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Over Coffee"

Edition

Everybody's Talking

New from old: An American mother of three knows how to save money on clothing. Caitlin Trantham taught herself how to sew, and she now uses her skill to transform second-hand clothing into modern pieces. She tries not to spend more than about \$10 USD on any one item, but does allow herself a few dollars for things like buttons and zippers. Her creations include turning a 1980s prom gown into a cocktail dress, a huge printed shirt into a snazzy, belted outfit, and a plaid, collared get-up into a spaghetti-strapped sundress. Trantham, who plans to donate some of her creations, shares her work on social media.

Sandy beach: Homeowners who would like to have their own backyard beach can call a Spanish company called Piscinas de Arena, which translates to "Sand Pools." This company builds pools that look like a beach oasis. They use a special sand/concrete mixture that looks like sand, but is actually a smooth surface. This "sand" slopes into a turquoise pool of calm, clear water, so sunbathers can seem to be wading into the sea. The builders then complete the mirage by rimming the area with rocks, shrubs, or any other natural items that suit the owner's fancy.

Movie lovers: A couple from Germany like to go on vacations, and their unique hobby takes them to different locales. Robin Lachhein and Judith Schneider enjoy re-creating scenes from movies. They research the location of a scene, find facsimiles of the actors' clothing in thrift stores, and then pose for the shot. They've done scenes from La La Land in California (U.S.), Game of Thrones in Spain, Lord of the Rings in New Zealand, P.S. I Love You in Ireland, and many more! Of course, they pick scenes with a male and a female character, and they limit touch-ups of the photos to colour correction only.

Just can't win: Daredevil dirt bike enthusiasts love a competition, and there is none more challenging than the annual Andler Hillclimb in Belgium. In fact, it is such an impossible climb that no one has ever reached the top, although many have tried. The conditions on the trail include changes of surface and steep inclines that have proven to be unconquerable. To be named as a successful competitor, a rider and bike must reach the top. The closest to do so was a daredevil whose front wheel crossed the finish line, but he fell back before the whole bike crossed over. Try, try again!

Quoteable Quotes

"All grand thoughts come from the heart." -Luc de Clapiers "The butterfly counts not months but moments, and has time enough."

-Rabindranath Tagore

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

Jun 3 to Sep 26-Century Park Market Southside open air public farmers market. Open Thursdays from 3:30pm to 7:30pm. Phone 780-913-2586 for more information or visit www. centuryparkmarket.com

Sept 10-Bridge of Life is a suicide awareness prevention candle light vigil walk across the high level bridge. There is light music,



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refreshments and guest speakers. www.yegmentalhealth.com. Constable Ezio Faraone Park 7-9 PM

> NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening



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Submit your birth date and we'll send you a birthday card with valuable offers on your special day! NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST ELA. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. ABs include the name of the ad in which you found the hidden Coffee News Gu

1. Of the seven dwarfs in the story of Snow White, which dwarf was a wallflower?

Trivia

2. In height and wingspan, are bald eagles smaller or larger than golden eagles?

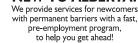
3. If you are described as magnanimous, are you generous or egocentric?

4. The constellation known as Orion is named after what character in Greek mythology?

5. Who is an author of many popular fables?

(Flip bottom of page for answers) © Published with Permission by Capital Marketing Ltd (Over)





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(Sept. 24 - Oct. 23)

numbers: 5, 14, 16, 25, 29, 39.

(Oct. 24 - Nov. 22)

24, 34, 38, 39, 42, 46.

(Nov. 23 - Dec. 21)

SAGITTARIUS

. 31, 33, 41, 43.

CAPRICORN

(Dec. 22 - Jan. 20)

SCORPIO

(March 21 - April 20)

Highs and lows may be the emotional flow for

this week. You might

need to keep your keen perspective and allow yourself to rest and relax on the weekend. Lucky numbers: 3. 23, 38, 39, 41, 43. TAURUS

(April 21 - May 21)

You may need to allow your inner voice to vocalize what you have within your heart. Embrace changes. You might be surprised by how much

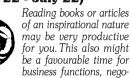
others enjoy the sound of it. Lucky numbers: 7, 9, 11, 27, 29, 31. GEMINI

(May 22 - June 21)

Your intuitive ideas could become a good source of income for you. Your keen interest in real estate, antiques, or collectibles may become a

big part of your life. Lucky numbers: 8, 18, 25, 31, 37, 42. CANCER

(June 22 - July 22)



tiations, and communications. Lucky numbers: 10, 14, 20, 24, 30, 34. LEO

(July 23 - Aug. 23)

Your intuitive sense of style and art may help you transform the opinions of others. Your keen eye and dramatic flair could result in an amazing visual presentation. Lucky numbers:

4, 17, 24, 27, 34, 44. VIRGO

(Aug. 24 - Sept. 23)

You may need to bring family and friends together to discuss recent changes in your lives. Someone close to you might require more of

your time than you imagined. Lucky numbers: 2, 4, 7, 12, 14, 17.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 1.

Did You Know...

International stars: People around the world have seen Walt Disney cartoons and movies, from Mickey Mouse to Mary Poppins. Walt Disney (1901-1966) was the co-founder of the Walt Disney Company, which still exists today.

Spiral pasta: Andarinos di Usini are pasta spirals made in only one place in the world - the town of Usini on the island of Sardinia, Italy. The pasta pieces are spiral in shape. They are handmade and are often dried in the sun.

Cloud formations: Clouds form in different ways depending on conditions. Cumulus clouds are tall mounds of white puffiness with darker, flat undersides. Cirrus clouds are streaky white filaments that look almost like white hair.

Pacific island: The largest island in the Pacific Ocean is New Guinea. Located north of the continent of Australia, its Indonesian western half is called Western New Guinea, while its eastern half is the independent state of Papua New Guinea. Play ball! A plant that is native to the Great Karoo area of South Africa is the weird-looking Euphorbia obesa, commonly called the baseball plant. A succulent, it looks like a baseball with lines of spikes. It is endangered in the wild, but also is cultivated.

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spin into everything you touch. You may be able to find new ways to influence important people. Take charge when making arrangements. Lucky numbers: 1, 8, 12, 15, 17, 19.

PISCES (Feb. 20 - March 20)



you can do that might become a new source of revenue for you. Lucky numbers: 12, 14, 22, 24, 32, 34.

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On the Lighter Side

What is dirty after washing? Bath water.

Happiness held is the seed; happiness shared is the flower.

What did the ice cream scoop say to the news reporter? "What's the scoop?"

If a vegetarian eats vegetables, what does the humanitarian eat?

Age: Something to brag about in your wine cellar and forget in a birthday reminder book.

Answers

4. Orion the Hunter 5. Aesop Trivia answers: J. Bashful 2. Larger 3. Generous

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