



Wishes are waiting.

Help us give every eligible child the wish they need.

Donate today:
www.makeawishna.ca

Make-A-Wish
NORTHERN ALBERTA CANADA

Coffee News is proud to support Make-A-Wish Northern Alberta


FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Stony Plain Edition

780-220-6397



www.coffee-news.ca

Feel free to take your Coffee News home!

WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers



780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

HELP STOP THE SPREAD!



1. Wear a mask
2. Keep your distance – six feet!
3. Wash your hands
4. Take your copy of **Coffee News** home with you

Stay safe!
A message from your friends at **Coffee News**

QUEEN STREET DENTAL

We follow the Alberta Fee Guide

Located in Queen Street Place
#109 - 505 Queen St., Spruce Grove
780-960-1422



For the first time ever...

Advertise Your Restaurant Here!*

For complete details, call Sam at 780-264-2552

Qualifying distributors of **Coffee News** receive **FIRST MONTH FREE!****

* Space restrictions may apply.
** On 6 month term.

Coffee News #supportlocal Initiative



Thank You

to these distribution partners for continuing to support **Coffee News** through these unprecedented times...

Zone 3
Updated 02.22.21


We appreciate you!

Stony Plain

Atomic Donair	Original Joe's
Basilies 2 for 1 Pizza	Pizza Hut
Best Western	Quesada Burritos & Tacos
Burger King	Subway
Cosmic Pizza	Twenty Eight
Dairy Queen	Urban Kitchen
KC's Restaurant and Lounge	Wendys
KFC	Wing'n It

Would you like to offer your customers the opportunity to enjoy the "good news" message of **Coffee News**?

► For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.



Pregnant? Facing Difficult Decisions?

We can help.
Call **780.421.1177** or text **587.596.5380**



- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

www.smallmiraclesadoption.com

Vol. 18 No. 17 April 26, 2021

Everybody's Talking

Dating game: If you are trying to meet that special someone, it's best not to damage their property in the process. But that's what Yoshito Harada of Aichi Prefecture, Japan, did. He got into the habit of slashing the tires on women's cars, then following them so he could offer to help. Recently, one of his targets remembered him from a previous tire-slashing incident, and she called the cops. It wasn't long before the police discovered that Harada had played this game several years earlier and had been caught. He paid compensation for the tires and didn't go to jail, but none of the ladies was interested in dating him.

Pandemic dress: Peyton Manker was not able to wear her homemade dress to her high school prom, which was canceled due to the COVID-19 pandemic. However, lots of people saw her unique dress on social media. Manker, of Sparta, Illinois (U.S.), decided to enter a contest to make her dress out of duct tape, and she succeeded beyond her wildest dreams. She spent almost 400 hours and used about 40 rolls of tape to create her dress. The coronavirus-themed gown is royal blue and gold and contains colourful scenes depicting the pandemic, such as hospital staff with masks.

Tiger tales: Getting caught in floodwater is no fun, even for tigers. One such feline, a resident of the Kaziranga National Park in Assam, in northeastern India, was looking for shelter when it discovered a goat shed on someone's property in Kandolimari Village. Park officials identified the animal as a not-quite-full-grown, male Bengal tiger. Officials kept a close eye on the situation so nobody, including the tiger, would get hurt. During heavy rains, many animals in the park, including elephants and rhinos, must find sanctuary by moving to higher ground.

Tall and straight: Cactus plants can grow to be quite tall, and one in Takingogawa, Tokyo (Japan), leaves onlookers awestruck at its height. This cactus looks like a pole as it reaches for the sky on the side of a three-story building. No one is aware of the plant's age or genus, but it does appear that someone cares for the prickly thing. Metal rings are wrapped around the plant that attach it to the building, presumably so it won't topple over. The building is 10 metres (33 ft.) high, and this cactus is a little taller than that. Its top is slightly higher than the building.

Quoteable Quotes

"It is better to begin in the evening than not at all." —English Proverb

"If we had no winter the spring would not be so pleasant: if we did not sometimes taste of adversity, prosperity would not be so welcome." —Anne Bradstreet

What's Happening

Online event posting During the Pandemic, we are happy to post your online event in the What's Happening section of Coffee News. Please visit our website at www.coffee-news.ca to submit your event.

Jun 3 to Sep 26-Century Park Market Southside open air public farmers market. Open Thursdays from 3:30pm to 7:30pm. Phone 780-913-2586 for more information or visit www.centuryparkmarket.com

Sept 10-Bridge of Life is a suicide awareness prevention candle light vigil walk across the high level bridge. There is light music, refreshments and guest speakers. www.yegmentalhealth.com. Constable Ezio Faraone Park 7-9 PM

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

\$400* Prize Package

* Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Mt. Whitney is located in which mountain range?
2. What do you call puppets controlled by strings or wires?
3. The official Mexican flag features what type of bird—caracara, condor, or raven?
4. What are the lower chambers of the heart called?
5. What popular sales event takes place the day after Thanksgiving in the U.S.?

(Flip bottom of page for answers)

THIS SPACE FOR RENT

780-220-6397

GREATERT PARKLAND REGIONAL CHAMBER

BECOME A MEMBER

We promote the economic and social well-being of our community.

The Chamber will act as the front-door of the business community, uniting and representing the GPRC members in order to promote growth and economic contribution in the region.

gprchamber.ca

Get Your Meters Calibrations Right

We are committed to proving your meters accurate and on time. Since 2003, Measurement Inc. has performed over 8,250 meter proves, so we won't be practising on yours.

— RELAX WHEN YOU GET AUDITED

MY PROMISE TO YOU: "If all you want is someone cheap to tag your meters, I respectfully ask you to call someone else. Ours will be the best proving experience you have ever had. When audited you'll see the results of excellent measurement. This will be the most complete, professional proving and calibration you have ever experienced. We do the work right or we'll redo it for FREE. I guarantee it."

— Jerry Greiner

MEASUREMENT INC.

- Mobile Bench™
- Field Provers
- High Sour/Pressure
- Chart Calibration
- Zedi Calibration

780-621-2555
www.MeasurementInc.ca

PORTABLE TEST SEPARATOR RENTALS

Did you know Gold Canyon Candles went out of business in March 2020?

Sunset Scents is a new candle company that was formed by two former Gold Canyon executives who have over 20 years in the candle industry.

PSC Prairie Scented Candles
Sunset Scents a Bay of Fragrance

We are recreating your Gold Canyon favourites like Fall Leaves (aka Autumn Walk), Hot Apple Cider (aka Mulled Cider), Christmas Wreath (aka Holiday Wreath), Ginger Lime and many more!

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.

780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Xplornet Internet: Now 2x FASTER!

Call 1-866-218-8782 now!

XPLORNET | xplornet.com

Leave a legacy and be a part of tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association – we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
the lung association

www.ab.lung.ca/you-can-help-change-future-today

FOR MORE INFO, PLEASE VISIT:

Affordable-Effective-Exclusive-CALL NOW!

Bras Briefs Boxers Bikinis

Romantic Notions inc.

Visit us on **f** for promotions and gift ideas! **780.962.4944**
1.855.962.4944
www.romanticnotions.ca | #30, 210 McLeod Ave., Spruce Grove
30 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE

Without our advertisers, Coffee News would not exist

Please support them!

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to **contests@coffee-news.ca**
Please put "Readers" in the subject line.

Please Include:
 1 Your name
 2 Your phone number and
 3 Your address
 so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Reader of the Month
Trevor Hickey reads *CN* in St. Albert!

Coffee News Fun Reading. Serious Advertising.

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:
 ✓ VOIP Solutions at a fraction of the traditional carrier cost
 ✓ Long distance rates that outcompete the competition

ETTA TELECOM
587.760.2800
https://zettatelecom.com
DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

PLEASE ASK US FOR STARTER PACK

200+ Delicious Meals Made for SENIORS!

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS™
www.hearttohome.com

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

IS ADVENTURE ON YOUR BUCKET LIST?

Discover Scuba

Try **Scuba Diving** and see what it's like to breathe underwater!
\$50 per person. Save \$10 each when you register two or more!

The Dive Outfitters
Scuba Diving & Snorkeling
780.483.0044
11781-156 St., Edmonton

Or, discover **Snorkelling!**
\$30 per person. Save \$5 each when you register two or more!

www.thediveoutfitters.ca
SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS
GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: **www.coldshotca.com**
Passenger Website: **www.coldshot.ca**

TICKETS: 587-557-7719 | PARCEL: 587-557-7718
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Contentment, emotional well-being, and harmony may prevail in your personal relationships. You might want to relax and indulge in your pleasure-loving side. Lucky Numbers: 12, 21, 22, 33, 39, 41.

TAURUS
(April 21 - May 21)

You may be feeling rather tender and soft-hearted. This might be a good time to pamper yourself and to spend time with the people who love and appreciate you. Lucky Numbers: 4, 16, 29, 34, 46, 49.

GEMINI
(May 22 - June 21)

You may want to make a short visit or call people you really enjoy to tell them you love them. Positive connections might be made, and you could meet a new friend. Lucky Numbers: 1, 8, 22, 29, 38, 49.

CANCER
(June 22 - July 22)

You may not be able to stand being idle now. You could feel sharp, clear, decisive, and articulate. You might want to communicate to others what you really want. Lucky Numbers: 5, 7, 22, 27, 42, 47.

LEO
(July 23 - Aug. 23)

You may feel more aware of beauty and want to rearrange your décor. You might feel ready to discuss your personal needs. Cooperation could be possible now. Lucky Numbers: 10, 19, 24, 33, 40, 49.

VIRGO
(Aug. 24 - Sept. 23)

Your communication skills may be helpful right now. It might be easier to listen sensitively, not only to what others are saying, but also to what they are feeling. Lucky Numbers: 21, 28, 31, 38, 41, 48.

LIBRA
(Sept. 24 - Oct. 23)

Your mind may be on long-range plans. You might feel optimistic and enthusiastic about your ideas, but try not to be lax about important current details. Lucky Numbers: 4, 23, 34, 43, 44, 47.

SCORPIO
(Oct. 24 - Nov. 22)

You may be feeling hospitable and want to have company or give a party at your home. Home improvements could also be favoured now. Lucky Numbers: 10, 11, 22, 23, 30, 41.

SAGITTARIUS
(Nov. 23 - Dec. 21)

Cooperation and assistance in business relationships may be prominent. Consequently, significant growth and progress in your career could happen. Lucky Numbers: 2, 7, 30, 31, 37, 40.

CAPRICORN
(Dec. 22 - Jan. 20)

Take advantage of opportunities available to you. Rewards may prove to be very beneficial. The growth and progress in your career may feel personally fulfilling. Lucky Numbers: 6, 7, 12, 14, 18, 21.

AQUARIUS
(Jan. 21 - Feb. 19)

You may be a peacemaker now, since harmony in your life seems more important than ever. You might attract people into your life who are a good influence. Lucky Numbers: 21, 26, 31, 36, 41, 46.

PISCES
(Feb. 20 - March 20)

Communications of all kinds may play an important role in your life now. You might hear from someone who has important information for you. Lucky Numbers: 6, 9, 16, 19, 24, 37.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 2.

Did You Know...

Wilde wit: Poet and playwright Oscar Wilde was born in Dublin, Ireland, in 1854. He was well known for his wit, humour, and drama, writing such masterpieces as *The Importance of Being Earnest*, *Salome*, and *The Picture of Dorian Gray*.

Savoury snack: A savoury pastry that originated in Lithuania is called kibinai. These small golden, crescent-shaped pastry bites can be filled with various ingredients, such as mutton, mushrooms, cheese, and spinach.

Full circle: From the ground, a rainbow looks like an arch of coloured bands in the sky. Actually, it is not an arch but a full circle. The whole circle cannot be seen from the ground because the land interferes with the view.

Large and hot: The Chihuahuan Desert, which straddles the United States and Mexico, is the largest hot desert in North America. It covers approximately 200,000 square miles (518,000 sq. km).

Red sap: The Socotra Archipelago in the northwest Indian Ocean is home to the *Dracaena cinnabari*, better known as the dragon's blood tree. Looking a little like a plant umbrella, the tree was named for its red sap.

On the Lighter Side

Pedestrian to famous TV star: "Didn't I see you on television last night?"
TV star: "I'm sorry, I don't know. When I'm on TV, I can't see out."

If a vegetarian eats vegetables, what does a humanitarian eat?

What runs but can't walk? A faucet.

If you got into a taxi and it started driving backwards, would the taxi driver end up owing you money?

Memory is the key, but only if you remember where the lock is!

Answers

Trivia answers: 1. Sierra Nevada 2. Manonnettes 3. Caracara 4. Ventricles 5. Black Friday

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE – It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere – even on most airlines. Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

Call Inogen Today To Request Your FREE Info Kit
1-888-998-6714

inogen
© 2020 Inogen, Inc. All rights reserved. MKT-P0108

JOIN THE KANGOO JUMPS REVOLUTION

Where Fit Meets FUN!

- 80% less joint impact per rebound
- Burn 25% more calories per unit of time
- Promote faster recovery and **weight loss**
- Increase bone density and muscle mass

Kangoo Club
Spruce Grove

780.901.2818
211-35 South Ave., Spruce Grove
www.kangooclubsprucegrove.com

USE PROMO CODE **JUMP**. RECEIVE **25% OFF** YOUR FIRST VISIT!

100% PURE FUN!

BUSINESS IT SUPPORT, COMPUTER SALES & REPAIRS

ISP COMPUTERS

ISP COMPUTERS - Your Tech 911

780-960-2150
Email: ia@ispcomputers.ca
Website: www.ispcomputers.ca

124B South Ave., Spruce Grove, AB T7X 3A9

BLUE BLOODS

MON - THURS 9:00

yesTV

Recipe of the month

Baked Ham with Cherry Sauce

1 fully cooked bone-in ham (6 to 8 pounds) ½ cup sugar
1 cup packed brown sugar 1 cup cold water
3 tablespoons maple syrup 1 can (15 ounces) pitted dark sweet cherries, undrained
1 teaspoon ground mustard 2 tablespoons lemon juice
3 tablespoons cornstarch 1 teaspoon almond extract

Prep Time: 10 mins. Bake time: 1 hour 45 mins.
Yield: 12 servings

- 1 Preheat oven to 325°. Place ham on a rack in a roasting pan. Using a sharp knife, score surface of ham with 1/4-in.-deep cuts in a diamond pattern. Mix brown sugar, syrup and mustard; rub over ham and press into cuts. Bake, covered, until a thermometer reads 140°, 1-3/4 to 2 hours.
- 2 In a small saucepan, mix cornstarch, sugar and water until smooth. Add cherries; bring to a boil. Cook and stir until thickened, 1-2 minutes. Remove from heat; stir in lemon juice and almond extract. Serve warm with ham.

An ideal Easter meal showstopper!

Source: www.tasteofhome.com

Good Times Start Here!

RANCHERS SPORTS BAR & GRILL

DINE IN AND TAKE OUT AVAILABLE

Open Daily,
6 am - 10 pm
780.865.9785

Open Daily,
10 am - 10 pm

RANCHERS SPIRITS

BOTH LOCATED AT:

780.817.2356

438 Smith Street, Hinton