 26, 34.

AQUARIUS

(Jan. 21 - Feb. 19)



You may feel like you're in the middle of a controversial situation. You might want to keep your distance from negative influences. Your positive flow could prevail. Lucky numbers: 6, 13, 26, 34, 36, 38.

PISCES

(Feb. 20 - March 20)



You may have some big decisions to make right now. Others might try to influence your actions, but only you can decide in which direction you want to proceed. Lucky numbers: 19, 22, 24, 27, 34, 44.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 8.

Did You Know...

Underground spectacle: The state of Kentucky (U.S.) is home to Mammoth Cave, a cave system that spans more than 400 miles (644 km). Cave explorers can visit some of these caverns at Mammoth Cave National Park.

Too hot: A restaurant in Jakarta, Indonesia, is rumoured to serve up the spiciest noodle dish ever. Called *Mie Goreng Pedas Mampus*, or "Death Noodles," the dish uses common packaged noodles, but serves them with a sauce made from as many as 150 bird's eye chilies.

Snowy occurrence: When gusts of wind pick up dry snow, a snow devil may occur. Although rare, they can happen when cold air moves over a warm surface, causing an updraft that can rotate, bringing with it swirls of snow.

Straddling two continents: A few cities in the world are located in two continents. For example, Suez is in Africa and Asia, Panama City is in North and South America, and Istanbul is in Europe and Asia.

Personal tree space: In some forests, there is a phenomenon called "crown shyness." This happens when the upper branches of trees don't touch their neighbours, so there are gaps in the canopy when looking upwards.

On the Lighter Side

Why don't oysters give to charity? Because they're shellfish.

Middle age: When the narrow waist and the broad mind begin to change places.

Opportunity may knock only once, but temptation bangs on the door forever!

If you see an ocean but not water, where are you? In front of a map.

How is a hospital gown like insurance? You're never covered as much as you think you are.

Answers

Trivia answers: 1. Tick 2. Bay Lake, Fla. (U.S.) 3. Good ol' raisins and peanuts 4. Group of eight 5. Skirt lengths

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Cedar Manor

Upgraded apartments starting at \$660!

Save \$100!

(780) 214-1300

Tesla Estates

Luxury apartments starting at \$1,105!

Northview
APARTMENT REIT

*On approved application, while promotion lasts.

(780) 214-1300

New Beginning Law

Call 780.645.0050 to book an office consult for **family law or criminal law**

Renée L.T. Moore
B.A., B.Comm. (Co-op), J.D.
Barrister & Solicitor

Jerred L.T.T. Moore
B.A. (Adv.), J.D.
Barrister & Solicitor

www.newbeginninglaw.ca | 4902-50 St., St. Paul, AB

Eye Examinations • Diagnosis & Treatment of Eye Injuries
– Ocular Emergency Services Available –

DR. GARY WETMORE
OPTOMETRIST

780.875.6234

Located at Wayside Plaza
#5, 5405-44 Street
Lloydminster

DIRECT BILLING AVAILABLE

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield **1-877-579-9449**

Pregnant? Facing Difficult Decisions?

We can help.
Call **780.421.1177** or text **587.596.5380**

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

www.smallmiraclesadoption.com