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Recipe of the month

Cheesy Broccoli Soup in a Bread Bowl

- 1/4 cup butter, cubed
- 1/2 cup chopped onion
- 2 garlic cloves, minced
- 4 cups fresh broccoli florets (about 8 ounces)
- 1 large carrot, finely chopped
- 3 cups chicken stock
- 2 cups half-and-half cream
- 2 bay leaves
- 1/2 teaspoon salt
- 1/4 teaspoon ground nutmeg
- 1/4 teaspoon pepper
- 1/4 cup cornstarch
- 1/4 cup water or additional chicken stock
- 2-1/2 cups shredded cheddar cheese
- 6 small round bread loaves (about 8 ounces each), optional

Optional toppings: Crumbled cooked bacon, additional shredded cheddar cheese, ground nutmeg and pepper

Prep Time: 15 mins. Cook time: 30 mins. Yield: 6 servings

- In a 6-qt. stockpot, heat butter over medium heat; sauté onion and garlic until tender, 6-8 minutes. Stir in broccoli, carrot, stock, cream and seasonings; bring to a boil. Simmer, uncovered, until vegetables are tender, 10-12 minutes.
- Mix cornstarch and water until smooth; stir into soup. Bring to a boil, stirring occasionally; cook and stir until thickened, 1-2 minutes. Remove bay leaves. Stir in cheese until melted.
- If using bread bowls, cut a slice off the top of each bread loaf; hollow out bottoms, leaving 1/4-in.-thick shells (save removed bread for another use). Fill with soup just before serving.
- If desired, serve soup with toppings.

Source: www.tasteofhome.com

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Everybody's Talking

Lottery luck: It's not much fun to discover that a car tire is low on air, necessitating a stop at a gas station with an air pump. But for a man from Michigan (U.S.), it led to winning a whopping \$2 million. The fellow was driving his wife's truck when he realized one of the tires was going soft. He pulled into the nearest gas station, but didn't have coins for the air pump. That led him to enter the adjoining store to get some change, and he decided to pick up a lottery ticket while he was at it. The winner and his wife will invest their winnings in a new home, and maybe they'll even get a new, airtight tire for the truck.

Bear country: When Sean Atkinson looked at the security camera to see who had broken into his home near Orillia, Ontario (Canada), he was surprised to find that the burglar was not a person, but a bear! The animal seemed to have opened the door like a human, and then it walked in nonchalantly, as though it owned the place. It rummaged around quite a bit, but didn't find much to eat in the empty pizza boxes that were lying around. Getting out of the house was a little bit trickier because the door slammed back in the poor creature's face. However, the bear made it out, with not much damage to Atkinson's home.

Subway splendour: When one thinks of subway stations in big cities, visions of concrete, graffiti, and dimly lit underground corridors may come to mind. Not so in Moscow, where the metro stations look more like ornately decorated dance halls. Rather than being dirty and unpleasant, these stations are beautiful and opulent. Each station in the city has its own unique design, with some featuring stained glass and chandeliers, while others display plaster mosaics and marble seating. They are unexpected sights to see while waiting to catch the train to a destination.

Lacy cookies: Judit Czinkné Poór of Ajka, Hungary, probably never expected that her skill at painting porcelain would transfer to cookie decorating. That is just what happened, and today the artist is a well-known pastry chef with her own shop. She is able to turn a gingerbread cookie into a creative edible that appears to be covered in traditional Hungarian lace and delicate flowers. She has expanded her decorating to include cartoon characters and animal figures. As can be imagined, completing a batch of cookies takes Poór a long time, so she is unable to keep up with the demand. However, she shares her talent through teaching.

Quoteable Quotes

"There is only one proof of ability: action." —Marie von Ebner-Eschenbach
"We are such stuff as dreams are made on; and our little life is rounded with a sleep." —William Shakespeare

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

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Trivia

- Which American filmmaker created Jaws and Jurassic Park?
- Tonsils are part of the lymphatic system—T/F?
- A simoleon is a slang term for what?
- How often does the International Space Station orbit Earth?
- The Nehru jacket was a product of the 1940s, '50s, or '60s?

(Flip bottom of page for answers)
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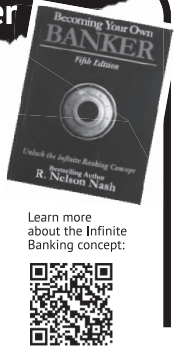
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Your Weekly Horoscope

ARIES (March 21 - April 20)

Something that may have been lost or hidden may now come to light. Secrets, mysteries, or long-buried feelings and desires could be revealed. Lucky Numbers: 3, 16, 18, 22, 29, 32.

TAURUS (April 21 - May 21)

You may be more impressionable and open, and your intuition may be heightened. The world of imagination or entertainment could hold some attraction for you. Lucky Numbers: 5, 6, 9, 33, 36, 39.

GEMINI (May 22 - June 21)

It may be a good time to come to an agreement, negotiate, or exchange your views with others. Ideas flow and you could present your case very well. Lucky Numbers: 12, 15, 23, 33, 38, 49.

CANCER (June 22 - July 22)

Conversations and sharing plans may be very productive now. You might better understand what others are telling you and also make yourself clearly understood. Lucky Numbers: 2, 17, 22, 27, 34, 40.

LEO (July 23 - Aug. 23)

Times may call for flexibility and your ability to think on your feet while accepting the unexpected. You might come up with fresh insight, which could be quite useful. Lucky Numbers: 11, 19, 21, 29, 31, 39.

VIRGO (Aug. 24 - Sept. 23)

This may be a favourable time to socialize with people with whom you have professional ties. The positive feelings you generate now could help you with your goals for the future. Lucky Numbers: 7, 13, 18, 19, 22, 48.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 11.

LIBRA (Sept. 24 - Oct. 23)

There may be major opportunities to make connections and to learn something through a chance encounter. This might be a good time to be out and about. Lucky Numbers: 17, 27, 33, 37, 40, 48.

SCORPIO (Oct. 24 - Nov. 22)

This may be a good time to make decisions about your financial affairs, with judgment that is sound and reliable. Spending time with old friends could bring you happiness. Lucky Numbers: 5, 10, 17, 22, 37, 43.

SAGITTARIUS (Nov. 23 - Dec. 21)

Confidence and inner harmony may prevail. You might move forward with creative projects and express yourself more easily and comfortably now. Lucky Numbers: 1, 2, 3, 11, 22, 33.

CAPRICORN (Dec. 22 - Jan. 20)

Thoughts of the past and the choices you've made may be prominent. Making a decision regarding your home or your family life could be favoured at this time. Lucky Numbers: 2, 17, 22, 27, 31, 36, 39.

AQUARIUS (Jan. 21 - Feb. 19)

You may see connections and possibilities that you had overlooked before. Now might be a good time to communicate your enthusiasm and share your plans. Lucky Numbers: 5, 10, 15, 25, 35, 45.

PISCES (Feb. 20 - March 20)

You may receive appreciation and a positive response for your generosity. Being with people and giving something of yourself and your talents might be your path. Lucky Numbers: 1, 4, 14, 24, 34, 44.

Did You Know...

Multilingual: Swedish actress Ingrid Bergman (1915-1982) had many talents. As well as starring in famous movies of her day, such as *Casablanca* and *For Whom the Bell Tolls*, she could speak five languages.

Yummy soup: People in New Orleans, Louisiana (U.S.), are quite familiar with a traditional soup called yakamein. The tangy beef broth is chock full of spaghetti, beef, green onions, and hard-boiled eggs, and topped with Creole seasoning.

Silence is golden: Surprisingly, wind doesn't make a sound. That is, until it comes into contact with objects. So when whistling, rattling, rolling, or squeaking sounds are heard on windy days, it's not really the wind!

Long borders: The longest international border in the world, between the United States and Canada, is 8,890 kilometres (5,524 mi.) long. Next longest is the border between Russia and Kazakhstan, which is 6,846 km (4,254 mi.) long.

Unique tree: Baobab, also known as the bottle tree, is a genus of tree that has several species. They grow in Madagascar, Africa, and Australia. Their thick trunks store water, and they can live to be hundreds of years old.

On the Lighter Side

Why did the traffic light turn red? You would, too, if you had to change in the middle of the street.

First pupil: "Great news! Teacher said we're going to have a test today, come rain or shine."
Second pupil: "Why is that good news?"
First pupil: "It's snowing!"

0 and 8 are taking a walk in the desert. The 0 turns to the 8 and says, "You must be hot with that belt on."

A candle loses nothing by lighting another candle.

What a fine thing experience is! It enables us to recognize a mistake every time we make it.

Answers
4. Every 90 minutes 5. 1960s
Trivia answers: 1. Steven Spielberg 2. True 3. A dollar

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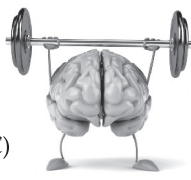


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