

The Brenda Stafford Foundation Manor
Cambridge Manor



Opening **June 2020**

Introducing Cambridge Manor
The Brenda Stafford Foundation's newest seniors wellness community in University District, NW Calgary's newest urban neighbourhood.

- Assisted Living, Enhanced Care and Memory Care
- Respite Care short terms stays available

403.536.8675 | cambridgemanor.ca

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

**Kensington
Calgary Edition**
587-392-8086



www.coffee-news.ca Est. 1988

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

For Expert Help:
1.844.453.5372

FREE ASSESSMENT CALL TODAY!

BBB ACCREDITED

THIS SPACE FOR RENT

403-355-6316

Did you know Gold Canyon Candles went out of business in March 2020?

Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.



PSC
Prairie Scented Candles
A Ray of Fragrance

We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!


priariescentedcandles@gmail.com
www.priariescentedcandles.com

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
 1 Your name 2 Your phone number and 3 Your address
 so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!



Reader of the Month
Thomas Acheson • Calgary, AB

Coffee News® Fun Reading. Serious Advertising.

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Learn to SCUBA DIVE at our Edmonton location - call for details
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... *help is just a call away* with Certified Podologist, Marion.



Toes On The Go Footcare

Call today for more information: 403-620-7851
marion@toesonthego.care • toesonthego.care

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:
 ✓ VOIP Solutions at a fraction of the traditional carrier cost
 ✓ Long distance rates that outcompete the competition

ETTA TELECOM
587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Faulty Alarm or Security Emergency?

Is your current security company not helping? Are you thinking about a video doorbell? Maybe you'd like to know what's new in home security?

PROVIDING DEPENDABLE, COST-EFFECTIVE ALARM SERVICES TO THE CALGARY AREA SINCE 1983

CALL OUR EXPERTS TODAY!
DYNOVAC PLUS SECURITY
403-262-1980 | dynovacplus@shaw.ca

Vol. 11 No. 17 April 26, 2021

Everybody's Talking

Dating game: If you are trying to meet that special someone, it's best not to damage their property in the process. But that's what Yoshito Harada of Aichi Prefecture, Japan, did. He got into the habit of slashing the tires on women's cars, then following them so he could offer to help. Recently, one of his targets remembered him from a previous tire-slashing incident, and she called the cops. It wasn't long before the police discovered that Harada had played this game several years earlier and had been caught. He paid compensation for the tires and didn't go to jail, but none of the ladies was interested in dating him.

Pandemic dress: Peyton Manker was not able to wear her homemade dress to her high school prom, which was canceled due to the COVID-19 pandemic. However, lots of people saw her unique dress on social media. Manker, of Sparta, Illinois (U.S.), decided to enter a contest to make her dress out of duct tape, and she succeeded beyond her wildest dreams. She spent almost 400 hours and used about 40 rolls of tape to create her dress. The coronavirus-themed gown is royal blue and gold and contains colourful scenes depicting the pandemic, such as hospital staff with masks.

Tiger tales: Getting caught in floodwater is no fun, even for tigers. One such feline, a resident of the Kaziranga National Park in Assam, in northeastern India, was looking for shelter when it discovered a goat shed on someone's property in Kandolimari Village. Park officials identified the animal as a not-quite-full-grown, male Bengal tiger. Officials kept a close eye on the situation so nobody, including the tiger, would get hurt. During heavy rains, many animals in the park, including elephants and rhinos, must find sanctuary by moving to higher ground.

Tall and straight: Cactus plants can grow to be quite tall, and one in Takinogawa, Tokyo (Japan), leaves onlookers awestruck at its height. This cactus looks like a pole as it reaches for the sky on the side of a three-story building. No one is aware of the plant's age or genus, but it does appear that someone cares for the prickly thing. Metal rings are wrapped around the plant that attach it to the building, presumably so it won't topple over. The building is 10 metres (33 ft.) high, and this cactus is a little taller than that. Its top is slightly higher than the building.

Quoteable Quotes

"It is better to begin in the evening than not at all." —*English Proverb*

"If we had no winter the spring would not be so pleasant: if we did not sometimes taste of adversity, prosperity would not be so welcome." —*Anne Bradstreet*

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

STEP AHEAD

REFER A SENIOR FOR THIS FREE PROGRAM TODAY



Do you know a Deaf or Hard of Hearing senior in your community needs help using technology to connect with friends, family or services?

Deaf & Hear Alberta's Step Ahead program connects isolated Deaf & Hard of Hearing seniors with trained and screened volunteers for friendly conversation and learning opportunities.

TO LEARN MORE: 403-284-6208
Deaf & Hear Alberta

Funded by the Government of Alberta, Step Ahead is a Senior Program
Canada

HELPING HOMEOWNERS START OR FINISH THEIR HOME PROJECTS


CALGARY HANDYMAN SERVICES



DRYWALL	INSTALLATION
PAINTING	BATHROOM RENOS
PLUMBING	FLOORING
ELECTRICAL	...AND MORE!

CALL/TEXT TODAY:
403.852.7505
calgaryhandymanservices@telus.net

Recipe of the month



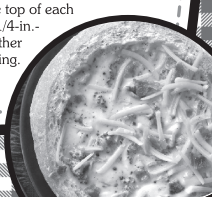
Cheesy Broccoli Soup in a Bread Bowl

1/4 cup butter, cubed	1/4 teaspoon pepper
1/2 cup chopped onion	1/4 cup cornstarch
2 garlic cloves, minced	1/4 cup water or additional chicken stock
4 cups fresh broccoli florets (about 8 ounces)	2-1/2 cups shredded cheddar cheese (8 ounces each), optional
1 large carrot, finely chopped	6 small round bread loaves (about 8 ounces each), optional
3 cups chicken stock	Optional toppings: Crumbled cooked bacon, additional shredded cheddar cheese, ground nutmeg and pepper
2 cups half-and-half cream	
2 bay leaves	
1/2 teaspoon salt	
1/4 teaspoon ground nutmeg	

Prep Time: 15 mins. Cook time: 30 mins. Yield: 6 servings

- In a 6-qt. stockpot, heat butter over medium heat; sauté onion and garlic until tender, 6-8 minutes. Stir in broccoli, carrot, stock, cream and seasonings; bring to a boil. Simmer, uncovered, until vegetables are tender, 10-12 minutes.
- Mix cornstarch and water until smooth; stir into soup. Bring to a boil, stirring occasionally; cook and stir until thickened, 1-2 minutes. Remove bay leaves. Stir in cheese until melted.
- If using bread bowls, cut a slice off the top of each bread loaf; hollow out bottoms, leaving 1/4-in.-thick shells (save removed bread for another use). Fill with soup just before serving.
- If desired, serve soup with toppings.

Source: www.tasteofhome.com



Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today.
TheSeed.ca/donate

THE MUSTARD SEED

Because No One Wants to See Your Crack

WINDSHIELDS | TIRES | MUCH MORE

High River's **COUNTRY CHRYSLER**

403-652-4949
1103, 14 STREET SE • HIGH RIVER

SAVE 20%
ON A NEW WINDSHIELD WHEN YOU BRING IN THIS AD!

BINGO BARN

The Place To Play Everyday!

2 Mornings - Sat & Sun • 7 Afternoons • 7 Evenings • 2 Late Nights - Fri & Sat

Bingo Info Line: 403-235-2118

#10, 1107 33rd St. N.E. • www.BingoBarn.ca

This is Your Story

Stories of redemption, discovery and faith

WEEKNIGHTS AT 11PM

yesTV

FREE SCRAP CAR REMOVAL

DJ'S TOWING

MENTION THIS AD AND RECEIVE UP TO \$200 FOR YOUR SCRAP VEHICLE

CALL 403-922-2412

Without our advertisers, Coffee News would not exist

Please support them!

WE HAVE OVER 932 BUYERS IN OUR DATABASE! FOR A FREE MATCH OF YOUR HOME TO OUR BUYERS, VISIT www.ShaneHasTheBuyers.com

Call Shane at 587.602.0204 and Start Packing!

THE SHANE MEAHAN REALTY TEAM

Your Home Sold GUARANTEED Or We'll Buy It!™

Have You Had A Stroke?

For support and education:

- Stroke Recovery Association of Calgary (SRAC)
- Calgary Aphasia Centre (CAC)
- Young Survivors Group (YSS)

Phone 403.827.7520

www.sracalgary.com • www.calgaryaphasia.com

yssc Calgary@gmail.com • Calgary.Aphasia.Centre@gmail.com

FIND Hope WITH US

PASS IT FORWARD

CancXcancerhelp.com

Use Order Code 6902

BREAKTHROUGH IN CANCER NUTRITIONAL SUPPORT

DHILLON LAW OFFICE

Kirin Dhillon, Barrister & Solicitor

- Family Law
- Criminal Law
- Real Estate
- Immigration Law
- Wills and Estates
- Civil Litigation

403.815.9944

104-200 Country Hills Landing NW • kirin@dhillonlawoffice.com

Your Weekly Horoscope

ARIES (March 21 - April 20)

Contentment, emotional well-being, and harmony may prevail in your personal relationships. You might want to relax and indulge in your pleasure-loving side. Lucky Numbers: 12, 21, 22, 33, 39, 41.

TAURUS (April 21 - May 21)

You may be feeling rather tender and soft-hearted. This might be a good time to pamper yourself and to spend time with the people who love and appreciate you. Lucky Numbers: 4, 16, 29, 34, 46, 49.

GEMINI (May 22 - June 21)

You may want to make a short visit or call people you really enjoy to tell them you love them. Positive connections might be made, and you could meet a new friend. Lucky Numbers: 1, 8, 22, 29, 38, 49.

CANCER (June 22 - July 22)

You may not be able to stand being idle now. You could feel sharp, clear, decisive, and articulate. You might want to communicate to others what you really want. Lucky Numbers: 5, 7, 22, 27, 42, 47.

LEO (July 23 - Aug. 23)

You may feel more aware of beauty and want to rearrange your décor. You might feel ready to discuss your personal needs. Cooperation could be possible now. Lucky Numbers: 10, 19, 24, 33, 40, 49.

VIRGO (Aug. 24 - Sept. 23)

Your communication skills may be helpful right now. It might be easier to listen sensitively, not only to what others are saying, but also to what they are feeling. Lucky Numbers: 21, 28, 31, 38, 41, 48.

LIBRA (Sept. 24 - Oct. 23)

Your mind may be on long-range plans. You might feel optimistic and enthusiastic about your ideas, but try not to be lax about important current details. Lucky Numbers: 4, 23, 34, 43, 44, 47.

SCORPIO (Oct. 24 - Nov. 22)

You may be feeling hospitable and want to have company or give a party at your home. Home improvements could also be favoured now. Lucky Numbers: 10, 11, 22, 23, 30, 41.

SAGITTARIUS (Nov. 23 - Dec. 21)

Cooperation and assistance in business relationships may be prominent. Consequently, significant growth and progress in your career could happen. Lucky Numbers: 2, 7, 30, 31, 37, 40.

CAPRICORN (Dec. 22 - Jan. 20)

Take advantage of opportunities available to you. Rewards may prove to be very beneficial. The growth and progress in your career may feel personally fulfilling. Lucky Numbers: 6, 7, 12, 14, 18, 21.

AQUARIUS (Jan. 21 - Feb. 19)

You may be a peacemaker now, since harmony in your life seems more important than ever. You might attract people into your life who are a good influence. Lucky Numbers: 21, 26, 31, 36, 41, 46.

PISCES (Feb. 20 - March 20)

Communications of all kinds may play an important role in your life now. You might hear from someone who has important information for you. Lucky Numbers: 6, 9, 16, 19, 24, 37.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 2.

Did You Know...

Wilde wit: Poet and playwright Oscar Wilde was born in Dublin, Ireland, in 1854. He was well known for his wit, humour, and drama, writing such masterpieces as *The Importance of Being Earnest*, *Salome*, and *The Picture of Dorian Gray*.

Savoury snack: A savoury pastry that originated in Lithuania is called kibinai. These small golden, crescent-shaped pastry bites can be filled with various ingredients, such as mutton, mushrooms, cheese, and spinach.

Full circle: From the ground, a rainbow looks like an arch of coloured bands in the sky. Actually, it is not an arch but a full circle. The whole circle cannot be seen from the ground because the land interferes with the view.

Large and hot: The Chihuahuan Desert, which straddles the United States and Mexico, is the largest hot desert in North America. It covers approximately 200,000 square miles (518,000 sq. km).

Red sap: The Socotra Archipelago in the northwest Indian Ocean is home to the *Dracaena cinnabari*, better known as the dragon's blood tree. Looking a little like a plant umbrella, the tree was named for its red sap.

On the Lighter Side

Pedestrian to famous TV star: "Didn't I see you on television last night?"
TV star: "I'm sorry, I don't know. When I'm on TV, I can't see out."

If a vegetarian eats vegetables, what does a humanitarian eat?

What runs but can't walk? A faucet.

If you got into a taxi and it started driving backwards, would the taxi driver end up owing you money?

Memory is the key, but only if you remember where the lock is!

Answers

Trivia answers: 1. Sierra Nevada 2. Maronnettes 3. Caracara 4. Ventricles 5. Black Friday

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Calgary Coffee News

Happy World **BICYCLE** Day

from your friends at **Coffee News**

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere — even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

Call Inogen Today To Request Your FREE Info Kit

1-888-998-6714

Become Your Own Banker

You work hard for your money. Isn't it time your money started working harder for you?

Visit Donovan Coates on [f](https://www.facebook.com/donovancoates) [i](https://www.instagram.com/donovancoates) [YouTube](https://www.youtube.com/donovancoates)

Call 403.607.7693 or visit www.donovancoates.com to schedule a 30 minute complimentary consultation.

Donovan Coates FINANCIAL CONSULTING

TAKE CONTROL OF YOUR FINANCIAL WORLD

Prepare for unexpected power outages with a Generac home standby generator

REQUEST A FREE QUOTE! 888-688-0973

FREE 7-Year Extended Warranty* An \$895 Value!

Offer valid February 15 - June 6, 2021

Pregnant? Facing Difficult Decisions?

We can help. Call 780.421.1177 or text 587.596.5380

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

Small Miracles Adoption

www.smallmiraclesadoption.com

Buy any sized Poutine and receive a second Poutine Free!

newyorkfries

Limit of one coupon per customer. | Cannot be combined with other offers. Free poutine must be of equal or lesser value. | Valid at any Calgary NYF, excluding theatres. Offer expires 06/30/21.

HELP STOP THE SPREAD!

- Wear a mask
- Keep your distance – six feet!
- Wash your hands
- Take your copy of Coffee News home with you

Stay safe!

A message from your friends at **Coffee News**