

This Space for Rent 204-510-6397

HILLIS INSURANCE AGENCIES LTD.



Serving Manitobans since 1964
Homeowners - Tenants - Commercial
1821 Main Street, Winnipeg, MB
R2V 2A2
Phone 338-7919 Fax 338-7630

autopac
A Manitoba Public Insurance product

Hip or Knee Replacement?

The disability tax credit allows for a
\$2,500 Yearly Tax Credit and
up to **\$25,000 Lump Sum Refund**

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

GET THE FASTEST REFUND IN CANADA!



For Expert Help:
204-453-5372

All Laundry Roads Lead To Loads!



- ✓ Wash and Fold Service
- ✓ Pick Up/Delivery Service
- ✓ Child Play Area
- ✓ ATM On Site
- ...and much more!

LOADS OF FUN
LAUNDRY
1443 Arlington St.
204.586.6209

We are a Métis owned and operated family business



LAWYER REFERRAL SERVICE



IDENTITY THEFT



ACCREDITED BUSINESS A+ RATING

PROTECT YOURSELF

LegalShield has an Identity Theft Plan to protect your integrity

IDSHIELD IS BETTER THAN EVER –

TransUnion Credit Report / Credit Monitoring
Monthly Credit Score Tracker
DateSweep/Wallet Lock
Email Breach Search/Track your alerts and have on-the-go access with the IDSHIELD mobile app

ADDITIONAL MONITORING –

Dark Web Monitoring / Identity Consultation
Full-Service Restoration
Unlimited Service Guarantee and
Counsel When You Need It and
Identifying Coronavirus Scams

Identity Theft Plan delivers affordable and accessible service 24/7.

204-781-7472
peterj48.wearelegalshield.ca

PETER J. MANASTYRSKY
Independent Associate



TOTAL LEGAL AND IDENTITY THEFT PROTECTION

Now Accepting New Patients!



Nothing Better Than A Healthy Smile!

MCGREGOR
DENTAL CENTER

Dr. J. Lathiya

- Walk-ins Welcome
- We Accept All Insurances

204 586 9789
office@mcgregordental.ca
201-135 McGregor Street, Winnipeg

CHESSKINGS CAR RENTAL

✓ NO CREDIT CARD REQUIRED



✓ WE CAN DELIVER THE CAR TO YOU!

\$10 OFF
USE PROMO CODE COFFEE NEWS

204-887-7777

WWW.CHESSKINGS.CA

FREE!

New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"



www.coffeenewswinnipeg.com

Vol. 16 No. 14 April 5, 2021

Garden City Edition

204-510-6397

Everybody's Talking

Odd shape: Square watermelons actually exist in Japan, but they don't come from special seeds. They are created when a watermelon of the usual variety is grown inside a box so that the final product is square. Watermelons of this shape have the advantage of being stackable, so therefore are more easily transported and stored. The taste of these watermelons isn't like regular ones because they're harvested before they become mature. People buy them as ornamental gifts, parting with as much as \$100 USD if purchasing from a Japanese store, and for much more from specialty stores in other countries.

A place for books: There is a library like no other in Stockholm, Sweden. Stadsbiblioteket (City Library) was designed by architect Gunnar Asplund in the 1920s. Its round shape is unusual, with stacks of books encircling the huge room. Above the stacks is a viewing area, allowing visitors to take a bird's-eye look at the hundreds of thousands of books available for reading and loaning. The architectural style is known as Nordic Classicism; some people call it "Swedish Grace." Both inside and out, the building is a photographer's dream, not to mention a reader's fantasy.

Wild winds: On New Zealand's South Island is a windswept area called Slope Point. This forbidding place on the island's most southern tip, almost midway between the Equator and the South Pole, experiences relentless, howling winds that come across the ocean, uninterrupted, from Antarctica. Sheep graze there, and years ago farmers decided to plant trees to act as shelters for the animals. Today, those trees are a tourist attraction because the wind has forced them to grow sideways – literally. While people like to come to see the trees, they must make day trips because there are no accommodations on this wild, windy point.

Sink art: An artist in Milan, Spain, didn't let the coronavirus pandemic get in her way. During the shutdown in that country, Marta Grossi used an everyday home feature as her canvas: the sink. Normally used for the drab tasks of doing dishes and personal care regimes, Grossi decided to breathe creative life into the basins by using watercolour paints. From sea anemones to butterflies to floral designs and animal life, she created bright, colourful scenes. She left each painting intact for 24 hours, but took photos before washing each design down the drain.

Quoteable Quotes

"Thinking is the talking of the soul with itself."—*Plato*
"There is no chance, no destiny, no fate that can circumvent or hinder or control the firm resolve of a determined soul."
—*Ella Wheeler Wilcox*

What's Happening

NON profit organizations may submit events for FREE at <https://coffeenewswinnipeg.com/whats-happening>

Trivia

1. What type of insect is said to be responsible for spreading Lyme disease?
2. Where is the popular U.S. theme park called Epcot located?
3. Gorp is a popular trail mix. What do the letters represent?
4. What is an octet?
5. What do mini, midi, and maxi refer to in the fashion world?

(Flip bottom of page for answers)

© Published with Permission by Winnipeg Coffee News

(Over)

Family matters.

Let us take care of yours.

We offer everything you need for final arrangements in one convenient location, including funeral, cemetery and reception.

Start your Pre-Arrangement NOW:

Cremation Lots for Two People
\$53 per month over 48 months*

Indoor Cremation Niche for Two People
\$93 per month over 48 months*

Traditional Burial Lot for Two Caskets
\$116 per month over 48 months*

Everyone approved.
*Limited time offers.



Glen Eden
Funeral Home
and Cemetery

204-982-8300
4477 Main Street
West St. Paul

NOW RECRUITING!

Professional Career Training Opportunities

Call 204-589-4433 for more info or come to 519 Selkirk Ave., Winnipeg



"A Learning Centre That Makes a Difference!"

www.urbancircletraining.com

For the first time ever...

Advertise Your Restaurant Here!*

For complete details, call Alastair at 204-510-6397

► Qualifying distributors of *Coffee News* receive **FIRST MONTH FREE!****

Coffee News® #supportlocal Initiative



* Space restrictions may apply.
** On 6 month term.

Recipe of the month

Baked Ham with Cherry Sauce

1 fully cooked bone-in ham (6 to 8 pounds)	1/2 cup sugar
1 cup packed brown sugar	1 cup cold water
3 tablespoons maple syrup	1 can (15 ounces) pitted dark sweet cherries, undrained
1 teaspoon ground mustard	2 tablespoons lemon juice
3 tablespoons cornstarch	1 teaspoon almond extract

Prep Time: 10 mins. Bake time: 1 hour 45 mins.
Yield: 12 servings

- 1 Preheat oven to 325°. Place ham on a rack in a roasting pan. Using a sharp knife, score surface of ham with 1/4-in.-deep cuts in a diamond pattern. Mix brown sugar, syrup and mustard; rub over ham and press into cuts. Bake, covered, until a thermometer reads 140°, 1-3/4 to 2 hours.
- 2 In a small saucepan, mix cornstarch, sugar and water until smooth. Add cherries; bring to a boil. Cook and stir until thickened, 1-2 minutes. Remove from heat; stir in lemon juice and almond extract. Serve warm with ham.

An ideal Easter meal showstopper!

Source: www.fastcoffhome.com

We Are Not Satisfied Until You Are Satisfied!



Entrust your next move to the experts who are efficient, knowledgeable and dependable.

Call today for your free estimate:

204.688.3680

www.asemecontract.ca/



ALL AROUND
Property Maintenance
Servicing homes and businesses across Winnipeg and surrounding areas

- Lawn Mowing
- Spring Clean-ups
- Power Raking
- Aeration • Fertilization
- Weed Control • Landscaping

allaroundwinnipeg@gmail.com
www.allaroundpropertymaintenance.ca

Call now for your free estimate:
431.557.9273



HELP PROTECT YOUR STAFF AND CLIENTS!

SmartXcan Body Temperature Monitor

✓ Easy to scan ✓ Simple to operate

The installed price will surprise you!



Installed in Dental Clinics, Food Processing and Manufacturing Plants, Personal Care Homes and more.

KENTIX SmartXcan

MADE IN GERMANY

CLEARLY INSIGHT
SECURITY SOLUTIONS



204-414-2590

Camera@ClearlyInSightLP.com | ClearlyInSightLP.com

Do you want your TV on the wall?

Give us a call – as low as \$99:

We are experts in home and business theatre, automation, alarm, voice controlled lighting and blinds.



Contact one of our experts today!

* Conditions apply. Inquire for details. **204.505.1840 • interfusionmedia.ca**

WINNIPEG BUSINESS OWNERS!

Connect with other businesses and customers

BizExchangeMall.com
"Your Local Business Mall"



REQUEST LISTING ONLINE: USE CODE **BMX 001**

If you scan this QR Code, we'll arrange to have

Coffee News®

sent to your email every Friday!



SCAN ME

It's just that easy, and so convenient!



WOULD YOU LIKE TO VOLUNTEER?

- All are welcome!
- We operate on a drop-in basis
- No need to signup or register
- Arrive 5:30pm - 6pm any location
- North End, West End, W. Broadway
- Patrols +18 (Youth patrols every other Tues North End Patrol)



CALL BEAR CLAN 204-918-8996 OR BEARCLANMB@HOTMAIL.COM

Get Coffee News® Online!

Delivered to your inbox weekly



Please visit www.coffeenewswinnipeg.com for details

Your Weekly Horoscope

ARIES

(March 21 - April 20)



Look beyond your own expectations. Your perspective may need a little widening so that you start to appreciate the contributions of others for what they really are. Lucky numbers: 10, 14, 27, 31, 37, 43.

TAURUS

(April 21 - May 21)



Some people may not understand your talent, but they know what they like. If you take your time, your creativeness could help you surpass all expectations. Lucky numbers: 3, 6, 9, 12, 15, 18.

GEMINI

(May 22 - June 21)



You may need patience and a sense of humour when dealing with those who have no idea about the true value of things. Try a different perspective and you could learn more. Lucky numbers: 4, 21, 24, 27, 30, 36.

CANCER

(June 22 - July 22)



You may need to express your ideas more clearly, as you shouldn't expect others to understand your inner emotions. Good communication may be very important right now. Lucky numbers: 8, 14, 23, 24, 28, 40.

LEO

(July 23 - Aug. 23)



Keep up the positive flow and you may be able to give others some insight. You could meet some really interesting people who touch something special in your heart. Lucky numbers: 8, 12, 22, 25, 47, 49.

VIRGO

(Aug. 24 - Sept. 23)



Analyze all of your available options. Your modesty could attract important people to your cause. Your bright ideas may enlighten the lives of others. Lucky numbers: 12, 14, 27, 34, 37, 43.

LIBRA

(Sept. 24 - Oct. 23)



Relax and be yourself. Time may find a way to make things right. Your fears could be blown all out of proportion. Don't allow your imagination to work overtime. Lucky numbers: 3, 5, 18, 29, 35, 37.

SCORPIO

(Oct. 24 - Nov. 22)



This may be the time for making long-range plans and thinking about what is really important now. The trivial details of day-to-day living should not dominate your attention. Lucky numbers: 11, 13, 16, 27, 34, 38.

SAGITTARIUS

(Nov. 23 - Dec. 21)



A change of residence or workplace may give you all the freedom you require. Your talents could flourish within a more mindful, spiritual framework. Lucky numbers: 19, 21, 23, 35, 44, 48.

CAPRICORN

(Dec. 22 - Jan. 20)



You may need to look past the negative and come up with a more positive future scenario. Your creative mind might help you change your inner expectations. Lucky numbers: 1, 6, 19, 23, 26, 34.

AQUARIUS

(Jan. 21 - Feb. 19)



You may feel like you're in the middle of a controversial situation. You might want to keep your distance from negative influences. Your positive flow could prevail. Lucky numbers: 6, 13, 26, 34, 36, 38.

PISCES

(Feb. 20 - March 20)



You may have some big decisions to make right now. Others might try to influence your actions, but only you can decide in which direction you want to proceed. Lucky numbers: 19, 22, 24, 27, 34, 44.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 8.

Did You Know...

Underground spectacle: The state of Kentucky (U.S.) is home to Mammoth Cave, a cave system that spans more than 400 miles (644 km). Cave explorers can visit some of these caverns at Mammoth Cave National Park.

Too hot: A restaurant in Jakarta, Indonesia, is rumoured to serve up the spiciest noodle dish ever. Called *Mie Goreng Pedas Mampus*, or "Death Noodles," the dish uses common packaged noodles, but serves them with a sauce made from as many as 150 bird's eye chilies.

Snowy occurrence: When gusts of wind pick up dry snow, a snow devil may occur. Although rare, they can happen when cold air moves over a warm surface, causing an updraft that can rotate, bringing with it swirls of snow.

Straddling two continents: A few cities in the world are located in two continents. For example, Suez is in Africa and Asia, Panama City is in North and South America, and Istanbul is in Europe and Asia.

Personal tree space: In some forests, there is a phenomenon called "crown shyness." This happens when the upper branches of trees don't touch their neighbours, so there are gaps in the canopy when looking upwards.

On the Lighter Side

Why don't oysters give to charity? Because they're shellfish.

Middle age: When the narrow waist and the broad mind begin to change places.

Opportunity may knock only once, but temptation bangs on the door forever!

If you see an ocean but not water, where are you? In front of a map.

How is a hospital gown like insurance? You're never covered as much as you think you are.

Answers

Trivia answers: 1. Tick 2. Bay Lake, Fla. (U.S.) 3. Good ol' rats and peanuts 4. Group of eight 5. Skirt lengths

For available franchise opportunities – visit coffeenewscanada.com

© Published with Permission by Winnipeg Coffee News

From Port Alberni, B.C. to St. John's, Newfoundland

Served in

1579

restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News®

is Canada's choice for positive news from around the world!



Arctic Fuel

NPS NUNAVUT PURCHASING AND SUPPLIES

CAREER OPPORTUNITIES AVAILABLE

Contact with résumé: Alastair@arcticfuel.ca

Class 1 Truck Drivers

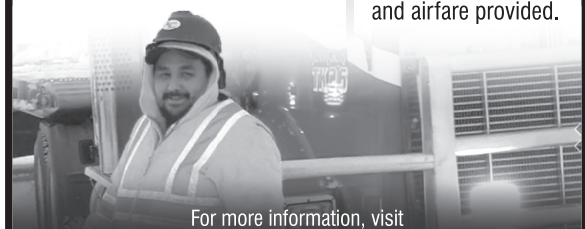
Tanker experience preferred. Needed for Baker Lake, Nunavut.

Retail Trainee Associates

Positions available for Baker Lake.

Fly In, Fly Out Positions

Accommodation and airfare provided.



For more information, visit

www.arcticfuel.ca

GetAssist.com
CONNECT WITH PURPOSE

Are you looking to help on some home projects or a tutor? **GetAssist is here to help with everything from A to Z!** Download the free app or go online and make a request for anything you need.

GET LOCAL HELP QUICKLY AND EASILY!

If you are a Realtor, Property Management Company or a Builder looking for local trades, pop in and ask how it works.

GetAssist Networking Centre
Coworking space
Unit 3-236 Osborne St. (Confusion Corner)
9-5 Monday - Friday

www.getassist.com

Download on the App Store
GET IT ON Google Play

Home and Office

BOTTLED WATER

DELIVERY



ORDER 3 BOTTLES, GET A 4TH FREE!

CALL 204.284.1704 Use promo code "Coffeenews"

WaterDirectPLUS
More than just water!
waterdirectplus.com

"CONNECTING THROUGH HORSES"

SAGEHILL STABLES

Horseback Riding Lessons & Birthday Parties

- Beginners welcome!
- Equine Assisted Learning Life Skills Programs
- ~ Develop skills to combat anxiety, bullying and addiction
- Conference Room and Facility Rentals

AGES 4 TO 70+

1-800-217-4184

4180 Waverley Street in Winnipeg



www.sagehillstables.com

MANITOBA'S LARGEST YEAR-ROUND INDOOR MARKET!

MULVEY FLEA MARKET

EST ★ 2001

www.mulveymarket.ca

Air Conditioned and Wheelchair Accessible
Table Rental Information: 204-478-1217
Open 10 a.m.-5 p.m. Sat. & Sun., and Holiday Mondays or Fridays

✓ OODLES OF ODDITIES

✓ ROWS OF RARITIES

✓ CORNUCOPIA OF COLLECTIBLES

✓ EVERYTHING NEW AND USED

✓ LOTS TO SEE AND DO

✓ CANTEN

Visit us at 421 Mulvey Avenue E, Winnipeg