

For the first time ever...

Advertise Your Restaurant Here!*

For complete details, call Alastair at 204-510-6397

Qualifying distributors of **Coffee News** receive **FIRST MONTH FREE!****

* Space restrictions may apply.
** On 6 month term.

Coffee News® #supportlocal Initiative

Hip or Knee Replacement?

The disability tax credit allows for a **\$2,500 Yearly Tax Credit** and up to **\$25,000 Lump Sum Refund**

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

GET THE FASTEST REFUND IN CANADA!



For Expert Help:

204-453-5372

If you scan this QR Code, we'll arrange to have **Coffee News**® sent to your email every Friday!



SCAN ME

It's just that easy, and so convenient!

FREE!

New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Kildonan Edition

204-510-6397

www.coffeenewswinnipeg.com

Vol. 16 No. 14 April 5, 2021

Everybody's Talking

Odd shape: Square watermelons actually exist in Japan, but they don't come from special seeds. They are created when a watermelon of the usual variety is grown inside a box so that the final product is square. Watermelons of this shape have the advantage of being stackable, so therefore are more easily transported and stored. The taste of these watermelons isn't like regular ones because they're harvested before they become mature. People buy them as ornamental gifts, parting with as much as \$100 USD if purchasing from a Japanese store, and for much more from specialty stores in other countries.

A place for books: There is a library like no other in Stockholm, Sweden. Stadsbiblioteket (City Library) was designed by architect Gunnar Asplund in the 1920s. Its round shape is unusual, with stacks of books encircling the huge room. Above the stacks is a viewing area, allowing visitors to take a bird's-eye look at the hundreds of thousands of books available for reading and loaning. The architectural style is known as Nordic Classicism; some people call it "Swedish Grace." Both inside and out, the building is a photographer's dream, not to mention a reader's fantasy.

Wild winds: On New Zealand's South Island is a windswept area called Slope Point. This forbidding place on the island's most southern tip, almost midway between the Equator and the South Pole, experiences relentless, howling winds that come across the ocean, uninterrupted, from Antarctica. Sheep graze there, and years ago farmers decided to plant trees to act as shelters for the animals. Today, those trees are a tourist attraction because the wind has forced them to grow sideways – literally. While people like to come to see the trees, they must make day trips because there are no accommodations on this wild, windy point.

Sink art: An artist in Milan, Spain, didn't let the coronavirus pandemic get in her way. During the shutdown in that country, Marta Grossi used an everyday home feature as her canvas: the sink. Normally used for the drab tasks of doing dishes and personal care regimes, Grossi decided to breathe creative life into the basins by using watercolour paints. From sea anemones to butterflies to floral designs and animal life, she created bright, colourful scenes. She left each painting intact for 24 hours, but took photos before washing each design down the drain.

Quoteable Quotes

"Thinking is the talking of the soul with itself."—*Plato*
"There is no chance, no destiny, no fate that can circumvent or hinder or control the firm resolve of a determined soul."
—*Ella Wheeler Wilcox*

What's Happening

NON profit organizations may submit events for **FREE** at <https://coffeenewswinnipeg.com/whats-happening>

Trivia

1. What type of insect is said to be responsible for spreading Lyme disease?
2. Where is the popular U.S. theme park called Epcot located?
3. Gorp is a popular trail mix. What do the letters represent?
4. What is an octet?
5. What do mini, midi, and maxi refer to in the fashion world?

(Flip bottom of page for answers)

© Published with Permission by Winnipeg Coffee News
(Over)

Family matters.

Let us take care of yours.

We offer everything you need for final arrangements in one convenient location, including funeral, cemetery and reception.

Start your Pre-Arrangement NOW:

Cremation Lots for Two People
\$53 per month over 48 months*

Indoor Cremation Niche for Two People
\$93 per month over 48 months*

Traditional Burial Lot for Two Caskets
\$116 per month over 48 months*

Everyone approved.
*Limited time offers.



Glen Eden
Funeral Home
and Cemetery

204-982-8300
4477 Main Street
West St. Paul



LegalShield
LAWYER REFERRAL SERVICE



IDShield
IDENTITY THEFT



PROTECT YOURSELF

LegalShield has an Identity Theft Plan to protect your integrity

IDSHIELD IS BETTER THAN EVER –

TransUnion Credit Report / Credit Monitoring

Monthly Credit Score Tracker

DateSweep/Wallet Lock

Email Breach Search / Track your alerts and have on-the-go access with the IDSHIELD mobile app

ADDITIONAL MONITORING –

Dark Web Monitoring / Identity Consultation

Full-Service Restoration

Unlimited Service Guarantee and

Counsel When You Need It and

Identifying Coronavirus Scams

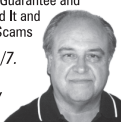
Identity Theft Plan delivers affordable and accessible service 24/7.

204-781-7472

peterj48.wearelegalshield.ca

PETER J. MANASTYRSKY

Independent Associate



TOTAL LEGAL AND IDENTITY THEFT PROTECTION

This Space for Rent

204-510-6397

NOW RECRUITING!



Professional Career Training Opportunities

Call 204-589-4433 for more info or come to 519 Selkirk Ave., Winnipeg

"A Learning Centre That Makes a Difference!"

www.urbancircletraining.com

Home and Office BOTTLED WATER DELIVERY



ORDER 3 BOTTLES, GET A 4TH **FREE!**

CALL 204.284.1704 Use promo code "Coffeenews"

WaterDirectPLUS
More than just water!
waterdirectplus.com

We Care For Your Pets As If They Were Our Own



25% OFF SPAY/NEUTER
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

50% OFF EXAM FEE
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$250 OFF VETERINARY SERVICES SUBSIDY
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$100 OFF DENTAL CLEANING
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.



2018 TOP CHOICE WINNER AMONG WINNIPEG ANIMAL HOSPITALS

Animal Hospital of Manitoba

995 Main St., Winnipeg **204.586.3334** animalhospofmb.com

WINNIPEG BUSINESS OWNERS!

Connect with other businesses and customers

BizExchangeMall.com
"Your Local Business Mall"



REQUEST LISTING ONLINE: USE CODE **BMX 001**



Face IQ

"Let's Scan TODAY for a safer TOMORROW"

625 Marion Street, Winnipeg, MB R2J 0K3 204
info@faceiq.ca 1-833-941-2777 www.faceiq.ca

We Are Not Satisfied Until You Are Satisfied!



Entrust your next move to the experts who are efficient, knowledgeable and dependable.

Call today for your free estimate:

204.688.3680

www.asemecontract.ca/



ALL AROUND
Property Maintenance
Servicing homes and businesses across Winnipeg and surrounding areas

- Lawn Mowing
- Spring Clean-ups
- Power Raking
- Aeration • Fertilization
- Weed Control • Landscaping

allaroundwinnipeg@gmail.com
www.allaroundpropertymaintenance.ca

Call now for your free estimate:

431.557.9273



Do you want your TV on the wall?

Give us a call – as low as \$99:

We are experts in home and business theatre, automation, alarm, voice controlled lighting and blinds.



Contact one of our experts today!

* Conditions apply. Inquire for details.

InterFusion MEDIA

204.505.1840 • interfusionmedia.ca

Arctic Fuel

NPS

NUNAVUT PURCHASING AND SUPPLIES

CAREER OPPORTUNITIES AVAILABLE

Contact with résumé:
Alastair@arcticfuel.ca



For more information, visit
www.arcticfuel.ca

Class 1 Truck Drivers

Tanker experience preferred. Needed for Baker Lake, Nunavut.

Retail Trainee Associates

Positions available for Baker Lake.

Fly In, Fly Out Positions

Accommodation and airfare provided.



Shop Happy

kildonan place

Hip or Knee Surgery?

Need Home Care Equipment?
DON'T BUY – RENT!

BATH SEATS \$20/ MONTH	TRANSFER BENCHES \$25/ MONTH	TOILET SAFETY RAILS \$15/ MONTH	RAISED TOILET SEATS \$15/ MONTH	SKI WHEEL WALKER \$20/ MONTH
----------------------------------	--	---	---	--

LIVING MADE EASY


HOME HEALTH CARE PRODUCTS • NEW & USED

665 ARCHIBALD ST. • 231-1746

ITEMS FOR PURCHASE

SOCK PULLER – \$15-\$20
REACHERS – \$17-\$35
DRESSING STICKS – \$9

Recipe of the month



Baked Ham with Cherry Sauce

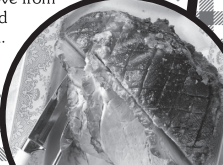
1 fully cooked bone-in ham (6 to 8 pounds)	½ cup sugar
1 cup packed brown sugar	1 cup cold water
3 tablespoons maple syrup	1 can (15 ounces) pitted dark sweet cherries, undrained
1 teaspoon ground mustard	2 tablespoons lemon juice
3 tablespoons cornstarch	1 teaspoon almond extract

Prep Time: 10 mins. Bake time: 1 hour 45 mins.
Yield: 12 servings

- Preheat oven to 325°. Place ham on a rack in a roasting pan. Using a sharp knife, score surface of ham with 1/4-in.-deep cuts in a diamond pattern. Mix brown sugar, syrup and mustard; rub over ham and press into cuts. Bake, covered, until a thermometer reads 140°, 1-3/4 to 2 hours.
- In a small saucepan, mix cornstarch, sugar and water until smooth. Add cherries; bring to a boil. Cook and stir until thickened, 1-2 minutes. Remove from heat; stir in lemon juice and almond extract. Serve warm with ham.

An ideal Easter meal showstopper!

Source: www.tasteofhome.com



HELP PROTECT YOUR STAFF AND CLIENTS!

SmartXcan Body Temperature Monitor

✓ Easy to scan ✓ Simple to operate

The installed price will surprise you!



Installed in Dental Clinics, Food Processing and Manufacturing Plants, Personal Care Homes and more.

KENTIX SmartXcan

MADE IN GERMANY

CLEARLY INSIGHT SECURITY SOLUTIONS




204-414-2590

Camera@ClearlyInSightP.com | ClearlyInSightP.com


Your Weekly Horoscope

ARIES (March 21 - April 20)




Look beyond your own expectations. Your perspective may need a little widening so that you start to appreciate the contributions of others for what they really are. Lucky numbers: 10, 14, 27, 31, 37, 43.

LIBRA (Sept. 24 - Oct. 23)




Relax and be yourself. Time may find a way to make things right. Your fears could be blown all out of proportion. Don't allow your imagination to work overtime. Lucky numbers: 3, 5, 18, 29, 35, 37.

TAURUS (April 21 - May 21)




Some people may not understand your talent, but they know what they like. If you take your time, your creativeness could help you surpass all expectations. Lucky numbers: 3, 6, 9, 12, 15, 18.

SAGITTARIUS (Nov. 23 - Dec. 21)




This may be the time for making long-range plans and thinking about what is really important now. The trivial details of day-to-day living should not dominate your attention. Lucky numbers: 11, 13, 16, 27, 34, 38.

GEMINI (May 22 - June 21)




You may need patience and a sense of humour when dealing with those who have no idea about the true value of things. Try a different perspective and you could learn more. Lucky numbers: 4, 21, 24, 27, 30, 36.

SAGITTARIUS (Nov. 23 - Dec. 21)




A change of residence or workplace may give you all the freedom you require. Your talents could flourish within a more mindful, spiritual framework. Lucky numbers: 19, 21, 23, 35, 44, 48.

CANCER (June 22 - July 22)




You may need to express your ideas more clearly, as you shouldn't expect others to understand your inner emotions. Good communication may be very important right now. Lucky numbers: 8, 14, 23, 24, 28, 40.

CAPRICORN (Dec. 22 - Jan. 20)




You may need to look past the negative and come up with a more positive future scenario. Your creative mind might help you change your inner expectations. Lucky numbers: 1, 6, 19, 23, 26, 34.

LEO (July 23 - Aug. 23)




Keep up the positive flow and you may be able to give others some insight. You could meet some really interesting people who touch something special in your heart. Lucky numbers: 8, 12, 22, 25, 47, 49.

AQUARIUS (Jan. 21 - Feb. 19)




You may feel like you're in the middle of a controversial situation. You might want to keep your distance from negative influences. Your positive flow could prevail. Lucky numbers: 6, 13, 26, 34, 36, 38.

VIRGO (Aug. 24 - Sept. 23)



Analyze all of your available options. Your modesty could attract important people to your cause. Your bright ideas may enlighten the lives of others. Lucky numbers: 12, 14, 27, 34, 37, 43.

PISCES (Feb. 20 - March 20)



You may have some big decisions to make right now. Others might try to influence your actions, but only you can decide in which direction you want to proceed. Lucky numbers: 19, 22, 24, 27, 34, 44.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 8.

Did You Know...

Underground spectacle:

The state of Kentucky (U.S.) is home to Mammoth Cave, a cave system that spans more than 400 miles (644 km). Cave explorers can visit some of these caverns at Mammoth Cave National Park.

Too hot:

A restaurant in Jakarta, Indonesia, is rumoured to serve up the spiciest noodle dish ever. Called *Mie Goreng Pedas Mampus*, or "Death Noodles," the dish uses common packaged noodles, but serves them with a sauce made from as many as 150 bird's eye chilies.

Snowy occurrence:

When gusts of wind pick up dry snow, a snow devil may occur. Although rare, they can happen when cold air moves over a warm surface, causing an updraft that can rotate, bringing with it swirls of snow.

Straddling two continents:

A few cities in the world are located in two continents. For example, Suez is in Africa and Asia, Panama City is in North and South America, and Istanbul is in Europe and Asia.

Personal tree space:

In some forests, there is a phenomenon called "crown shyness." This happens when the upper branches of trees don't touch their neighbours, so there are gaps in the canopy when looking upwards.

On the Lighter Side

Why don't oysters give to charity? Because they're shellfish.

Middle age: When the narrow waist and the broad mind begin to change places.

Opportunity may knock only once, but temptation bangs on the door forever!

If you see an ocean but not water, where are you? In front of a map.

How is a hospital gown like insurance? You're never covered as much as you think you are.

Answers

Trivia answers: 1. Tick 2. Bay Lake, Fla. (U.S.) 3. Good ol' ratsins and peannts 4. Group of eight 5. Skirt lengths

For available franchise opportunities – visit coffeenewscanada.com

© Published with Permission by Winnipeg Coffee News

From Port Alberni, B.C. to St. John's, Newfoundland

Served in


15796

restaurants and coffee shops

Read by over 1.25 million Canadians per week

Coffee News®

is Canada's choice for positive news from around the world!



NEIL & WATT SERVICE



QUALITY AUTO REPAIRS YOU CAN TRUST

643 Watt St.
PH: 667 2422






CONNECT WITH PURPOSE

Are you looking to help on some home projects or a tutor? **GetAssist is here to help with everything from A to Z!** Download the free app or go online and make a request for anything you need.

GET LOCAL HELP QUICKLY AND EASILY!

If you are a Realtor, Property Management Company or a Builder looking for local trades, pop in and ask how it works.

GetAssist Networking Centre
Co-working space
Unit 3-236 Osborne St. (Confusion Corner)
9-5 Monday - Friday

www.getassist.com

Download on the App Store | GET IT ON Google Play

WOULD YOU LIKE TO VOLUNTEER?

- All are welcome!
- We operate on a drop-in basis
- No need to signup or register
- Arrive 5:30pm - 6pm any location
- North End, West End, W. Broadway
- Patrols **+18** (Youth patrols every other Tues North End Patrol)

CALL BEAR CLAN 204-918-8996
OR BEARCLANMB@HOTMAIL.COM



OPTOMETRISTS

Dr. Alison McMechan

• Comprehensive Eye Examinations
• Glaucoma and Cataract Evaluations
• Diabetic Eye Examinations
• Wide Selection of Eyewear/Contact Lenses
• Direct Billing to Blue Cross, GWL, Sunlife & more

Dr. Rachna Menon

HOURS:
Tues, Wed & Fri
9 AM to 5 PM
Thurs 9 AM to 6 PM
Sat 9 AM to 3 PM

REENDERS SQUARE EYE CENTRE
50-11 Reenders Drive
204.421.9429 • rseyecentre.ca

Get Coffee News® Online!

Delivered to your inbox weekly



Please visit www.coffeenewswinnipeg for details

KARAOKE FOR 35% OFF

TUESDAY IS SENIORS' DAY
25% OFF
ENTIRE PURCHASE FOR SENIORS

SASSY SATURDAYS
SAVE 35%
VISIT STORE FOR FULL DETAILS

Prairie Crocus



Thrift Shop
NOW OPEN at
919 McLeod Ave.

"CONNECTING THROUGH HORSES"

SAGEHILL STABLES

Horseback Riding Lessons & Birthday Parties

- Beginners welcome!
- Equine Assisted Learning Life Skills Programs
- ~ Develop skills to combat anxiety, bullying and addiction
- Conference Room and Facility Rentals

AGES 4 TO 70+

1-800-217-4184
4180 Waverley Street in Winnipeg

www.sagehillstables.com

