

## DHILLON LAW OFFICE

Kirin Dhillon, Barrister & Solicitor



- Family Law
- Criminal Law
- Real Estate
- Immigration Law
- Wills and Estates
- Civil Litigation

403.815.9944

104-200 Country Hills Landing NW • kirin@dhillonlawoffice.com

## THIS SPACE FOR RENT

403-355-6316

The Brenda  
Strafford  
Foundation Manor



Opening  
June  
2020

### Introducing Cambridge Manor

The Brenda Strafford Foundation's newest seniors wellness community in University District, NW Calgary's newest urban neighbourhood.

- Assisted Living, Enhanced Care and Memory Care
- Respite Care short term stays available

403.536.8675 | cambridgemanor.ca

## Have You Had A Stroke?

### For support and education:

- Stroke Recovery Association of Calgary (SRAC)
- Calgary Aphasia Centre (CAC)
- Young Survivors Group (YSS)



Phone 403.827.7520

www.sracalgary.com • www.calgaryaphasia.com  
ysscalgary@gmail.com • Calgary.Aphasia.Centre@gmail.com

## HELP STOP THE SPREAD!



1 Wear a mask



2 Keep your distance – six feet!



3 Wash your hands



4 Take your copy of Coffee News home with you

Stay safe!

A message from your friends at Coffee News®

## Prepare for unexpected power outages with a Generac home standby generator

REQUEST A FREE QUOTE!  
888-688-0973

FREE 7-Year Extended Warranty\*  
An \$895 Value!

Offer valid February 15 - June 6, 2021

GENERAC



\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

From Port Alberni, B.C. to St. John's, Newfoundland

Served in

15796

restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News®

is Canada's choice for positive news from around the world!



Buy any Signature Burger and receive a second burger

Present this coupon to cashier upon ordering.

SOUTH ST. BURGER

Five Calgary locations!

Limit of one coupon per customer. | Cannot be combined with other offers. Free burger must be of equal or lesser value. | Offer expires 06/30/21.



FREE!

New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

West Edition

587-392-8086



www.coffee-news.ca

Vol. 11 No. 14 April 5, 2021

## Everybody's Talking

**Odd shape:** Square watermelons actually exist in Japan, but they don't come from special seeds. They are created when a watermelon of the usual variety is grown inside a box so that the final product is square. Watermelons of this shape have the advantage of being stackable, so therefore are more easily transported and stored. The taste of these watermelons isn't like regular ones because they're harvested before they become mature. People buy them as ornamental gifts, parting with as much as \$100 USD if purchasing from a Japanese store, and for much more from specialty stores in other countries.

**A place for books:** There is a library like no other in Stockholm, Sweden. Stadsbiblioteket (City Library) was designed by architect Gunnar Asplund in the 1920s. Its round shape is unusual, with stacks of books encircling the huge room. Above the stacks is a viewing area, allowing visitors to take a bird's-eye look at the hundreds of thousands of books available for reading and loaning. The architectural style is known as Nordic Classicism; some people call it "Swedish Grace." Both inside and out, the building is a photographer's dream, not to mention a reader's fantasy.

**Wild winds:** On New Zealand's South Island is a windswept area called Slope Point. This forbidding place on the island's most southern tip, almost midway between the Equator and the South Pole, experiences relentless, howling winds that come across the ocean, uninterrupted, from Antarctica. Sheep graze there, and years ago farmers decided to plant trees to act as shelters for the animals. Today, those trees are a tourist attraction because the wind has forced them to grow sideways – literally. While people like to come to see the trees, they must make day trips because there are no accommodations on this wild, windy point.

**Sink art:** An artist in Milan, Spain, didn't let the coronavirus pandemic get in her way. During the shutdown in that country, Marta Grossi used an everyday home feature as her canvas: the sink. Normally used for the drab tasks of doing dishes and personal care regimes, Grossi decided to breathe creative life into the basins by using watercolour paints. From sea anemones to butterflies to floral designs and animal life, she created bright, colourful scenes. She left each painting intact for 24 hours, but took photos before washing each design down the drain.

## Quoteable Quotes

"Thinking is the talking of the soul with itself." —Plato

"There is no chance, no destiny, no fate that can circumvent or hinder or control the firm resolve of a determined soul."

—Ella Wheeler Wilcox

## What's Happening

**Online event posting** During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at [www.coffee-news.ca](http://www.coffee-news.ca) to submit your event.

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

## Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. What type of insect is said to be responsible for spreading Lyme disease?
2. Where is the popular U.S. theme park called Epcot located?
3. Gorp is a popular trail mix. What do the letters represent?
4. What is an octet?
5. What do mini, midi, and maxi refer to in the fashion world?

(Flip bottom of page for answers)

© Published with Permission by Calgary Coffee News

(Over)



FREE  
SCRAP CAR REMOVAL

DJ'S  
TOWING

MENTION THIS AD AND  
RECEIVE UP TO \$200  
FOR YOUR SCRAP VEHICLE  
CALL 403-922-2412

## Recipe of the month



### Cheesy Broccoli Soup in a Bread Bowl

- |  |  |
|--|--|
| 1/4 cup butter, cubed                          | 1/4 teaspoon pepper  |
| 1/2 cup chopped onion                          | 1/4 cup cornstarch   |
| 2 garlic cloves, minced                        | 1/4 cup water or additional chicken stock  |
| 4 cups fresh broccoli florets (about 8 ounces) | 2-1/2 cups shredded cheddar cheese   |
| 1 large carrot, finely chopped                 | 6 small round bread loaves (about 8 ounces each), optional   |
| 3 cups chicken stock                           | Optional toppings: Crumbled cooked bacon, additional shredded cheddar cheese, ground nutmeg and pepper |
| 2 cups half-and-half cream                     |  |
| 2 bay leaves                                   |  |
| 1/2 teaspoon salt                              |  |
| 1/4 teaspoon ground nutmeg                     |  |

Prep Time: 15 mins. Cook time: 30 mins. Yield: 6 servings

- 1 In a 6-qt. stockpot, heat butter over medium heat; sauté onion and garlic until tender, 6-8 minutes. Stir in broccoli, carrot, stock, cream and seasonings; bring to a boil. Simmer, uncovered, until vegetables are tender, 10-12 minutes.
- 2 Mix cornstarch and water until smooth; stir into soup. Bring to a boil, stirring occasionally; cook and stir until thickened, 1-2 minutes. Remove bay leaves. Stir in cheese until melted.
- 3 If using bread bowls, cut a slice off the top of each bread loaf; hollow out bottoms, leaving 1/4-in.-thick shells (save removed bread for another use). Fill with soup just before serving.
- 4 If desired, serve soup with toppings.

Source:  
[www.tasteofhome.com](http://www.tasteofhome.com)



Can't get to your  
Coffee News®  
each week?

Check out our  
PDF editions  
online!  
New editions are  
posted every  
Monday

Sign up here to receive  
email notifications  
of new  
editions.  
Now you  
never  
have to  
miss your  
weekly dose of good news!



[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

Every \$3.51 You Give =  
**1 MEAL FOR A  
HOMELESS NEIGHBOUR**



Give Hope. Give Today.  
[TheSeed.ca/donate](http://TheSeed.ca/donate)

THE  
MUSTARD  
SEED

Did you know  
Gold Canyon Candles went out  
of business in March 2020?

Sunset Scents is a new candle  
company that was formed by  
two former Gold Canyon  
executives who have  
over 20 years in the  
candle industry.



We are recreating your Gold Canyon  
favourites like Fall Leaves (aka Autumn Walk),  
Hot Apple Cider (aka Mulled Cider),  
Christmas Wreath (aka Holiday Wreath),  
Ginger Lime and many more!

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

## STEP AHEAD

REFER A SENIOR FOR THIS FREE PROGRAM TODAY



Do you know a Deaf or Hard of Hearing  
senior in your community needs help  
using technology to connect with  
friends, family or services?

Deaf & Hear Alberta's Step Ahead program  
connects isolated Deaf & Hard of Hearing  
seniors with trained and screened volunteers for  
friendly conversation and learning opportunities.

TO LEARN MORE: 403-284-6208  
Deaf & Hear Alberta

Funded by the Government of  
Canada  
Canada  
[www.canada.ca](http://www.canada.ca)

Are you a business owner/office manager?  
Have 3-20 employees in your office?

Paying too much for your  
current phone system?

**We can save you  
up to 50% off  
your current  
phone rates!**

How?  
We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800

<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS



World's Largest Restaurant Publication!

AFFORDABLE-EFFECTIVE-EXCLUSIVE-CALL NOW!



## Faulty Alarm or Security Emergency?

Is your current security company not helping?

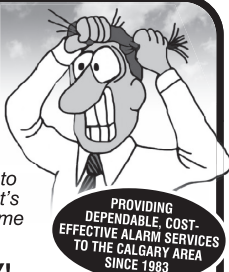
Are you thinking about a video doorbell?

Maybe you'd like to know what's new in home security?

CALL OUR EXPERTS TODAY!

**DYNOVAC PLUS SECURITY**

403-262-1980 | dynovacplus@shaw.ca



## Your Weekly Horoscope

### ARIES

(March 21 - April 20)



Look beyond your own expectations. Your perspective may need a little widening so that you start to appreciate the contributions of others for what they really are. Lucky numbers: 10, 14, 27, 31, 37, 43.

### TAURUS

(April 21 - May 21)



Some people may not understand your talent, but they know what they like. If you take your time, your creativeness could help you surpass all expectations. Lucky numbers: 3, 6, 9, 12, 15, 18.

### GEMINI

(May 22 - June 21)



You may need patience and a sense of humour when dealing with those who have no idea about the true value of things. Try a different perspective and you could learn more. Lucky numbers: 4, 21, 24, 27, 30, 36.

### CANCER

(June 22 - July 22)



You may need to express your ideas more clearly, as you shouldn't expect others to understand your inner emotions. Good communication may be very important right now. Lucky numbers: 8, 14, 23, 24, 28, 40.

### LEO

(July 23 - Aug. 23)



Keep up the positive flow and you may be able to give others some insight. You could meet some really interesting people who touch something special in your heart. Lucky numbers: 8, 12, 22, 25, 47, 49.

### VIRGO

(Aug. 24 - Sept. 23)



Analyze all of your available options. Your modesty could attract important people to your cause. Your bright ideas may enlighten the lives of others. Lucky numbers: 12, 14, 27, 34, 37, 43.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 8.

### LIBRA

(Sept. 24 - Oct. 23)



Relax and be yourself. Time may find a way to make things right. Your fears could be blown all out of proportion. Don't allow your imagination to work overtime. Lucky numbers: 3, 5, 18, 29, 35, 37.

### SCORPIO

(Oct. 24 - Nov. 22)



This may be the time for making long-range plans and thinking about what is really important now. The trivial details of day-to-day living should not dominate your attention. Lucky numbers: 11, 13, 16, 27, 34, 38.

### SAGITTARIUS

(Nov. 23 - Dec. 21)



A change of residence or workplace may give you all the freedom you require. Your talents could flourish within a more mindful, spiritual framework. Lucky numbers: 19, 21, 23, 35, 44, 48.

### CAPRICORN

(Dec. 22 - Jan. 20)



You may need to look past the negative and come up with a more positive future scenario. Your creative mind might help you change your inner expectations. Lucky numbers: 1, 6, 19, 23, 26, 34.

### AQUARIUS

(Jan. 21 - Feb. 19)



You may feel like you're in the middle of a controversial situation. You might want to keep your distance from negative influences. Your positive flow could prevail. Lucky numbers: 6, 13, 26, 34, 36, 38.

### PISCES

(Feb. 20 - March 20)



You may have some big decisions to make right now. Others might try to influence your actions, but only you can decide in which direction you want to proceed. Lucky numbers: 19, 22, 24, 27, 34, 44.

## TOWNSEND UPHOLSTERY

COMMERCIAL and RESIDENTIAL

- ✓ Automotive ✓ Boats
- ✓ Sunbrella Fabrics
- ✓ Indoor and Outdoor Furniture

EMAIL US A PHOTO OF YOUR PROJECT FOR A FREE QUOTE!

**403.686.3186**

3540-41 Street SW  
2towns2@telus.net • www.townsendupholstery.net



Become a Trained Bartending Professional!

BARTENDING CLASSES



DAYTIME, EVENING OR WEEKEND



**METROPOLITAN**

SCHOOL OF BARTENDING

MetropolitanSchoolofBartending.com

## Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.



## Toes On The Go Footcare

Call today for more information: 403-620-7851  
marion@toesonthego.care • toesonthego.care

## HELP STOP THE SPREAD!



1 Wear a mask



2 Keep your distance – six feet!



3 Wash your hands



4 Take your copy of Coffee News home with you

Stay safe!

A message from your friends at **Coffee News®**

## Love Coffee News®?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

Please include:  
• Your name • Your phone number and • Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!



Reader of the Month  
Thomas Acheson • Calgary, AB

**Coffee News®** Fun Reading. Serious Advertising.

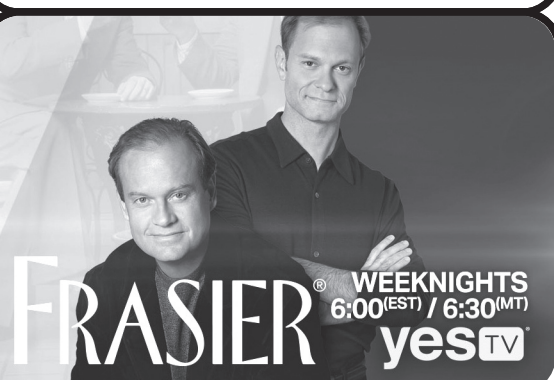
## HELPING HOMEOWNERS START OR FINISH THEIR HOME PROJECTS

CALGARY **HANDYMAN SERVICES**



DRYWALL	INSTALLATION
PAINTING	BATHROOM RENOS
PLUMBING	FLOORING
ELECTRICAL	...AND MORE!

CALL/TEXT TODAY:  
**403.852.7505**  
calgaryhandymanservices@telus.net



**FRASIER** WEEKNIGHTS 6:00(EST) / 6:30(MT) **yesTV**

HAPPY **Easter**

from your friends at **Coffee News®**

## Did You Know...

**Underground spectacle:** The state of Kentucky (U.S.) is home to Mammoth Cave, a cave system that spans more than 400 miles (644 km). Cave explorers can visit some of these caverns at Mammoth Cave National Park.

**Too hot:** A restaurant in Jakarta, Indonesia, is rumoured to serve up the spiciest noodle dish ever. Called Mie Goreng Pedas Mampus, or "Death Noodles," the dish uses common packaged noodles, but serves them with a sauce made from as many as 150 bird's eye chilies.

**Snowy occurrence:** When gusts of wind pick up dry snow, a snow devil may occur. Although rare, they can happen when cold air moves over a warm surface, causing an updraft that can rotate, bringing with it swirls of snow.

**Straddling two continents:** A few cities in the world are located in two continents. For example, Suez is in Africa and Asia, Panama City is in North and South America, and Istanbul is in Europe and Asia.

**Personal tree space:** In some forests, there is a phenomenon called "crown shyness." This happens when the upper branches of trees don't touch their neighbours, so there are gaps in the canopy when looking upwards.

## On the Lighter Side

Why don't oysters give to charity? Because they're shellfish.

Middle age: When the narrow waist and the broad mind begin to change places.

Opportunity may knock only once, but temptation bangs on the door forever!

If you see an ocean but not water, where are you? In front of a map.

How is a hospital gown like insurance? You're never covered as much as you think you are.

## Answers

Trivia answers: 1. Tick 2. Bay Lake, Fla. (U.S.) 3. Good ol' raisins and peanuts 4. Group of eight 5. Skirt lengths

For available franchise opportunities – visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Calgary Coffee News

## Become Your Own Banker

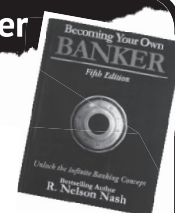
You work hard for your money. Isn't it time your money started working harder for you?

Visit Donovan Coates on [Facebook](https://www.facebook.com/donovancoates) [Instagram](https://www.instagram.com/donovancoates) [YouTube](https://www.youtube.com/donovancoates)  
Call 403.607.7693 or visit [www.donovancoates.com](http://www.donovancoates.com) to schedule a 30 minute complimentary consultation.

**Donovan Coates**

FINANCIAL CONSULTING

TAKE CONTROL OF YOUR FINANCIAL WORLD



Learn more about the Infinite Banking concept:



## Pregnant? Facing Difficult Decisions?

We can help.  
Call 780.421.1177 or text 587.596.5380



- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice



*Small Miracles Adoption*

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

## HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

**\$3,000 YEARLY TAX CREDIT**

and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!



For Expert Help:

**1.844.453.5372**

