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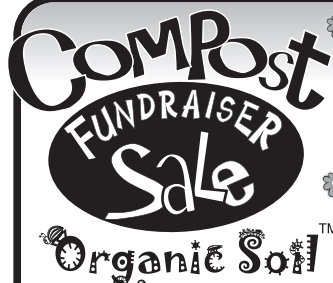


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Recipe of the month

Baked Ham with Cherry Sauce

- | | |
|--|---|
| 1 fully cooked bone-in ham (6 to 8 pounds) | 1/2 cup sugar |
| 1 cup packed brown sugar | 1 cup cold water |
| 3 tablespoons maple syrup | 1 can (15 ounces) pitted dark sweet cherries, undrained |
| 1 teaspoon ground mustard | 2 tablespoons lemon juice |
| 3 tablespoons cornstarch | 1 teaspoon almond extract |

Prep Time: 10 mins. Bake time: 1 hour 45 mins.
Yield: 12 servings

- Preheat oven to 325°. Place ham on a rack in a roasting pan. Using a sharp knife, score surface of ham with 1/4-in.-deep cuts in a diamond pattern. Mix brown sugar, syrup and mustard; rub over ham and press into cuts. Bake, covered, until a thermometer reads 140°, 1-3/4 to 2 hours.
- In a small saucepan, mix cornstarch, sugar and water until smooth. Add cherries; bring to a boil. Cook and stir until thickened, 1-2 minutes. Remove from heat; stir in lemon juice and almond extract. Serve warm with ham.

An ideal Easter meal
showstopper!

Source:
www.tasteofhome.com

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North West
Edmonton
Edition

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Everybody's Talking

Odd shape: Square watermelons actually exist in Japan, but they don't come from special seeds. They are created when a watermelon of the usual variety is grown inside a box so that the final product is square. Watermelons of this shape have the advantage of being stackable, so therefore are more easily transported and stored. The taste of these watermelons isn't like regular ones because they're harvested before they become mature. People buy them as ornamental gifts, parting with as much as \$100 USD if purchasing from a Japanese store, and for much more from specialty stores in other countries.

A place for books: There is a library like no other in Stockholm, Sweden. Stadsbiblioteket (City Library) was designed by architect Gunnar Asplund in the 1920s. Its round shape is unusual, with stacks of books encircling the huge room. Above the stacks is a viewing area, allowing visitors to take a bird's-eye look at the hundreds of thousands of books available for reading and loaning. The architectural style is known as Nordic Classicism; some people call it "Swedish Grace." Both inside and out, the building is a photographer's dream, not to mention a reader's fantasy.

Wild winds: On New Zealand's South Island is a windswept area called Slope Point. This forbidding place on the island's most southern tip, almost midway between the Equator and the South Pole, experiences relentless, howling winds that come across the ocean, uninterrupted, from Antarctica. Sheep graze there, and years ago farmers decided to plant trees to act as shelters for the animals. Today, those trees are a tourist attraction because the wind has forced them to grow sideways – literally. While people like to come to see the trees, they must make day trips because there are no accommodations on this wild, windy point.

Sink art: An artist in Milan, Spain, didn't let the coronavirus pandemic get in her way. During the shutdown in that country, Marta Grossi used an everyday home feature as her canvas: the sink. Normally used for the drab tasks of doing dishes and personal care regimes, Grossi decided to breathe creative life into the basins by using watercolour paints. From sea anemones to butterflies to floral designs and animal life, she created bright, colourful scenes. She left each painting intact for 24 hours, but took photos before washing each design down the drain.

Quoteable Quotes

"Thinking is the talking of the soul with itself." —Plato
"There is no chance, no destiny, no fate that can circumvent or hinder or control the firm resolve of a determined soul." —Ella Wheeler Wilcox

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

Sept 10-Bridge of Life is a suicide awareness prevention candle light vigil walk across the high level bridge. There is light music, refreshments and guest speakers. www.yegmentalhealth.com. Constable Ezio Faraone Park 7-9 PM

Jun 3 to Sep 26-Century Park Market Southside open air public farmers market. Open Thursdays from 3:30pm to 7:30pm. Phone 780-913-2586 for more information or visit www.centuryparkmarket.com

NON profit organizations may submit events for FREE at
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Your Weekly Horoscope

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(March 21 - April 20)



Look beyond your own expectations. Your perspective may need a little widening so that you start to appreciate the contributions of others for what they really are. Lucky numbers: 10, 14, 27, 31, 37, 43.

TAURUS

(April 21 - May 21)



Some people may not understand your talent, but they know what they like. If you take your time, your creativeness could help you surpass all expectations. Lucky numbers: 3, 6, 9, 12, 15, 18.

GEMINI

(May 22 - June 21)



You may need patience and a sense of humour when dealing with those who have no idea about the true value of things. Try a different perspective and you could learn more. Lucky numbers: 4, 21, 24, 27, 30, 36.

CANCER

(June 22 - July 22)



You may need to express your ideas more clearly, as you shouldn't expect others to understand your inner emotions. Good communication may be very important right now. Lucky numbers: 8, 14, 23, 24, 28, 40.

LEO

(July 23 - Aug. 23)



Keep up the positive flow and you may be able to give others some insight. You could meet some really interesting people who touch something special in your heart. Lucky numbers: 8, 12, 22, 25, 47, 49.

VIRGO

(Aug. 24 - Sept. 23)



Analyze all of your available options. Your modesty could attract important people to your cause. Your bright ideas may enlighten the lives of others. Lucky numbers: 12, 14, 27, 34, 37, 43.

LIBRA

(Sept. 24 - Oct. 23)



Relax and be yourself. Time may find a way to make things right. Your fears could be blown all out of proportion. Don't allow your imagination to work overtime. Lucky numbers: 3, 5, 18, 29, 35, 37.

SCORPIO

(Oct. 24 - Nov. 22)



This may be the time for making long-range plans and thinking about what is really important now. The trivial details of day-to-day living should not dominate your attention. Lucky numbers: 11, 13, 16, 27, 34, 38.

SAGITTARIUS

(Nov. 23 - Dec. 21)



A change of residence or workplace may give you all the freedom you require. Your talents could flourish within a more mindful, spiritual framework. Lucky numbers: 19, 21, 23, 35, 44, 48.

CAPRICORN

(Dec. 22 - Jan. 20)



You may need to look past the negative and come up with a more positive future scenario. Your creative mind might help you change your inner expectations. Lucky numbers: 1, 6, 19, 23, 26, 34.

AQUARIUS

(Jan. 21 - Feb. 19)



You may feel like you're in the middle of a controversial situation. You might want to keep your distance from negative influences. Your positive flow could prevail. Lucky numbers: 6, 13, 26, 34, 36, 38.

PISCES

(Feb. 20 - March 20)



You may have some big decisions to make right now. Others might try to influence your actions, but only you can decide in which direction you want to proceed. Lucky numbers: 19, 22, 24, 27, 34, 44.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 8.

Did You Know...

Underground spectacle: The state of Kentucky (U.S.) is home to Mammoth Cave, a cave system that spans more than 400 miles (644 km). Cave explorers can visit some of these caverns at Mammoth Cave National Park.

Too hot: A restaurant in Jakarta, Indonesia, is rumoured to serve up the spiciest noodle dish ever. Called *Mie Goreng Pedas Mampus*, or "Death Noodles," the dish uses common packaged noodles, but serves them with a sauce made from as many as 150 bird's eye chilies.

Snowy occurrence: When gusts of wind pick up dry snow, a snow devil may occur. Although rare, they can happen when cold air moves over a warm surface, causing an updraft that can rotate, bringing with it swirls of snow.

Straddling two continents: A few cities in the world are located in two continents. For example, Suez is in Africa and Asia, Panama City is in North and South America, and Istanbul is in Europe and Asia.

Personal tree space: In some forests, there is a phenomenon called "crown shyness." This happens when the upper branches of trees don't touch their neighbours, so there are gaps in the canopy when looking upwards.

On the Lighter Side

Why don't oysters give to charity? Because they're shellfish.

Middle age: When the narrow waist and the broad mind begin to change places.

Opportunity may knock only once, but temptation bangs on the door forever!

If you see an ocean but not water, where are you? In front of a map.

How is a hospital gown like insurance? You're never covered as much as you think you are.

Answers

Trivia answers: 1. Tick 2. Bay Lake, Fla. (U.S.) 3. Good ol' raisins and peanuts 4. Group of eight 5. Skirt lengths

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