



highlighting the best in food and drink in the Valley. April 8 to 22. Visit canmoreuncorked.com for all the details.

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Trivia

- 1. Which American filmmaker created Jaws and Jurassic Park?
- 2. Tonsils are part of the lymphatic system—T/F?
- 3. A simoleon is a slang term for what?

Food Alliance.

- 4. How often does the International Space Station orbit Earth?
- 5. The Nehru jacket was a product of the 1940s, '50s, or '60s?

#### (Flip bottom of page for answers)

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WELLNESS SOLUTIONS FOTZ THE POSITIVE THINKETZ P P YOGA REFLEXOLOGY REIKI Å ġ. RAYNOR MASSAGE FIRE CUPPING AQUA LEAD 403-609-8719 509 Spring Creek Dr. | 201B-749 Railwav Ave kayla@positivehealing.ca fi www.positivehealing.ca I POSITIVE HEALING Congratulations to our latest contest winner for finding "Beans, the Coffee News Guy.' **Kim Salekin** found "Beans" at Cohhee News Shoppers Drug Mart in Canmore Enter today for your chance to win! www.bvcoffeenews.ca



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(Sept. 24 - Oct. 23)

17, 27, 33, 37, 40, 48.

(Oct. 24 - Nov. 22)

**SCORPIO** 

There may be major

opportunities to make

connections and to learn

something through a

chance encounter. This

might be a good time to

This may be a good time

to make decisions about vour financial affairs, with

judgment that is sound

and reliable. Spending

time with old friends

Confidence and inner

harmony may prevail.

You might move forward

with creative projects

and express yourself

more easily and comfort-

Thoughts of the past

and the choices you've

made may be promi-

nent. Making a decision

regarding your home or your family life could be

You may see connections

and possibilities that you

had overlooked before.

Now might be a good

time to communicate

your enthusiasm and

You may receive appre-

ciation and a positive

response for your gen-

erosity. Being with people

and giving something of

yourself and your talents

be out and about. Lucky Numbers:

could bring you happiness. Lucky

ably now. Lucky Numbers: 1, 2, 3, 11, 22, 33.

favoured at this time. Lucky Numbers:

share your plans. Lucky Numbers: 5, 10, 15, 25, 35, 45.

might be your path. Lucky Numbers:

(Feb. 20 - March 20)

Numbers: 5, 10, 17, 22, 37, 43.

(Nov. 23 - Dec. 21)

**SAGITTARIUS** 

**CAPRICORN** 

(Dec. 22 - Jan. 20)

21, 26, 29, 31, 36, 39.

(Jan. 21 - Feb. 19)

**AQUARIUS** 

PISCES

1, 4, 14, 24, 34, 44.

#### (March 21 - April 20)

Something that may have been lost or hidden may now come to light.

Secrets, mysteries, or long-buried feelings and desires could be revealed. Lucky Numbers: 3, 16, 18, 22 29 32 **TAURUS** 

#### (April 21 - May 21)

You may be more impressionable and open, and your intuition may be heightened. The world of imagination or entertainment could hold some

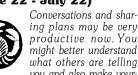
attraction for you. Lucky Numbers: 5, 6, 9, 33, 36, 39. GEMINI

#### (May 22 - June 21)

It may be a good time to come to an agreement, negotiate, or exchange your views with others. Ideas flow and you could present your case very well. Lucky Numbers: 12, 15, 23, 33,

38, 49. CANCER

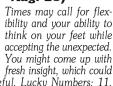
#### (June 22 - July 22)



productive now. You might better understand what others are telling you and also make yourself clearly understood. Lucky Numbers:

2, 17, 22, 27, 34, 40. LEO

#### (July 23 - Aug. 23)



be quite useful. Lucky Numbers: 11. 19, 21, 29, 31, 39. VIRGO

#### (Aug. 24 - Sept. 23)

This may be a favourable time to socialize with people with whom you have professional ties. The positive feelings you generate now could help

you with your goals for the future. Lucky Numbers: 7, 13, 18, 19, 22, 48.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 11.

## Did You Know...

**Multilingual:** Swedish actress Ingrid Bergman (1915-1982) had many talents. As well as starring in famous movies of her day, such as Casablanca and For Whom the Bell Tolls, she could speak five languages.

Yummy soup: People in New Orleans, Louisiana (U.S.), are quite familiar with a traditional soup called vakamein. The tangy beef broth is chock full of spaghetti, beef, green onions, and hard-boiled eggs, and topped with Creole seasoning.

Silence is golden: Surprisingly, wind doesn't make a sound. That is, until it comes into contact with objects. So when whistling, rattling, rolling, or squeaking sounds are heard on windy days, it's not really the wind!

**Long borders:** The longest international border in the world, between the United States and Canada, is 8,890 kilometres (5,524 mi.) long. Next longest is the border between Russia and Kazakhstan, which is 6,846 km (4,254 mi.) long.



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Unique tree: Baobab, also known as the bottle tree, is a genus of tree that has several species. They grow in Madagascar, Africa, and Australia. Their thick trunks store water, and they can live to be hundreds of years old.

On the Lighter Side

Why did the traffic light turn red? You would, too, if you had to change in the middle of the street.

First pupil: "Great news! Teacher said we're going to have a test today, come rain or shine." Second pupil: "Why is that good news?" First pupil: "It's snowing!"

0 and 8 are taking a walk in the desert. The 0 turns to the 8 and says, "You must be hot with that belt on.'

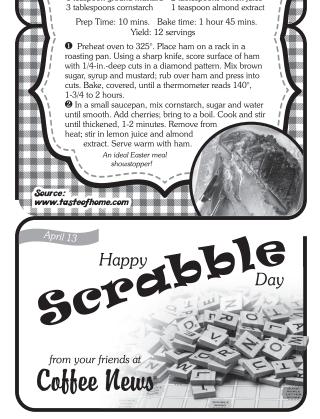
A candle loses nothing by lighting another candle.

What a fine thing experience is! It enables us to recognize a mistake every time we make it.

### Answers

Trivia answers: 1. Steven Spielberg 2. True 3. A dollar 4. Every 90 minutes 5. 1960s

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1 fully cooked bone-in ham ½ cup sugar

1 teaspoon ground mustard 2 tablespoons lemon juice

(6 to 8 pounds) 1 cup packed brown sugar 3 tablespoons maple syrup 1 cup cold water

1 can (15 ounces) pitted dark sweet cherries, undrained